



FINAL TIMETABLE 24th Nov - NIA

6.10pm U12 Girls & Boys 60m

6.30pm U14 Girls & Boys 60m

6.30pm Senior Pole Vault

6.40pm U 16 Girls & Boys 60m

* 55 Races planned at the event

6.50pm TRY TRACK & FIELD Primary Schools Relays

6.55pm U12 Relays 4x200m

*Heats available online

7.00pm U14 Relays 4x200m

7.10pm U16 Relays 4x200m

7.40pm Senior Women 60m

9.00pm Senior Women 400m

7.55pm Senior Men 60m

9.10pm Senior Men 400m

8.15pm Senior Women Mile

8.25pm Senior Men Mile

8.45pm Senior Women 800m

8.50pm Senior Men 800m

LIVE STREAMED ON AAI YOUTUBE CHANNEL

<https://youtu.be/wh9bwVZ2JQQ>

MEET DIRECTOR: DAVID MATTHEWS

