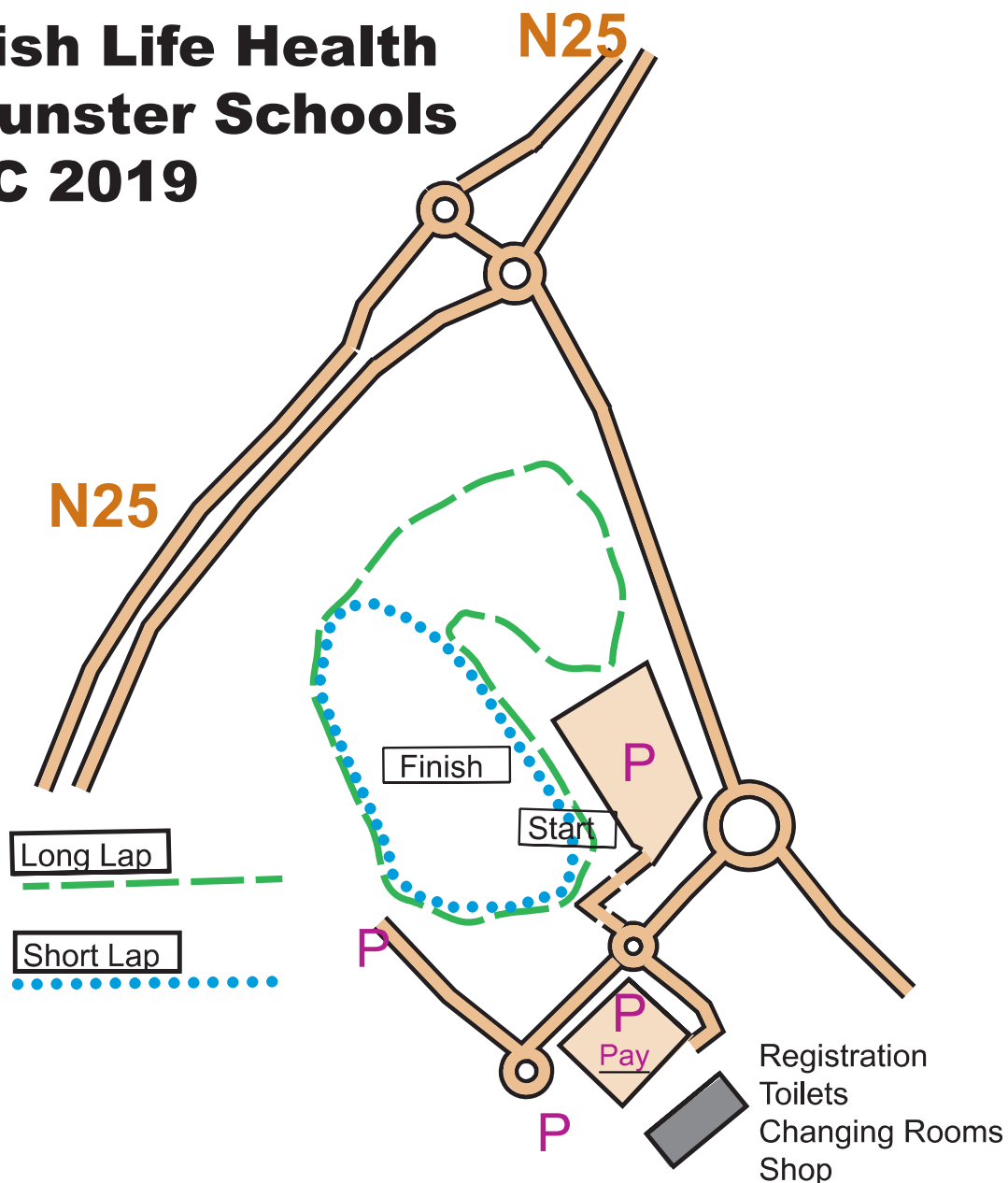


# Irish Life Health Munster Schools XC 2019



## Timetable

- 12:30pm Minor Girls 2000m (2 short laps)
- 12:40pm Minor Boys 2500m (1 short then 1 long lap)
- 12:50pm Junior Girls 2500m (1 short then 1 long lap)
- 1:05pm Junior Boys 3500m (2 short then 1 long lap)
- 1:20pm Inter Girls 3000m (2 long laps)
- 1:35pm Inter Boys 5000m (2 short then 2 long laps)
- 2:00pm Senior Girls 2500m (1 short then 1 long lap)
- 2:20pm Senior Boys 6000m (4 long laps)

First 3 teams and any athlete in the first 15 individual places qualifies for the Irish Life Health All Ireland Schools XC Championships at Clongowes Wood College Clane on Saturday March 9th