



## IRISH LIFE HEALTH JUVENILE TRACK & FIELD DAY 3 TULLAMORE SUNDAY 16TH JULY 2017

<u>Check in opens 8.30</u>
The Committee reserve the right to alter the timetable.

| Check in close                    | es 9.15am Hurdle         | <u>s</u>    |    | 10.00am |           |             |
|-----------------------------------|--------------------------|-------------|----|---------|-----------|-------------|
|                                   |                          |             |    | Boys    | 18        | Discus      |
| 10.00am                           |                          |             |    | Girls   | 19        | Hammer      |
| Girls & Boys 1                    |                          | Heats       |    | Boys    | 15        | High Jump   |
| Girls & Boys                      |                          | Heats       |    | Girls   | 18        | Javelin     |
| Girls & Boys :                    |                          | Heats       |    | Girls   | 14        | Shot Put    |
| Girls & Boys 1                    |                          | Heats       |    | Boys    | 19        | Triple Jump |
| Girls & Boys 1                    |                          | Heats       |    |         |           |             |
| Girls & Boys :                    | L9 200m                  | Heats       |    | 11.00am |           |             |
|                                   |                          |             |    | Boys    | 15        | Discus      |
| Check in close                    |                          | Boys        | 19 | Hammer  |           |             |
|                                   |                          |             |    | Girls   | 19        | High Jump   |
| 11:30am                           |                          |             |    | Girls   | 17        | Javelin     |
| Girls & Boys 1                    |                          | Heats       |    | Boys    | 15-16     | Pole Vault  |
| Girls & Boys 1                    |                          | Heats       |    | Girls   | 16        | Shot Put    |
| Girls & Boys 1                    |                          | Heats       |    | Boys    | 18        | Triple Jump |
| Girls & Boys 1                    |                          | Heats       |    |         |           |             |
| Girls & Boys 1                    |                          | Heats       |    | 12.00pm |           |             |
| Girls & Boys 1                    | L9 1500m                 | Heats       |    | Boys    | 14        | Discus      |
|                                   |                          |             |    | Boys    | 17        | Hammer      |
| 200m/1500m FINALS WILL BE HELD AT |                          |             |    | Boys    | 18        | High Jump   |
| HEAT TIME IF                      | <b>HEATS ARE NOT I</b>   | REQUIRED    |    | Girls   | 19        | Javelin     |
|                                   |                          |             |    | Boys    | 16        | Shot Put    |
| Check in close                    | <u>es 1.00 pm Hurdle</u> | <u>es</u>   |    | Girls   | 18        | Triple Jump |
| 1 20                              |                          |             |    |         |           |             |
| 1.30pm 200m FINALS                |                          |             |    |         |           |             |
| 200III FINAL                      | <b>်</b>                 |             |    |         |           |             |
| 2.30pm                            |                          |             |    | 13.30pm |           |             |
| Girls 15                          | 250m Hurdles             |             |    | Boys    | 19        | Discus      |
| Girls 16                          | 250m Hurdles             | 2'3" 68.6cm |    | Girls   | 18        | Hammer      |
| Boys 15                           | 250m Hurdles             | 2'6" 76.2cm |    | Girls   | <b>17</b> | High Jump   |
| Boys 16                           | 250m Hurdles             | 2'6" 76.2cm |    | Boys    | 16        | Javelin     |
| Girls 17                          | 300m Hurdles             | 2'6" 76.2cm |    | Boys    | 15        | Shot Put    |
| Boys 17                           | 300m Hurdles             | 2'6" 76.2cm |    | Girls   | 19        | Triple Jump |
| Girls 18                          | 400m Hurdles             | 2'6" 76.2cm |    | Boys    | 17-19     | Pole Vault  |
| Girls 19                          | 400m Hurdles             | 2'6" 76.2cm |    |         |           |             |
| Boys 18                           | 400m Hurdles             | 2'9" 84.0cm |    | 14.30pm |           |             |
| Boys 19                           | 400m Hurdles             | 3'0" 91.4cm |    | Girls   | 18        | High Jump   |
|                                   |                          |             |    | Girls   | <b>15</b> | Javelin     |
| HURDLE FINA                       | LS IN SAME ORDI          | <b>ER</b>   |    | Girls   | 19        | Shot Put    |
|                                   |                          |             |    | Boys    | 15        | Triple Jump |
| 4.00                              |                          |             |    |         |           |             |

4.00pm 1500m FINALS