

**National May Open
Technical Track & Field
Morton Stadium, Santry
May 19th, 2024**

**Check-in close 60 minutes before event
Implement Check closes 60 minutes before event.**

Track				Field			
				Men		Women	
11:00	100mH	S1	W				
11:10	110mH	S1	M	10.30	Hammer	10.30	Hammer
11:50	110mH	S2	M	11.00	Long Jump	11.00	Long Jump
12:00	100mH	S2	W	11.30	Pole Vault	11.30	Pole Vault
12:20	400m		W	11.40	Discus	11.40	Discus
12:30	400m		M	12:30	High Jump	12:30	High Jump
12:45	100m	S1	W	13:20	Shot Put	13:20	Shot Put
13:00	100m	S1	M	13:30	Triple Jump	13:30	Triple Jump
13:40	400mH		W	14:20	Javelin	14:20	Javelin
13:50	400mH		M				
14:00	100m	S2	W				
14:15	100m	S2	M				
14:40	200m		W				
14:55	200m		M				