

## Ulster Schools Track & Field Championships – Wednesday 15<sup>th</sup> May 2024

TRACK				FIELD			
10.00	MG	100m	Semi	10.00	JG	High Jump	Final
10.10	MB	100m	Semi	10.00	MG	Long Jump	Final
10.20	JG	100m	Semi	10.00	JB	Triple Jump	Final
10.30	JB	100m	Semi	10.00	MB	Shot	Final
				10.00	JB	Discus	Final
10.40	MG	800m	Final				
10.50	MB	800m	Final				
11.00	JG	800m	Final	11.00	MB	Long Jump	Final
11.10	JB	800m	Final	11.00	JG	Shot	Final
11.20	MG	75mH	Semi	11.15	JB	High Jump	Final
11.30	MB	75mH	Semi				
11.40	JG	75mH	Semi				
11.50	JB	80mH	Semi				
12.00	JG	200m	Semi	12.00	JG	Triple Jump	Final
12.10	JB	200m	Semi	12.00	JG	Discus	Final
12.20	JG	1200m Walk	Final				
12.30	JB	1200m Walk	Final	12.30	MG	High Jump	Final
12.40	MG	4x100m	Semi				
12.50	MB	4x100m	Semi				
1.00	JG	4x100m	Semi	1.00	JB	Long Jump	Final
1.10	JB	4x100m	Semi	1.00	MG	Shot	Final
				1.00	JB	Javelin	Final
1.30	MG	100m	Final				
1.35	MB	100m	Final				
1.40	JG	100m	Final				
1.45	JB	100m	Final	1.45	MB	High Jump	Final
1.50	JG	1500m	Final				
2.00	JB	1500m	Final	2.00	JG	Long Jump	Final
				2.00	JB	Shot	Final
2.10	MG	75mH	Final	2.00	JG	Javelin	Final
2.15	MB	75mH	Final				
2.20	JG	75mH	Final				
2.25	JB	80mH	Final				
2.35	JG	200m	Final				
2.40	JB	200m	Final				
3.00	MG	4x100m	Final	3.00	JG	Hammer	Final
3.05	MB	4x100m	Final				
3.10	JG	4x100m	Final	3.45	JB	Hammer	Final
3.15	JB	4x100m	Final				
				4.30	IG / SG	Hammer	Final
				5.30	IB / SB	Hammer	Final