

# 123.ie Munster Schools Track & Field Championships 2023

Castleisland - Saturday May 20th 2023

Field Events				Event #		TRACK EVENTS		
Hammer starting @10am	Shot starting @11am	Javelin starting @12noon	Discus starting @1.30pm	1 to 6	11.00	Race Walking	All Ages	
#	#	#	#			7 12.00	Inter Girls	1500m S/chase
						8 12.00	Senior Girls	1500m S/chase
71 Senior Boys	77 Minor Boys	85 Senior Boys	91 Senior Girls			9 12.10	Inter Girls	3000m
72 Inter Boys	78 Junior Girls	86 Inter Boys	92 Inter Girls			10 12.20	Senior Girls	3000m
73 Junior Boys	79 Junior Boys	87 Junior Boys	93 Junior Girls			11 12.35	Inter Girls	300m Hurdles
74 Senior Girls	80 Senior Boys	88 Junior Girls	94 Junior Boys			12 12.40	Senior Girls	400m Hurdles
75 Inter Girls	81 Inter Boys	89 Inter Girls	95 Inter Boys			13 12.45	Inter Boys	400m Hurdles
76 Junior Girls	82 Minor Girls	90 Senior Girls	96 Senior Boys			14 12.50	Senior Boys	400m Hurdles
	83 Senior Girls					15 12.55	Inter Boys	1500m S/chase
	84 Inter Girls					16 13.00	Senior Boys	2000m S/chase
						17 13.05	Junior Girls	200m
						18 13.10	Junior Boys	200m
<b>High Jump starting @11am</b>	<b>Long Jump starting @11am</b>	<b>Triple Jump starting @11.30am</b>	<b>Pole Vault 11am Girls - 1pm Boys</b>			19 13.15	Inter Girls	200m
#	#	#				20 13.20	Inter Boys	200m
97 Inter Girls	103 Senior Girls	111 Senior Boys				21 13.25	Senior Girls	200m
98 Junior Girls	104 Junior Boys	112 Inter Boys				22 13.30	Senior Boys	200m
99 Senior Boys	105 Inter Girls	113 Senior Girls				23 13.35	Minor Girls	800m
100 Inter Boys	106 Minor Girls	114 Junior Boys				24 13.40	Minor Boys	800m
101 Junior Boys	107 Junior Girls	115 Inter Girls				25 13.45	Junior Girls	800m
102 Senior Girls	108 Minor Boys	116 Junior Girls				26 13.50	Junior Boys	800m
	109 Inter Boys					27 13.54	Inter Girls	800m
	110 Senior Boys					28 13.58	Inter Boys	800m
						29 14.02	Senior Girls	800m
						30 14.05	Senior Boys	800m
						31 14.10	Minor Girls	100m
						32 14.14	Minor Boys	100m
						33 14.18	Junior Girls	100m
						34 14.22	Junior Boys	100m
						35 14.26	Inter Girls	100m
<b>Times of events may be brought forward by 15 minutes if the programme is running ahead of schedule</b>						36 14.30	Inter Boys	100m
						37 14.34	Senior Girls	100m
						38 14.38	Senior Boys	100m
						39 14.45	Inter Boys	3000m
						40 14.55	Minor Girls	75m Hurdles
						41 15.00	Minor Boys	75m Hurdles
						42 15.05	Junior Girls	75m Hurdles
						43 15.10	Inter Girls	80m Hurdles
						44 15.15	Junior Boys	80m Hurdles
						45 15.20	Senior Girls	100m Hurdles
<b>Notes</b>						46 15.25	Inter Boys	100m Hurdles
Minor: Under 14 on 1st July 2023 Junior: Under 15 on 1st July 2023						47 15.30	Senior Boys	110m Hurdles
Intermediate: Under 17 on 1st July 2023 Senior: Under 19 on 1st January 2023						48 15.35	Inter Girls	300m
A school may not have more than 2 athletes in any event						49 15.39	Inter Boys	400m
An athlete may compete in not more than 2 individual events plus one relay						50 15.43	Senior Girls	400m
No more than one athlete from the age group immediately below can be added to a relay team						51 15.47	Senior Boys	400m
Athletes must compete in their own age group in individual events (Junior, Intermediate, Senior)						52 15.50	Under 16 Girls	1 Mile
Minor athletes may compete at Junior level where an event is not held at Minor level						53 15.55	Under 16 Boys	1 Mile
Minor and Junior athletes can take part in an 800m or 1500m but not both						54 16.00	Junior Girls	1500m
The first 3 in non-laned event qualify for the All Ireland - 4 qualify in the Under 16 mile race						55 16.05	Junior Boys	1500m
In laned events (100m, 200m, 300m, 400m, hurdles and relays) the first 2 qualify for the All Ireland						56 16.10	Inter Girls	1500m
The 123.ie All Ireland Championships take place in Tullamore on June 2nd						57 16.15	Inter Boys	1500m
						58 16.20	Senior Girls	1500m
						59 16.25	Senior Boys	1500m
						60 16.30	Senior Boys	5000m
						61 16.50	Minor Girls	4X100m Relay
						62 16.55	Minor Boys	4X100m Relay
						63 17.00	Junior Girls	4X100m Relay
						64 17.05	Junior Boys	4X100m Relay
						65 17.10	Inter Girls	4X100m Relay
						66 17.15	Inter Boys	4X100m Relay
						67 17.20	Senior Girls	4X100m Relay
						68 17.25	Senior Boys	4X100m Relay
						69 17.30	Senior Girls	4X300m Relay
						70 17.35	Senior Boys	4X400m Relay