



Club Covid Protocols Summary

25th June 2020

The Covid 19 pandemic guidelines continue to develop and our knowledge of how best to manage living with the virus also continues to grow. This summary sheet is designed to streamline the Athletics Ireland guidelines for all Clubs and members in one page.

Note Covid 19 is still with us and we need to be ever vigilant regarding contact tracing, social distancing and hygiene.

Athletics Ireland Phase 3 guidelines will be published this Friday after any further government announcements. Last week the government announced that from the 29th June, 2020 all travel restrictions will be lifted, outdoor gatherings of up to 200 people can proceed and sporting competition can commence.

Sport Ireland training for Club Covid Officers can be accessed on the link below and we strongly recommend all AI members complete this short course prior to returning to Club activities.

<https://www.sportireland.ie/covid19/course>

All Clubs are required to appoint a Lead Club Covid Officer and advise Athletics Ireland of their Lead Officers contact details. Please email the contact details of your Lead Club Covid Officer to kieronstout@athleticsireland.ie

However, you may train as many additional Covid Officers as you see fit to support Club activity. The Club Covid Officer is a standalone role and should not be an active coach involved in a training session.

Additionally, it is critical to complete a Club risk assessment and to discuss this document with the Club committee for Phase 3 https://www.athleticsireland.ie/downloads/results/covid-example-Club-risk-assessment_13_May_2020.docx

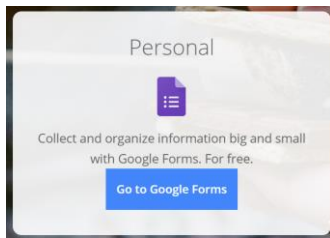
Please display Covid health promotion posters at the Club
https://www.athleticsireland.ie/downloads/other/COVID-19_Stay_Safe_Guid_Posters_Exercising_Outdoors_A_3.pdf

For Club members note the following steps in order to attend your club.

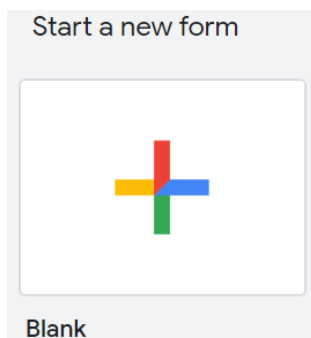
1. Book all sessions online using the Athletics Ireland booking app <https://membership.athleticsireland.ie/reservation.html>
2. Complete the Covid health screening questionnaire before each training either online or at your club prior to training https://docs.google.com/forms/d/e/1FAIpQLSe_rTOn2tfeZdd0kBMImBgN8WQhKUKyulvXPfifW-YNmPsVyA/viewform
Note some clubs have set up this form online and will advise their members of details. See details below on how to set up this free online form for your Club.
3. Maintain social distancing during training at all times.
4. Carry a bottle of hand sanitiser and use regularly.
5. If using equipment wipe clean before and after use with an appropriate cleaning agent.
6. Do not attend training in your club if you feel unwell or are displaying any Covid symptoms such as fever, shortness of breath or loss of smell or taste.

How to set up a Google form.

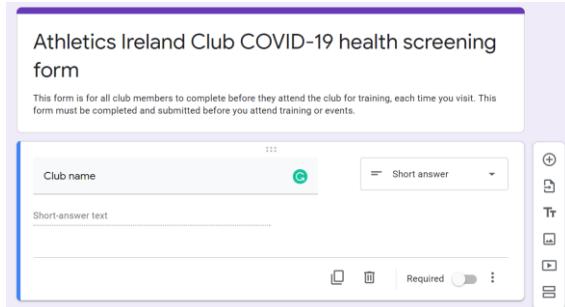
1. Log into your Google account and go to <https://www.google.com/forms/about/>
2. Click on Personal 'go to google forms' tab



3. Select start a new form



4. Create your form by copying and pasting the text from the Athletics Ireland health screening form into your new blank form.



5. When you have set up your club health screening form, click on send to distribute your form to your club members by copying in their email addresses from your membership list.

