

Track Timetable:

Time	Event	Athletes
11:00	60m Hurdles*	Women, Men
11:30	60m	Women, Men
12:20	800m	Women, Men
13:10	200m	Women, Men
14:00	4 x 400m	Women, Men
14:30	1500m*	Women, Men
15:00	400m*	Women, Men

Field Time Table:

Time	Event	Athletes
11:00	Pole Vault	Women
11:00	Pole Vault	Men
11:30	Shot Put	Women
12:30	Shot Put	Men
13:00	Long Jump	Women
14:00	Long JUmP	Men

* The 60m Hurdles, 1500m and 400m races are individual guest only events for Round 1 of the League.

This is a Draft Timetable and is subject to change.