

| Bib No | Athletes | Club | Time | Position |
|--------|---|----------------------------------|-------|----------|
| 150 | Dylan TEMPLE Oliver MAGUIRE Molly GALLAGHER Jasmine BARRETT DOHERTY | Finn Valley A.C. A | 06:19 | 1 |
| 155 | Ryan MC MAHON Aaron ROONEY Daisy LEONARD Sine COYLE Jamie SHERLOCK Ailbhe SHERRY | Monaghan Phoenix A.C. | 06:27 | 2 |
| 140 | Doireann O DONOGHUE Joshua HUNT Lara WOODS Des WHITE | Blackrock (Dublin) A.C. E | 06:27 | 3 |
| 141 | Anna CLARKE Tadhg KIRRANE Ava MURPHY Henry GRIFFITH | Claremorris A.C. | 06:34 | 4 |
| 154 | Maia O CONNOR Sorcha O DRISCOLL Micheal LOWNEY Harry FRAWLEY Grace FORREST Michael CREEDON | Midleton A.C. | 06:44 | 5 |
| 157 | Daire POWER Aisling HEGARTY Oscar MULLINS Grace DOWNES Laoise HEGARTY | Skerries A.C. A | 06:49 | 6 |
| 151 | Jack LYNCH Michael BREEN Katie GALLAGHER Ciara MC CUSKER | Finn Valley A.C. B | 06:50 | 7 |
| 156 | Chloe O TOOLE Joe BYRNE Cillian O TOOLE Emelia BUTLER Molly MAHER Conor O BOYLE | Newbridge A.C. | 06:53 | 8 |
| 161 | Ruth BUCKLEY Anna DAFFY Fionn GOSLING Aaron GOSLING | Templeogue A.C. B | 06:54 | 9 |
| 160 | Ailbhe FINUCANE Lucy NOONE Jason DEEGAN Adam GLOVER | Templeogue A.C. A | 06:58 | 10 |
| 142 | Seamus PHELAN Darragh KIDD Faith HANLON Katie BANNON | Clonliffe Harriers A.C. A | 07:06 | 11 |

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|-----|---|-----------------------------|-------|----|
| 145 | Senan HONER Lidia STANIECKA James CLERKIN Lily HAYDEN Isobel DWYER Cillian MCGRATH | Dunboyne A.C. A | 07:07 | 12 |
| 146 | Ava HANWAY Donnacha LINEEN Alana MILLS Caimin DERMODY Kate BUTLER Joe BARKER | Dunboyne A.C. B | 07:07 | 13 |
| 152 | Rian MURPHY David DEEGAN Ellen FARRELL Laoise MOORE | Limerick A.C. A | 07:07 | 14 |
| 139 | Max MC DONALD Amelia BURNS Jamie WALSH Beth DRURY BYRNE | Blackrock (Dublin) A.C. D | 07:09 | 15 |
| 147 | Caolinn MORROW Lorena BUTLER Fionn HASSETT Adam O MAHONY | Dundrum South Dublin A.C. A | 07:11 | 16 |
| 159 | Ava FAY Stephanie CLARKE Cillian ABBOTT Liam O BRIEN | Tara A.C. | 07:14 | 17 |
| 158 | Molly COUGHLAN Geoff WALLS Hazel KEALY Harry MURPHY | Skerries A.C. B | 07:19 | 18 |
| 144 | Joshua JENNINGS Elliot RYAN Grace BYRNE India GILLIS | Clonliffe Harriers A.C. C | 07:26 | 19 |
| 153 | Rian MURPHY David DEEGAN Ellen FARRELL Laoise MOORE | Limerick A.C. B | 07:35 | 20 |
| 138 | Laura COLLUMB Iris PHILIPS Oisín O HARE James HUTTON | Blackrock (Dublin) A.C. C | 07:39 | 21 |
| 143 | Adam PHELAN Andrew LOW Bronagh HUGHES Hannah NIÁMHUIRCHEARTAIGH | Clonliffe Harriers A.C. B | 07:55 | 22 |
| 136 | Rory ENGLISH Sébastien FENNELL Maya MOBIUS Ciara SENGUPTA | Blackrock (Dublin) A.C. A | 08:09 | 23 |