

CLONLIFFE HARRIERS A.C. A

	Runner	Name	Leg time (Gross)	Total time (Gross)	Total time
1	1	Stephen CASHIN	09:35	09:35	37.12
	2	Eoin PIERCE	04:23	13:57	
	3	Efrem GIDEY	13:45	27:41:00	
	4	Jayme ROSSITER	09:32	37:12:00	

DONORE HARRIERS A.C. A

	Runner	Name	Leg time (Gross)	Total time (Gross)	Total time
2	1	Kane COLLINS	09:44	09:44	38.21
	2	Jack BYRNE	04:55	14:39	
	3	John TRAVERS	13:58	28:37:00	
	4	Josh O'SULLIVAN-HOURIHAN	09:45	38:21:00	

ST ABBANS A.C.

	Runner	Name	Leg time (Gross)	Total time (Gross)	Total time
3	1	Cian KELLY	09:33	09:33	38.46
	2	William FOX	04:25	13:58	
	3	Jack FENLON	14:50	28:48:00	
	4	Brian KELLY	09:59	38:46:00	

RAHENY SHAMROCK A.C. A

	Runner	Name	Leg time (Gross)	Total time (Gross)	Total time
4	1	Kevin MORIARTY	09:36	09:36	38.47
	2	Jamie WHELAN	04:46	14:22	
	3	Kieran KELLY	14:26	28:47:00	
	4	Shane SPRING	10:00	38:47:00	

RATHFARNHAM W.S.A.F. A.C.

	Runner	Name	Leg time (Gross)	Total time (Gross)	Total time
5	1	Paul STEPHENSON	10:16	10:16	39.09
	2	Jared MURRAY	04:43	14:58	
	3	David SCANLON	14:55	19:53	
	4	Mitchell BYRNE	09:17	39:09:00	

NENAGH OLYMPIC A.C. MS

	Runner	Name	Leg time (Gross)	Total time (Gross)	Total time
6	1	James TANNER	09:50	09:50	39.15
	2	Daniel Ryan Ellis	04:36	14:26	
	3	Luke PURCELL	14:53	29.19	
	4	Cian HODGINS	09:56	39.15	

CLONLIFFE HARRIERS A.C. B

	Runner	Name	Leg time (Gross)	Total time (Gross)	Total time
7	1	Sean O'LEARY	09:39	09:39	39.37
	2	Sean CRONIN	04:27	14:06	
	3	Ben COUGHLAN	15:22	29:28:00	
	4	Niall CARBERY	10:09	39:37:00	

BROTHERS PEARSE A.C. A

	Runner	Name	Leg time (Gross)	Total time (Gross)	Total time
8	1	Conor DEANE	09:51	09:51	40.14
	2	Eddie O'CONNOR	04:42	14:32	
	3	Ieuan HOPKINS	14:53	29:24:00	
	4	Ian O'Reilly	10:51	40:14:00	

CRUSADERS A.C.

	Runner	Name	Leg time (Gross)	Total time (Gross)	Total time
9	1	Christopher RUSSELL	10:26	10:26	40.43
	2	Fearghal O'Hare	04:36	15:01	
	3	Colm PARNELL	15:23	30:23:00	
	4	Barry MCCARTHY	10:20	40:43:00	

LUCAN HARRIERS A.C A

	Runner	Name	Leg time (Gross)	Total time (Gross)	Total time
10	1	Dara DONOGHUE	10:01	10:01	40.52
	2	Benjamin CAULLIER	04:36	14:37	
	3	Dylan WRIGHT	15:26	30:02:00	
	4	Ciaran HUGHES	10:51	40:52:00	

RAHENY SHAMROCK A.C. B

	Runner	Name	Leg time (Gross)	Total time (Gross)	Total time
11	1	Dylan O'BRIEN	10:07	10:07	41.24
	2	Barry MEEHAN	04:51	14:58	
	3	Graham O'DWYER	15:54	30:52:00	
	4	Adam CONDON	10:33	41:24:00	

CORK TRACK CLUB

	Runner	Name	Leg time (Gross)	Total time (Gross)	Total time
12	1	James HAYES	10:03	10:03	41.31
	2	Matthew CROWLEY	04:58	15:01	
	3	Barry DONOVAN	15:24	30:24:00	
	4	Craig HARRINGTON	11:07	41:31:00	

CLONLIFFE HARRIERS A.C. C

	Runner	Name	Leg time (Gross)	Total time (Gross)	Total time
13	1	Mahad Mohamed Egaal JADDA	10:01	10:01	41.31
	2	Mark MCDONALD	04:49	14:49	
	3	Sean CARRIGG	15:54	30:43:00	
	4	Stephen LYONS	10:49	41:31:00	

CLONLIFFE HARRIERS A.C. D

	Runner	Name	Leg time (Gross)	Total time (Gross)	Total time
14	1	Lee DUDDY	10:31	10:31	41.56
	2	Lorcan BENJACAR	04:44	15:15	
	3	Sam MURRAY	16:21	31:36:00	
	4	Cillian KEEGAN	10:21	41:56:00	

CLONLIFFE HARRIERS A.C. E

	Runner	Name	Leg time (Gross)	Total time (Gross)	Total time
15	1	Rory QUILL	10:22	10:22	42.15
	2	Leon BRADY	04:49	15:11	
	3	Matei URSACHI	15:59	31:09:00	
	4	Tom BRESLIN	11:06	42:15:00	

LIFFEY VALLEY A.C.

	Runner	Name	Leg time (Gross)	Total time (Gross)	Total time
16	1	Mark NAYLOR	10:20	10:20	43.19
	2	Sergey DOLGY	05:12	15:32	
	3	Peter BOWE	16:40	32:11:00	
	4	Conor GALVIN	11:09	43:19:00	

LUCAN HARRIERS A.C. B

	Runner	Name	Leg time (Gross)	Total time (Gross)	Total time
17	1	Mateusz WANIC	10:19	10:19	43.47
	2	Ryan RAFTER	05:00	15:18	
	3	Alex O'BRIEN	17:11	32:29:00	
	4	Dylan DOOLEY	11:18	43:47:00	

RAHENY SHAMROCK A.C. C

	Runner	Name	Leg time (Gross)	Total time (Gross)	Total time
18	1	Kevin BYRNE	10:18	10:18	43.54
	2	Martin MCKENNA	05:01	15:19	
	3	Aaron TANSEY	16:52	32:10:00	
	4	Garreth HOGAN	11:45	43:54:00	

RAHENY SHAMROCK A.C. C

	Runner	Name	Leg time (Gross)	Total time (Gross)	Total time
19	1	Kevin BYRNE	10:18	10:18	43.54
	2	Martin MCKENNA	05:01	15:19	
	3	Aaron TANSEY	16:52	32:10:00	
	4	Garreth HOGAN	11:45	43:54:00	

DONORE HARRIERS A.C. B

	Runner	Name	Leg time (Gross)	Total time (Gross)	Total time
20	1	Simon O'TOOLE	10:46	10:46	44.31
	2	Luis Diego MARTINEZ TORRES	05:06	15:52	
	3	Danny O'SULLIVAN	16:35	32:26:00	
	4	Alan KINSELLA	12:05	44:31:00	

BRAY RUNNERS A.C. A

	Runner	Name	Leg time (Gross)	Total time (Gross)	Total time
21	1	Drew DONOHOE	10:18	10:18	45.37
	2	Max SINGLETON	05:31	15:49	
	3	Daniel RAKIC	18:59	34:47:00	
	4	Bobby MORE	10:50	45:37:00	

SPORTSWORLD RC

	Runner	Name	Leg time (Gross)	Total time (Gross)	Total time
22	1	David CASHMAN	11:34	11:34	45.51
	2	Donal BRENNAN	05:35	17:08	
	3	Richard MCKEON	17:25	34:33:00	
	4	Ben BUTLER	11:19	45:51:00	

CLONLIFFE HARRIERS A.C. F

	Runner	Name	Leg time (Gross)	Total time (Gross)	Total time
23	1	Oran MCGOWAN	10:48	10:48	45.58
	2	Daniel LACEY	05:10	15:58	
	3	Peter BISSETT	18:11	34:09:00	
	4	Ronan DONOHOE	11:50	45:58:00	

BRAY RUNNERS A.C. B

	Runner	Name	Leg time (Gross)	Total time (Gross)	Total time
24	1	Fionn BEGLEY	11:30	11:30	49.23
	2	Dominic HORAN	05:31	17:00	
	3	Rodrigo MOTTA	20:04	37:03:00	
	4	Finn CAMPBELL	12:21	49:23:00	