

U20 Men

- 1** Keelan Kilrehill - Moy Valley
- 2** Damian Madigan - North Cork
- 3** Jack Moran - Mullingar Harriers
- 4** Sean Corry - Omagh Harriers

U20 Women

- Abbie Taylor - DSD
- Claire Rafter - Tullamore Harriers
- Roseanne McCullough - DSD
- Laura Nicholson - Bandon