

ID	Time	Position	Name	Team Name	Age Category
205	25:12:00	1	Eoin EVERARD	Kilkenny City Harriers A.C.	Masters Men O35
220	25:28:00	2	Michael HARTY	East Cork A.C.	Masters Men O40
280	25:53:00	3	Kenneth ROGERS	St. John's A.C.	Masters Men O35
281	26:03:00	4	Colm ROONEY	Clonliffe Harriers A.C.	Masters Men O40
236	26:29:00	5	Harry LUPTON	Portlaoise A.C.	Masters Men O35
413	26:32:00	6	Jon Jo DOHERTY	Finn Valley A.C.	Masters Men O35
183	26:41:00	7	Rory CHESSER	Ennis Track A.C.	Masters Men O35
186	26:42:00	8	Ian CONROY	Raheny Shamrock A.C.	Masters Men O40
261	26:48:00	9	Brian MURPHY	Iveragh A.C.	Masters Men O40
209	26:59:00	10	Pat FITZGERALD	Waterford A.C.	Masters Men O35
265	27:03:00	11	Eddie O'CONNOR	Brothers Pearse A.C.	Masters Men O35
273	27:10:00	12	Brian O'KELLY	Crusaders A.C.	Masters Men O40
215	27:23:00	13	Dermot GORMAN	Carrick on Suir A.C.	Masters Men O40
287	27:24:00	14	Declan TOAL	North East Runners A.C.	Masters Men O50
184	27:26:00	15	Donal COAKLEY	Leevale A.C.	Masters Men O35
252	27:39:00	16	Cathal MCHALE	Clonliffe Harriers A.C.	Masters Men O35
244	27:42:00	17	Louis MCCARTHY	Rathfarnham W.S.A.F. A.C.	Masters Men O40
193	27:50:00	18	Karol CRONIN	Sportsworld A.C.	Masters Men O40
250	27:53:00	19	Ciaran MCGONAGLE	Letterkenny A.C.	Masters Men O45
230	27:58:00	20	David KIRWIN	Raheny Shamrock A.C.	Masters Men O45
202	27:59:00	21	John DUNNE	Raheny Shamrock A.C.	Masters Men O45
284	28:01:00	22	Anthony SHARKEY	LSA A.C.	Masters Men O35
264	28:02:00	23	Niall O'CALLAGHAN	West Limerick A.C.	Masters Men O40
175	28:05:00	24	Marc AUGUSTIN	Le Cheile A.C.	Masters Men O40
289	28:12:00	25	Barry TWOHIG	St. Finbarrs A.C.	Masters Men O40
277	28:21:00	26	Paddy O'TOOLE	Westport A.C.	Masters Men O45
246	28:39:00	27	David MCCONN	Donore Harriers A.C.	Masters Men O40
255	28:40:00	28	Barry MINNOCK	Tullamore Harriers A.C.	Masters Men O45
283	28:50:00	29	Dean RYAN	Newbridge A.C.	Masters Men O35
218	28:53:00	30	Michael HARRINGTON	Durrus A.C.	Masters Men O50
237	28:55:00	31	Thomas LUPTON	Ballyskenach A.C.	Masters Men O35
229	28:57:00	32	Derek KIELY	Limerick A.C.	Masters Men O40
274	28:58:00	33	Ian O'REILLY	Brothers Pearse A.C.	Masters Men O45
285	29:00:00	34	Niall SHEIL	St. Killians A.C.	Masters Men O45
254	29:04:00	35	Maurice MCMAHON	North East Runners A.C.	Masters Men O45
212	29:06:00	36	Lea FULCHER	Plant Based A.C.	Masters Men O50
176	29:10:00	37	David BARRETT	Ballymore Cobh A.C.	Masters Men O35
245	29:10:00	38	Ciaran MCCARTHY	Raheny Shamrock A.C.	Masters Men O50

ID	Time	Position	Name	Team Name	Age Category
286	29:12:00	39	Rodney THORNTON	Drogheda & District A.C.	Masters Men O40
235	29:13:00	40	Greg LUNDON	South Galway A.C.	Masters Men O45
192	29:18:00	41	Colin COYNE	St Abbans A.C.	Masters Men O45
208	29:34:00	42	Gavin FINLAY	Sportsworld A.C.	Masters Men O40
222	29:34:00	43	Shane HAYES	Sligo A.C.	Masters Men O45
282	29:37:00	44	Padraig RUANE	Kilkenny City Harriers A.C.	Masters Men O35
239	29:40:00	45	Brendan LYNG	United Striders A.C.	Masters Men O50
210	29:42:00	46	Paul FLEMING	Rathfarnham W.S.A.F. A.C.	Masters Men O45
207	29:42:00	47	Tom FEELEY	Trim A.C.	Masters Men O40
194	29:42:00	48	Alan CROWLEY	Mullingar Harriers A.C.	Masters Men O40
275	29:44:00	49	Ronan O'REILLY	Ballyroan Abbeyleix & District A.C.	Masters Men O50
189	29:49:00	50	Colm COSTELLO	Brothers Pearse A.C.	Masters Men O45
214	29:50:00	51	Gerard GAVIN	Mullingar Harriers A.C.	Masters Men O50
288	29:59:00	52	Des TREMBLE	Donore Harriers A.C.	Masters Men O50
191	30:00:00	53	Paul COWHIE	Crusaders A.C.	Masters Men O55
268	30:02:00	54	Shane O'FARRELL	LSA A.C.	Masters Men O45
593	30:05:00	55	Lloyd Malcolm	Galway City Harriers A.C.	Masters Men O45
179	30:06:00	56	Will BYRNE	Lucan Harriers A.C.	Masters Men O50
258	30:08:00	57	Ronan MOORE	Trim A.C.	Masters Men O40
200	30:12:00	58	Brenden DONAGHER	Naomh Mhuire A.C.	Masters Men O55
197	30:17:00	59	Patrick CULLETON	United Striders A.C.	Masters Men O50
187	30:33:00	60	Shane COONEY	St. Finbarrs A.C.	Masters Men O45
219	30:35:00	61	Ger HARTNETT	Tuam A.C.	Masters Men O45
181	30:37:00	62	John CARROLL	Bohermeen A.C.	Masters Men O45
247	30:39:00	63	Sean MCCREERY	Rathfarnham W.S.A.F. A.C.	Masters Men O55
177	30:43:00	64	Sean BURKE	Tuam A.C.	Masters Men O50
217	30:43:00	65	Frank HAGUE	Metro St. Brigids A.C.	Masters Men O40
242	30:46:00	66	Patrick MALONE	Newbridge A.C.	Masters Men O55
224	30:49:00	67	Jonathan HUGHES	Rathfarnham W.S.A.F. A.C.	Masters Men O40
251	30:49:00	68	John MCGRATH	United Striders A.C.	Masters Men O50
238	30:50:00	69	Niall LYNCH	Donore Harriers A.C.	Masters Men O50
190	30:53:00	70	Michael COUNSEL	Trim A.C.	Masters Men O55
272	30:53:00	71	Eugene O'KEEFFE	Carrick on Suir A.C.	Masters Men O55
201	31:01:00	72	Keith DOWNEY	Skerries A.C.	Masters Men O55
266	31:03:00	73	Willie O'DONOGHUE	Mooreabbey Milers A.C.	Masters Men O60
262	31:03:00	74	Eddie NEWMAN	Mullingar Harriers A.C.	Masters Men O55
188	31:03:00	75	Paddy CORR	Keep Er Lit	Masters Men O55
240	31:04:00	76	Sean MACSEOIN	Metro St. Brigids A.C.	Masters Men O50
223	31:12:00	77	Damien HILLIARD	Bohermeen A.C.	Masters Men O45

ID	Time	Position	Name	Team Name	Age Category
206	31:17:00	78	Gary FARRELL	Lucan Harriers A.C.	Masters Men O50
270	31:28:00	79	John O'GORMAN	Kilmurray Ibrick N.Clare A.C.	Masters Men O55
271	31:34:00	80	Patrick O'GRADY	Drogheda & District A.C.	Masters Men O60
216	31:42:00	81	Kevin GRIFFIN	An Riocht A.C.	Masters Men O60
231	31:44:00	82	Derek LAWLOR	Crusaders A.C.	Masters Men O45
243	31:46:00	83	John MCAULEY	Rathfarnham W.S.A.F. A.C.	Masters Men O40
198	31:49:00	84	David DALY	Skerries A.C.	Masters Men O40
276	31:52:00	85	Rory O'SULLIVAN	Raheny Shamrock A.C.	Masters Men O45
204	32:39:00	86	Ian EGAN	Castlegar A.C.	Masters Men O55
196	32:44:00	87	Tom CUDDY	Rathfarnham W.S.A.F. A.C.	Masters Men O60
259	32:58:00	88	Pat MORRISSEY	Ennis Track A.C.	Masters Men O60
234	33:01:00	89	Garrett LOY	Clonliffe Harriers A.C.	Masters Men O45
226	33:12:00	90	Derek HUNTER	Sligo A.C.	Masters Men O55
279	33:15:00	91	Jeremy QUINN	Skerries A.C.	Masters Men O45
278	33:25:00	92	Niall POWER	Raheny Shamrock A.C.	Masters Men O50
249	33:33:00	93	Liam MCGLYNN	Mullingar Harriers A.C.	Masters Men O55
180	34:22:00	94	Noel CARR	An Riocht A.C.	Masters Men O55
248	34:47:00	95	Sean MCDERMOTT	Castlegar A.C.	Masters Men O45
182	34:53:00	96	Bill CARTY	Sligo A.C.	Masters Men O50
195	35:05:00	97	James CROWLEY	Lucan Harriers A.C.	Masters Men O50
185	35:22:00	98	Rory CONNOR	Sligo A.C.	Masters Men O55
228	35:25:00	99	Paul KENNEDY	Balbriggan & District A.C.	Masters Men O35
269	35:41:00	100	Colin O'GARA	Lucan Harriers A.C.	Masters Men O55

## Age Category Breakdown

ID	Time	Position	Name	Team Name	Age Category
205	00:25:12	1	Eoin EVERARD	Kilkenny City Harriers A.C.	<b>Master Men O35</b>
280	00:25:53	2	Kenneth ROGERS	St. John's A.C.	
236	00:26:29	3	Harry LUPTON	Portlaoise A.C.	
413	00:26:32	4	Jon Jo DOHERTY	Finn Valley A.C.	
183	00:26:41	5	Rory CHESSER	Ennis Track A.C.	
209	00:26:59	6	Pat FITZGERALD	Waterford A.C.	
265	00:27:03	7	Eddie O'CONNOR	Brothers Pearse A.C.	
184	00:27:26	8	Donal COAKLEY	Leevale A.C.	
252	00:27:39	9	Cathal MCHALE	Clonliffe Harriers A.C.	
284	00:28:01	10	Anthony SHARKEY	LSA A.C.	
283	00:28:50	11	Dean RYAN	Newbridge A.C.	
237	00:28:55	12	Thomas LUPTON	Ballyskenach A.C.	

176	00:29:10	13	David BARRETT	Ballymore Cobh A.C.
282	00:29:37	14	Padraig RUANE	Kilkenny City Harriers A.C.
228	00:35:25	15	Paul KENNEDY	Balbriggan & District A.C.

ID	Time	Position	Name	Team Name	Age Category
220	00:25:28	1	Michael HARTY	East Cork A.C.	<b>Master Men O40</b>
281	00:26:03	2	Colm ROONEY	Clonliffe Harriers A.C.	
186	00:26:42	3	Ian CONROY	Raheny Shamrock A.C.	
261	00:26:48	4	Brian MURPHY	Iveragh A.C.	
594	00:27:08	5	Gavin SWEENEY	Togher A.C.	
273	00:27:10	6	Brian O'KELLY	Crusaders A.C.	
215	00:27:23	7	Dermot GORMAN	Carrick on Suir A.C.	
244	00:27:42	8	Louis MCCARTHY	Rathfarnham W.S.A.F. A.C.	
193	00:27:50	9	Karol CRONIN	Sportsworld A.C.	
264	00:28:02	10	Niall O'CALLAGHAN	West Limerick A.C.	
175	00:28:05	11	Marc AUGUSTIN	Le Cheile A.C.	
289	00:28:12	12	Barry TWOHIG	St. Finbarrs A.C.	
246	00:28:39	13	David MCCONN	Donore Harriers A.C.	
229	00:28:57	14	Derek KIELY	Limerick A.C.	
286	00:29:12	15	Rodney THORNTON	Drogheda & District A.C.	
208	00:29:34	16	Gavin FINLAY	Sportsworld A.C.	
207	00:29:42	17	Tom FEELEY	Trim A.C.	
194	00:29:42	18	Alan CROWLEY	Mullingar Harriers A.C.	
593	00:30:05	19	Lloyd MALCOLM	Galway City Harriers A.C.	
258	00:30:08	20	Ronan MOORE	Trim A.C.	
217	00:30:43	21	Frank HAGUE	Metro St. Brigids A.C.	
224	00:30:49	22	Jonathan HUGHES	Rathfarnham W.S.A.F. A.C.	
243	00:31:46	23	John MCAULEY	Rathfarnham W.S.A.F. A.C.	
198	00:31:49	24	David DALY	Skerries A.C.	

ID	Time	Position	Name	Team Name	Age Category
250	00:27:53	1	Ciaran MCGONAGLE	Letterkenny A.C.	<b>Master Men O45</b>
230	00:27:58	2	David KIRWIN	Raheny Shamrock A.C.	
202	00:27:59	3	John DUNNE	Raheny Shamrock A.C.	
277	00:28:21	4	Paddy O'TOOLE	Westport A.C.	
255	00:28:40	5	Barry MINNOCK	Tullamore Harriers A.C.	
274	00:28:58	6	Ian O'REILLY	Brothers Pearse A.C.	
285	00:29:00	7	Niall SHEIL	St. Killians A.C.	
254	00:29:04	8	Maurice MCMAHON	North East Runners A.C.	
235	00:29:13	9	Greg LONDON	South Galway A.C.	
192	00:29:18	10	Colin COYNE	St Abbans A.C.	
222	00:29:34	11	Shane HAYES	Sligo A.C.	
210	00:29:42	12	Paul FLEMING	Rathfarnham W.S.A.F. A.C.	
189	00:29:49	13	Colm COSTELLO	Brothers Pearse A.C.	
268	00:30:02	14	Shane O'FARRELL	LSA A.C.	
593	00:30:33	15	Lloyd Malcolm	Galway City Harriers A.C.	
187	00:30:35	16	Shane COONEY	St. Finbarrs A.C.	
219	00:30:37	17	Ger HARTNETT	Tuam A.C.	

181	00:31:12	18	John CARROLL	Bohermeen A.C.
223	00:31:44	19	Damien HILLIARD	Bohermeen A.C.
231	00:31:52	20	Derek LAWLOR	Crusaders A.C.
276	00:33:01	21	Rory O'SULLIVAN	Raheny Shamrock A.C.
234	00:33:15	22	Garrett LOY	Clonliffe Harriers A.C.
279	00:34:47	23	Jeremy QUINN	Skerries A.C.
248	00:35:47	24	Sean MCDERMOTT	Castlegar A.C.

ID	Time	Position	Name	Team Name	Age Category
287	00:27:24	1	Declan TOAL	North East Runners A.C.	<b>Master Men O50</b>
218	00:28:53	2	Michael HARRINGTON	Durrus A.C.	
212	00:29:06	3	Lea FULCHER	Plant Based A.C.	
245	00:29:10	4	Ciaran MCCARTHY	Raheny Shamrock A.C.	
239	00:29:40	5	Brendan LYNG	United Striders A.C.	
275	00:29:44	6	Ronan O'REILLY	Ballyroan Abbeyleix & District A.C.	
214	00:29:50	7	Gerard GAVIN	Mullingar Harriers A.C.	
288	00:29:59	8	Des TREMBLE	Donore Harriers A.C.	
179	00:30:06	9	Will BYRNE	Lucan Harriers A.C.	
197	00:30:17	10	Patrick CULLETON	United Striders A.C.	
177	00:30:43	11	Sean BURKE	Tuam A.C.	
251	00:30:49	12	John MCGRATH	United Striders A.C.	
238	00:30:50	13	Niall LYNCH	Donore Harriers A.C.	
240	00:31:04	14	Sean MACSEOIN	Metro St. Brigids A.C.	
206	00:31:17	15	Gary FARRELL	Lucan Harriers A.C.	
278	00:33:25	16	Niall POWER	Raheny Shamrock A.C.	
182	00:34:53	17	Bill CARTY	Sligo A.C.	
195	00:35:05	18	James CROWLEY	Lucan Harriers A.C.	

ID	Time	Position	Name	Team Name	Age Category
191	00:30:00	1	Paul COWHIE	Crusaders A.C.	<b>Master Men O55</b>
200	00:30:12	2	Brenden DONAGHER	Naomh Mhuire A.C.	
247	00:30:39	3	Sean MCCREERY	Rathfarnham W.S.A.F. A.C.	
242	00:30:46	4	Patrick MALONE	Newbridge A.C.	
190	00:30:53	5	Michael COUNSEL	Trim A.C.	
272	00:30:53	6	Eugene O'KEEFFE	Carrick on Suir A.C.	
201	00:31:01	7	Keith DOWNEY	Skerries A.C.	
262	00:31:03	8	Eddie NEWMAN	Mullingar Harriers A.C.	
188	00:31:03	9	Paddy CORR	Keep Er Lit	
270	00:31:28	10	John O'GORMAN	Kilmurray Ibrick N.Clare A.C.	
204	00:32:39	11	Ian EGAN	Castlegar A.C.	
226	00:33:12	12	Derek HUNTER	Sligo A.C.	
249	00:33:33	13	Liam MCGLYNN	Mullingar Harriers A.C.	
180	00:34:22	14	Noel CARR	An Riocht A.C.	
185	00:35:22	15	Rory CONNOR	Sligo A.C.	
269	00:35:41	16	Colin O'GARA	Lucan Harriers A.C.	

ID	Time	Position	Name	Team Name	Age Category
266	00:31:03	1	Willie O'DONOGHUE	Mooreabbey Milers A.C.	<b>Master Men O60</b>
271	00:31:34	2	Patrick O'GRADY	Drogheda & District A.C.	
216	00:31:42	3	Kevin GRIFFIN	An Riocht A.C.	
196	00:32:44	4	Tom CUDDY	Rathfarnham W.S.A.F. A.C.	
259	00:32:58	5	Pat MORRISSEY	Ennis Track A.C.	