

Irish Runner 5M - 12/06/2022

Mens Individual

Pl.	Name	Club	Age Cat.	BIB	Gross	Net
1	Ian GUIDEN	Clonliffe Harriers A.C.	MS	121	23:44	23:44
2	Evan FITZGERALD	Clonmel A.C.	MS	170	24:24	24:24
3	Aaron SMITH	Cilles A.C.	MJ	263	25:25	25:25
4	Mossy BRACKEN	Moycarkey Coolcroo A.C.	MS	139	25:38	25:38
5	James HAMILTON	Ballymena Runners	MS	33	25:39	25:37
6	John FITZGIBBON	Thurles Crokes A.C.	M40	172	26:11	26:10
7	Gavin KELLY	Newbridge A.C.	M40	193	26:27	26:27
8	Dylan O'BRIEN	Raheny Shamrock A.C.	MS	239	26:29	26:29
9	Ian O'REILLY	Brothers Pearse A.C.	M45	97	26:32	26:32
10	Robert FREWEN	Raheny Shamrock A.C.	MS	175	26:33	26:33
11	Thomas SHERLOCK	Clonliffe Harriers A.C.	M35	112	26:35	26:35
12	Ronan DUNPHY	Skerries A.C.	M35	111	26:38	26:35
13	Pauric MCKINNEY	Inishowen A.C.	M55	101	26:40	26:40
14	Ciaran MCCARTHY	Raheny Shamrock A.C.	M45	211	26:46	26:45
15	Lea FULCHER	Liffey Valley A.C.	M45	71	26:56	26:56
16	Graham O'DWYER	Raheny Shamrock A.C.	MS	242	27:01	27:01
17	Joe MCCRACKEN	Raheny Shamrock A.C.	MS	214	27:02	27:02
18	Terence BYRNE	Sli Cualann A.C.	M40	90	27:04	27:03
19	David PORTER	Inishowen A.C.	M40	254	27:04	27:03
20	Geoffrey ALEXANDRE	Liffey Valley A.C.	MS	134	27:08	27:08
21	Colin COYNE	St Abbans A.C.	M40	150	27:14	27:13
22	David MCCONN	Donore Harriers	M40	212	27:16	27:15
23	Sergey DOLGY	Liffey Valley A.C.	MS	157	27:19	27:18
24	Colm COSTELLO	Brothers Pearse A.C.	M45	149	27:29	27:29
25	Damien BYRNE	Kilcoole A.C.	M45	58	27:30	27:30
26	Ian FITZGERALD	Donore Harriers	MS	171	27:30	27:29
27	Brian LEAHY	Raheny Shamrock A.C.	M40	285	27:46	27:46
28	Karl ENNIS	Brothers Pearse A.C.	MS	165	27:50	27:49
29	Des TREMBLE	Donore Harriers	M50	268	27:53	27:52
30	Aaron FARRELL	Dunboyne A.C.	MS	168	27:55	27:54
31	Arnaud BENJACAR	Liffey Valley A.C.	M50	65	28:08	28:08
32	Peter O'TOOLE	Crusaders A.C.	M40	38	28:14	28:12
33	Paul COWHIE	Crusaders A.C.	M55	74	28:15	28:15
34	Alan DALTON	Sli Cualann A.C.	M45	152	28:15	28:15
35	Anthony DORAN	Clonliffe Harriers A.C.	M35	161	28:17	28:17
36	Liam BRADLEY	Inishowen A.C.	M50	103	28:17	28:17
37	Terry KEOGH	Raheny Shamrock A.C.	M45	200	28:18	28:17
38	Stephen DUNCAN	Omagh Harriers	M50	775	28:20	28:17
39	Eric CHAMP	Raheny Shamrock A.C.	M45	144	28:25	28:24
40	Eddie NEWMAN	Mullingar Harriers A.C.	M55	229	28:26	28:25
41	Colm PARNELL	Crusaders A.C.	MS	251	28:48	28:45
42	Kevin MORRIS	Croghan A.C.	M45	35	28:49	28:47
43	Martin MCLUCAS	Inishowen A.C.	M55	104	28:49	28:49

44	Joseph MCDERMOTT	Crusaders A.C.	M35	280	28:51	28:50
45	Chris TIGHE	Brothers Pearse A.C.	M40	266	28:56	28:55
46	Seanie MEYLER	Omagh Harriers	M55	41	28:57	28:57
47	Darren MURPHY	Brothers Pearse A.C.	M35	223	29:02	29:01
48	Colm MURRAY	Rathfarnham W.S.A.F. A.C.	M55	123	29:02	28:59
49	Tom O'CONNOR	Liffey Valley A.C.	M60	240	29:06	29:05
50	Alan KEOGH	Donore Harriers	M40	199	29:07	29:05
51	Vincent MCCORMACK	Newbridge A.C.	M50	213	29:08	29:06
52	Marty MCDERMOTT	Omagh Harriers	M50	43	29:09	29:08
53	Mark NAYLOR	Liffey Valley A.C.	MS	228	29:12	29:11
54	David DOYLE	Duleek and District A.C.	M40	162	29:13	29:07
55	Sean MCCREERY	Rathfarnham W.S.A.F. A.C.	M55	215	29:14	29:13
56	Michael MURPHY	Rathfarnham W.S.A.F. A.C.	M40	224	29:23	29:20
57	Conor FLEMING	Clonmel A.C.	M50	84	29:25	29:23
58	David DALY	Skerries A.C.	M40	88	29:28	29:24
59	Sean KAVANAGH	Lucan Harriers A.C.	MJ	77	29:34	29:32
60	Padraig COONE	Slaney Olympic A.C.	M45	110	29:37	29:33
61	Neil MURPHY	Galway City Harriers A.C.	MS	222	29:45	29:41
62	Paul BALFE	Liffey Valley A.C.	M50	81	29:51	29:50
63	David LEONARD	Sliabh Bhuide Rovers A.C.	M50	206	29:53	29:48
64	Eoin FITZPATRICK	Sportsworld A.C.	MS	173	29:54	29:12
65	Peter BYRNE	Omagh Harriers	M50	728	29:55	29:53
66	Aidan MOLLOY	Omagh Harriers	M50	42	30:03	30:01
67	Paddy O'BOYLE	Civil Service A.C.	M35	235	30:11	30:04
68	Niall COPPINGER	Sli Cualann A.C.	M60	148	30:16	30:15
69	Gerard WHITE	Crusaders A.C.	M40	272	30:19	30:16
70	Norman MAWHINNEY	Scrabo Striders	M60	10	30:25	30:24
71	Peter GAFFNEY	Donore Harriers	M50	67	30:29	30:24
72	Cormac CONROY	Sli Cualann A.C.	M50	147	30:36	30:34
73	Stephen NAUGHTON	Mullingar Harriers A.C.	M55	80	30:51	30:48
74	Martin MCLAUGHLIN	Omagh Harriers	M60	894	30:52	30:50
75	Tomas WALSH	Tinryland A.C.	MS	36	30:54	30:50
76	Jarlath GROARKE	Brothers Pearse A.C.	M40	179	30:55	30:51
77	Dermot SHIELS	Rathfarnham W.S.A.F. A.C.	M45	261	30:58	30:50
78	David REIDY	Rathfarnham W.S.A.F. A.C.	M40	129	31:14	31:09
79	Pauric BRADY	Mullingar Harriers A.C.	M40	78	31:14	31:12
80	Peter ROGAN	Raheny Shamrock A.C.	M35	258	31:20	31:18
81	Francesco PETRONI	Raheny Shamrock A.C.	M35	252	31:23	31:23
82	Michael KEHOE	Raheny Shamrock A.C.	M50	191	31:25	31:25
83	Keith FLEMING	Raheny Shamrock A.C.	M50	174	31:42	31:39
84	Martin KELLY	Rathfarnham W.S.A.F. A.C.	M60	195	31:45	31:41
85	Anthony O'ROURKE	Brothers Pearse A.C.	M40	248	31:46	31:46
86	Ronan BYRNE	Rathfarnham W.S.A.F. A.C.	M40	142	31:48	31:42
87	Tom CUDDY	Rathfarnham W.S.A.F. A.C.	M60	151	31:52	31:49
88	Stephen O'CONNOR	Civil Service A.C.	M35	128	32:00	31:57
89	Thomas FITZGERALD	St Abbans A.C	M35	130	32:04	31:21
90	Edward WALSH	Tinryland A.C.	M65	69	32:12	32:09

91	Brian MCWEENEY	Raheny Shamrock A.C.	M50	219	32:25	32:24
92	Michael WALSH	Brothers Pearse A.C.	M60	73	32:37	32:34
93	John O'BRIEN	Cherry Orchard Running Club	M40	238	32:37	31:54
94	Darren KEANE	Blackrock (Dublin) A.C.	M35	189	32:43	31:59
95	Peter NUGENT	Donore Harriers	M50	234	32:45	32:39
96	Richard O'GORMAN	Clonmel A.C.	M55	20	32:47	32:44
97	Michaelj O'NEILL	Sli Cualann A.C.	M45	246	32:51	32:44
98	Patrick BOWE	Moyne A.C.	M50	138	32:55	32:13
99	Tony KYNES	Donore Harriers	M65	55	33:00	32:57
100	Alan FAIRBROTHER	Brothers Pearse A.C.	M55	98	33:11	33:06
101	Conor O'REILLY	Balbriggan and District	M55	247	33:27	33:21
102	John CURRAN	Donore Harriers	M45	31	33:27	33:22
103	Eugene DOHERTY	Sliabh Bhuide Rovers A.C.	M65	156	33:42	33:41
104	Owen KELLY	Blackrock (Dublin) A.C.	M40	52	33:43	32:59
105	Michael FINN	Slaney Olympic A.C.	M55	22	33:44	33:36
106	Ray ARMSTRONG	Donore Harriers	M40	135	34:00	33:16
107	Tom FAGAN	Donore Harriers	M50	167	34:26	34:22
108	Eamonn TRAYNOR	Raheny Shamrock A.C.	M50	267	34:29	34:24
109	Colm DE BHAL	Lusk AC	M45	153	34:34	33:53
110	Stephan DE VRIES	Sportsworld A.C.	MS	154	34:38	33:55
111	Mattie COLEMAN	Ballina A.C.	M60	25	35:04	34:38
112	Karl DUFF	Irish Mountain Cardio A.C.	M45	163	35:10	34:26
113	Nicholas ALEXANDER	Raheny Shamrock A.C.	M45	133	35:12	35:03
114	Jim KEOGH	Raheny Shamrock A.C.	M55	127	35:18	35:15
115	Ronan O'KEEFFE	Metro/St. Brigid's A.C.	M35	243	35:22	35:17
116	Peter BOWE	D.F.B A.C.	M35	94	35:23	34:39
117	Miguel FLORES	Blackrock (Dublin) A.C.	M45	85	35:27	29:52
118	Christy REILLY	Raheny Shamrock A.C.	M65	257	36:21	36:16
119	Seamus KELLY	Le Chéile A.C.	M65	194	36:29	36:24
120	Mark DEVINE	Donore Harriers	M45	19	36:31	36:24
121	Alan WORRALL	Clonliffe Harriers A.C.	M50	275	36:32	36:27
122	Jason MURRAY	Metro/St. Brigid's A.C.	M45	226	36:32	36:27
123	Owen MCKINNEY	Inishowen A.C.	M50	34	37:08	37:03
124	Gregory Paul O'BEIRNE	Raheny Shamrock A.C.	M55	249	38:04	37:56
125	William BELTON	Sli Cualann A.C.	M70	136	38:17	38:15
126	Eamon PRUNTY	Civil Service A.C.	M45	255	38:27	36:56
127	Ron HOGAN	LOVE2RUN A.C.	M50	185	38:39	38:31
128	Nicky MCCABE	Mullingar Harriers A.C.	M70	96	38:51	38:46
129	Ewan JACKSON	Le Chéile A.C.	MJ	186	39:23	37:52
130	Kevin MCGALE	LOVE2RUN A.C.	M40	216	39:28	39:19
131	Sunil SINGH	Civil Service A.C.	M35	262	40:01	38:34
132	Walter MEE	Rathfarnham W.S.A.F. A.C.	M60	11	41:52	41:44
133	Albert KEENAN	Newbridge A.C.	M70	32	41:57	40:21
134	Enda MCMORROW	Dundrum South Dublin A.C.	M65	37	42:20	40:49
135	Richie GEOGHEGAN	LOVE2RUN A.C.	M60	176	43:29	41:59
136	Stephen O'BEIRNE	Dunboyne A.C.	M55	66	44:06	42:36
137	Mike STAUNTON	Drogheda and District A.C.	M55	49	46:02	44:33

138	Hugh MCDONNELL	Drogheda and District A.C.	M60	17	46:02	44:33
139	Paul KELLY	Crusaders A.C.	M40	89	47:25	47:20
140	Barry RYAN	Civil Service A.C.	M50	12	48:47	46:06
141	Karl DONNELLY	LOVE2RUN A.C.	M45	160	57:15	54:27
142	Martin KEANE	Athenry A.C.	M75	190	58:02	56:23

Mens 35+ Individual

Position	Name	Club	Bib No.	Gross	Net
1	Thomas SHERLOCK	Clonliffe Harriers A.C.	112	26:35:00	26:35:00
2	Ronan DUNPHY	Skerries A.C.	111	26:38:00	26:35:00
3	Anthony DORAN	Clonliffe Harriers A.C.	161	28:17:00	28:17:00
4	Joseph MCDERMOTT	Crusaders A.C.	280	28:51:00	28:50:00
5	Darren MURPHY	Brothers Pearse A.C.	223	29:02:00	29:01:00
6	Paddy O'BOYLE	Civil Service A.C.	235	30:11:00	30:04:00
7	Peter ROGAN	Raheny Shamrock A.C.	258	31:20:00	31:18:00
8	Francesco PETRONI	Raheny Shamrock A.C.	252	31:23:00	31:23:00
9	Stephen O'CONNOR	Civil Service A.C.	128	32:00:00	31:57:00
10	Thomas FITZGERALD	St Abbans A.C.	130	32:04:00	31:21:00
11	Darren KEANE	Blackrock (Dublin) A.C.	189	32:43:00	31:59:00
12	Ronan O'KEEFFE	Metro/St. Brigid's A.C.	243	35:22:00	35:17:00
13	Peter BOWE	D.F.B A.C.	94	35:23:00	34:39:00
14	Sunil SINGH	Civil Service A.C.	262	40:01:00	38:34:00

Mens 40+ Individual

Position	Name	Club	Bib No.	Gross	Net
1	John FITZGIBBON	Thurles Crokes A.C.	172	26:11:00	26:10:00
2	Gavin KELLY	Newbridge A.C.	193	26:27:00	26:27:00
3	Terence BYRNE	Sli Cualann A.C.	90	27:04:00	27:03:00
4	David PORTER	Inishowen A.C.	254	27:04:00	27:03:00
5	Colin COYNE	St Abbans A.C.	150	27:14:00	27:13:00
6	David MCCONN	Donore Harriers	212	27:16:00	27:15:00
7	Brian LEAHY	Raheny Shamrock A.C.	285	27:46:00	27:46:00
8	Peter O'TOOLE	Crusaders A.C.	38	28:14:00	28:12:00
9	Chris TIGHE	Brothers Pearse A.C.	266	28:56:00	28:55:00
10	Alan KEOGH	Donore Harriers	199	29:07:00	29:05:00
11	David DOYLE	Duleek and District A.C.	162	29:13:00	29:07:00
12	Michael MURPHY	Rathfarnham W.S.A.F. A.C.	224	29:23:00	29:20:00
13	David DALY	Skerries A.C.	88	29:28:00	29:24:00
14	Gerard WHITE	Crusaders A.C.	272	30:19:00	30:16:00
15	Jarlath GROARKE	Brothers Pearse A.C.	179	30:55:00	30:51:00
16	David REIDY	Rathfarnham W.S.A.F. A.C.	129	31:14:00	31:09:00
17	Pauric BRADY	Mullingar Harriers A.C.	78	31:14:00	31:12:00
18	Anthony O'ROURKE	Brothers Pearse A.C.	248	31:46:00	31:46:00

19	Ronan BYRNE	Rathfarnham W.S.A.F. A.C.	142	31:48:00	31:42:00
20	John O'BRIEN	Cherry Orchard Running Club	238	32:37:00	31:54:00
21	Owen KELLY	Blackrock (Dublin) A.C.	52	33:43:00	32:59:00
22	Ray ARMSTRONG	Donore Harriers	135	34:00:00	33:16:00
23	Kevin MCGALE	LOVE2RUN A.C.	216	39:28:00	39:19:00
24	Paul KELLY	Crusaders A.C.	89	47:25:00	47:20:00

Mens 45+ Individual

Position	Name	Club	Bib No.	Gross	Net
1	Ian O'REILLY	Brothers Pearse A.C.	97	26:32:00	26:32:00
2	Ciaran MCCARTHY	Raheny Shamrock A.C.	211	26:46:00	26:45:00
3	Lea FULCHER	Liffey Valley A.C.	71	26:56:00	26:56:00
4	Colm COSTELLO	Brothers Pearse A.C.	149	27:29:00	27:29:00
5	Damien BYRNE	Kilcoole A.C.	58	27:30:00	27:30:00
6	Alan DALTON	Sli Cualann A.C.	152	28:15:00	28:15:00
7	Terry KEOGH	Raheny Shamrock A.C.	200	28:18:00	28:17:00
8	Eric CHAMP	Raheny Shamrock A.C.	144	28:25:00	28:24:00
9	Kevin MORRIS	Croghan A.C.	35	28:49:00	28:47:00
10	Padraig COONE	Slaney Olympic A.C.	110	29:37:00	29:33:00
11	Dermot SHIELS	Rathfarnham W.S.A.F. A.C.	261	30:58:00	30:50:00
12	Michaelj O'NEILL	Sli Cualann A.C.	246	32:51:00	32:44:00
13	John CURRAN	Donore Harriers	31	33:27:00	33:22:00
14	Colm DE BHAL	Lusk AC	153	34:34:00	33:53:00
15	Karl DUFF	Irish Mountain Cardio A.C.	163	35:10:00	34:26:00
16	Nicholas ALEXANDER	Raheny Shamrock A.C.	133	35:12:00	35:03:00
17	Miguel FLORES	Blackrock (Dublin) A.C.	85	35:27:00	29:52:00
18	Mark DEVINE	Donore Harriers	19	36:31:00	36:24:00
19	Jason MURRAY	Metro/St. Brigid's A.C.	226	36:32:00	36:27:00
20	Eamon PRUNTY	Civil Service A.C.	255	38:27:00	36:56:00
21	Karl DONNELLY	LOVE2RUN A.C.	160	57:15:00	54:27:00

Mens 50+ Individual

Position	Name	Club	Bib No.	Gross	Net
1	Des TREMBLE	Donore Harriers	268	27:53:00	27:52:00
2	Arnaud BENJACAR	Liffey Valley A.C.	65	28:08:00	28:08:00
3	Liam BRADLEY	Inishowen A.C.	103	28:17:00	28:17:00
4	Stephen DUNCAN	Omagh Harriers	775	28:20:00	28:17:00
5	Vincent MCCORMACK	Newbridge A.C.	213	29:08:00	29:06:00
6	Marty MCDERMOTT	Omagh Harriers	43	29:09:00	29:08:00
7	Conor FLEMING	Clonmel A.C.	84	29:25:00	29:23:00
8	Paul BALFE	Liffey Valley A.C.	81	29:51:00	29:50:00
9	David LEONARD	Sliabh Bhuide Rovers A.C.	206	29:53:00	29:48:00
10	Peter BYRNE	Omagh Harriers	728	29:55:00	29:53:00

11	Aidan MOLLOY	Omagh Harriers	42	30:03:00	30:01:00
12	Peter GAFFNEY	Donore Harriers	67	30:29:00	30:24:00
13	Cormac CONROY	Sli Cualann A.C.	147	30:36:00	30:34:00
14	Michael KEHOE	Raheny Shamrock A.C.	191	31:25:00	31:25:00
15	Keith FLEMING	Raheny Shamrock A.C.	174	31:42:00	31:39:00
16	Brian MCWEENEY	Raheny Shamrock A.C.	219	32:25:00	32:24:00
17	Peter NUGENT	Donore Harriers	234	32:45:00	32:39:00
18	Patrick BOWE	Moyne A.C.	138	32:55:00	32:13:00
19	Tom FAGAN	Donore Harriers	167	34:26:00	34:22:00
20	Eamonn TRAYNOR	Raheny Shamrock A.C.	267	34:29:00	34:24:00
21	Alan WORRALL	Clonliffe Harriers A.C.	275	36:32:00	36:27:00
22	Owen MCKINNEY	Inishowen A.C.	34	37:08:00	37:03:00
23	Ron HOGAN	LOVE2RUN A.C.	185	38:39:00	38:31:00
24	Barry RYAN	Civil Service A.C.	12	48:47:00	46:06:00

Mens 55+ Individual

Position	Name	Club	Bib No.	Gross	Net
1	Pauric MCKINNEY	Inishowen A.C.	101	26:40:00	26:40:00
2	Paul COWHIE	Crusaders A.C.	74	28:15:00	28:15:00
3	Eddie NEWMAN	Mullingar Harriers A.C.	229	28:26:00	28:25:00
4	Martin MCLUCAS	Inishowen A.C.	104	28:49:00	28:49:00
5	Seanie MEYLER	Omagh Harriers	41	28:57:00	28:57:00
6	Colm MURRAY	Rathfarnham W.S.A.F. A.C.	123	29:02:00	28:59:00
7	Sean MCCREERY	Rathfarnham W.S.A.F. A.C.	215	29:14:00	29:13:00
8	Stephen NAUGHTON	Mullingar Harriers A.C.	80	30:51:00	30:48:00
9	Richard O'GORMAN	Clonmel A.C.	20	32:47:00	32:44:00
10	Alan FAIRBROTHER	Brothers Pearse A.C.	98	33:11:00	33:06:00
11	Conor O'REILLY	Balbriggan and District	247	33:27:00	33:21:00
12	Michael FINN	Slaney Olympic A.C.	22	33:44:00	33:36:00
13	Jim KEOGH	Raheny Shamrock A.C.	127	35:18:00	35:15:00
14	Gregory Paul O'BEIRNE	Raheny Shamrock A.C.	249	38:04:00	37:56:00
15	Stephen O'BEIRNE	Dunboyne A.C.	66	44:06:00	42:36:00
16	Mike STAUNTON	Drogheda and District A.C.	49	46:02:00	44:33:00

Mens 60+ Individual

Position	Name	Club	Bib No.	Gross	Net
1	Tom O'CONNOR	Liffey Valley A.C.	240	29:06:00	29:05:00
2	Niall COPPINGER	Sli Cualann A.C.	148	30:16:00	30:15:00
3	Norman MAWHINNEY	Scrabo Striders	10	30:25:00	30:24:00
4	Martin MCLAUGHLIN	Omagh Harriers	894	30:52:00	30:50:00
5	Martin KELLY	Rathfarnham W.S.A.F. A.C.	195	31:45:00	31:41:00
6	Tom CUDDY	Rathfarnham W.S.A.F. A.C.	151	31:52:00	31:49:00
7	Michael WALSH	Brothers Pearse A.C.	73	32:37:00	32:34:00

8	Mattie COLEMAN	Ballina A.C.	25	35:04:00	34:38:00
9	Walter MEE	Rathfarnham W.S.A.F. A.C.	11	41:52:00	41:44:00
10	Richie GEOGHEGAN	LOVE2RUN A.C.	176	43:29:00	41:59:00
11	Hugh MCDONNELL	Drogheda and District A.C.	17	46:02:00	44:33:00

Mens 65+ Individual

Position	Name	Club	Bib No.	Gross	Net
1	Edward WALSH	Tinryland A.C.	69	32:12:00	32:09:00
2	Tony KYNES	Donore Harriers	55	33:00:00	32:57:00
3	Eugene DOHERTY	Sliabh Bhuide Rovers A.C.	156	33:42:00	33:41:00
4	Christy REILLY	Raheny Shamrock A.C.	257	36:21:00	36:16:00
5	Seamus KELLY	Le Chéile A.C.	194	36:29:00	36:24:00
6	Enda MCMORROW	Dundrum South Dublin A.C.	37	42:20:00	40:49:00

Mens 70+ Individual

Position	Name	Club	Bib No.	Gross	Net
1	William BELTON	Sli Cualann A.C.	136	38:17:00	38:15:00
2	Nicky MCCABE	Mullingar Harriers A.C.	96	38:51:00	38:46:00
3	Albert KEENAN	Newbridge A.C.	32	41:57:00	40:21:00

Mens 75+ Individual

Position	Name	Club	Bib No.	Gross	Net
1	Martin KEANE	Athenry A.C.	190	58:02:00	56:23:00

MALE SENIOR TEAM RESULTS

Place	Team	Gross Time	Place(Cat)	Score
1	Raheny Shamrock A.C.	01:47:04		
	Runner Name	Gross Time	Place(Cat)	Score
	Dylan O'BRIEN	00:26:29	10	01:47:04
	Robert FREWEN	00:26:33	12	01:47:04
	Graham O'DWYER	00:27:01	18	01:47:04
	Joe MCCRACKEN	00:27:02	19	01:47:04
2	Liffey Valley A.C.	01:50:33		
	Runner Name	Gross Time	Place(Cat)	Score
	Lea FULCHER	00:26:56	17	01:50:33
	Geoffrey ALEXANDRE	00:27:08	22	01:50:33
	Sergey DOLGY	00:27:19	26	01:50:33
	Mark NAYLOR	00:29:12	60	01:50:33

3		Donore Harriers	01:51:45	
Runner Name	Gross Time	Place(Cat)	Score	
David MCCONN	00:27:16	25	01:51:45	
Ian FITZGERALD	00:27:30	29	01:51:45	
Des TREMBLE	00:27:53	32	01:51:45	
Alan KEOGH	00:29:07	57	01:51:45	

4		Crusaders A.C.	01:54:07	
Runner Name	Gross Time	Place(Cat)	Score	
Peter O'TOOLE	00:28:14	35	01:54:07	
Paul COWHIE	00:28:15	36	01:54:07	
Colm PARNELL	00:28:48	47	01:54:07	
Joseph MCDERMOTT	00:28:51	50	01:54:07	

5		Clonliffe Harriers A.C.	01:55:06	
Runner Name	Gross Time	Place(Cat)	Score	
Ian GUIDEN	00:23:44	1	01:55:06	
Thomas SHERLOCK	00:26:35	13	01:55:06	
Anthony DORAN	00:28:17	38	01:55:06	
Alan WORRALL	00:36:32	231	01:55:06	

6		Rathfarnham W.S.A.F. A.C.	01:58:35	
Runner Name	Gross Time	Place(Cat)	Score	
Colm MURRAY	00:29:02	55	01:58:35	
Sean MCCREERY	00:29:14	62	01:58:35	
Michael MURPHY	00:29:23	64	01:58:35	
Dermot SHIELS	00:30:58	95	01:58:35	

MALE 35+ TEAM RESULTS

Place	Team	Gross Point	Score
1	Raheny Shamrock M35+	01:22:49	
	Runner Name	Gross Time	Place(Cat) Score
	Ciaran MCCARTHY	00:26:46	16 01:22:49
	Brian LEAHY	00:27:46	30 01:22:49
	Terry KEOGH	00:28:18	40 01:22:49
2	Brothers Pearse M35+	01:22:56	
	Runner Name	Gross Time	Place(Cat) Score
	Ian O'REILLY	00:26:32	11 01:22:56
	Colm COSTELLO	00:27:29	27 01:22:56
	Chris TIGHE	00:28:56	51 01:22:56
3	Crusaders M35+	01:25:19	
	Runner Name	Gross Time	Place(Cat) Score

Peter O'TOOLE	00:28:14	35	01:25:19
Paul COWHIE	00:28:15	36	01:25:19
Joseph MCDERMOTT	00:28:51	50	01:25:19

4 Sli Cualann M35+ 01:25:35

Runner Name	Gross Time	Place(Cat)	Score
Terence BYRNE	00:27:04	20	01:25:35
Alan DALTON	00:28:15	37	01:25:35
Niall COPPINGER	00:30:16	83	01:25:35

5 Rathfarnham W.S.A.F. M35+ 01:27:38

Runner Name	Gross Time	Place(Cat)	Score
Colm MURRAY	00:29:02	55	01:27:38
Sean MCCREERY	00:29:14	62	01:27:38
Michael MURPHY	00:29:23	64	01:27:38

6 Mullingar Harriers M35+ 01:30:30

Runner Name	Gross Time	Place(Cat)	Score
Eddie NEWMAN	00:28:26	43	01:30:30
Stephen NAUGHTON	00:30:51	91	01:30:30
Pauric BRADY	00:31:14	100	01:30:30

7 Clonliffe Harriers M35+ 01:31:23

Runner Name	Gross Time	Place(Cat)	Score
Thomas SHERLOCK	00:26:35	13	01:31:23
Anthony DORAN	00:28:17	38	01:31:23
Alan WORRALL	00:36:32	231	01:31:23

8 Donore Harriers M35+ 01:33:27

Runner Name	Gross Time	Place(Cat)	Score
David MCCONN	00:27:16	25	01:33:27
Peter NUGENT	00:32:45	139	01:33:27
John CURRAN	00:33:27	152	01:33:27

9 Newbridge A.C. M35+ 01:37:31

Runner Name	Gross Time	Place(Cat)	Score
Gavin KELLY	00:26:27	9	01:37:31
Vincent MCCORMACK	00:29:08	58	01:37:31
Albert KEENAN	00:41:57	375	01:37:31

10 Civil Service M35+ 01:40:37

Runner Name	Gross Time	Place(Cat)	Score
Paddy O'BOYLE	00:30:11	82	01:40:37
Stephen O'CONNOR	00:32:00	121	01:40:37
Eamon PRUNTY	00:38:27	280	01:40:37

11 LOVE2RUN A.C. M35+ 02:01:36

Runner Name	Gross Time	Place(Cat)	Score
Ron HOGAN	00:38:39	285	02:01:36
Kevin MCGALE	00:39:28	307	02:01:36
Richie GEOGHEGAN	00:43:29	411	02:01:36

MALE 50+ TEAM RESULTS

Place	Team	Gross Point	Score
1	Inishowen A.C. M50+	01:23:46	
	Runner Name	Gross Time	Place(Cat) Score
	Pauric MCKINNEY	00:26:40	15 01:23:46
	Liam BRADLEY	00:28:17	39 01:23:46
	Martin MCLUCAS	00:28:49	49 01:23:46
2	Omagh Harriers M50+	01:26:25	
	Runner Name	Gross Time	Place(Cat) Score
	Stephen DUNCAN	00:28:20	41 01:26:25
	Seanie MEYLER	00:28:57	52 01:26:25
	Marty MCDERMOTT	00:29:09	59 01:26:25
3	Liffey Valley M50+	01:27:04	
	Runner Name	Gross Time	Place(Cat) Score
	Arnaud BENJACAR	00:28:08	34 01:27:04
	Tom O'CONNOR	00:29:06	56 01:27:04
	Paul BALFE	00:29:51	72 01:27:04
4	Rathfarnham W.S.A.F. M50+	01:30:00	
	Runner Name	Gross Time	Place(Cat) Score
	Colm MURRAY	00:29:02	55 01:30:00
	Sean MCCREERY	00:29:14	62 01:30:00
	Martin KELLY	00:31:45	115 01:30:00
5	Raheny Shamrock M50+	01:35:31	
	Runner Name	Gross Time	Place(Cat) Score
	Michael KEHOE	00:31:25	110 01:35:31
	Keith FLEMING	00:31:42	114 01:35:31
	Brian MCWEENEY	00:32:25	128 01:35:31
6	Mullingar Harriers M50+	01:38:06	
	Runner Name	Gross Time	Place(Cat) Score
	Eddie NEWMAN	00:28:26	43 01:38:06
	Stephen NAUGHTON	00:30:51	91 01:38:06
	Nicky MCCABE	00:38:51	288 01:38:06
7	Sli Cualann M50+	01:39:08	
	Runner Name	Gross Time	Place(Cat) Score

Niall COPPINGER	00:30:16	83	01:39:08
Cormac CONROY	00:30:36	89	01:39:08
William BELTON	00:38:17	275	01:39:08