



Sustainability Register

As detailed in our sustainability policy, Athletics Ireland will maintain and manage a sustainability register based on the United Nations Climate Change principles. This register is a living document detailing actions currently in place.

We are committed to implementing positive change in the five areas below;

1. Energy:

- Reducing our carbon footprint as part of a carbon management strategy.
- Optimising energy efficiency and conservation in all operations, where possible.
- Controlling and managing energy efficiency in our business and promoting energy efficiency.
- Reducing the impact of transportation in our business activities.

Actions

New AI Office heating is thermostatically controlled and air to water green electricity technology
All lighting in office is LED so approximately 30% electricity use of old lights
Electricity supplied by Wind and Green Suppliers
Avoid physically travelling to meetings etc. where alternatives are available and practical, such as using teleconferencing and web cams.
Ensure efficient timing of meetings and site visits to avoid multiple trips.
Share a car where more than one employee is attending a meeting in the same place unless there is a valid reason not to.
Where possible walk, cycle or use public transport to travel to our offices, attend meetings, conferences etc. particularly when attending multiple locations close together or working from alternative locations.

2. Waste:

- Actively promoting reduce, reuse and recycling both internally and amongst our members, volunteers and suppliers.
- Minimising waste generation by applying reuse and recycle options where possible.
- Minimising waste generation and unnecessary resource usage during the stages of planning, design and operation of new and existing business activities.

Actions

Minimise our use of paper and other office consumables, for example by double-siding all printing and avoiding the use of colour printing where appropriate and identifying opportunities to reduce waste.
Paperless Office - All suppliers send invoices as attachments via email. These are approved and authorised for payment via staff email and saved to a shared drive so no paper is generated.
All payments are transacted online via internet banking.
All customers are emailed invoices so no paper/envelopes
All membership and entry fees are facilitated online and paid via credit/debit card
Entries all facilitated online, and participants bring proof of entry on their mobile phone
All office waste is sorted into recycle bins

3. Continuous Improvement:

- Developing specific objectives and improvement goals to continually improve our environmental performance.
- Setting objectives and targets for continuous improvement. Measure and review our performance regularly and communicate our results.
- On-going performance improvement in minimising environmental impacts of our business.

Actions

Objectives to be developed and recorded on this register document.
Keep energy usage low; ensure that all lights and electrical items are switched off when not in use and employees are leaving the office.
Establish purchasing strategies to buy products with a lower environmental impact, i.e. environmentally friendly cleaning products, soaps and detergents.
Only printing documents when absolutely necessary.

4. Procurement:

- Ensuring environmental practices are included in our assessment of suppliers and contractors and that their performance in this area forms part of the selection criteria utilised.
- Purchasing products and services that have the least known environmental impact, where this is feasible.
- Encouraging suppliers and contractors to implement sustainable environmental systems.
- Minimising the use of hazardous chemicals and solvents and instructing agents acting on behalf to do the same.
- Using materials, fittings and furnishings from sustainable sources where feasible.

Actions

Water - Using Tetra Pak 500ml Water (v Single Use Plastic Bottles) and Tetra Pak will be recycled post event
Tee shirts now an optional extra for races
Encourage the use of fair-trade and/or organic food and beverages.
Ensure where possible that timber furniture, and any other timber products, are recycled or from well-managed, sustainable sources
Communication with suppliers of our commitment to sustainability.
As far as possible arrange for the re-use or recycling of office equipment by purchasing energy efficient equipment and promoting good housekeeping practices.
Reduce our consumption of single-use plastic products, by seeking out sustainable suppliers and refilling items such as toner cartridges and hand-soap dispensers.

5. Awareness / Training:

- Encouraging environmental awareness among our members, volunteers and employees through appropriate communication and training programmes.
- Promoting environmental awareness throughout our business.
- Ensuring that all employees understand our environmental policy and conform to its standards where practically possible.
- Ongoing / continuous training of all staff in environment related issues.
- Ensuring we have access to environmental related material and provide training to assist in the continuous professional development in this area.

Actions



Sustainability Register

Take action by advising our members on how they can improve their sustainability through our club development manager
Establish an annual educational update for staff on sustainability