



NATIONAL SENIOR T&F CHAMPIONSHIPS

MORTON STADIUM, SANTRY  
FRI 25th, SAT 26th & SUN 27th of JUNE 2021

ATHLETICSIRELAND.IE  
f. #IhNatsT&F

Live Stream All Days

Live T.V.

Friday Night the 25th of June

18:15	400m	Women	H		
18:40	400m	Men	H	18:30	Hammer Women
19:20	1500m	Women	H	19:00	Pole Vault Women
19:40	1500m	Men	H	20:00	Hammer Men
20:10	400mH	Women	H		
20:30	800m	Women	H		
21:00	800m	Men	H		

Saturday the 26th of June

10:30	100m	Men	H		
11:10	100m	Women	H		
11:40	5000m	Women	F		
12:00	3000m SC	Women	F	12:00	Discus Women
12:30	3000m SC	Men	F	12:30	Long Jump Women
13:00	3000m	Jun Women	F		
13:30	3000m	Jun Men	F	14:00	High Jump Men
14:00	5000m	Men (B&C)	F	14:00	Discus Men
				14:30	Pole Vault Men

15:05	5000m	Men (A)	F		
15:30	400mH	Men	F		
15:40	400mH	Women	F		
15:50	100m	Men (B)	F		
16:00	100m	Men	F	16:00	Long Jump Men
16:10	100m	Women	F	16:00	WFD Women
16:20	800m	Women	F	16:45	WFD Men
16:30	800m	Men	F		
16:45	400m	Women	F		
16:55	400m	Men	F		
17:05	1500m	Women	F		
17:20	1500m	Men	F		

17:40	4x100m	Women	F		
17:50	4x100m	Men	F		

Live Coverage on RTE 1 Sat 26th June 14:55-17:45

## Sunday the 27th of June

11:00	200m	Women	H	11:00	Shot Put	Men
11:30	200m	Men	H	11:00	Javelin	Women
12:30	5000m W	Women	F	11:00	Triple Jump	Women
13:00	10,000 W	Men	F	12:30	Shot Put	Women
14:10	200m	Women	F			
14:20	200m	Men	F	13:00	Javelin	Men
14:35	100mH	Women	F	13:00	Triple Jump	Men
14:45	110mH	Men	F	13:00	High Jump	Women
15:00	10,000m	Men	F	14:00	WFH 56lbs	Men
				14:00	WFH 35lbs	Junior
				14:00	WFH 35lbs	U23
15:45	4x400m	Women	F			
15:55	4X400m	Men	F			

**All Event times are provisional  
and subject to change.**

### Online Check-In:

Opens 4 hours prior to your event

Check in is not complete until athlete is on site and has collected their bib.

\*ATHLETES CANNOT ENTER STADIUM UNTIL **(80 MINUTES)** PRIOR TO THEIR EVENT\*

\*TRACK ATHLETES TO THE CALL ROOM **(20 MINUTES)** PRIOR TO THEIR EVENT\*

\*FIELD ATHLETES TO THE CALL ROOM **(40 MINUTES)** PRIOR TO EVENT\*

## Event Information

- When entries close, no further entries will be accepted.
- All athletes attending the championships will be required to complete an electronic health questionnaire on the day of the event.
- All events will be live streamed.
- Entry to the stadium will only be permitted at the stated time prior to the session in which the athlete is competing.
- Athletes will be required to leave the stadium immediately once their event is complete.
- We would encourage all athletes to bring their own throwing implements.
- To aid administration please inform [competition@athleticsireland.ie](mailto:competition@athleticsireland.ie) if you do not intend to complete.
- All participants (athletes and officials) must complete a covid questionnaire Prior to entering the Stadium.
- Do not attend the event if you are experiencing symptoms of COVID-19, are a close contact of a COVID-19 case or have travelled from outside the island of Ireland last 14 days.  
**(Exception to this is a negative Covid PCR test result produced on Day 5 on return to Ireland).**
- Do not attend if you travelled to Ireland from Great Britain in the last 14 days.  
**Exception of negative PCR test produced on day 5, If fully vaccinated. If not fully vaccinated a further negative PCR test on Day 10.**

<https://www.athleticsireland.ie/news/clarification-on-world-athletics-rules-footwear-worn-for-track-races>

All athletes must bring their own named water bottles  
and hand sanitizer and any personal items required.