National Outdoor League Preliminary Round, Morton stadium Dublin, 25th June 2023

123.ie Athletics Ireland

Club Women Competition

	Club Women Competition	1																								
Rank	Team	Final Total (incl points dropped)	Women 400mH (0.762m) (*)	Women 4x100m Relay	Women 1500m	Women 800m	Women Triple Jump	Women 200m Sprint	Women Long Jump	Women Pole Vault	Women 3000m	Women 4x400m Relay (*)	Women Discus Throw (1Kg)	Women 400m Sprint	Women Shot Put (4kg)	Women High Jump	Women 100m Sprint	Women Weight for Distance (28lbs)	Women 1500m Walk	Women Hammer Throw (4Kg)	Women Javelin Throw (600g)	Women 100mH (0.838m)	Women 2000m S/C (0.762m)	Total	Drop	Final Total
1	Dundrum South Dublin AC Women	209	17	17	17	17	17	15	14	14	13	13	12	12	11	10	10	9	7	6	6			237	28	209
Rank	Team	Final Total (incl points dropped)	Women Long Jump	Women 100m Sprint	Women 4x400m Relay (*)	Women 400mH (0.762m) (*)	Women 4x100m Relay	Women 200m Sprint	Women Triple Jump	Women 1500m Walk	Women Shot Put (4kg)	Women 1500m	Women 800m	Women Weight for Distance (28lbs)	Women 100mH (0.838m)	Women 400m Sprint	Women 3000m	Women 2000m S/C (0.762m)	Women Javelin Throw (600g)	Women High Jump	Women Discus Throw (1Kg)	Women Hammer Throw (4Kg)	Women Pole Vault	Total	Drop	Final Total
2	Ratoath AC Women	208	17	17	17	15	15	14	14	13	13	13	13	13	12	11	11	10	7	6	4			235	27	208
Rank	Team	Final Total (incl points dropped)	Women 100mH (0.838m)	Women Shot Put (4kg)	Women Triple Jump	Women 2000m S/C (0.762m)	Women 1500m Walk	Women 800m	Women 400m Sprint	Women 100m Sprint	Women 4x100m Relay	Women 1500m	Women Weight for Distance (28lbs)	Women Long Jump	Women High Jump	Women 3000m	Women 400mH (0.762m) (*)	Women Javelin Throw (600g)	Women 4x400m Relay (*)	Women 200m Sprint	Women Hammer Throw (4Kg)	Women Discus Throw (1Kg)	Women Pole Vault	Total	Drop	Final Total
3	Raheny Shamrock AC Women	190	15	15	15	15	14	14	13	13	12	12	12	11	10	10	9	9	9	8.5	5	5		226.5	36.5	190
Rank	Team	Final Total (incl points dropped)	Women High Jump	Women 100mH (0.838m)	Women Pole Vault	Women 3000m	Women Long Jump	Women 1500m	Women Javelin Throw (600g)	Women 100m Sprint	Women 200m Sprint	Women Discus Throw (1Kg)	Women 400m Sprint	Women Weight for Distance (28lbs)	Women 1500m Walk	Women Hammer Throw (4Kg)	Women 400mH (0.762m) (*)	Women Shot Put (4kg)	Women 4x100m Relay	Women 800m	Women Triple Jump	Women 2000m S/C (0.762m)	Women 4x400m Relay (*)	Total	Drop	Final Total
4	Leevale AC Women	186	17	17	17	17	15	15	15	15	11	10	10	10	9	8								186	0	186
Rank	Team	Final Total (incl points dropped)	Women 400m Sprint	Women 3000m	Women 4x400m Relay (*)	Women 400mH (0.762m) (*)	Women Javelin Throw (600g)	Women 1500m Walk	Women 4x100m Relay	Women Pole Vault	Women 1500m	Women 800m	Women 100mH (0.838m)	Women 200m Sprint	Women Shot Put (4kg)	Women Discus Throw (1Kg)	Women Triple Jump	Women High Jump	Women Weight for Distance (28lbs)	Women 100m Sprint	Women Hammer Throw (4Kg)	Women Long Jump	Women 2000m S/C (0.762m)	Total	Drop	Final Total
5	Clonliffe Harriers AC Women	174	17	15	15	13	12	11	11	11	11	11	10	10	9	9	9	7	7	6	4	4		202	28	174
Rank	Team	Final Total (incl points dropped)	Women 200m Sprint	Women Weight for Distance (28lbs)	Women 2000m S/C (0.762m)	Women 400m Sprint	Women 800m	Women Shot Put (4kg)	Women 4x100m Relay	Women 1500m	Women 4x400m Relay (*)	Women 100m Sprint	Women 1500m Walk	Women Triple Jump	Women High Jump	Women 100mH (0.838m)	Women Hammer Throw (4Kg)	Women 400mH (0.762m) (*)	Women Long Jump	Women Pole Vault	Women Discus Throw (1Kg)	Women 3000m	Women Javelin Throw (600g)	Total	Drop 0	Final Total
- 6	Finn Valley AC Women	171	1/	1/	1/	15	15	14	14	14	14	12	10	10		Women								171	- 0	1/1
Rank	Team	Final Total (incl points dropped)	Women Hammer Throw (4Kg)	Women High Jump	Women Javelin Throw (600g)	Women Discus Throw (1Kg)	Women Triple Jump	Women Shot Put (4kg)	Women 400mH (0.762m) (*)	Women Long Jump	Women 1500m	Women 100mH (0.838m)	Women 4x100m Relay	Women 1500m Walk	Women 400m Sprint	Weight for Distance (28lbs)	Women 100m Sprint	Women 200m Sprint	Women 800m	Women 3000m	Women Pole Vault	Women 2000m S/C (0.762m)	Women 4x400m Relay (*)	Total	Drop	Final Total
7	Lifford Strabane AC Women	151	17	14	14	13	13	12	10	10	10	9	8	6	5	5	5	4	3	2				160	9	151
Rank	Team	Final Total (incl points dropped)	Women Javelin Throw (600g)	Women Hammer Throw (4Kg)	Women Discus Throw (1Kg)	Women 4x100m Relay	Women 800m	Women 2000m S/C (0.762m)	Women 100m Sprint	Women Long Jump	Women 1500m	Women 100mH (0.838m)	Women 4x400m Relay (*)	Women Triple Jump	Women 200m Sprint	Women 3000m	Women Weight for Distance (28lbs)	Women High Jump	Women Shot Put (4kg)	Women 1500m Walk	Women 400mH (0.762m) (*)	Women Pole Vault	Women 400m Sprint	Total	Drop	Final Total
- 8	Ennis Track AC Women	149	17	15	14	13	12	11	11	9	9	8	8	7	6	5	4	2	1					152	3	149
Rank	Team	Final Total (incl points dropped)	Women 1500m Walk	Women Shot Put (4kg)	Women 100mH (0.838m)	Women Weight for Distance (28lbs)	Women Discus Throw (1Kg)	Women 400m Sprint	Women 3000m	Women 800m	Women High Jump	Women Hammer Throw (4Kg)	Women 400mH (0.762m) (*)	Women Long Jump	Women 4x100m Relay	Women Triple Jump	Women Javelin Throw (600g)	Women 1500m	Women 200m Sprint	Women Pole Vault	Women 2000m S/C (0.762m)	Women 100m Sprint	Women 4x400m Relay (*)	Total	Drop	Final Total
9	Tír Chonaill AC Women	143	17	17	14	14	11	9	9	9	8	7	7	6	6	6	3	2	1					146	3	143
Rank	Team	Final Total (incl points dropped)	Women High Jump	Women 100mH (0.838m)	Women 2000m S/C (0.762m)	Women 400mH (0.762m) (*)	Women Pole Vault	Women 4x400m Relay (*)	Women Javelin Throw (600g)	Women 4x100m Relay	Women 1500m Walk	Women 1500m	Women Weight for Distance (28lbs)	Women Long Jump	Women Triple Jump	Women 3000m	Women 100m Sprint	Women 200m Sprint	Women Shot Put (4kg)	Women Discus Throw (1Kg)	Women Hammer Throw (4Kg)	Women 400m Sprint	Women 800m	Total	Drop	Final Total
10	Donore Harriers AC Women	142	15	13	13	12	12	12	11	10	8	8	8	7	5	4	4	3	2	1				148	6	142
Rank	Team	Final Total (incl points dropped)	Women 400mH (0.762m) (*)	Women Long Jump	Women Hammer Throw (4Kg)	Women Weight for Distance (28lbs)	Women 4x400m Relay (*)	Women 4x100m Relay	Women 200m Sprint	Women Shot Put (4kg)	Women 400m Sprint	Women 3000m	Women Javelin Throw (600g)	Women Triple Jump	Women 1500m	Women Discus Throw (1Kg)	Women 100mH (0.838m)	Women High Jump	Women 100m Sprint	Women 1500m Walk	Women Pole Vault	Women 800m	Women 2000m S/C (0.762m)	Total	Drop	Final Total

11	Lagan Valley AC Women	138.5	14	13	12	11	11	9	8.5	8	8	8	8	8	7	7	6	5	2					145.5	7	138.5
Rank	Team	Final Total (incl points dropped)	Women Pole Vault	Women Discus Throw (1Kg)	Women Hammer Throw (4Kg)	Women High Jump	Women 3000m	Women Triple Jump	Women Shot Put (4kg)	Women Javelin Throw (600g)	Women Long Jump	Women 400m Sprint	Women Weight for Distance (28lbs)	Women 4x100m Relay	Women 200m Sprint	Women 100mH (0.838m)	Women 1500m Walk	Women 400mH (0.762m) (Women 1500m	Women 800m	Women 2000m S/C (0.762m)	Women 100m Sprint	Women 4x400m Relay (*)	Total	Drop	Final Total
12	St Abbans AC Women	120	15	15	14	12	12	11	10	10	8	6	3	2	2									120	0	120
Rank	Team	Final Total (incl points dropped)	Women Weight for Distance (28lbs)	Women 3000m	Women 100mH (0.838m)	Women 400mH (0.762m) (*)	Women 800m	Women 4x400m Relay (*)	Women Hammer Throw (4Kg)	Women Discus Throw (1Kg)	Women 4x100m Relay	Women 1500m	Women 200m Sprint	Women High Jump	Women Shot Put (4kg)	Women 400m Sprint	Women 100m Sprint	Women Long Jump	Women Javelin Throw (600g)	Women 1500m Walk	Women Pole Vault	Women Triple Jump	Women 2000m S/C (0.762m)	Total	Drop	Final Total
13	Crusaders AC Women	119	15	14	11	11	10	10	9	8	7	6	5	4	3	3	3	1	1					121	2	119
Rank	Team	Final Total (incl points dropped)	Women High Jump	Women Long Jump	Women 200m Sprint	Women Triple Jump	Women 2000m S/C (0.762m)	Women 800m	Women 100m Sprint	Women 3000m	Women Shot Put (4kg)	Women 4x100m Relay	Women 1500m	Women Discus Throw (1Kg)	Women Weight for Distance (28lbs)	Women 100mH (0.838m)	Women 1500m Walk	Women Hammer Throw (4Kg)	Women 400mH (0.762m) (*)	Women Pole Vault	Women 400m Sprint	Women Javelin Throw (600g)	Women 4x400m Relay (*)	Total	Drop	Final Total
14	Tullamore Harriers AC Women	102	13	12	12	12	12	8	8	6	5	5	5	2	2									102	0	102
Rank	Team	Final Total (incl points dropped)	Women Discus Throw (1Kg)	Women 1500m Walk	Women Hammer Throw (4Kg)	Women 2000m S/C (0.762m)	Women 400m Sprint	Women 3000m	Women 4x400m Relay (*)	Women 400mH (0.762m) (*)	Women 800m	Women Shot Put (4kg)	Women Javelin Throw (600g)	Women Long Jump	Women High Jump	Women 1500m	Women Weight for Distance (28lbs)	Women 100mH (0.838m)	Women 4x100m Relay	Women Pole Vault	Women 200m Sprint	Women Triple Jump	Women 100m Sprint	Total	Drop	Final Total
15	LSA AC Women	99	17	15	11	8	7	7	7	6	6	4	4	3	2	1	1							99	0	99
Rank	Team	Final Total (incl points dropped)	Women 400m Sprint	Women Javelin Throw (600g)	Women High Jump	Women 2000m S/C (0.762m)	Women 100m Sprint	Women Shot Put (4kg)	Women Weight for Distance (28lbs)	Women 1500m Walk	Women 400mH (0.762m) (*)	Women 800m	Women Triple Jump	Women Hammer Throw (4Kg)	Women 4x100m Relay	Women Discus Throw (1Kg)	Women Long Jump	Women 3000m	Women 100mH (0.838m)	Women Pole Vault	Women 1500m	Women 200m Sprint	Women 4x400m Relay (*)	Total	Drop	Final Total
16	Enniscorthy AC Women	98	14	13	10	9	9	7	6	5	5	5	4	3	3	3	2	1						99	1	98
Rank	Team	Final Total (incl points dropped)	Women 2000m S/C (0.762m)	Women Pole Vault	Women Hammer Throw (4Kg)	Women 400mH (0.762m) (*)	Women 100mH (0.838m)	Women 800m	Women 4x400m Relay (*)	Women Long Jump	Women Javelin Throw (600g)	Women 4x100m Relay	Women 1500m	Women 100m Sprint	Women High Jump	Women 1500m Walk	Women Shot Put (4kg)	Women Discus Throw (1Kg)	Women 400m Sprint	Women 3000m	Women 200m Sprint	Women Triple Jump	Women Weight for Distance (28lbs)	Total	Drop	Final Total
17	Lusk AC Women	83	14	13	10	8	7	7	6	5	5	4	3	1										83	0	83
Rank	Team	Final Total (incl points dropped)	Women Hammer Throw (4Kg)	Women 1500m Walk	Women 200m Sprint	Women 100m Sprint	Women Shot Put (4kg)	Women Discus Throw (1Kg)	Women 400mH (0.762m) (*)	Women 1500m	Women 400m Sprint	Women 800m	Women 3000m	Women Javelin Throw (600g)	Women 4x100m Relay	Women High Jump	Women 100mH (0.838m)	Women Long Jump	Women Pole Vault	Women Triple Jump	Women Weight for Distance (28lbs)	Women 2000m S/C (0.762m)	Women 4x400m Relay (*)	Total	Drop	Final Total
18	Fr Murphy AC Women	73	13	12	7	7	6	6	4	4	4	4	3	2	1									73	0	73
Rank	Team	Final Total (incl points dropped)	Women 100m Sprint	Women 200m Sprint	Women High Jump	Women 100mH (0.838m)	Women 1500m Walk	Women Hammer Throw (4Kg)	Women 400mH (0.762m) (*)	Women Shot Put (4kg)	Women Long Jump	Women 4x100m Relay	Women Pole Vault	Women 1500m	Women Discus Throw (1Kg)	Women 400m Sprint	Women 3000m	Women Javelin Throw (600g)	Women 800m	Women Triple Jump	Women Weight for Distance (28lbs)	Women 2000m S/C (0.762m)	Women 4x400m Relay (*)	Total	Drop	Final Total
19	UCD AC Women	27	14	13																				27	0	27