

### Inishowen A.C. M50+

1	Runner Name	Gross Time	Place(Cat)	Sub Category	Total Time
	Pauric MCKINNEY	00:28:55	39	M55	01:31:37
	Liam BRADLEY	00:30:12	75	M50	
	Martin MCLUCAS	00:32:32	150	M55	

### United Striders M50+

2	Runner Name	Gross Time	Place(Cat)	Sub Category	Total Time
	Brendan LYNG	00:29:32	54	M50	01:32:47
	John MCGRATH	00:31:00	91	M50	
	Pat CALLAGHAN	00:32:17	141	M50	

### Mullingar Harriers M50+

3	Runner Name	Gross Time	Place(Cat)	Sub Category	Total Time
	Eddie NEWMAN	00:30:57	89	M55	01:40:29
	James CRIBBIN	00:32:43	156	M50	
	Paul BYRNE	00:36:51	318	M55	

### Blackrock A.C. M50+

4	Runner Name	Gross Time	Place(Cat)	Sub Category	Total Time
	Brian CAULFIELD	00:31:14	98	M50	01:41:05
	Ger O'TOOLE	00:33:19	184	M55	
	Barry THORNTON	00:36:33	302	M50	

### Liffey Valley M50+

5	Runner Name	Gross Time	Place(Cat)	Sub Category	Total Time
	Arnaud BENJACAR	00:30:22	79	M50	01:43:53
	Paul BALFE	00:34:28	224	M50	
	Thomas BREHENY	00:39:04	439	M60	

### Longford A.C. M50+

6	Runner Name	Gross Time	Place(Cat)	Sub Category	Total Time
	Donal MULLIGAN	00:31:51	121	M50	01:51:10
	Michael O'HARA	00:38:38	414	M60	
	Charlie BARONE	00:40:42	529	M50	

### Donore Harriers M50+

7	Runner Name	Gross Time	Place(Cat)	Sub Category	Total Time
	Tony KYNES	00:38:14	384	M65	01:59:33
	Barry POTTS	00:39:07	443	M70	
	Kenneth CRONIN	00:42:13	618	M60	

### Drogheda & District M50+

8	Runner Name	Gross Time	Place(Cat)	Sub Category	Total Time
	Shane LARKIN	00:32:11	136	M50	02:02:03
	Mike STAUNTON	00:42:10	614	M55	
	Hugh MCDONNELL	00:47:43	963	M65	