

National Indoor Championships



DAY 1 SATURDAY 18TH PROVISIONAL TIMETABLE

12.20 60m Heats	Men	12.00 PV Warm Up	Men
12.55 3000m Walk	Women	13.00 Pole Vault	Men
13.15 400m Heats	Women	12.30 Shot Put	Women
13.35 5000m Walk	Men	14.00 High Jump	Women
14.05 400m Heats	Men	13.30 Long Jump	Women
14.45 3000m Final	Women	15.30 Triple Jump	Men
15.05 800m Heats	Women		
15.20 800m Heats	Men		
15.40 200m Heats	Women		
15.55 200m Heats	Men		
16.40 1500m Heats	Women		
16.55 1500m Heats	Men		

DAY 2 SUNDAY 19TH PROVISIONAL TIMETABLE

11.30 60m H Heats	Women	11.45 PV Warm Up	Women
11.45 60m H Heats	Men	12.45 Pole Vault	Women
12.00 3000m Times	Men	13.45 High Jump	Men
12.30 60m Semi Final	Women	12.30 Long Jump	Men
12.45 60m Semi Final	Men	14.15 Triple Jump	Women
13.00 1500m Final	Women		
13.15 1500m Final	Men		
13.30 60mH Final	Women		
13.40 60mH Final	Men	14.00 Shot Put	Men
13.50 400m Final	Women		
14.00 400m Final	Men		
14.10 60m Final	Women		
14.20 60m Final	Men		
14.30 800m Final	Women		
14.40 800m Final	Men		
14.50 200m Final	Women		
15.00 200m Final	Men		

NATIONAL SENIOR CHAMPIONSHIPS
SPORT IRELAND, NATIONAL INDOOR ARENA
18TH - 19TH FEB 2017



**Athletics
Ireland**