

The committee reserve the right to alter timetable, the starting time of events may be brought forward up to 45 minutes from the proposed Timetable.

Check in closes 9.15 a.m. Girls Walks

10.00 a.m.	Girls	U17	3000m Walk	F
	Girls	U18	3000m Walk	F
	Girls	U19	3000m Walk	F
	Girls	U14	2000m Walk	F
	Girls	U15	2000m Walk	F
	Girls	U16	2000m Walk	F

Check in closes 10.30 a.m. 400m

11.15 a.m.	Girls	U17	400m	H
	Boys	U17	400m	H
	Girls	U18	400m	H
	Boys	U18	400m	H
	Girls	U19	400m	H
	Boys	U19	400m	H

Check in closes 11.15 a.m. Boys Walks

12:00 p.m.	Boys	U14	2000m Walk	F
	Boys	U15	2000m Walk	F
	Boys	U16	3000m Walk	F
	Boys	U17	3000m Walk	F
	Boys	U18	5000m Walk	F
	Boys	U19	5000m Walk	F

1.30 p.m. 400m Finals

Check in closes 12:30 p.m. Sprints

1.45 p.m.	Girls	U14	80m	H
	Boys	U14	80m	H
	Girls	U15	100m	H
	Boys	U15	100m	H
	Girls	U16	100m	H
	Boys	U16	100m	H
	Girls	U17	100m	H
	Boys	U17	100m	H
	Girls	U18	100m	H
	Boys	U18	100m	H
	Girls	U19	100m	H
	Boys	U19	100m	H

Check in closes 3.00 p.m. 3000m

3.45 p.m.	Girls	U16	3000m	F
	Boys	U16	3000m	F
	Girls	U17	3000m	F
	Boys	U17	3000m	F
	Girls	U18	3000m	F
	Boys	U18	3000m	F
	Girls	U19	3000m	F
	Boys	U19	3000m	F

5.00 pm. Sprint Finals

Check in Closes 1 hour prior to each start time

Discus

10.00 am	Girls	U14
11.30 am	Boys	U19
1.30 pm	Boys	U14
3.00 pm	Girls	U19

Hammer

10.00 am	Girls	U16
11.30 am	Boys	U17
1.30 pm	Boys	U16
3.00 pm	Girls	U17

Shot Put

10.00 am	Boys	U16
11.30 am	Girls	U17
1.30 pm	Girls	U16
3.00 pm	Boys	U17

Javelin

10.00 am	Boys	U14
11.30 am	Girls	U19
1.30 pm	Girls	U14
3.00 pm	Boys	U19

Long Jump

10.00 am	Boys	U17
11.30 am	Boys	U16
1.30 pm	Girls	U14
3.00 pm	Boys	U14

Triple Jump

1.30 pm	Boys	U17
3.00 pm	Boys	U16

High Jump

10.00 am	Girls	U14
11.30 am	Boys	U14
1.30 pm	Girls	U15
3.00 pm	Girls	U16

Pole Vault Warm Up

at start time followed by Event

Pole Vault

10.00 am	Girls	U15
	Girls	U16
1:30 pm	Girls	U17
	Girls	U18
	Girls	U19