

National
Track & Field
Championships





Stream All



NATIONAL SENIOR T&F CHAMPIONSHIPS

MORTON STADIUM, SANTRY SAT 25th & SUN 26th of JUNE 2022

ATHLETICSIRELAND.IE f #IlhNatsT&F

OFFICIAL PARTNER

Irish Life
health Check in closes 90 minutes before your event

4x100m&4x400m based on times if more than 8 declared.

All Finals will run at Final times

5000m to be Seeded Final

Mens 10,000m will go with the AAI Games on the 23rd July along with the Womens 10,000m Championship

Saturday the 25th of June

| 12:30 | TOOMH | women | līl . | 75:00 | Hammer | ivien |
|-------|--------------|-------|-------|-------|-------------|-------------------|
| 12:45 | 100mH | Men | Н | | | |
| 13:00 | 10,000 Walk | Men | F | | | |
| 14:00 | 200m | Women | Н | 14:00 | Hammer | Women |
| 14:20 | 200m | Men | Н | 14:00 | Triple Jump | Women |
| 15:00 | 3000m SC | Men | F | 14:00 | Pole Vault | Men |
| 15:30 | 100mH | Women | F | | | |
| 15:40 | 110mH | Men | F | 15:00 | High Jump | Women |
| 15:50 | 800m | Women | Н | | | |
| 16:10 | 800m | Men | Н | 15:30 | Shot Put | Men |
| 16:30 | 400mH | Women | Н | | | |
| 16:40 | 400mH | Men | Н | 16:00 | Triple Jump | Men |
| 17:00 | 200m | Women | F | | | |
| 17:10 | 200m | Men | F | | | |
| 17:20 | 5000m | Women | F | | | |
| 17:40 | 400m | Women | Н | 17:30 | Shot Put | Women |
| 18:00 | 400m | Men | Н | | | |
| 18:30 | 1500m | Women | Н | 17:30 | Weight -H | Junior Men |
| 18:45 | 1500m | Men | Н | 17:30 | Weight -H | U23 Men |
| 19:00 | 4x100m Relay | Women | F | 17:30 | Weight -H | Men |
| 19:10 | 4x100m Relay | Men | F | | | |
| | | | | | | |

Sunday the 26th of June

20:30 4x400m Relay Women

20:40 4x400m Relay Men

| | Sullu | ay the 26th | oi Julie | | | | |
|---|---|--|---|-------------------|-------------------------|---------------------------|-----------------------|
| | 14:00 | 100m | Men | н | 14:00 | Discus | Men |
| | 14:20 | 100m | Women | Н | 44.00 | | 0.0 |
| | 14:50 | 3000m | J-Women | F | 14:30 | Long Jump | Men |
| | 15:10 | 3000m | J-Men | } e | 15.00 | Dolo Vault | Momon |
| ě | 15:30 15:40 | 100m 100m | Women Men | 8 | 15:00 | Pole Vault | Women |
| | 16:00 | 5000m Walk | Women | S S F | 15:30 | Discus | Women |
| | 16:30 | Juv 150m | Mixed | F | 75.50 | Discus | Wolliell |
| | 17:00 | 3000m SC | Women | F | 16:00 | High Jump | Men |
| | 17:20 | 5000m | Men (B&C) | F | | | |
| | | | 0 0 | | | | |
| | | | | | | | |
| | 18:05 | 5000m | Men A | ß | 17:00 | Long Jump | Women |
| | 18:40 | 400mH | Women | F | 17:00 17:00 | Long Jump Javelin | Women Men |
| | 18:40 18:50 | 400mH 400mH | Women Men | F | 17:00 | Javelin | Men |
| | 18:40 18:50 19:00 | 400mH 400mH 100m | Women Men Women | | | | |
| | 18:40 18:50 19:00 19:15 | 400mH 400mH 100m 100m | Women Men Women Men | | 17:00 17:30 | Javelin Weight -D | Men Women |
| | 18:40 18:50 19:00 19:15 19:25 | 400mH 400mH 100m 100m 800m | Women Men Women Men Women | | 17:00 | Javelin | Men |
| | 18:40 18:50 19:00 19:15 19:25 19:35 | 400mH 400mH 100m 100m 800m 800m | Women Men Women Men Women Men | a ~ ~ ~ ~ ~ ~ ~ ~ | 17:00 17:30 18:30 | Javelin Weight -D Javelin | Men Women Women |
| | 18:40 18:50 19:00 19:15 19:25 19:35 19:45 | 400mH 400mH 100m 100m 800m 800m 400m | Women Men Women Men Women Men Women | | 17:00 17:30 | Javelin Weight -D | Men Women |
| | 18:40 18:50 19:00 19:15 19:25 19:35 | 400mH 400mH 100m 100m 800m 800m | Women Men Women Men Women Men | | 17:00 17:30 18:30 | Javelin Weight -D Javelin | Men Women Women |

Coverage on RTE
Sun 26th June
18:05-20:30