

## Covid 19 Actions Plan for Clubs

- 1. The Club Committee and Club Safety Officer must meet virtually to clearly plan the return to activity within the Club. Protocols for contact tracing, social distancing and hygiene must be clearly designed and shared.
- 2. Contact your Regional Development Officer from the list below to seek assistance and guidance on planning your return to activity.

Title	Name	Phone	Email
Director of	Pat Ryan	087-2621310	patryan@athleticsireland.ie
Development and			
Coaching			
Regional Development	Paul Mckee	085-8709703	paulmckee@athleticsireland.ie
Officer - Kildare, Louth,			
Meath and Wicklow			
Regional Development	David	087-0516430	davidmatthews@athleticsireland.ie
Officer - NIA and Dublin	Matthews		
Regional Development	Colin Byrne	087-0632326	colinbyrne@athleticsireland.ie
Officer - Waterford,			
Wexford, Tipperary and			
Laois			
Regional Development	Grace Lynch	085 - 8006892	gracelynch@athleticsireland.ie
Officer - Limerick, Cork			
and Kerry			
Regional Development	Conor Wilson	086-0329578	conorwilson@athleticsireland.ie
Officer - Galway, Mayo			
and Clare			
Regional Development	Shane Aston	089 2336739	shaneaston@athleticsireland.ie
Officer - I.T. Carlow,			
Carlow and Kilkenny		005 0740047	
Regional Development	Gerard	085-8713217	gerardodonnell@athleticsireland.ie
Officer - Dublin City	O'Donnell		
Council area and Dublin	Calaura	005 0742047	
Regional Development	Colette Quinn	085-8712817	colettequinn@athleticsireland.ie
Officer - Dublin City Council area and Dublin			
	Dankin Husanin	006 707 6640	hashinhassais Osthlatississlandis
Regional Development Officer – AIT and	Bashir Hussain	086-787 6648	bashirhussain@athleticsireland.ie
Westmeath, Offaly,			
Longford and			
Roscommon			
Regional Development	Dermot	085-8712397	dermotmcgranaghan@athleticsireland.ie
Officer - Donegal,	McGranaghan	005-0712337	der motinegranagnan@atmeticsireland.le
Monaghan, Cavan, Sligo	Wicoranagnan		
and Leitrim			
and Leitini			



- 3. Continue to engage with your members regularly via Social Media, newsletters etc. It is very important that your members continue to feel part of the club community and are fully informed of all protocols being established in the Club.
- 4. Ensure that the club premises are safe and secure. Appoint someone to visit regularly (while keeping personal safety issues to the fore).
- 5. Plan your return to activity in a conservative manner, Covid 19 is still with us and we need to be ever vigilant in terms of contact tracing, hygiene and social distancing.