

National Outdoor League Preliminary Round, Morton stadium Dublin, 25th June 2023



Club Women Competition

Rank	Team	Final Total (incl points dropped)	Women 400mH (0.762m) (*)	Women 4x100m Relay	Women 1500m	Women 800m	Women Triple Jump	Women 200m Sprint	Women Long Jump	Women Pole Vault	Women 3000m	Women 4x400m Relay (*)	Women Discus Throw (1Kg)	Women 400m Sprint	Women Shot Put (4kg)	Women High Jump	Women 100m Sprint	Women Weight for Distance (28lbs)	Women 1500m Walk	Women Hammer Throw (4Kg)	Women Javelin Throw (600g)	Women 100mH (0.838m)	Women 2000m S/C (0.762m)	Total	Drop	Final Total
1	Dundrum South Dublin AC Women	209	17	17	17	17	17	15	14	14	13	13	12	12	11	10	10	9	7	6	6			237	28	209
Rank	Team	Final Total (incl points dropped)	Women Long Jump	Women 100m Sprint	Women 4x400m Relay (*)	Women 400mH (0.762m) (*)	Women 4x100m Relay	Women 200m Sprint	Women Triple Jump	Women 1500m Walk	Women Shot Put (4kg)	Women 1500m	Women 800m	Women Weight for Distance (28lbs)	Women 100mH (0.838m)	Women 400m Sprint	Women 3000m	Women 2000m S/C (0.762m)	Women Javelin Throw (600g)	Women High Jump	Women Discus Throw (1Kg)	Women Hammer Throw (4Kg)	Women Pole Vault	Total	Drop	Final Total
2	Ratoath AC Women	208	17	17	17	15	15	14	14	13	13	13	13	13	12	11	11	10	7	6	4			235	27	208
Rank	Team	Final Total (incl points dropped)	Women 100mH (0.838m)	Women Shot Put (4kg)	Women Triple Jump	Women 2000m S/C (0.762m)	Women 1500m Walk	Women 800m	Women 400m Sprint	Women 100m Sprint	Women 4x100m Relay	Women 1500m	Women Weight for Distance (28lbs)	Women Long Jump	Women High Jump	Women 3000m	Women 400mH (0.762m) (*)	Women Javelin Throw (600g)	Women 4x400m Relay (*)	Women 200m Sprint	Women Hammer Throw (4Kg)	Women Discus Throw (1Kg)	Women Pole Vault	Total	Drop	Final Total
3	Raheny Shamrock AC Women	190	15	15	15	15	14	14	13	13	12	12	12	11	10	10	9	9	9	8.5	5	5		226.5	36.5	190
Rank	Team	Final Total (incl points dropped)	Women High Jump	Women 100mH (0.838m)	Women Pole Vault	Women 3000m	Women Long Jump	Women 1500m	Women Javelin Throw (600g)	Women 100m Sprint	Women 200m Sprint	Women Discus Throw (1Kg)	Women 400m Sprint	Women Weight for Distance (28lbs)	Women 1500m Walk	Women Hammer Throw (4Kg)	Women 400mH (0.762m) (*)	Women Shot Put (4kg)	Women 4x100m Relay	Women 800m	Women Triple Jump	Women 2000m S/C (0.762m)	Women 4x400m Relay (*)	Total	Drop	Final Total
4	Leevale AC Women	186	17	17	17	17	15	15	15	15	11	10	10	10	9	8								186	0	186
Rank	Team	Final Total (incl points dropped)	Women 400m Sprint	Women 3000m	Women 4x400m Relay (*)	Women 400mH (0.762m) (*)	Women Javelin Throw (600g)	Women 1500m Walk	Women 4x100m Relay	Women Pole Vault	Women 1500m	Women 800m	Women 100mH (0.838m)	Women 200m Sprint	Women Shot Put (4kg)	Women Discus Throw (1Kg)	Women Triple Jump	Women High Jump	Women Weight for Distance (28lbs)	Women 100m Sprint	Women Hammer Throw (4Kg)	Women Long Jump	Women 2000m S/C (0.762m)	Total	Drop	Final Total
5	Clonliffe Harriers AC Women	174	17	15	15	13	12	11	11	11	11	11	10	10	9	9	9	7	7	6	4	4		202	28	174
Rank	Team	Final Total (incl points dropped)	Women 200m Sprint	Women Weight for Distance (28lbs)	Women 2000m S/C (0.762m)	Women 400m Sprint	Women 800m	Women Shot Put (4kg)	Women 4x100m Relay	Women 1500m	Women 4x400m Relay (*)	Women 100m Sprint	Women 1500m Walk	Women Triple Jump	Women High Jump	Women 100mH (0.838m)	Women Hammer Throw (4Kg)	Women 400mH (0.762m) (*)	Women Long Jump	Women Pole Vault	Women Discus Throw (1Kg)	Women 3000m	Women Javelin Throw (600g)	Total	Drop	Final Total
6	Finn Valley AC Women	171	17	17	17	15	15	14	14	14	14	12	10	10	2									171	0	171
Rank	Team	Final Total (incl points dropped)	Women Hammer Throw (4Kg)	Women High Jump	Women Javelin Throw (600g)	Women Discus Throw (1Kg)	Women Triple Jump	Women Shot Put (4kg)	Women 400mH (0.762m) (*)	Women Long Jump	Women 1500m	Women 100mH (0.838m)	Women 4x100m Relay	Women 1500m Walk	Women 400m Sprint	Women Weight for Distance (28lbs)	Women 100m Sprint	Women 200m Sprint	Women 800m	Women 3000m	Women Pole Vault	Women 2000m S/C (0.762m)	Women 4x400m Relay (*)	Total	Drop	Final Total
7	Lifford Strabane AC Women	151	17	14	14	13	13	12	10	10	10	9	8	6	5	5	5	4	3	2				160	9	151
Rank	Team	Final Total (incl points dropped)	Women Javelin Throw (600g)	Women Hammer Throw (4Kg)	Women Discus Throw (1Kg)	Women 4x100m Relay	Women 800m	Women 2000m S/C (0.762m)	Women 100m Sprint	Women Long Jump	Women 1500m	Women 100mH (0.838m)	Women 4x400m Relay (*)	Women Triple Jump	Women 200m Sprint	Women 3000m	Women Weight for Distance (28lbs)	Women High Jump	Women Shot Put (4kg)	Women 1500m Walk	Women 400mH (0.762m) (*)	Women Pole Vault	Women 400m Sprint	Total	Drop	Final Total
8	Ennis Track AC Women	149	17	15	14	13	12	11	11	9	9	8	8	7	6	5	4	2	1					152	3	149
Rank	Team	Final Total (incl points dropped)	Women 1500m Walk	Women Shot Put (4kg)	Women 100mH (0.838m)	Women Weight for Distance (28lbs)	Women Discus Throw (1Kg)	Women 400m Sprint	Women 3000m	Women 800m	Women High Jump	Women Hammer Throw (4Kg)	Women 400mH (0.762m) (*)	Women Long Jump	Women 4x100m Relay	Women Triple Jump	Women Javelin Throw (600g)	Women 1500m	Women 200m Sprint	Women Pole Vault	Women 2000m S/C (0.762m)	Women 100m Sprint	Women 4x400m Relay (*)	Total	Drop	Final Total
9	Tír Chonaill AC Women	143	17	17	14	14	11	9	9	9	8	7	7	6	6	6	3	2	1					146	3	143
Rank	Team	Final Total (incl points dropped)	Women High Jump	Women 100mH (0.838m)	Women 2000m S/C (0.762m)	Women 400mH (0.762m) (*)	Women Pole Vault	Women 4x400m Relay (*)	Women Javelin Throw (600g)	Women 4x100m Relay	Women 1500m Walk	Women 1500m	Women Weight for Distance (28lbs)	Women Long Jump	Women Triple Jump	Women 3000m	Women 100m Sprint	Women 200m Sprint	Women Shot Put (4kg)	Women Discus Throw (1Kg)	Women Hammer Throw (4Kg)	Women 400m Sprint	Women 800m	Total	Drop	Final Total
10	Donore Harriers AC Women	142	15	13	13	12	12	12	11	10	8	8	8	7	5	4	4	3	2	1				148	6	142
Rank	Team	Final Total (incl points dropped)	Women 400mH (0.762m) (*)	Women Long Jump	Women Hammer Throw (4Kg)	Women Weight for Distance (28lbs)	Women 4x400m Relay (*)	Women 4x100m Relay	Women 200m Sprint	Women Shot Put (4kg)	Women 400m Sprint	Women 3000m	Women Javelin Throw (600g)	Women Triple Jump	Women 1500m	Women Discus Throw (1Kg)	Women 100mH (0.838m)	Women High Jump	Women 100m Sprint	Women 1500m Walk	Women Pole Vault	Women 800m	Women 2000m S/C (0.762m)	Total	Drop	Final Total

[illegible]