

## National League Track & Field First Division

### 22nd August 2021

### Provisional Timetable

#### Track

Time	Event	Gender
10:00	110mH	CE Youth Men
10:15	110mH	CE Master Men 35-49
10:30	110m H	Men
10:40	100m H	Women
10:50	80mH	CE Master Women 40-49
11:55	100mH	CE Master Women 35+
11:00	100m	CE Master Women 50+
11:10	100m	CE Master Men 50+
11:25	1500m Walk	Women
11:40	3000m Walk	Men
12:10	400m H	Women
12:20	400m H	Men
12:35	4 x 100m	Women
12:45	4 x 100m	Men
13:00	1500m	Women
13:10	1500m	Men
13:40	400m	Women
13:50	400m	Men
14:00	3000m	Women
14:20	3000m S/C	Men
14:35	800m	CE Youth Women
14:40	800m	CE Master Women
14:50	200m	Women
15:00	200m	Men
15:10	800m	Women
15:20	800m	Men
15:30	1500m	CE Master Men
15:40	1500m	CE Youth Men
15:50	5000m	Men
16:05	3000m S/C	Women
16:30	100m	Women
16:40	100m	Men
16:50	4 x 400m	Women
17:00	4 x 400m	Men

#### Field

Time	Event	Gender
10:30	Discus	CE Youth Men
10:30	Discus	Men
10:30	Shot Put	Women
11:00	High Jump	Women
11:15	Long Jump	CE Youth Women
11:15	Long Jump	CE Master Women
11:20	Shot Put	CE Master Men
11:30	Pole Vault	CE Youth Men
11:30	Pole Vault	Men
11:30	Hammer	Men
12:00	Shot Put	Men
12:15	Long Jump	CE Master Men
12:15	High Jump	CE Master Women
12:30	Hammer	Women
13:00	High Jump	CE Master Men
13:00	Shot Put	CE Master Women
13:15	Long Jump	Men
13:15	Javelin	Women
13:15	Javelin	CE Youth Women
14:00	High Jump	Men
14:00	Discus	Women
14:00	Pole Vault	women
14:15	Long Jump	Women
14:30	Javelin	Men
14:30	Javelin	CE Youth Men
15:00	56lb Distance	Men
15:15	Triple Jump	Men
15:15	Triple Jump	Women
15:30	28lb Distance	Women