

Irish Life health

# National Track & Field Championships



Athletics Ireland

Live Stream All Sessions

## NATIONAL SENIOR & U23 T&F CHAMPIONSHIPS

MORTON STADIUM, SANTRY  
SAT 22nd & SUN 23rd AUGUST 2020

ATHLETICSIRELAND.IE  
#IlhNatsT&F

Live T.V.

### Saturday 22nd August

#### Session 1

11:00	5000m	Men	H	10:30	Hammer	Women
12:00	5000m	Jun Men	F	11:15	Long Jump	Women
				11:55	Hammer	Men

#### Session 2

14:00	400m	Women	H	14:15	Long Jump	Men
14:45	400m	Men	H			
16:00	5000m	Women	T*			
16:25	5000m	Jun Women	F			

#### Session 3

18:30	400mH	Men	H	18:45	WFH 56lbs	Men
18:55	400mH	Women	H	18:45	WFH 35lbs	U23 Men
19:10	1500m	Women	H	18:45	WFH 35lbs	Jun Men
19:40	1500m	Men	H			

### Sunday 23rd August

#### Session 4

14:30	100m	Women	H	10:45	High Jump	Men
15:00	100m	Men	H	11:00	Javelin	Women
				12:45	Javelin	Men
				13:15	High Jump	Women

#### Session 5

18:00	5000m	Men	F
18:25	400mH	Women	F
18:40	400mH	Men	F
18:50	100m	Women	F
19:00	100m	Men	F
19:10	400m	Women	F
19:20	400m	Men	F
19:30	1500m	Women	F
19:45	1500m	Men	F

Live

Coverage on  
RTE 2

SUN 23rd August  
17:30-19:55

OFFICIAL PARTNER

\* If numbers declared are greater than one race result will be based on times

Irish Life health