

Irish Runner 5M - 12/06/2022

Female Individual

Pl.	Name	Club	Age Cat.	#	Gross	Net
1	Kate PURCELL	Raheny Shamrock A.C.	F35	282	28:30	28:30
2	Sile O'BYRNE	Sli Cualann A.C.	FS	93	28:57	28:56
3	Zoe QUINN	Raheny Shamrock A.C.	F45	105	29:36	29:36
4	Catherine O'CONNOR	Sli Cualann A.C.	F45	86	30:05	30:04
5	Julie MCGRATH	Crusaders A.C.	FS	56	30:46	30:43
6	Jen PRESTON	Liffey Valley A.C.	FS	281	31:00	30:58
7	Lisa WARD	Lucan Harriers A.C.	FS	270	31:01	31:00
8	Grace KENNEDY	Donore Harriers	F35	132	31:16	31:13
9	Sharon CANTWELL	Moyne A.C.	FS	143	31:18	31:17
10	Meghan O'KEEFFE	Clonliffe Harriers A.C.	FS	245	31:25	31:20
11	Ciara BRADY	Sportsworld A.C.	FS	109	31:29	31:27
12	Niamh O'SULLIVAN	An Ríocht A.C.	F60	7	31:35	31:34
13	Sinead TIGHE	Brothers Pearse A.C.	F45	126	31:45	31:45
14	Mollie O'DONNELL	Liffey Valley A.C.	FS	241	31:54	31:52
15	Lynne WHELEHAN SHEEHAN	Sli Cualann A.C.	F35	271	32:07	32:05
16	Mary WALSH	Raheny Shamrock A.C.	F45	106	32:46	32:45
17	Aoife CARROLL	Sportsworld A.C.	FS	70	32:48	32:42
18	Suzanne LUNDY	Brothers Pearse A.C.	F40	125	33:05	33:03
19	Brigid REILLY	Liffey Valley A.C.	F35	60	33:20	33:18
20	Rachel MURPHY	Liffey Valley A.C.	F40	72	33:43	33:38
21	Nicola LENEHAN	Sportsworld A.C.	F35	205	34:02	33:18
22	Breda SMYTH	Lucan Harriers A.C.	F50	76	34:33	34:30
23	Christine KINSELLA	Brothers Pearse A.C.	F45	201	34:37	34:33
24	Orla GORDON	Liffey Valley A.C.	F35	57	35:00	34:57
25	Claire MULLIGAN	Donore Harriers	F45	83	35:02	34:57
26	Debbie GRIFFIN	Sli Cualann A.C.	F55	283	35:02	34:58
27	Claire PHELAN	St Abbans A.C.	F35	253	35:15	35:08
28	Anne WHELAN	Lucan Harriers A.C.	F55	48	35:16	35:11
29	Deirdre NI CHEARBHAILL	Crusaders A.C.	F40	124	35:17	35:13
30	Sandra MCLAUGHLIN	Celbridge A.C.	F50	218	35:19	35:17
31	Hannah NOLAN	Sli Cualann A.C.	F40	87	35:24	35:22
32	Tricia GOUGH	Lucan Harriers A.C.	F50	178	35:33	35:27
33	Trish FITZGERALD	Raheny Shamrock A.C.	F55	29	35:33	35:28
34	Kathleen TRUNK	Lucan Harriers A.C.	F45	63	35:36	35:29
35	Rose KIDD	Raheny Shamrock A.C.	F50	5	35:41	35:35
36	Sharon WOODS	Crusaders A.C.	F50	273	35:42	35:37
37	Eileen KENNY	Athlone A.C.	F70	198	35:50	35:47
38	Aisling MCNALLY	Raheny Shamrock A.C.	F35	114	35:51	35:43
39	Adrienne ATKINS	Raheny Shamrock A.C.	F55	131	36:01	35:57
40	Siobhan NUGENT	Liffey Valley A.C.	FS	233	36:13	36:10
41	Deirdre MCCARTHY	Civil Service A.C.	FS	68	36:16	36:08
42	Sarah BENTON	North Down AC	F50	8	36:28	36:24
43	Linda CUNNINGHAM	Mullingar Harriers A.C.	F40	30	36:29	36:27

44	Margaret O'BRIEN	Donore Harriers	FS	237	36:32	36:27
45	Emer O'HANLON	Mullingar Harriers A.C.	F50	284	36:43	36:40
46	Orla DEIGHAN	Clonliffe Harriers A.C.	F45	53	36:44	36:37
47	Nora BYRNE	Raheny Shamrock A.C.	F55	141	36:44	36:40
48	Maria POZO	Civil Service A.C.	F45	46	37:05	36:57
49	Sharon WHEELER	Sli Cualann A.C.	F40	102	37:08	37:05
50	Michelle MCCABE	Celbridge A.C.	F50	115	37:27	37:25
51	Lucy DARCY	Sportsworld A.C.	F50	108	37:41	37:37
52	Caroline MULLEN	Mullingar Harriers A.C.	F50	221	37:45	37:38
53	Brigid MCCABE	Mullingar Harriers A.C.	F65	95	37:46	37:44
54	Deborah KELLY	Brothers Pearse A.C.	F50	192	37:56	37:50
55	Ingrid MCGOVERN	Brothers Pearse A.C.	F50	217	37:57	37:50
56	Karen SHEEHAN	LOVE2RUN A.C.	F40	259	38:11	38:02
57	Angela EUSTACE	Donore Harriers	F50	166	38:18	38:12
58	Carmel HENRY	Clane A.C.	F50	184	38:29	36:51
59	Avril KEANE	Mullingar Harriers A.C.	F40	188	38:48	38:42
60	Lorraine HEFFERNAN	Lucan Harriers A.C.	F50	182	38:55	38:48
61	Claire JOYCE	Lucan Harriers A.C.	F40	187	39:09	39:03
62	Irene O'KEEFFE	Rathfarnham W.S.A.F. A.C.	F50	244	39:19	39:12
63	Eileen ROWLAND	Sportsworld A.C.	F60	45	39:20	38:36
64	Bernie STAPLETON	Lucan Harriers A.C.	F50	264	39:22	39:15
65	Anne SWEENEY	Sportsworld A.C.	F50	265	39:32	38:48
66	Martina NOLAN-JONES	Sportsworld A.C.	F45	231	39:42	38:58
67	Fiona LEHENY	Sportsworld A.C.	F45	204	39:48	39:03
68	Carmel BREEN	Sportsworld A.C.	F35	140	40:35	39:51
69	Edith COAKLEY	Lucan Harriers A.C.	F45	642	40:38	40:33
70	Valerie LACEY-POWER	Sportsworld A.C.	F50	202	40:54	40:10
71	Joanne REID	Na Fianna A.C.	F40	256	41:20	39:52
72	Catherine KELLY	Rathfarnham W.S.A.F. A.C.	F60	196	41:22	41:16
73	Paula SIMPSON	North Down AC	F50	9	41:58	41:54
74	Catherine GILMORE	Sportsworld A.C.	F55	177	42:38	41:53
75	Jackie KINGSTON	Rathfarnham W.S.A.F. A.C.	F55	6	43:06	42:59
76	Ellen LAVIN	Sportsworld A.C.	F60	203	43:14	42:29
77	Mary COLCLOUGH	Sportsworld A.C.	F45	146	43:16	41:47
78	Meabh HICKEY	Rathfarnham W.S.A.F. A.C.	F50	79	43:24	41:44
79	Sinead FARRELL	Lucan Harriers A.C.	F40	26	43:36	43:29
80	Eileen O'BRIEN	Lucan Harriers A.C.	F70	236	43:37	43:32
81	Audrai O'DRISCOLL	Sportsworld A.C.	F55	107	44:24	43:39
82	Lydia DONLON	LOVE2RUN A.C.	F40	159	44:53	43:18
83	Eimear O'CONNOR	Le Chéile A.C.	F40	51	45:53	44:17
84	Clare HARTE	LSA	F40	181	46:53	45:09
85	Fiona HEGARTY	Lucan Harriers A.C.	F45	183	46:54	46:51
86	Bronwyn MURPHY WHITE	Sportsworld A.C.	F40	225	48:18	47:34
87	Marie NORRIS	Civil Service A.C.	F50	232	48:50	47:06
88	Claire LONERGAN	DSD AC	F35	39	48:54	46:13
89	Ciara CULLEN	LSA	F40	18	50:34	47:52
90	Mary MCGARRY	LOVE2RUN A.C.	F60	638	52:19	49:31

91	Christina DOWLING	Ratoath A.C.	F40	286	55:38	52:50
92	Irene NAMUGERE	Lucan Harriers A.C.	F60	227	57:47	56:10
93	Josephine DIGNAM	Lucan Harriers A.C.	F65	27	1:08:38	1:07:00

Female 35+ Individual

Positiior	Name	Club	Bib No.	Gross	Net	
1	Kate PURCELL	Raheny Shamrock A.C.	282	28:30:00	28:30:00	
2	Grace KENNEDY	Donore Harriers	132	31:16:00	31:13:00	1 st
3	Lynne WHELEHAN SHEEHAN	Sli Cualann A.C.	271	32:07:00	32:05:00	2 nd
4	Brigid REILLY	Liffey Valley A.C.	60	33:20:00	33:18:00	3 rd
5	Nicola LENEHAN	Sportsworld A.C.	205	34:02:00	33:18:00	
6	Orla GORDON	Liffey Valley A.C.	57	35:00:00	34:57:00	
7	Claire PHELAN	St Abbans A.C	253	35:15:00	35:08:00	
8	Aisling MCNALLY	Raheny Shamrock A.C.	114	35:51:00	35:43:00	
9	Carmel BREEN	Sportsworld A.C.	140	40:35:00	39:51:00	
10	Claire LONERGAN	DSD AC	39	48:54:00	46:13:00	

Female 40+ Individual

Positiior	Name	Club	Bib No.	Gross	Net	
1	Suzanne LUNDY	Brothers Pearse A.C.	125	33:05:00	33:03:00	
2	Rachel MURPHY	Liffey Valley A.C.	72	33:43:00	33:38:00	
3	Deirdre NI CHEARBHAILL	Crusaders A.C.	124	35:17:00	35:13:00	
4	Hannah NOLAN	Sli Cualann A.C.	87	35:24:00	35:22:00	
5	Linda CUNNINGHAM	Mullingar Harriers A.C.	30	36:29:00	36:27:00	
6	Sharon WHEELER	Sli Cualann A.C.	102	37:08:00	37:05:00	
7	Karen SHEEHAN	LOVE2RUN A.C.	259	38:11:00	38:02:00	
8	Avril KEANE	Mullingar Harriers A.C.	188	38:48:00	38:42:00	
9	Claire JOYCE	Lucan Harriers A.C.	187	39:09:00	39:03:00	
10	Joanne REID	Na Fianna A.C.	256	41:20:00	39:52:00	
11	Sinead FARRELL	Lucan Harriers A.C.	26	43:36:00	43:29:00	
12	Lydia DONLON	LOVE2RUN A.C.	159	44:53:00	43:18:00	
13	Eimear O'CONNOR	Le Chéile A.C.	51	45:53:00	44:17:00	
14	Clare HARTE	LSA	181	46:53:00	45:09:00	
15	Bronwyn MURPHY WHITE	Sportsworld A.C.	225	48:18:00	47:34:00	
16	Ciara CULLEN	LSA	18	50:34:00	47:52:00	
17	Christina DOWLING	Ratoath A.C.	286	55:38:00	52:50:00	

Female 45+ Individual

Positiior	Name	Club	Bib No.	Gross	Net	
1	Zoe QUINN	Raheny Shamrock A.C.	105	29:36:00	29:36:00	
2	Catherine O'CONNOR	Sli Cualann A.C.	86	30:05:00	30:04:00	1 st
3	Sinead TIGHE	Brothers Pearse A.C.	126	31:45:00	31:45:00	2 nd
4	Mary WALSH	Raheny Shamrock A.C.	106	32:46:00	32:45:00	3 rd
5	Christine KINSELLA	Brothers Pearse A.C.	201	34:37:00	34:33:00	
6	Claire MULLIGAN	Donore Harriers	83	35:02:00	34:57:00	
7	Kathleen TRUNK	Lucan Harriers A.C.	63	35:36:00	35:29:00	
8	Orla DEIGHAN	Clonliffe Harriers A.C.	53	36:44:00	36:37:00	
9	Maria POZO	Civil Service A.C.	46	37:05:00	36:57:00	
10	Martina NOLAN-JONES	Sportsworld A.C.	231	39:42:00	38:58:00	
11	Fiona LEHENY	Sportsworld A.C.	204	39:48:00	39:03:00	
12	Edith COAKLEY	Lucan Harriers A.C.	642	40:38:00	40:33:00	
13	Mary COLCLOUGH	Sportsworld A.C.	146	43:16:00	41:47:00	
14	Fiona HEGARTY	Lucan Harriers A.C.	183	46:54:00	46:51:00	

Female 50+ Individual

Positiior	Name	Club	Bib No.	Gross	Net	
1	Breda SMYTH	Lucan Harriers A.C.	76	34:33:00	34:30:00	
2	Sandra MCLAUGHLIN	Celbridge A.C.	218	35:19:00	35:17:00	
3	Tricia GOUGH	Lucan Harriers A.C.	178	35:33:00	35:27:00	
4	Rose KIDD	Raheny Shamrock A.C.	5	35:41:00	35:35:00	
5	Sharon WOODS	Crusaders A.C.	273	35:42:00	35:37:00	
6	Sarah BENTON	North Down AC	8	36:28:00	36:24:00	
7	Emer O'HANLON	Mullingar Harriers A.C.	284	36:43:00	36:40:00	
8	Michelle MCCABE	Celbridge A.C.	115	37:27:00	37:25:00	
9	Lucy DARCY	Sportsworld A.C.	108	37:41:00	37:37:00	
10	Caroline MULLEN	Mullingar Harriers A.C.	221	37:45:00	37:38:00	
11	Deborah KELLY	Brothers Pearse A.C.	192	37:56:00	37:50:00	
12	Ingrid MCGOVERN	Brothers Pearse A.C.	217	37:57:00	37:50:00	
13	Angela EUSTACE	Donore Harriers	166	38:18:00	38:12:00	
14	Carmel HENRY	Clane A.C.	184	38:29:00	36:51:00	
15	Lorraine HEFFERNAN	Lucan Harriers A.C.	182	38:55:00	38:48:00	
16	Irene O'KEEFFE	Rathfarnham W.S.A.F. A.C.	244	39:19:00	39:12:00	
17	Bernie STAPLETON	Lucan Harriers A.C.	264	39:22:00	39:15:00	
18	Anne SWEENEY	Sportsworld A.C.	265	39:32:00	38:48:00	
19	Valerie LACEY-POWER	Sportsworld A.C.	202	40:54:00	40:10:00	
20	Paula SIMPSON	North Down AC	9	41:58:00	41:54:00	
21	Meabh HICKEY	Rathfarnham W.S.A.F. A.C.	79	43:24:00	41:44:00	
22	Marie NORRIS	Civil Service A.C.	232	48:50:00	47:06:00	

Female 55+ Individual

Positior	Name	Club	Bib No.	Gross	Net
1	Debbie GRIFFIN	Sli Cualann A.C.	283	35:02:00	34:58:00
2	Anne WHELAN	Lucan Harriers A.C.	48	35:16:00	35:11:00
3	Trish FITZGERALD	Raheny Shamrock A.C.	29	35:33:00	35:28:00
4	Adrienne ATKINS	Raheny Shamrock A.C.	131	36:01:00	35:57:00
5	Nora BYRNE	Raheny Shamrock A.C.	141	36:44:00	36:40:00
6	Catherine GILMORE	Sportsworld A.C.	177	42:38:00	41:53:00
7	Jackie KINGSTON	Rathfarnham W.S.A.F. A.C.	6	43:06:00	42:59:00
8	Audrai O'DRISCOLL	Sportsworld A.C.	107	44:24:00	43:39:00

Female 60+ Individual

Positior	Name	Club	Bib No.	Gross	Net
1	Niamh O'SULLIVAN	An Ríocht A.C.	7	31:35:00	31:34:00
2	Eileen ROWLAND	Sportsworld A.C.	45	39:20:00	38:36:00
3	Catherine KELLY	Rathfarnham W.S.A.F. A.C.	196	41:22:00	41:16:00
4	Ellen LAVIN	Sportsworld A.C.	203	43:14:00	42:29:00
5	Mary MCGARRY	LOVE2RUN A.C.	638	52:19:00	49:31:00
6	Irene NAMUGERE	Lucan Harriers A.C.	227	57:47:00	56:10:00

Female 65+ Individual

Positior	Name	Club	Bib No.	Gross	Net
1	Brigid MCCABE	Mullingar Harriers A.C.	95	37:46:00	37:44:00
2	Josephine DIGNAM	Lucan Harriers A.C.	27	01:08:38	01:07:00

Female 70+ Individual

Positior	Name	Club	Bib No.	Gross	Net
1	Eileen KENNY	Athlone A.C.	198	35:50	35:47
2	Eileen O'BRIEN	Lucan Harriers A.C.	236	43:37	43:32

FEMALE SENIOR TEAM RESULTS

Place	Team	Gross Time	Place(Cat)	Score
1	Raheny Shamrock A.C.	01:30:51		
	Runner Name	Gross Time	Place(Cat)	Score
	Kate PURCELL	00:28:30	44	01:30:51
	Zoe QUINN	00:29:36	68	01:30:51
	Mary WALSH	00:32:46	140	01:30:51
2	Sli Cualann A.C.	01:31:08		
	Runner Name	Gross Time	Place(Cat)	Score

Sile O'BYRNE	00:28:57	52	01:31:08
Catherine O'CONNOR	00:30:05	80	01:31:08
Lynne WHELEHAN SHEEHAN	00:32:07	124	01:31:08

3	Liffey Valley A.C.	01:36:13	
Runner Name	Gross Time	Place(Cat)	Score
Jen PRESTON	00:31:00	96	01:36:13
Mollie O'DONNELL	00:31:54	120	01:36:13
Brigid REILLY	00:33:20	150	01:36:13

4	Sportsworld A.C.	01:38:19	
Runner Name	Gross Time	Place(Cat)	Score
Ciara BRADY	00:31:29	111	01:38:19
Aoife CARROLL	00:32:48	143	01:38:19
Nicola LENEHAN	00:34:02	162	01:38:19

5	Crusaders A.C.	01:41:44	
Runner Name	Gross Time	Place(Cat)	Score
Julie MCGRATH	00:30:46	90	01:41:44
Deirdre NI CHEARBHAILL	00:35:17	193	01:41:44
Sharon WOODS	00:35:42	211	01:41:44

6	Lucan Harriers A.C.	01:45:45	
Runner Name	Gross Time	Place(Cat)	Score
Lisa WARD	00:31:01	97	01:45:45
Kathleen TRUNK	00:35:36	207	01:45:45
Claire JOYCE	00:39:09	297	01:45:45

7	Civil Service A.C.	02:02:09	
Runner Name	Gross Time	Place(Cat)	Score
Deirdre MCCARTHY	00:36:16	225	02:02:09
Maria POZO	00:37:05	247	02:02:09
Marie NORRIS	00:48:50	554	02:02:09

FEMALE 35+ TEAM RESULTS

Place	Team	Gross Points	Score
1	Brothers Pearse F35+	01:39:27	
Runner Name	Gross Time	Place(Cat)	Score
Deirdre TIG	00:31:45	116	01:39:27
Lynne LU	00:33:05	148	01:39:27
Shirley KIN	00:34:37	170	01:39:27
2	Donore Harriers F35+	01:44:35	
Runner Name	Gross Time	Place(Cat)	Score
Shirley KENN	00:31:16	103	01:44:35

e MULL	00:35:02	180	01:44:35
ela EUST	00:38:18	276	01:44:35

3 Raheny Shamrock F35+ 01:47:04

Runner Name	Gross Time	Place(Cat)	Score
FITZGE	00:35:33	206	01:47:04
ose KID	00:35:41	210	01:47:04
rg MCN	00:35:51	214	01:47:04

4 Sli Cualann F35+ 01:47:34

Runner Name	Gross Time	Place(Cat)	Score
bie GRIL	00:35:02	181	01:47:34
nah NO	00:35:24	201	01:47:34
on WHE	00:37:08	249	01:47:34

5 Sportsworld F35+ 01:53:30

Runner Name	Gross Time	Place(Cat)	Score
la LENE	00:34:02	162	01:53:30
l NOLAN	00:39:42	312	01:53:30
na LEHE	00:39:48	315	01:53:30

6 Lucan Harriers F35+ 02:11:08

Runner Name	Gross Time	Place(Cat)	Score
h COAK	00:40:38	338	02:11:08
ad FARI	00:43:36	414	02:11:08
ia HEGA	00:46:54	508	02:11:08

7 LOVE2RUN F35+ 02:15:22

Runner Name	Gross Time	Place(Cat)	Score
in SHEE	00:38:11	272	02:15:22
ia DONI	00:44:53	458	02:15:22
y MCGA	00:52:19	631	02:15:22

FEMALE 50+ TEAM RESULTS

Place	Team	Gross Points	Score
1	Lucan Harriers F50+	01:45:21	
Runner Name	Gross Time	Place(Cat)	Score
eda SMY	00:34:33	168	01:45:21
ie WHEL	00:35:16	192	01:45:21
cia GOU	00:35:33	204	01:45:21
2	Mullingar Harriers F50+	01:52:13	
Runner Name	Gross Time	Place(Cat)	Score
r O'HAN	00:36:43	237	01:52:13
line MU	00:37:45	259	01:52:13

id MCC	00:37:46	260	01:52:13
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3 Sportsworld F50+ 01:56:32

Runner Name	Gross Time	Place(Cat)	Score
icy DARI	00:37:41	257	01:56:32
n ROWI	00:39:20	302	01:56:32
e SWEE	00:39:32	308	01:56:32

4 Rathfarnham W.S.A.F. F50+ 02:03:46

Runner Name	Gross Time	Place(Cat)	Score
ie O'KEE	00:39:19	301	02:03:46
erine K	00:41:22	361	02:03:46
e KING	00:43:06	403	02:03:46