



SIAB INTERNATIONAL CROSS COUNTRY 2024

Sport Ireland Campus, Abbottstown, Dublin, D15 EPN4

Provisional Timetable of Races:

Junior Girls	3,000m Call Up 11.50am 2 x 1,500m Laps	Race 12.00am
Junior Boys	4,000m Call Up 12.10pm 1 x 1,000m Lap + 2 x 1,500m Laps	Race 12.20am
Inter Girls	4,000m Call Up 12.30pm 1 x 1,000m Lap + 2 x 1,500m Laps	Race 12.40pm
Inter Boys	6,000m Call Up 13.00pm 4 x 1,500m Laps	Race 13.15pm
Junior Boys & Girls Relay	6,000m Call Up 13.45pm 4 x 1500 Lap Relay (2 Boys & 2 Girls)	Race 13.50pm
Inter Boys & Girls Relay	6,000m Call Up 13.45pm 4 x 1500 Lap Relay (2 Boys & 2 Girls)	Race 14.20pm
<i>Presentation of Medals</i>		



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