



IRISH LIFE HEALTH JUVENILE TRACK & FIELD CHAMPIONSHIPS

DAY 1 TIMETABLE

TULLAMORE

SUNDAY THE 3RD OF JULY 2022

The Committee reserve the right to alter the timetable

Car Park gate does not open until 8:30am

Track

Field

(Infield Events *Outfield Events **)

Short Hurdles check in closes 9:15am

10am	U13 Girls	60mH	2'3"	68.6cm	H
	U13 Boys	60mH	2'3"	68.6cm	H
	U14 Girls	75mH	2'3"	68.6cm	H
	U14 Boys	75mH	2'3"	68.6cm	H
	U15 Girls	80mH	2'6"	76.2cm	H
	U16 Girls	80mH	2'6"	76.2cm	H
	U15 Boys	80mH	2'9"	84.0cm	H
	U17 Girls	100mH	2'6"	76.2cm	H
	U18 Girls	100mH	2'6"	76.2cm	H
	U16 Boys	100mH	2'9"	84.0cm	H
	U19 Girls	100mH	2'9"	84.0cm	H
	U17 Boys	100mH	3'0"	91.4cm	H
	U18 Boys	110mH	3'0"	91.4cm	H
	U19 Boys	110mH	3'0"	91.4cm	H

'Finals to be held at heat time if heats not required'

600m & 800m checkin closes 12pm

1pm	U13 Girls	600m	H
	U13 Boys	600m	H
	U14 Girls	800m	H
	U14 Boys	800m	H
	U15 Girls	800m	H
	U15 Boys	800m	H
	U16 Girls	800m	H
	U16 Boys	800m	H
	U17 Girls	800m	H
	U17 Boys	800m	H
	U18 Girls	800m	H
	U18 Boys	800m	H
	U19 Girls	800m	H
	U19 Boys	800m	H

'Finals to be held at heat time if heats not required'

Steeplechase Check in closes 1:30pm

3pm	U17 Girls	2000m (2'6")	F
	U19 Girls	2000m (2'6")	F
	U19 Girls	3000m (2'6")	F
	U17 Boys	2000m (2'9")	F
	U18 Boys	3000m (2'9")	F
	U19 Boys	3000m (2'9")	F

4:30pm 600m & 800m Finals

Discus **

10 am	U18 Boys
11:30 am	U18 Girls
1:30 pm	U15 Boys
3 pm	U15 Girls

Hammer **

10 am	U17 Girls
11:30 am	U17 Boys
1:30 pm	U14 Girls
3 pm	U14 Boys

High Jump *

10 am	U14 Girls
11:30 am	U16 Girls
1:30 pm	U15 Girls
3 pm	U15 Boys

Javelin *

10 am	U14 Boys
11:30 am	U14 Girls
1:30 pm	U13 Boys
3 pm	U17 Girls
4 pm	U13 Girls

Long Jump *

10 am	U17 Girls
11:30 am	U17 Boys
1:30 pm	U16 Boys
3 pm	U16 Girls

Shot Put *

10 am	U19 Girls
11:30 am	U19 Boys
1:30 pm	U16 Girls
3 pm	U16 Boy

Triple Jump *

10 am	U15 Boys
11:30 am	U19 Girls
1:30 am	U18 Girls