

### RATHFARNHAM W.S.A.F. M50+

<b>1</b>	Runner	Name	Leg time (Gross)	Total time (Gross)	Total time
	1	Sean MCCREERY	05:18	05:18	<b>21.11</b>
	2	Shane O'NEILL	10:17	15:35	
	3	Pearse COYLE	05:37	21:11	

### CLONLIFFE HARRIERS M50+ A

<b>2</b>	Runner	Name	Leg time (Gross)	Total time (Gross)	Total time
	1	David DUNWOODY	05:18	05:18	<b>21.25</b>
	2	Declan POWER	10:28	15:46	
	3	Philip O'DOHERTY	05:40	21:25	

### DONORE HARRIERS M50+ A

<b>3</b>	Runner	Name	Leg time (Gross)	Total time (Gross)	Total time
	1	Donal IREMONGER	05:18	05:18	<b>21.29</b>
	2	Des TREMBLE	10:51	16:08	
	3	Niall LYNCH	05:21	21:29	

### METRO ST. BRIGIDS M50+

<b>4</b>	Runner	Name	Leg time (Gross)	Total time (Gross)	Total time
	1	Mei HILLIARD	05:39	05:39	<b>22.01</b>
	2	Kenny MCANDREW	10:58	16:37	
	3	Sean MAC SEOIN	05:25	22:01	

### RAHENY SHAMROCK M50+ A

<b>5</b>	Runner	Name	Leg time (Gross)	Total time (Gross)	Total time
	1	Dave WOODS	05:20	05:20	<b>22.27</b>
	2	Brian KELLY	11:32	16:51	
	3	Mark MCCOMISH	05:36	22:27	

### SPORTSWORLD M50+

<b>6</b>	Runner	Name	Leg time (Gross)	Total time (Gross)	Total time
	1	David KIRWIN	05:00	05:00	<b>20.26</b>
	2	Mark KIRWAN	10:31	15:30	
	3	Ian CONROY	04:56	20:26	

### DONORE HARRIERS M50+ B

<b>7</b>	Runner	Name	Leg time (Gross)	Total time (Gross)	Total time
	1	Peter NUGENT	05:48	05:48	<b>22.53</b>
	2	Didier DA COSTA	11:28	17:16	
	3	Alan FARRELL	05:38	22:53	

### BRAY RUNNERS M50+

<b>8</b>	Runner	Name	Leg time (Gross)	Total time (Gross)	Total time
	1	Dominic HORAN	05:19	05:19	<b>23.27</b>
	2	Paul DONOHOE	12:10	17:29	
	3	Paul O'DWYER	05:58	23:27	

### RAHENY SHAMROCK M50+ B

<b>9</b>	Runner	Name	Leg time (Gross)	Total time (Gross)	Total time
	1	Eamonn TRAYNOR	05:47	05:47	<b>23.54</b>
	2	Keith FLEMING	12:03	17:49	
	3	Denis MURPHY	06:05	23:54	

### RAHENY SHAMROCK M50+ C

<b>10</b>	Runner	Name	Leg time (Gross)	Total time (Gross)	Total time
	1	Dave FEENEY	06:06	06:06	<b>24.55</b>
	2	David O'HARA	12:36	18:42	
	3	Niall BUCKLEY	06:13	24:55	

### CLONLIFFE HARRIERS M50+ B

<b>11</b>	Runner	Name	Leg time (Gross)	Total time (Gross)	Total time
	1	Declan GRANT	06:02	06:02	<b>25.22</b>
	2	Richie BARR	12:53	18:54	
	3	Alan WORRALL	06:28	25:22	