

### National 5k Mens Results

Bib	Name	Time	Cat	Club	Place
228	<a href="#">Efrem GIDEY</a>	13:51	MS	Clonliffe Harriers A.C.	1
104	<a href="#">Rory O'CONNOR</a>	14:41	MS	North Cork A.C.	2
1057	<a href="#">Seán O'LEARY</a>	14:49	MS	Clonliffe Harriers A.C.	3
59	<a href="#">Brian CONROY</a>	15:21	M35	Clane A.C.	4
61	<a href="#">Alexander WALLACE</a>	15:37	M40	St. Coca's A.C.	5
206	<a href="#">Peter DONNELLY</a>	15:39	MS	North Belfast Harriers	6
205	<a href="#">Kevin DONAGHER</a>	15:40	M35	Rathfarnham W.S.A.F. A.C.	7
108	<a href="#">Shane HAYES</a>	15:46	M40	Sligo A.C.	8
220	<a href="#">John FITZGIBBON</a>	15:53	M40	Thurles Crokes A.C.	9
289	<a href="#">Darren O'DWYER</a>	15:54	MJ	Clonliffe Harriers A.C.	10
75	<a href="#">Brian GERAGHTY</a>	15:58	M45	Sli Cualann A.C.	11
266	<a href="#">Cathal MCHALE</a>	16:05	M35	Clonliffe Harriers A.C.	12
227	<a href="#">Gerard GALLAGHER</a>	16:07	MS	Finn Valley A.C.	13
105	<a href="#">Thomas SHERLOCK</a>	16:07	M35	Clonliffe Harriers A.C.	14
37	<a href="#">Lea FULCHER</a>	16:09	M45	Liffey Valley A.C.	15
262	<a href="#">Sean MCDERMOTT</a>	16:13	MS	Leevale A.C.	16
260	<a href="#">David MCCONN</a>	16:16	M40	Donore Harriers	17
110	<a href="#">Pauric MCKINNEY</a>	16:17	M55	Inishowen A.C.	18
518	<a href="#">Kieran SCULLION</a>	16:21	M40	Ballymena Runners AC	19
79	<a href="#">Ian O'REILLY</a>	16:24	M45	Brothers Pearse A.C.	20
299	<a href="#">Declan POWER</a>	16:26	M50	Clonliffe Harriers A.C.	21
223	<a href="#">Karl FLEMING</a>	16:27	MS	Portmarnock A.C.	22
202	<a href="#">Ciaran DIVINEY</a>	16:30	M45	Crusaders A.C.	23
165	<a href="#">Geoffrey ALEXANDRE</a>	16:38	MS	Liffey Valley A.C.	24
243	<a href="#">Daragh KEEGAN</a>	16:44	M35	Donore Harriers	25
169	<a href="#">Richie BELL</a>	16:54	M45	Fr. Murphy A.C.	26
316	<a href="#">Michael WYCHERLEY</a>	16:56	M45	Crusaders A.C.	27
116	<a href="#">Arnaud BENJACAR</a>	16:57	M50	Liffey Valley A.C.	28
180	<a href="#">David CLARKE</a>	16:57	M60	North Belfast Harriers	29
52	<a href="#">Liam BRADLEY</a>	16:58	M50	Inishowen A.C.	30
283	<a href="#">Daniel O'BRIEN</a>	16:58	MJ	Lusk AC	31
123	<a href="#">Paul COWHIE</a>	16:58	M55	Civil Service A.C.	32
182	<a href="#">Ryan CLEARY</a>	16:58	MS	Portmarnock A.C.	33
99	<a href="#">Robert MURPHY</a>	16:58	M45	Sli Cualann A.C.	34
204	<a href="#">Sergey DOLGY</a>	17:17	MS	Liffey Valley A.C.	35
225	<a href="#">Andrew FLYNN</a>	17:18	M40	Blackrock (Dublin) A.C.	36
77	<a href="#">Wesley GRANT</a>	17:19	M40	Raheny Shamrock A.C.	37
147	<a href="#">Seanie MEYLER</a>	17:19	M55	Omagh Harriers	38
307	<a href="#">Niall SHERLOCK</a>	17:22	M35	Clonliffe Harriers A.C.	39
279	<a href="#">Eddie NEWMAN</a>	17:22	M55	Mullingar Harriers A.C.	40
159	<a href="#">Jan MANSCHOT</a>	17:24	M40	Crusaders A.C.	41
195	<a href="#">Francis CRYAN</a>	17:25	M50	Westport A.C.	42
161	<a href="#">Luke HOWARD</a>	17:27	M35	Rathfarnham W.S.A.F. A.C.	43
702	<a href="#">Tony DORAN</a>	17:27	MS	Mullingar harriers	44
144	<a href="#">Chris TIGHE</a>	17:30	M40	Brothers Pearse A.C.	45

295	<a href="#">Colm PARNELL</a>	17:32	MS	Crusaders A.C.	46
318	<a href="#">Colm MURRAY</a>	17:34	M55	Rathfarnham W.S.A.F. A.C.	47
113	<a href="#">Kevin THOMPSON</a>	17:38	M50	Skerries A.C.	48
665	<a href="#">Marty MCDERMOTT</a>	17:41	M50	Omagh Harriers	49
160	<a href="#">Michael MURPHY</a>	17:45	M40	Rathfarnham W.S.A.F. A.C.	50
80	<a href="#">David DALY</a>	17:49	M40	Skerries A.C.	51
22	<a href="#">Willie O'DONOGHUE</a>	17:50	M55	Mooreabbey Milers A.C.	52
117	<a href="#">Paul BALFE</a>	17:50	M50	Liffey Valley A.C.	53
261	<a href="#">Sean MCCREERY</a>	17:55	M55	Rathfarnham W.S.A.F. A.C.	54
221	<a href="#">Eoin FITZPATRICK</a>	17:56	MS	Crusaders A.C.	55
251	<a href="#">David LEONARD</a>	17:58	M50	Sliabh Bhuide Rovers A.C.	56
132	<a href="#">Patrick O'BOYLE</a>	17:58	M35	Civil Service A.C.	57
65	<a href="#">Conor MAHER</a>	17:59	M40	Bray Runners A.C.	58
87	<a href="#">Sean KAVANAGH</a>	17:59	MJ	Lucan Harriers A.C.	59
156	<a href="#">Stephen SHANAHAN</a>	18:01	MS	Mullingar Harriers A.C.	60
285	<a href="#">Mike O'CONNOR</a>	18:02	MS	West Limerick A.C.	61
157	<a href="#">Conor FLEMING</a>	18:02	M50	Clonmel A.C.	62
148	<a href="#">Aidan MOLLOY</a>	18:06	M50	Omagh Harriers	63
246	<a href="#">Alan KEOGH</a>	18:07	M40	Donore Harriers	64
36	<a href="#">Craig DOOLAN</a>	18:09	MS	Star of the Sea A.C.	65
216	<a href="#">Noel FAHEY</a>	18:10	M40	Brothers Pearse A.C.	66
287	<a href="#">Tom O'CONNOR</a>	18:13	M60	Liffey Valley A.C.	67
178	<a href="#">Philip CALLAGHAN</a>	18:20	M50	Inishowen A.C.	68
39	<a href="#">Laurence MCKENNA</a>	18:21	MS	Clonliffe Harriers A.C.	69
188	<a href="#">Niall COPPINGER</a>	18:21	M60	Sli Cualann A.C.	70
152	<a href="#">Norman MAWHINNEY</a>	18:28	M60	Scrabo Striders	71
43	<a href="#">Owen KELLY</a>	18:32	M40	Blackrock (Dublin) A.C.	72
24	<a href="#">Gerard WHITE</a>	18:33	M40	Crusaders A.C.	73
82	<a href="#">Pauric BRADY</a>	18:37	M40	Mullingar Harriers A.C.	74
232	<a href="#">Jarlath GROARKE</a>	18:39	M40	Brothers Pearse A.C.	75
277	<a href="#">Neil MURPHY</a>	18:40	MS	Galway City Harriers A.C.	76
210	<a href="#">Lee DUDDY</a>	18:40	MS	Clonliffe Harriers A.C.	77
146	<a href="#">Keith LUNDERS</a>	18:44	M35	Liffey Valley A.C.	78
84	<a href="#">Stephen NAUGHTON</a>	18:57	M55	Mullingar Harriers A.C.	79
185	<a href="#">Declan CONNOR</a>	19:02	MS	Liffey Valley A.C.	80
166	<a href="#">Ray ARMSTRONG</a>	19:02	M40	Donore Harriers	81
319	<a href="#">Denis DALY</a>	19:04	M50	Rathfarnham W.S.A.F. A.C.	82
239	<a href="#">Craig IRWIN</a>	19:05	MS	Dundrum South Dublin A.C.	83
196	<a href="#">Tom CUDDY</a>	19:09	M60	Rathfarnham W.S.A.F. A.C.	84
208	<a href="#">Martin DOYLE</a>	19:09	M45	Sportsworld A.C.	85
151	<a href="#">Padraig CREED</a>	19:11	M55	Civil Service A.C.	86
304	<a href="#">Peter ROGAN</a>	19:13	M35	Raheny Shamrock A.C.	87
167	<a href="#">Gary AYLWARD</a>	19:18	M60	Raheny Shamrock A.C.	88
224	<a href="#">Keith FLEMING</a>	19:29	M50	Raheny Shamrock A.C.	89
271	<a href="#">Brian MCWEENEY</a>	19:34	M50	Raheny Shamrock A.C.	90
203	<a href="#">Eugene DOHERTY</a>	19:35	M65	Sliabh Bhuide Rovers A.C.	91
94	<a href="#">Desie SHORTEN</a>	19:36	M65	Sli Cualann A.C.	92
298	<a href="#">John POWER</a>	19:37	M45	Skerries A.C.	93
286	<a href="#">Stephen O'CONNOR</a>	19:39	M35	Civil Service A.C.	94
33	<a href="#">Conor O'ROURKE</a>	19:42	MS	Brothers Pearse A.C.	95

95	<a href="#">Sean RYAN</a>	19:43	M60	Civil Service A.C.	96
134	<a href="#">Alan FAIRBROTHER</a>	19:47	M55	Brothers Pearse A.C.	97
49	<a href="#">Tony KYNES</a>	19:48	M65	Donore Harriers	98
272	<a href="#">John MEAGHER</a>	19:50	M45	Civil Service A.C.	99
294	<a href="#">Conor O'REILLY</a>	19:50	M55	Balbriggan and District	100
131	<a href="#">James GAFFNEY</a>	19:52	M35	Civil Service A.C.	101
241	<a href="#">Darren KEANE</a>	19:54	M35	Blackrock (Dublin) A.C.	102
28	<a href="#">John SLOAN</a>	19:57	M35	Dundrum South Dublin A.C.	103
179	<a href="#">Brian CANAVAN</a>	19:58	M50	Blackrock (Dublin) A.C.	104
128	<a href="#">Eamonn TROY</a>	20:05	M50	Dunboyne A.C.	105
26	<a href="#">Eoghan CROWTHER</a>	20:05	MJ	Donore Harriers	106
149	<a href="#">Peter NOONE</a>	20:09	M50	Glenmore A.C.	107
233	<a href="#">Noel GUILFOYLE</a>	20:10	M40	Tullamore Harriers A.C.	108
268	<a href="#">Ken MCKEOWN</a>	20:13	M35	Donore Harriers	109
153	<a href="#">Colm MORIARTY</a>	20:25	M40	Dundrum South Dublin A.C.	110
258	<a href="#">John MCCABE</a>	20:28	M60	Rathfarnham W.S.A.F. A.C.	111
215	<a href="#">Tom FAGAN</a>	20:28	M50	Donore Harriers	112
125	<a href="#">John Paul O'HANLON</a>	20:32	M35	Donore Harriers	113
247	<a href="#">Martin KERR</a>	20:33	M70	Milford A.C.	114
254	<a href="#">Tom LOFTUS</a>	20:38	M65	Raheny Shamrock A.C.	115
30	<a href="#">Mattie COLEMAN</a>	20:44	M60	Ballina ac	116
194	<a href="#">Fergus CROKE</a>	20:51	M45	Kilcoole A.C.	117
127	<a href="#">David MALONEY</a>	20:51	M45	Kilcoole A.C.	118
263	<a href="#">John MCGEOWN</a>	20:53	M35	Sportsworld A.C.	119
20	<a href="#">Seamus PEPPARD</a>	21:05	M45	Carrick Aces A.C	120
18	<a href="#">Alan J KAVANAGH</a>	21:05	M35	Crusaders A.C.	121
174	<a href="#">Neil BROWN</a>	21:06	M50	Crusaders A.C.	122
200	<a href="#">Nick DEVERY</a>	21:06	M60	Civil Service A.C.	123
60	<a href="#">Declan FLANAGAN</a>	21:16	M45	Dundrum South Dublin A.C.	124
90	<a href="#">David O'LEARY</a>	21:18	M55	Dundrum South Dublin A.C.	125
93	<a href="#">Joe STAGG</a>	21:18	M65	Corran A.C	126
267	<a href="#">John MCHUGH</a>	21:19	M65	Rathfarnham W.S.A.F. A.C.	127
32	<a href="#">Thomas ROCHE</a>	21:34	M45	Dundrum South Dublin A.C.	128
288	<a href="#">Martin O'DEA</a>	22:01	M45	Kilcoole A.C.	129
176	<a href="#">Shaun BULL</a>	22:08	M40	Edenderry A.C.	130
106	<a href="#">Owen MCFEELY</a>	22:16	M50	Civil Service A.C.	131
163	<a href="#">Conor AKINTOLA</a>	22:16	MS	North East Runners A.C.	132
34	<a href="#">Owen MCKINNEY</a>	22:19	M50	Inishowen A.C.	133
201	<a href="#">Mark DEVINE</a>	22:20	M45	Donore Harriers	134
211	<a href="#">Karl DUFF</a>	22:23	M45	Irish Mountain Cardio A.C.	135
301	<a href="#">Richard REDMOND</a>	22:28	M50	Rathfarnham W.S.A.F. A.C.	136
219	<a href="#">Ian FITZGERALD</a>	22:37	MS	Donore Harriers	137
72	<a href="#">Daniel ENGLISH</a>	22:49	M40	Kilcoole A.C.	138
212	<a href="#">Tom DURCAN</a>	22:52	M75	Bohermeen A.C.	139
35	<a href="#">Conor O'RIORDAN</a>	23:28	MS	Dundrum South Dublin A.C.	140
248	<a href="#">Edwin KEVILLE</a>	23:28	M55	Rathfarnham W.S.A.F. A.C.	141
308	<a href="#">Sunil SINGH</a>	23:32	M35	Civil Service A.C.	142
187	<a href="#">Conor COONEY</a>	23:35	M65	Drogheda and District A.C.	143
238	<a href="#">Ron HOGAN</a>	23:58	M50	LOVE2RUN A.C.	144
276	<a href="#">Brian MOORE</a>	24:13	M45	Star of the Sea A.C.	145

46	<a href="#">Michael NOLAN</a>	24:13	M35	Kilcoole A.C.	146
121	<a href="#">Nicky MCCABE</a>	24:20	M70	Mullingar Harriers A.C.	147
111	<a href="#">Philip HALPIN</a>	24:23	M65	Dundrum South Dublin A.C.	148
198	<a href="#">Joe DELANEY</a>	25:26	M55	Civil Service A.C.	149
192	<a href="#">Fintan COUNIHAN</a>	25:30	M45	LSA	150
273	<a href="#">Walter MEE</a>	25:53	M60	Rathfarnham W.S.A.F. A.C.	151
115	<a href="#">Bobby KING</a>	27:20	M75	St. Coca's A.C.	152
290	<a href="#">Colman O'FLYNN</a>	30:25	MJ	Crusaders A.C.	153
135	<a href="#">Stephen O'BEIRNE</a>	31:06	M55	Dunboyne A.C.	154
92	<a href="#">Paul KELLY</a>	33:23	M40	Crusaders A.C.	155
16	<a href="#">John CAIRD</a>	34:12	M45	Crusaders A.C.	156