

Transfer List April 2019

First Name	Last Name	Outgoing Club	Incoming Club	Outgoing County	Incoming County	Inter County
Sean	Doyle	An Bru A.C.	North Cork A.C.	Limerick	Cork	Yes
Philip	Kearney	An Riocht A.C.	Ennis Track A.C.	Kerry	Clare	Yes
Ruan	Flynn	Ardee & District A.C.	Carrick Aces A.C.	Louth	Monaghan	Yes
Fia	de Paor	Ardmore A.C.	West Waterford A.C.	Waterford	Waterford	No
Luisne	de Paor	Ardmore A.C.	West Waterford A.C.	Waterford	Waterford	No
Aoibhe	Deeley	Athenry A.C.	Galway City Harriers A.C.	Galway	Galway	No
Calum	Healy	Athenry A.C.	Galway City Harriers A.C.	Galway	Galway	No
Eimear	Butler	Athenry A.C.	Galway City Harriers A.C.	Galway	Galway	No
Leonore	Church	Athenry A.C.	Craughwell A.C.	Galway	Galway	No
Maggie	Vahey	Athenry A.C.	Galway City Harriers A.C.	Galway	Galway	No
Mary	Kealy	Athenry A.C.	Galway City Harriers A.C.	Galway	Galway	No
Nina	Keane	Athenry A.C.	Tuam A.C.	Galway	Galway	No
Paul	Dolan	Athenry A.C.	Thurles Crokes A.C.	Galway	Tipperary	Yes
Evan	Murphy	B.M.O.H. A.C.	Shannon A.C.	Clare	Clare	No
Eoin	Housley	Balbriggan & District	Clonliffe Harriers A.C.	Dublin	Dublin	No
Neal	Hogan	Balbriggan & District	Lusk A.C.	Dublin	Dublin	No
Ronan	Hartnett	Balbriggan & District	Lusk A.C.	Dublin	Dublin	No
Alannah	O Flaherty	Ballincollig A.C.	Leevale A.C.	Cork	Cork	No
Niamh	McDonagh	Ballincollig A.C.	Belgooly A.C.	Cork	Cork	No
Denise	Dullea	Ballintotis Fit4Life	Eagle A.C.	Cork	Cork	No
Aine	Sheridan	Ballymore Cobh A.C.	Carraig-Na-Bhfear A.C.	Cork	Cork	No
Ann	Cooke	Ballymore Cobh A.C.	St. Finbarrs A.C.	Cork	Cork	No
John	O'Brien	Ballymore Cobh A.C.	St. Finbarrs A.C.	Cork	Cork	No
Tomasz	Krawczyk	Ballymore Cobh A.C.	Cork Track Club	Cork	Cork	No
Ben	O Mara	Ballyroan Abbeyleix & District A.C.	St. Abbans A.C.	Laois	Laois	No
James	O Mara	Ballyroan Abbeyleix & District A.C.	St. Abbans A.C.	Laois	Laois	No
Kaylah	O Mara	Ballyroan Abbeyleix & District A.C.	St. Abbans A.C.	Laois	Laois	No
Leon	O'Shea	Bandon A.C.	Doheny A.C.	Cork	Cork	No
Leonie	Weir	Bandon A.C.	Waterstown Warriors A.C.	Cork	Dublin	Yes
Noah	O'Shea	Bandon A.C.	Doheny A.C.	Cork	Cork	No
Killian	Fitzpatrick	Belgooly A.C.	Riverstick/Kinsale A.C.	Cork	Cork	No
Faye	Tinsley	Blackrock (Louth) A.C.	St. Peter's A.C.	Louth	Louth	No
Francois	van Heerden	Blackrock (Louth) A.C.	Dundealgan A.C.	Louth	Louth	No
Oliver	Gormley	Blackrock (Louth) A.C.	Dundealgan A.C.	Louth	Louth	No
Phillip De Wet	van Heerden	Blackrock (Louth) A.C.	Dundealgan A.C.	Louth	Louth	No
Geraldine	Gill	Bohermeen A.C.	St. Brigids A.C.	Meath	Meath	No
Eoin	Kelly	Borrisokane A.C.	Nenagh Olympic A.C.	Tipperary	Tipperary	No

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Alex	Robertson	Boyne A.C.	Ace A.C.	Louth	Louth	No
Allie	Garcia	Boyne A.C.	Ace A.C.	Louth	Louth	No
Amelia	Lawrence	Boyne A.C.	Ace A.C.	Louth	Louth	No
Angela	Kearney	Boyne A.C.	Ace A.C.	Louth	Louth	No
Anna	Faulkner	Boyne A.C.	Ace A.C.	Louth	Louth	No
Anne Marie	Garcia	Boyne A.C.	Ace A.C.	Louth	Louth	No
Ava	Lindsay	Boyne A.C.	Ace A.C.	Louth	Louth	No
Ben	Hughes	Boyne A.C.	Ace A.C.	Louth	Louth	No
Caelan	Quinn	Boyne A.C.	Ace A.C.	Louth	Louth	No
Caer	Ni Ghibne	Boyne A.C.	Ace A.C.	Louth	Louth	No
Callum	Sheedy	Boyne A.C.	Ace A.C.	Louth	Louth	No
Cathal	O Donnell	Boyne A.C.	Ace A.C.	Louth	Louth	No
Chloe	Cooney	Boyne A.C.	Ace A.C.	Louth	Louth	No
Chloe	Hanley	Boyne A.C.	Ace A.C.	Louth	Louth	No
Christian	Quinn	Boyne A.C.	Ace A.C.	Louth	Louth	No
Cliodhna	Nolan	Boyne A.C.	Ace A.C.	Louth	Louth	No
Colin	McHugh	Boyne A.C.	Ace A.C.	Louth	Louth	No
Cormac	Mc Evoy	Boyne A.C.	Ace A.C.	Louth	Louth	No
Cornelia	McHugh	Boyne A.C.	Ace A.C.	Louth	Louth	No
Cyril	Traynor	Boyne A.C.	Ace A.C.	Louth	Louth	No
Daniel	Hanley	Boyne A.C.	Ace A.C.	Louth	Louth	No
Danny	Nugent	Boyne A.C.	Ace A.C.	Louth	Louth	No
Daragh	Peters	Boyne A.C.	Ace A.C.	Louth	Louth	No
Eabha	Cosgrove	Boyne A.C.	Ace A.C.	Louth	Louth	No
Eadaoin	Carroll	Boyne A.C.	Ace A.C.	Louth	Louth	No
Edel	Gartland	Boyne A.C.	Ace A.C.	Louth	Louth	No
Eimear	Cooney	Boyne A.C.	Ace A.C.	Louth	Louth	No
Ella	McLoughlin	Boyne A.C.	Ace A.C.	Louth	Louth	No
Emmett	Mc Evoy	Boyne A.C.	Ace A.C.	Louth	Louth	No
Eva	Cummins	Boyne A.C.	Drogheda & District A.C.	Louth	Louth	No
Fergus	Nolan	Boyne A.C.	Ace A.C.	Louth	Louth	No
Gabbie	Peters	Boyne A.C.	Ace A.C.	Louth	Louth	No
Isabella	Garcia	Boyne A.C.	Ace A.C.	Louth	Louth	No
Jack	Mc Donnell	Boyne A.C.	Ace A.C.	Louth	Louth	No
James	Bull	Boyne A.C.	Ace A.C.	Louth	Louth	No
James	Shiels	Boyne A.C.	Ace A.C.	Louth	Louth	No
Jennifer	Brennan	Boyne A.C.	Ace A.C.	Louth	Louth	No

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Joe	Carroll	Boyne A.C.	Drogheda & District A.C.	Louth	Louth	No
Jonathan	McCabe	Boyne A.C.	Ace A.C.	Louth	Louth	No
Joshua	Nulty	Boyne A.C.	Ace A.C.	Louth	Louth	No
Judith	Faulkner	Boyne A.C.	Ace A.C.	Louth	Louth	No
Julie	O Shea	Boyne A.C.	Ace A.C.	Louth	Louth	No
Kate	Culhane	Boyne A.C.	Ace A.C.	Louth	Louth	No
Kate	O Donnell	Boyne A.C.	Ace A.C.	Louth	Louth	No
Kilian	McLoughlin	Boyne A.C.	Ace A.C.	Louth	Louth	No
Lauren	Faulkner	Boyne A.C.	Ace A.C.	Louth	Louth	No
Leon	Regan	Boyne A.C.	Ace A.C.	Louth	Louth	No
Liam	Cooney	Boyne A.C.	Ace A.C.	Louth	Louth	No
Lili	O'Connor	Boyne A.C.	Ratoath A.C.	Louth	Meath	Yes
Lily	Cummins	Boyne A.C.	Drogheda & District A.C.	Louth	Louth	No
Lisa	Reynolds	Boyne A.C.	Ace A.C.	Louth	Louth	No
Lorcan	Forde Dunne	Boyne A.C.	Ace A.C.	Louth	Louth	No
Luca	Mc Loughlin	Boyne A.C.	Ace A.C.	Louth	Louth	No
Luke	Mc Donnell	Boyne A.C.	Ace A.C.	Louth	Louth	No
Martin	Peters	Boyne A.C.	Ace A.C.	Louth	Louth	No
Meadhbh	Nolan	Boyne A.C.	Ace A.C.	Louth	Louth	No
Naiya	Semple	Boyne A.C.	Ace A.C.	Louth	Louth	No
Nathan	Robertson	Boyne A.C.	Ace A.C.	Louth	Louth	No
Neil	Culhane	Boyne A.C.	Ace A.C.	Louth	Louth	No
Niamh	Faulkner	Boyne A.C.	Ace A.C.	Louth	Louth	No
Nicola	Finegan	Boyne A.C.	Ace A.C.	Louth	Louth	No
Oisin	O'Gibne	Boyne A.C.	Ace A.C.	Louth	Louth	No
Olive	Carroll	Boyne A.C.	Ace A.C.	Louth	Louth	No
Olivia	Nelson	Boyne A.C.	Ace A.C.	Louth	Louth	No
Paddy	Clarke	Boyne A.C.	Ace A.C.	Louth	Louth	No
Paddy	Price	Boyne A.C.	Ace A.C.	Louth	Louth	No
Peter	Price	Boyne A.C.	Ace A.C.	Louth	Louth	No
Rhys	Clarke	Boyne A.C.	Ace A.C.	Louth	Louth	No
Robert	Faulkner	Boyne A.C.	Ace A.C.	Louth	Louth	No
roisin	kennedy	Boyne A.C.	Ace A.C.	Louth	Louth	No
Ruarcan	O'Gibne	Boyne A.C.	Ace A.C.	Louth	Louth	No
Ryan	Holcroft	Boyne A.C.	Ace A.C.	Louth	Louth	No
Sally	Clarke	Boyne A.C.	Dunleer A.C.	Louth	Louth	No
Saran	Meite	Boyne A.C.	Ace A.C.	Louth	Louth	No

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Shea	O Donnell	Boyne A.C.	Ace A.C.	Louth	Louth	No
Sholah	Lawrence	Boyne A.C.	Ace A.C.	Louth	Louth	No
Shruthi	Prasad	Boyne A.C.	Ace A.C.	Louth	Louth	No
Sinéad	Uí Ghibne	Boyne A.C.	Ace A.C.	Louth	Louth	No
Sophie	Gartland	Boyne A.C.	Ace A.C.	Louth	Louth	No
Tadhg	Forde Dunne	Boyne A.C.	Ace A.C.	Louth	Louth	No
Tadhg	Everitt Thompson	Boyne A.C.	Drogheda & District A.C.	Louth	Louth	No
Tara	Meier	Boyne A.C.	Raheny Shamrock A.C.	Louth	Dublin	Yes
Tegan	Semple	Boyne A.C.	Ace A.C.	Louth	Louth	No
Tom	Cummins	Boyne A.C.	Drogheda & District A.C.	Louth	Louth	No
Holly	Burke	Carraig-Na-Bhfear A.C.	Watergrasshill A.C.	Cork	Cork	No
Aine	McAree	Carrick Aces A.C.	Monaghan Phoenix A.C.	Monaghan	Monaghan	No
Isabella	Caraher	Carrick Aces A.C.	Glaslough Harriers A.C.	Monaghan	Monaghan	No
Geraldine	Kelly	Carrick-on-Shannon A.C.	Boyle A.C.	Leitrim	Roscommon	Yes
Susanne	O'Beirne	Carrick-on-Shannon A.C.	North Leitrim A.C.	Leitrim	Leitrim	No
Lisa	Maher	Castlecomer A.C.	Kilkenny City Harriers A.C.	Kilkenny	Kilkenny	No
Noel	Maher	Castlecomer A.C.	Kilkenny City Harriers A.C.	Kilkenny	Kilkenny	No
Alan	Warde	Castlegar A.C.	Craughwell A.C.	Galway	Galway	No
Rachel	Warde	Castlegar A.C.	Craughwell A.C.	Galway	Galway	No
Ronnie	Warde	Castlegar A.C.	Craughwell A.C.	Galway	Galway	No
Christy	Maloney	Celbridge A.C.	Clane A.C.	Kildare	Kildare	No
Lily	Daniere-Doyle	Celbridge A.C.	Le Cheile Athletic Club	Kildare	Kildare	No
Morgan	Dunne	Celbridge A.C.	Tallaght A.C.	Kildare	Dublin	Yes
Sean	Jia Jun Chan	Celbridge A.C.	Donore Harriers	Kildare	Dublin	Yes
Darragh	Harding	Cilles A.C.	Skerries A.C.	Meath	Dublin	Yes
Finn	Harding	Cilles A.C.	Skerries A.C.	Meath	Dublin	Yes
Marie	Kirby	Civil Service A.C.	Tallaght A.C.	Dublin	Dublin	No
Stephen	Downey	Civil Service A.C.	Dunboyne A.C.	Dublin	Meath	Yes
Gerard	Higgins	Clane A.C.	Edenderry A.C.	Kildare	Offaly	Yes
David	Price	Clonakilty Road Runners	Bandon A.C.	Cork	Cork	No
Ellen	Crowley	Clonakilty Road Runners	Bandon A.C.	Cork	Cork	No
Lucy	Hodnett	Clonakilty Road Runners	Bandon A.C.	Cork	Cork	No
Sinead	Crowley	Clonakilty Road Runners	Bandon A.C.	Cork	Cork	No
Dara	Lavin	Clonliffe Harriers A.C.	Marino A.C.	Dublin	Dublin	No
Eimear	O'Brien	Clonliffe Harriers A.C.	Sligo A.C.	Dublin	Sligo	Yes
Mia	Dervan	Clonliffe Harriers A.C.	Marino A.C.	Dublin	Dublin	No
Molly	Brocklesby	Clonliffe Harriers A.C.	Fingallians A.C.	Dublin	Dublin	No

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Conor	Morkan	Clonmel A.C.	Templemore A.C.	Tipperary	Tipperary	No
Helen	Linnane	Coolquill A.C.	Clonmel A.C.	Tipperary	Tipperary	No
Laura	Burke	Coolquill A.C.	Thurles Crokes A.C.	Tipperary	Tipperary	No
Michael	Carey	Coolquill A.C.	Templemore A.C.	Tipperary	Tipperary	No
Laura	Fitzgerald	Cork Track Club	Leevale A.C.	Cork	Cork	No
Louise	Mc Carthy	Cork Track Club	Leevale A.C.	Cork	Cork	No
Christine	Daly	Corran A.C.	Boyle A.C.	Sligo	Roscommon	Yes
Rachael	Martens	Corran A.C.	Boyle A.C.	Sligo	Roscommon	Yes
Sean	Forrest	Corrib A.C.	Galway City Harriers A.C.	Galway	Galway	No
Dean	Hewitson	Cranford A.C.	Lucan Harriers A.C.	Donegal	Dublin	Yes
Chloe	Hallinan	Craughwell A.C.	Galway City Harriers A.C.	Galway	Galway	No
Conor	Callaghan	Craughwell A.C.	Athenry A.C.	Galway	Galway	No
Tracy	Moran	Craughwell A.C.	Galway City Harriers A.C.	Galway	Galway	No
Adam	Harte	Crookstown Millview A.C.	Naas A.C.	Kildare	Kildare	No
Marley	Nolan	Crookstown Millview A.C.	Suncroft A.C.	Kildare	Kildare	No
Amy	Brogan	Crusaders A.C.	Donore Harriers	Dublin	Dublin	No
Colm	Kernan	Crusaders A.C.	Raheny Shamrock A.C.	Dublin	Dublin	No
Barry	Finnegan	Cushinstown A.C.	Navan A.C.	Meath	Meath	No
Shane	Crean	Doneraile A.C.	Mallow A.C.	Cork	Cork	No
Rowan	D'Souza	Donore Harriers	Celtic DCH A.C.	Dublin	Dublin	No
Shane	Russell	Donore Harriers	Drogheda & District A.C.	Dublin	Louth	Yes
Brian	Flannelly	Dooneen A.C.	Dunboyne A.C.	Limerick	Meath	Yes
Aimee	Chammas	Drogheda & District A.C.	Duleek & District A.C.	Louth	Meath	Yes
Siobhan	McCardle	Dublin Bay Running Club	Raheny Shamrock A.C.	Dublin	Dublin	No
Deirdre	Rohan	Duleek & District A.C.	Cushinstown A.C.	Meath	Meath	No
Fran	Power	Duleek & District A.C.	Cushinstown A.C.	Meath	Meath	No
Ann	Ryan	Dunboyne A.C.	Donore Harriers	Meath	Dublin	Yes
Aimee	Kenna	Dundrum South Dublin A.C.	Tallaght A.C.	Dublin	Dublin	No
Conor	Joyce	Dundrum South Dublin A.C.	Sli Cualann A.C.	Dublin	Wicklow	Yes
Darcy	Hutter	Dundrum South Dublin A.C.	Brothers Pearse A.C.	Dublin	Dublin	No
Darren	Egan	Dundrum South Dublin A.C.	Blackrock (Dublin) A.C.	Dublin	Dublin	No
Laura	Shaughnessy	Dundrum South Dublin A.C.	Galway City Harriers A.C.	Dublin	Galway	Yes
Rachel	Byrne	Dundrum South Dublin A.C.	Brothers Pearse A.C.	Dublin	Dublin	No
Lewis	Farrell-Monk	Dunleer A.C.	Drogheda & District A.C.	Louth	Louth	No
Jenny	Moyles	Dunshaughlin A.C.	Dunboyne A.C.	Meath	Meath	No
Aidan	Thompson	Eagle A.C.	Belgooly A.C.	Cork	Cork	No
Rachel	Kohler	Eagle A.C.	Belgooly A.C.	Cork	Cork	No

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Alan	Gladysz	Emerald A.C.	Limerick A.C.	Limerick	Limerick	No
Maksymilian	Pielka	Emerald A.C.	Limerick A.C.	Limerick	Limerick	No
Casey	Tuohy	Ennis Track A.C.	Kilmurray/Ibrick/N.Clare A.C.	Clare	Clare	No
Jackie	O'Connor	Ennis Track A.C.	Kilmurray/Ibrick/N.Clare A.C.	Clare	Clare	No
Joshua	O'Halloran	Ennis Track A.C.	St. Cronans A.C.	Clare	Clare	No
Meabh	Connellan	Ennis Track A.C.	Marian A.C.	Clare	Clare	No
Chris	St. Clare Johnson	Enniscorthy A.C.	Adamstown A.C.	Wexford	Wexford	No
Michael	Murphy	Ferbane A.C.	Tullamore Harriers A.C.	Offaly	Offaly	No
Chloe	Bennett	Ferrybank A.C.	Waterford A.C.	Waterford	Waterford	No
Emma	Carmody	Ferrybank A.C.	Riverstick/Kinsale A.C.	Waterford	Cork	Yes
Kate	Carmody	Ferrybank A.C.	Riverstick/Kinsale A.C.	Waterford	Cork	Yes
Lucy	Carmody	Ferrybank A.C.	Riverstick/Kinsale A.C.	Waterford	Cork	Yes
Ashley	Coleman	Fingallians A.C.	Clonliffe Harriers A.C.	Dublin	Dublin	No
Harriet	Kenny	Fingallians A.C.	Clonliffe Harriers A.C.	Dublin	Dublin	No
Hazel	Kenny	Fingallians A.C.	Clonliffe Harriers A.C.	Dublin	Dublin	No
James	Behan	Fingallians A.C.	Dundalk St. Gerards A.C.	Dublin	Louth	Yes
Michael	Coleman	Fingallians A.C.	Clonliffe Harriers A.C.	Dublin	Dublin	No
Caolain	Curran	Finisk Valley A.C.	West Waterford A.C.	Waterford	Waterford	No
Lia	Ni Harta	Finisk Valley A.C.	West Waterford A.C.	Waterford	Waterford	No
Linda	Guilly	Finisk Valley A.C.	West Waterford A.C.	Waterford	Waterford	No
Nathan	Butler	Finisk Valley A.C.	West Waterford A.C.	Waterford	Waterford	No
Rian	Curran	Finisk Valley A.C.	West Waterford A.C.	Waterford	Waterford	No
Denis	McGinley	Finn Valley A.C.	Milford A.C.	Donegal	Donegal	No
Alan	Sherwin	Fr. Murphy A.C.	Mullingar Harriers A.C.	Meath	Westmeath	Yes
Cailin	McDonagh	Fr. Murphy A.C.	Trim A.C.	Meath	Meath	No
Conor	Sherwin	Fr. Murphy A.C.	Mullingar Harriers A.C.	Meath	Westmeath	Yes
Adara	Salvo	Galway City Harriers A.C.	Craughwell A.C.	Galway	Galway	No
Alan	Giblin	Galway City Harriers A.C.	Loch Lurgan A.C.	Galway	Galway	No
Alysso	Salvo	Galway City Harriers A.C.	Craughwell A.C.	Galway	Galway	No
Gary	Higgins	Galway City Harriers A.C.	North Sligo A.C.	Galway	Sligo	Yes
Kate	Lally	Galway City Harriers A.C.	Loch Lurgan A.C.	Galway	Galway	No
Mollie	Reaney	Galway City Harriers A.C.	Loch Lurgan A.C.	Galway	Galway	No
Molly	Smith	Galway City Harriers A.C.	Loch Lurgan A.C.	Galway	Galway	No
India	Griffin	Glanmire A.C.	Watergrasshill A.C.	Cork	Cork	No
Jacob	O'Sullivan	Glanmire A.C.	Watergrasshill A.C.	Cork	Cork	No
Fiona	Molloy	Glaslough Harriers A.C.	Monaghan Town Runners	Monaghan	Monaghan	No
Mark	Collins	Grange/Fermoy A.C.	Bridevale A.C.	Cork	Cork	No

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Tim	Murphy	Grange/Fermoy A.C.	St. Nicholas A.C.	Cork	Cork	No
Alana	Ryan	Greystones & District A.C.	Sli Cualann A.C.	Wicklow	Wicklow	No
Marcus	Lennon	Greystones & District A.C.	Sli Cualann A.C.	Wicklow	Wicklow	No
Niamh	Conroy	Greystones & District A.C.	Sli Cualann A.C.	Wicklow	Wicklow	No
Rachel	Casey	Greystones & District A.C.	Sli Cualann A.C.	Wicklow	Wicklow	No
Troy	Scully	Greystones & District A.C.	Sli Cualann A.C.	Wicklow	Wicklow	No
Sharon	Wheeler	Inbhear Mor A.C.	Sli Cualann A.C.	Wicklow	Wicklow	No
Darren	Cullen	Kilcoole A.C.	Sli Cualann A.C.	Wicklow	Wicklow	No
Niall	Larkin	Kilcoole A.C.	Sli Cualann A.C.	Wicklow	Wicklow	No
Paul	O'Brien	Kilcoole A.C.	Sli Cualann A.C.	Wicklow	Wicklow	No
Katie	Fennell	Kilkenny City Harriers A.C.	K.C.K. A.C.	Kilkenny	Waterford	Yes
Molly	Fennell	Kilkenny City Harriers A.C.	K.C.K. A.C.	Kilkenny	Waterford	Yes
Jennifer	Clery	Kilmallock A.C.	Togher A.C.	Limerick	Cork	Yes
John	Keogh	Kilmihil A.C.	St. Marys (Clare) A.C.	Clare	Clare	No
Kyle	Grogan	Kilmihil A.C.	West Clare Sports & Fitness Club	Clare	Clare	No
Elaine	Treacy	Lake District Athletics	Mayo A.C.	Mayo	Mayo	No
Peadar	Gallagher	Lake District Athletics	Tuam A.C.	Mayo	Galway	Yes
Michael	McDonald	Lakeshore Striders A.C.	Tallaght A.C.	Wicklow	Dublin	Yes
Clodagh	Conway	Le Cheile Athletic Club	Lucan Harriers A.C.	Kildare	Dublin	Yes
Martin	Horan	Le Cheile Athletic Club	St. Coca's A.C.	Kildare	Kildare	No
Emily	Wolfe	Leevale A.C.	Togher A.C.	Cork	Cork	No
Jasmine	Riordan	Leevale A.C.	Belgooly A.C.	Cork	Cork	No
Neasa	Wall	Leevale A.C.	Togher A.C.	Cork	Cork	No
Rachel	Murphy	Leevale A.C.	Fingallians A.C.	Cork	Dublin	Yes
Sean	Macfarlane	Leevale A.C.	Togher A.C.	Cork	Cork	No
Eoin	O Rathallaigh	Liffey Valley A.C.	Leevale A.C.	Dublin	Cork	Yes
Conor	Gallagher	Lifford Strabane A.C.	Letterkenny A.C.	Donegal	Donegal	No
Shea	Carlin	Lifford Strabane A.C.	Finn Valley A.C.	Donegal	Donegal	No
John	McCallion	Limerick A.C.	Letterkenny A.C.	Limerick	Donegal	Yes
Jordan	Mason	Liscarroll A.C.	Leevale A.C.	Cork	Cork	No
Ellie	Niland	Loughrea A.C.	Craughwell A.C.	Galway	Galway	No
Chelsea	Olumba	Lucan Harriers A.C.	Fingallians A.C.	Dublin	Dublin	No
Kate	L'Estrange	Lucan Harriers A.C.	Tallaght A.C.	Dublin	Dublin	No
John Paul	Buckley	Mallow A.C.	Millstreet A.C.	Cork	Cork	No
Raymond	Barrow	Mallow A.C.	Doneraile A.C.	Cork	Cork	No
Mark	Messitt	Marathon Club Ireland	Sli Cualann A.C.	Clare	Wicklow	Yes
Rochelle	O'Riordan	Marathon Club Ireland	Lios Tuathail A.C.	Clare	Kerry	Yes

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First Name	Last Name	Outgoing Club	Incoming Club	Outgoing County	Incoming County	Inter County
Sinead	Sharkey	Marathon Club Ireland	Lusk A.C.	Clare	Dublin	Yes
Cormac	Kearney	Mayo A.C.	Craughwell A.C.	Mayo	Galway	Yes
John	Walkin	Mayo A.C.	Craughwell A.C.	Mayo	Galway	Yes
Martha	Gallagher	Menapians A.C.	D.M.P. A.C.	Wexford	Wexford	No
Cillian	Delaney	Metro/St. Brigid's A.C.	Crusaders A.C.	Dublin	Dublin	No
Emma	Donlan	Metro/St. Brigid's A.C.	Leevale A.C.	Dublin	Cork	Yes
Norah	O'Brien	Midleton A.C.	East Cork A.C.	Cork	Cork	No
Katie	Sheridan	Milford A.C.	Letterkenny A.C.	Donegal	Donegal	No
Lily	Faulkner	Milford A.C.	Letterkenny A.C.	Donegal	Donegal	No
Paddy	Ryan	Milford A.C.	Finn Valley A.C.	Donegal	Donegal	No
Senan	Faulkner	Milford A.C.	Letterkenny A.C.	Donegal	Donegal	No
Tara	Carver	Millstreet A.C.	Gneeveguilla A.C.	Cork	Kerry	Yes
Sean	Twohig	Mount Hillary A.C.	St. Finbarrs A.C.	Cork	Cork	No
Alexandra	Warnes	Mount Merrion A.C.	Dundrum South Dublin A.C.	Dublin	Dublin	No
Hugh	Barry	Mount Merrion A.C.	Dundrum South Dublin A.C.	Dublin	Dublin	No
Ferdia	McEvoy	Mountpleasant A.C.	Dundalk St. Gerards A.C.	Louth	Louth	No
Georgina	Drumm	Mountpleasant A.C.	St. Peter's A.C.	Louth	Louth	No
Isolde	Mcevoy	Mountpleasant A.C.	Dundalk St. Gerards A.C.	Louth	Louth	No
Kwame	Gravenir	Mullingar Harriers A.C.	Drogheda & District A.C.	Westmeath	Louth	Yes
Patrick	Kelly	Mullingar Harriers A.C.	Drogheda & District A.C.	Westmeath	Louth	Yes
Declan	Mooney	Na Fianna A.C.	Ratoath A.C.	Meath	Meath	No
Eve	Mooney	Na Fianna A.C.	Ratoath A.C.	Meath	Meath	No
Finian	Mooney	Na Fianna A.C.	Ratoath A.C.	Meath	Meath	No
Lucy	Mooney	Na Fianna A.C.	Ratoath A.C.	Meath	Meath	No
Glynis	Hanrahan	Naas A.C.	Mayo A.C.	Kildare	Mayo	Yes
Niamh	O'Donnabhain	Naas A.C.	Croghan A.C.	Kildare	Wexford	Yes
James	Sherlock	Navan A.C.	Bohermeen A.C.	Meath	Meath	No
Ryan	Dunphy	Navan A.C.	Ratoath A.C.	Meath	Meath	No
Carol	Power	North Cork A.C.	Kilmallock A.C.	Cork	Limerick	Yes
Jamie	Power	North Cork A.C.	Kilmallock A.C.	Cork	Limerick	Yes
John	Walsh	North Cork A.C.	Liscarroll A.C.	Cork	Cork	No
Liam	Allen	North Cork A.C.	Liscarroll A.C.	Cork	Cork	No
Nuala	Collins	North Cork A.C.	Kilmallock A.C.	Cork	Limerick	Yes
Susan	Looney	North Cork A.C.	Mount Hillary A.C.	Cork	Cork	No
Conor	McCaughley	North East Runners A.C.	Carrick Aces A.C.	Louth	Monaghan	Yes
Helen	Kelly	North Sligo A.C.	Sligo A.C.	Sligo	Sligo	No
Sian	Corrigan	North West Kildare A.C.	Tullamore Harriers A.C.	Kildare	Offaly	Yes

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Niamh	Fogarty	North Westmeath A.C.	Raheny Shamrock A.C.	Westmeath	Dublin	Yes
Conor	O'Mahony	Old Abbey A.C.	Belgooly A.C.	Cork	Cork	No
Peter	O'Mahony	Old Abbey A.C.	Belgooly A.C.	Cork	Cork	No
Ronan	O'Sullivan	Old Abbey A.C.	Belgooly A.C.	Cork	Cork	No
Oliver	Macaulay	Portlaoise A.C.	Mid Sutton A.C.	Laois	Dublin	Yes
Fintan	Derry	Portmarnock A.C.	Clonliffe Harriers A.C.	Dublin	Dublin	No
Garrett	Loy	Portmarnock A.C.	Lusk A.C.	Dublin	Dublin	No
Hannah	Walsh	Portmarnock A.C.	Clonliffe Harriers A.C.	Dublin	Dublin	No
William	Walsh	Portmarnock A.C.	Clonliffe Harriers A.C.	Dublin	Dublin	No
Ella	Gormley	Rathfarnham W.S.A.F. A.C.	Dundrum South Dublin A.C.	Dublin	Dublin	No
Elvie	Loopmans-Browne	Rathfarnham W.S.A.F. A.C.	Dublin Striders A.C.	Dublin	Dublin	No
Chris	Duruanyawu	Ratoath A.C.	Navan A.C.	Meath	Meath	No
Eve	O'Connor	Ratoath A.C.	St. Andrews A.C.	Meath	Meath	No
Kate	Smith	Ratoath A.C.	Sligo A.C.	Meath	Sligo	Yes
Orla	Duruanyawu	Ratoath A.C.	Navan A.C.	Meath	Meath	No
Aidan	Conry	Roscommon Harriers A.C.	Boyle A.C.	Roscommon	Roscommon	No
Conor	O'Reilly	Shercock A.C.	Carrick Aces A.C.	Cavan	Monaghan	Yes
Michael	McEnaney	Shercock A.C.	Carrick Aces A.C.	Cavan	Monaghan	Yes
Noel	Murtagh	Shercock A.C.	Carrick Aces A.C.	Cavan	Monaghan	Yes
Alicia	Moono	Skerries A.C.	Midleton A.C.	Dublin	Cork	Yes
Catherine	Walsh	Slaney Olympic A.C.	Craanford Harriers A.C.	Wexford	Wexford	No
Clinton	White	Slaney Olympic A.C.	Racing 795 A.C.	Wexford	Wexford	No
Vanessa	McShane	Slaney Olympic A.C.	Croghan A.C.	Wexford	Wexford	No
Mark	Cole	Sli Cualann A.C.	Inbhear Mor A.C.	Wicklow	Wicklow	No
Michele	Geoghegan	Sli Cualann A.C.	Inbhear Mor A.C.	Wicklow	Wicklow	No
Stephen	O'Kennedy	Sli Cualann A.C.	Crusaders A.C.	Wicklow	Dublin	Yes
Dara	Cloake	Sliabh Bhuide Rovers A.C.	Slaney Olympic A.C.	Wexford	Wexford	No
Ella	McNulty	Sligo A.C.	North Sligo A.C.	Sligo	Sligo	No
Leanne	O'Gara	South Sligo A.C.	Corran A.C.	Sligo	Sligo	No
Damien	Geraghty	Sportsworld A.C.	Eagle A.C.	Dublin	Cork	Yes
Denis	McCaul	Sportsworld A.C.	Leevale A.C.	Dublin	Cork	Yes
Garry	Cantwell	St. Abbans A.C.	West Waterford A.C.	Laois	Waterford	Yes
Niall	Murphy	St. Cronans A.C.	Ennis Track A.C.	Clare	Clare	No
Siobhan	Holland	St. Finbarrs A.C.	Eagle A.C.	Cork	Cork	No
Aideen	Reidy	St. Marys (Limerick) A.C.	West Limerick A.C.	Limerick	Limerick	No
Ciara	Reidy	St. Marys (Limerick) A.C.	West Limerick A.C.	Limerick	Limerick	No
Siobhan	Cashman	St. Nicholas A.C.	Bridevale A.C.	Cork	Cork	No

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Katie	O'Reilly	St. Peter's A.C.	Blackrock (Louth) A.C.	Louth	Louth	No
Niamh	Farrell	St. Peter's A.C.	Dundalk St. Gerards A.C.	Louth	Louth	No
Clodagh	Heasman	Star of the Laune A.C.	Farranfore Maine Valley A.C.	Kerry	Kerry	No
Katie	Bell	Star of the Laune A.C.	Farranfore Maine Valley A.C.	Kerry	Kerry	No
Sarah	Heasman	Star of the Laune A.C.	Farranfore Maine Valley A.C.	Kerry	Kerry	No
Sarah-Grace	Reilly	Star of the Sea A.C.	Cilles A.C.	Meath	Meath	No
Bernard	Ibirogba	Suncroft A.C.	Newbridge A.C.	Kildare	Kildare	No
Michael	Regan	Swinford A.C.	South Sligo A.C.	Mayo	Sligo	Yes
Ben	Redmond	Taghmon A.C.	D.M.P. A.C.	Wexford	Wexford	No
Evan	O'Grady	Taghmon A.C.	United Striders A.C.	Wexford	Wexford	No
Padraig	Hore	Taghmon A.C.	D.M.P. A.C.	Wexford	Wexford	No
Gareth	Hayes	Tallaght A.C.	Lucan Harriers A.C.	Dublin	Dublin	No
Killian	Welsh	Tara A.C.	Navan A.C.	Meath	Meath	No
Emma	Ely	Thurles Crokes A.C.	Dundrum A.C.	Tipperary	Tipperary	No
Deirdre	Boland	Tireragh A.C.	Sligo A.C.	Sligo	Sligo	No
Caoimhe	Murphy	Tralee Harriers A.C.	Tramore A.C.	Kerry	Waterford	Yes
Daisy	Murphy	Tralee Harriers A.C.	Tramore A.C.	Kerry	Waterford	Yes
Una	O'Brien	Tramore A.C.	Waterford A.C.	Waterford	Waterford	No
Rhys	Whelan	Tuam A.C.	Craughwell A.C.	Galway	Galway	No
Sean	Whelan	Tuam A.C.	Craughwell A.C.	Galway	Galway	No
Tricia	Quinn	Tuam A.C.	Corofin A.C.	Galway	Galway	No
Clare	O'Morchoe	United Striders A.C.	Taghmon A.C.	Wexford	Wexford	No
Morgan	Lee	Waterford A.C.	Ferrybank A.C.	Waterford	Waterford	No
Tina	O'Leary	Waterford A.C.	Ferrybank A.C.	Waterford	Waterford	No
Aishling	McGrath	Watergrasshill A.C.	Bridevale A.C.	Cork	Cork	No
Eoin	O'Brien	Waterstown Warriors A.C.	Celbridge A.C.	Dublin	Kildare	Yes
Gary	Wilmot	West Limerick A.C.	Carrick Aces A.C.	Limerick	Monaghan	Yes
Niamh	O'Leary	West Muskerry A.C.	Bandon A.C.	Cork	Cork	No
Katie	Fennell	West Waterford A.C.	Kilkenny City Harriers A.C.	Waterford	Kilkenny	Yes
Kevin	McNally	West Waterford A.C.	Finisk Valley A.C.	Waterford	Waterford	No
Molly	Fennell	West Waterford A.C.	Kilkenny City Harriers A.C.	Waterford	Kilkenny	Yes
Tara	Casey	West Waterford A.C.	Ardmore A.C.	Waterford	Waterford	No
Tom	Feerick	West Waterford A.C.	Finisk Valley A.C.	Waterford	Waterford	No
Sinead	Doherty	Wetlands Running Club	Monaghan Phoenix A.C.	Monaghan	Monaghan	No
Wayne	Allen	Wexford Marathon Club	Slaney Olympic A.C.	Wexford	Wexford	No
Catherine	Keogh	Youghal A.C.	West Waterford A.C.	Cork	Waterford	Yes