National Track & Field League 2017 Round 2

Timetable provisional

Track				Field			
			Men		Women		
11.30	100m H	W					
11.45	110m H	Μ	11.30	Hammer	11.30	High Jump	
12.00	1500m Walk	W	11.30	Pole Vault			
12.15	3000m Walk	Μ					
12.35	400m H	W	11.45	Long Jump			
12.50	400m H	Μ			12.00	Shot	
13.05	4 x 100m	W			13.30	Hammer	
13.20	4 x 100m	Μ	14.00	Shot	13.30	Triple Jump	
13.35	1500m	W	14.00	High Jump			
13.50	1500m	Μ	14.30	Discus	14.30	Pole Vault	
14.05	400m	W					
14.20	400m	Μ	14.45	Triple Jump	14.45	Javelin	
14.35	3000m	W					
14.55	3000m S/C	Μ					
15.15	200m	W	16.00	Javelin	16.00	Discus	
15.30	200m	Μ			16.00	Long Jump	
15.45	800m	W					
16.00	800m	Μ		56 lbs			
16.15	5000m	Μ					
16.35	100m	W					
16.50	100m	Μ					
17.05	4 x 400m	W					
17.20	4 x 400m	Μ					

Scoring System: 9,7,6,5,4,3,2,1

Sequence of events: Premier Women followed by Division 1 Women followed by Premier Men followed by Division 1 Men Premier Division Men score in the best 17 events. Premier Division Women score in the best 15 events Division One Men and Women score in the best 15 events.

This timetable is designed as a guide of event times. Events may run ahead of schedule and it is the team Managers responsibility to ensure that athletes attend for the start of their competition.