

National  
Indoor  
Championships



IRISH LIFE HEALTH JUVENILE INDOOR CHAMPIONSHIPS  
AIT INTERNATIONAL ARENA, ATHLONE  
DAY 3 SATURDAY 6TH APRIL 2019

The committee reserve the right to alter timetable, the starting time of events may be brought forward up to 45 minutes from the proposed Timetable.

Check in opens 9.00 a.m.

Inter-Club Relays

10.30 a.m.

Girls	13	4 x 200m	FINALS (Heat Declared Winners)
Boys	13	4 x 200m	FINALS (Heat Declared Winners)
Girls	15	4 x 200m	Heats
Boys	15	4 x 200m	Heats
Girls	17	4 x 200m	Heats
Boys	17	4 x 200m	Heats
Girls	19	4 x 200m	Heats
Boys	19	4 x 200m	Heats

FINALS OF ABOVE

Check in closes 12.30 p.m.

1.30 p.m.	Girls	12	4 x 200m	FINALS (Heat Declared Winners)
	Boys	12	4 x 200m	FINALS (Heat Declared Winners)
	Girls	14	4 x 200m	Heats
	Boys	14	4 x 200m	Heats
	Girls	16	4 x 200m	Heats
	Boys	16	4 x 200m	Heats
	Girls	18	4 x 200m	Heats
	Boys	18	4 x 200m	Heats

FINALS OF ABOVE

Field Events

10:00 AM	Shot Putt	U17 Boys (5k)
10:45 AM	Shot Putt	U19 Girls (4k)
11:30 PM	Shot Putt	U18 Boys (5k)
12:45 PM	Shot Putt	U18 Girls (3k)
1:30 PM	Shot Putt	U19 Boys (6k)
2:15 PM	Shot Putt	U17 Girls (3k)

10:00 AM	Triple Jump	U18 Girls
10:45 AM	Triple Jump	U18 Boys
11:30 AM	Triple Jump	U19 Girls
12:15 PM	Triple Jump	U19 Boys

10:00 AM	Long Jump	U16 Girls (Pit 1)
11:15 AM	Long Jump	U16 Boys (Pit 1)
12:30 PM	Long Jump	U15 Girls (Pit 1)
2:00 PM	Long Jump	U17 Boys (Pit 1)
2:00 PM	Long Jump	U15 Boys (Pit 2)



Athletics  
Ireland