



**IRISH LIFE HEALTH JUVENILE TRACK & FIELD CHAMPIONSHIPS**

**DAY 3 TIMETABLE**

**TULLAMORE**

**SUNDAY THE 10TH OF JULY 2022**

The Committee reserve the right to alter the timetable

**Car Park gate does not open until 8:30am**

**Track**

**Field**

(Infield Events \* Outfield Events \*\*)

**Discus \*\***

10 am U19 Boys  
11:30 am U19 Girls  
1:30 pm U16 Boys  
3 pm U16 Girls

**Hammer \*\***

10 am U18 Girls  
11:30 am U18 Boys  
1:30 pm U15 Girls  
3 pm U15 Boys

**High Jump \***

10 am U14 Boys  
11:30 am U17 Girls  
1:30 pm U18 Girls  
3 pm U19 Girls

**Javelin \***

10 am U15 Girls  
11:30 am U18 Girls  
1:30 pm U15 Boys  
3 pm U18 Boys

**Long Jump \***

10 am U18 Boys  
11:30 am U19 Boys  
1:30 pm U15 Girls  
3 pm U14 Girls

**Shot Put \***

10 am U17 Girls  
11:30 am U17 Boys  
1:30 pm U14 Girls  
3 pm U14 Boys

**Triple Jump \***

10 am U17 Boys  
11:30 am U16 Girls  
11:30 am U16 Boys

**Pole Vault \***

10 am U15 Boys  
1:30 am U16 Boys  
U17 Boys  
U18 Boys  
U19 Boys

**200m Check-in closes 9:15am**

10am	U14 Girls	200m	H
	U14 Boys	200m	H
	U15 Girls	200m	H
	U15 Boys	200m	H
	U16 Girls	200m	H
	U16 Boys	200m	H
	U17 Girls	200m	H
	U17 Boys	200m	H
	U18 Girls	200m	H
	U18 Boys	200m	H
	U19 Girls	200m	H
	U19 Boys	200m	H

'Finals to be held at heat time if heat not required'

**1500m Check-in closes at 10:30**

11:30am	U14 Girls	1500m	H
	U14 Boys	1500m	H
	U15 Girls	1500m	H
	U15 Boys	1500m	H
	U16 Girls	1500m	H
	U16 Boys	1500m	H
	U17 Girls	1500m	H
	U17 Boys	1500m	H
	U18 Girls	1500m	H
	U18 Boys	1500m	H
	U19 Girls	1500m	H
	U19 Boys	1500m	H

1:30pm 200m Finals

**Hurdle Check-in closes 1pm**

2:30pm	U15 Girls	250mH (2'3" 68.6cm)	H
	U16 Girls	250mH (2'3" 68.6cm)	H
	U15 Boys	250mH (2'6" 76.2cm)	H
	U16 Boys	250mH (2'6" 76.2cm)	H
	U17 Girls	300mH (2'6" 76.2cm)	H
	U17 Boys	300mH (2'6" 76.2cm)	H
	U18 Girls	400mH (2'6" 76.2cm)	H
	U19 Girls	400mH (2'6" 76.2cm)	H
	U18 Boys	400mH (2'9" 84.0cm)	H
	U19 Boys	400mH (3'0" 91.4cm)	H

'Finals to be held at heat time if heats not required'

4pm 1500m Finals