

123.ie Munster Schools Track & Field Championships 2024

Templemore - Saturday May 18th 2024

Order of Field Events				TRACK EVENTS	
Hammer starting @10am	Shot starting @11am	Javelin starting @12noon	Discus starting @1.30pm	11.00	Race Walking All Ages
				12.00	Inter Girls 1500m S/chase
				12.00	Senior Girls 1500m S/chase
				12.10	Inter Girls 3000m
Senior Boys	Minor Boys	Senior Boys	Senior Girls	12.20	Senior Girls 3000m
Inter Boys	Junior Girls	Inter Boys	Inter Girls	12.35	Inter Girls 300m Hurdles
Junior Boys	Junior Boys	Junior Boys	Junior Girls	12.40	Senior Girls 400m Hurdles
Senior Girls	Senior Boys	Junior Girls	Junior Boys	12.45	Inter Boys 400m Hurdles
Inter Girls	Inter Boys	Inter Girls	Inter Boys	12.50	Senior Boys 400m Hurdles
Junior Girls	Minor Girls	Senior Girls	Senior Boys	12.55	Inter Boys 1500m S/chase
	Inter Girls			13.00	Senior Boys 2000m S/chase
				13.05	Junior Girls 200m
				13.10	Junior Boys 200m
High Jump starting @10am	Long Jump starting @11am	Triple Jump starting @12.10pm	Pole Vault starting @10am	13.15	Inter Girls 200m
				13.20	Inter Boys 200m
				13.25	Senior Girls 200m
Minor Girls	Junior Girls	Junior Boys (Pit 3)	10:00am Girls	13.30	Senior Boys 200m
Minor Boys	Junior Boys	Junior Girls (Pit 3)	13:00pm Boys	13.35	Minor Girls 800m
Inter Girls	Senior Boys	Senior Boys		13.40	Minor Boys 800m
Junior Girls	Inter Boys	Inter Boys		13.45	Junior Girls 800m
Senior Boys	Inter Girls	Inter Girls/Senior Girls		13.50	Junior Boys 800m
Inter Boys	Senior Girls			13.54	Inter Girls 800m
Junior Boys	Minor Boys (Pit 3)			13.58	Inter Boys 800m
Senior Girls	Minor Girls (Pit 3)			14.02	Senior Girls 800m
				14.05	Senior Boys 800m
				14.10	Minor Girls 100m
				14.14	Minor Boys 100m
				14.18	Junior Girls 100m
				14.22	Junior Boys 100m
				14.26	Inter Girls 100m
				14.30	Inter Boys 100m
				14.34	Senior Girls 100m
				14.38	Senior Boys 100m
Times of events may be brought forward by 15 minutes if the programme is running ahead of schedule				14.45	Inter Boys 3000m
				14.55	Minor Girls 75m Hurdles
				15.00	Minor Boys 75m Hurdles
				15.05	Junior Girls 75m Hurdles
				15.10	Inter Girls 80m Hurdles
				15.15	Junior Boys 80m Hurdles
				15.20	Senior Girls 100m Hurdles
				15.25	Inter Boys 100m Hurdles
				15.30	Senior Boys 110m Hurdles
				15.35	Inter Girls 300m
Minor: Under 14 on 1st July 2024 Junior: Under 15 on 1st July 2024				15.39	Inter Boys 400m
Intermediate: Under 17 on 1st July 2024 Senior: Under 19 on 1st January 2024				15.43	Senior Girls 400m
A school may not have more than 2 athletes in any event				15.47	Senior Boys 400m
An athlete may compete in not more than 2 individual events plus one relay				15.50	Under 16 Girls 1 Mile
No more than one athlete from the age group immediately below can be added to a relay team				15.55	Under 16 Boys 1 Mile
Athletes must compete in their own age group in individual events (Junior, Intermediate, Senior)				16.00	Junior Girls 1500m
Minor athletes may compete at Junior level where an event is not held at Minor level				16.05	Junior Boys 1500m
Minor and Junior athletes can take part in an 800m or 1500m but not both				16.10	Inter Girls 1500m
The first 3 in non-laned event qualify for the All Ireland - 4 qualify in the Under 16 mile race				16.15	Inter Boys 1500m
In laned events (100m, 200m, 300m, 400m, hurdles and relays) the first 2 qualify for the All Ireland				16.20	Senior Girls 1500m
The 123.ie All Ireland Championships take place in Tullamore on May 31st and June 1st				16.25	Senior Boys 1500m
				16.30	Senior Boys 5000m
				16.50	Minor Girls 4X100m Relay
				16.55	Minor Boys 4X100m Relay
				17.00	Junior Girls 4X100m Relay
				17.05	Junior Boys 4X100m Relay
				17.10	Inter Girls 4X100m Relay
				17.15	Inter Boys 4X100m Relay
				17.20	Senior Girls 4X100m Relay
				17.25	Senior Boys 4X100m Relay
				17.30	Senior Girls 4X300m Relay
				17.35	Senior Boys 4X400m Relay