Irish Life health

National Indoor Championships

IRISH LIFE HEALTH JUVENILE INDOOR CHAMPIONSHIPS DAY 3 AIT INTERNATIONAL ARENA, ATHLONE SUNDAY 25TH MARCH 2018

The committee reserve the right to alter timetable, the starting time of events may be brought forward up to 45 minutes from the proposed Timetable.

Check in closes 9.15am (200m)

Check in Closes 9.30am first field event

10.00am		Long Jump			
Girls & Boys 16 200m heats		10.00am	Girls	(Pit 1) 12	
Girls & Boys 17 200m heats		11.30pm	Boys	(Pit 1) 12	
Girls & Boys 18 200m heats		1.30pm	Girís	(Pit 1) 13	
Girls & Boys 19 200m heats		1.00pm	Boys	(Pit 2) 13	
		2.30pm	Boys	(Pit 2) 14	
Check in closes 10.00am (600m/800m)	2 / T	121		0	

Girls & Boys	12	600m		0			
Girls & Boys	13	600m			Triple Jump		
Girls & Boys	14	800m			10.00am	Girls	(Pit 2) 18
Girls & Boys	15	800m			10.45am	Boys Girls	(Pit 2) 18
Girls & Boys	16	800m			11.30pm	Girls	(Pit 2) 19
Girls & Boys	17	800m			12.15pm	Boys	(Pit 2) 19
Girls & Boys	18	800m					
Girls & Boys	19	800m			Shot Put		
					10.00	Boys	12 (2k)
200m/600m/	/800m F	FINALS WILL BE HELD A	Π		11.00	Girls	12 (2k)
HEAT TIME IF	HEATS	ARE NOT REQUIRED			12.00	Girls	14 (2k)
					1.00	Boys	14 (2.72k)
NOTE: THERE	WILL B	BE A 20 MINUTE BREAK			2.00	Boys	16 (4k)

NOTE: THERE WILL BE A 20 MINUTE BREAK **ON THE TRACK AFTER THE 800m HEATS**

1.45pm **200m Finals**

11.15pm

Check in closes 1.15pm (Hurdles)

ກ			CONTRACTOR IN
13	60m Hur	2'3"	Heats
13	60m Hur	2'3"	Heats
14	60m Hur	2'3"	Heats
14	60m Hur		Heats
15	60m Hur	2'6"	Heats
16	60m Hur	2'6"	Heats
15	60m Hur	2'9"	Heats
16	60m Hur	2'9"	Heats
17	60m Hur	2'6"	Heats
18	60m Hur	2'6"	Heats
19	60m Hur	2'9"	Heats
17	60m Hur	3'0"	Heats
18	60m Hur	3'0"	Heats
19	60m Hur	3'3"	Heats
	13 14 14 15 16 15 16 17 18 19 17 18	13 60m Hur 13 60m Hur 14 60m Hur 14 60m Hur 15 60m Hur 16 60m Hur 15 60m Hur 16 60m Hur 17 60m Hur 18 60m Hur 17 60m Hur 18 60m Hur 18 60m Hur 18 60m Hur 18 60m Hur	13 60m Hur 2'3" 13 60m Hur 2'3" 14 60m Hur 2'3" 14 60m Hur 2'6" 15 60m Hur 2'6" 16 60m Hur 2'6" 15 60m Hur 2'6" 16 60m Hur 2'9" 16 60m Hur 2'6" 17 60m Hur 2'6" 18 60m Hur 2'6" 17 60m Hur 2'9" 17 60m Hur 2'9" 17 60m Hur 3'0" 18 60m Hur 3'0"

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Athletics Ireland

FINALS 600m, 800m, HURDLES