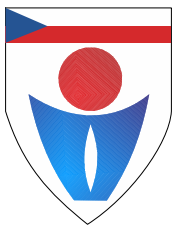




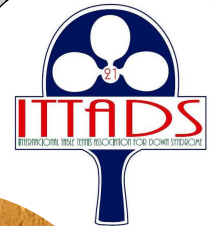
DOWN SYNDROME WORLD CHAMPIONSHIPS

NYMBURK
MLADÁ BOLESLAV
19TH - 26TH JUNE 2022



PROPOSITIONS

6th Athletics IAADS
4th Table Tennis ITTADS
1st Down Tennis





GREETING

Daniel POKORNÝ

President of the Czech Association for Athletes with Intellectual Impairment

Dear athletes, dear guests and dear friends,

I am very honoured, together with my co-workers and the local organising committee of the Czech Association for Athletes with Intellectual Impairment that we will be able to welcome you to such an important sports event, which Down syndrome World Championships 2022 undoubtedly is.

It is a great honour for all of us to have been given the confidence to organise this championship. On behalf of our LOC, I can promise that we will do our best for a successful championship, which will be not only about sports performances, but also about joy, fair play and especially about social and human encounters, helpful and positive communication and new friendships and contacts in a truly global nature. We believe that, after pandemic years, such a special event is necessary to support sport activity and we are looking forward to the championship. All the more, for our organising committee it is obligatory that everything is prepared in detail and to the satisfaction of all participants.

As the venue we have chosen the Sports centre Nymburk, which is often used for Czech representatives in various sports. The centre itself is very well equipped for such an extensive event. Table tennis and tennis events are going to take place directly in this sports complex. Athletics will be organised in the nearby city of Mladá Boleslav.

We wish the championship to be successful and interesting to motivate all our representatives to further sporting diligence, but also to support friendships.

We would like to invite you to our country, a beautiful place full of breath-taking places and sightseeing, but also a land of kind, willing and helpful people.



PROPOSITIONS

1. EVENT

Down syndrome World Championships 2022 in athletics – table tennis – tennis:
6th World Athletics Championships IAADS
4th World Table Tennis Championships ITTADS
1st World Tennis Championships

2. ORGANISER

Czech Association for Athletes with Intellectual Impairment

Under the auspices and authority of:

SUDS – Sport Union for Athletes with Down Syndrome,

IAADS – International Athletics Association for Persons with Down Syndrome,

ITTADS – International Table Tennis Association for persons with Down Syndrome.

The event will be governed by the rules of these organisations.

3. DATE

19th – 26th June 2022

4. PLACE

Czech Republic

Nymburk – Mladá Boleslav

Down syndrome World Championships will be held in two locations – Nymburk and Mladá Boleslav.

The centre of the championship is located at the Sports centre Nymburk.

A tennis and table tennis championship will be organised in Nymburk.

The Sports centre Nymburk is a special place that offers great opportunities for table tennis, tennis and for many other sports as well. Possibilities for training and also tournaments or competitions are in the same comfortable complex with accommodation and full board. In the centre it is also possible to use a swimming pool and wellness facilities.

An athletics championship will be held in Mladá Boleslav (approx. 30 minutes from Nymburk).





5. ELIGIBILITY AND ACCREDITATION

The event is open to athletes who are eligible to represent their national association in line with the SUDS, IAADS and ITTADS regulations. All athletes entering the event should already be registered with the SUDS by 19 April 2022. Please visit the www.su-ds.org website for the SUDS Registration Policy.

Accreditations will be issued to all athletes, staff members or delegation officials once they have proven their identities; the accreditations will include a photograph of each participant.

We ask you to send us a passport photo for each member of your delegation, with the 2nd Entry. The photos must adhere to the following requirements: - JPEG format (.jpg, .jpeg extensions).

6. ENTRY PROCESS

- Intention of participation January 19th 2022
- The first entry (entry by number): February 19th 2022
- The second entry (entry by name): April 19th 2022

Entry forms will be sent out soon.

7. ENTRY FEES

The entry fees per 1 person:

- € 130 per day in accommodation A
- € 140 per day in accommodation B
- € 25 fee per event
- € 100 per extra day

Standard packs:

- Pack 1, 19th – 26th June, A: € 910
- Pack 2, 19th – 26th June, B: € 980

Price includes:

- accommodation,
- full board,
- transport from/to the airport and sports venues,
- access to all sports venues and facilities of the Sports centre Nymburk.

+ € 25 fee/per person to SUDS/ IAADS/ ITTADS.



All payments can be paid in Euro to the organisers as set out below:

Payment terms:

- Entry to be submitted with the 1st entry: 20 % by February 19th 2022
- Entry to be submitted with the 2nd entry: 80 % by April 19th 2022
-

Payment has to be made to the following account:

- Account number: 123-5934250217/0100
- IBAN: CZ61 0100 0001 2359 3425 0217
- Swift Code: KOMBCZPP
- Note for the recipient: DSWORLD 2022
- Bank name: Komerční banka a.s.
- Bank address: Na Příkopě 33 čp.969, Praha 1, PSČ 114 07
- Name of the recipient: Český svaz mentálně postižených sportovců, z. s.
- Address of the recipient: Zátokova 100/2, 160 17 Praha 6, Czech Republic

Please note that bank charges must be included in the entry fees.

8. ACCOMMODATION

The hotel for teams is:

- Name: Sports centre Nymburk
- Address: Sportovní 1801
- Website: <http://www.scnb.cz/sport-centre-nymburk>



The Sports centre Nymburk offers a hotel divided into 2 parts, hotel A and hotel B.

All hotel rooms are equipped with Wi-Fi internet connection, LCD TV, a bathroom with a shower and toilet.

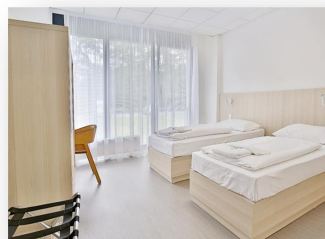
Hotel A offers accommodation with full facilities with standard two-star level equipment.

Total price: € 910/ per week/per person.

Part of the hotel B was reconstructed in 2013.

Hotel B offers accommodation with full facilities with comfort three-star level equipment.

Total price: € 980/ per week/per person.





9. TRANSPORTATION

The organisers will provide transportation for teams and officials from the Václav Havel Airport Prague to Sports centre Nymburk and back and local transport from the hotel to the venue and back.

10. INSURANCE

Participating member organisations are responsible for their own insurance requirements for travel, personal accident, liability and medical matters.

11. MEDICAL SERVICE AND HEALTH PROTOCOL

There will be a permanent medical service present during each competition day. The LOC will set up a COVID protocol depending on the healthcare context in June 2022.

12. OFFICIAL LANGUAGE

The official language of the event is English. All materials and information will be available in English.

13. VISAS

Each competing nation is responsible for arranging for the necessary visas for their delegation. Where required the LOC will issue a letter of invitation to participating nations; should that be the case for your delegation, we ask you to inform us as soon as possible.

14. FLAGS AND NATIONAL ANTHEMS

All delegations will have to bring a suitable number of flags, a minimum of three flags if the delegation has a minimum of two athletes competing, in each sport. The suggested size is 80 × 120 cm.

All delegation must send to the LOC their National Anthem in .mp3 format before arrival to Nymburk.

15. COMPLEMENTARY INFORMATION:

- Average high temperature expected: 25° Celsius
- Average low temperature expected: 15° Celsius



DOWN SYNDROME WORLD CHAMPIONSHIPS

NYMBURK ● MLADÁ BOESLAV ● 19TH- 26TH JUNE 2022



ATHLETICS



1. Venue:

Training will be possible both outdoor and indoor at the Sports centre Nymburk.

Competition will be held in Mladá Boleslav, where there is an athletic track 400m (oval 8-track, straight 8-track). Athletic sectors (long jump, shot put, javelin, discus).

2. Categories:

- ~ Down syndrome Trisomy 21
- ~ Down syndrome Mosaic

3. Events:

- ~ 100 m, 200 m, 400 m, 800 m, 1500m (male, female)
- ~ 800 m walk, 1500 m walk (male, female)
- ~ long jump, shot put, javelin, discus (male, female)
- ~ triathlon (male, female)
- ~ 4 × 100 m relay, 4 × 400 m relay (male, female)

4. Provisional Competition Schedule:

- ~ Sunday, 19 June: Arrival
- ~ Monday, 20 June: Training / Opening ceremony / Meeting for coaches
- ~ Tuesday, 21 June: Competition
- ~ Wednesday, 22 June: Competition
- ~ Thursday, 23 June: Competition
- ~ Friday, 24 June: Rest / Social Programme
- ~ Saturday, 25 June: Closing Ceremonial
- ~ Sunday, 26 June: Departure

5. Team of referees and umpires: Josef Filip (CZE)

Jana Rachnevová (CZE)

Team of referees and umpires: from Czech athletics association.

6. Contact persons:

José Costa Pereira (POR) – jcp.josecostapereira@hotmail.com
Jana Rachnevová (CZE) – jrachnevova@seznam.cz



DOWN SYNDROME WORLD CHAMPIONSHIPS

NYMBURK ● MLADÁ BOESLAV ● 19TH- 26TH JUNE 2022



6th World Athletics Championships IAADS

NYMBURK – MLADÁ BOESLAV, CZE - 19th to 26th June 2022

Minimum Standards

Event	Men	Women
100m	15.50	21.00
200m	33.80	50.00
400m	1.28.00	2.02.00
800m	3.40.00	open
1.500m	open	open
800m Walk Race	open	open
1.500m Walk Race	open	open
Long Jump	3.35m	2.00m
Shot Put (4kg M / 3kg F)	7.20m	4.50m
Discus (1kg M / 0.75 F)	15.20m	10.00m
Javelin (600gr M / 400gr F)	15.50m	10.00m
Triathlon (100m / Long Jump / Shot Put)	open	open
4 x 100m Relay	1 team per country	1 team per country
4 x 400m Relay	1 team per country	1 team per country



Technical Rules and Regulation



According to rules of IAAF – International Association of Athletics Federation's, with the following IAADS adaptations:

1. The number of athletes per event by nation is open, but only a maximum of 3 will be qualified for the Final;
2. There will be no penalty for those athletes that don't achieved the minimum performance during the competition;
3. Starting blocks can be used in sprint events, although the standing start is also allowed;
4. The Sprint races – 100m and 200m will be run by Preliminary Rounds with a maximum of 8 athletes per race, in different lanes;
5. 400m race will be run only in 1 lane, as used in middle distance races;
6. In 400m, 800m and 1.500m race events there will be Direct Finals by Heats (Times);
7. In Walk Race events, it's not allowed to run! Race walking is a progression of steps with a permanent contact with the ground. If the athlete doesn't apply that rule and runs he will be disqualified by a direct Red Card or Paddle. When 3 Yellow penalties are shown by 3 different Judges, the athlete is disqualified with a Red Card;
8. In Long Jump event, the Take-off Board shall be a rectangular white and measure 50cm wide and shall be placed nearest (0.5 to 1m) of the beginning of landing area;
9. In Relay Races the additional 10m balance zone will not be used by the athletes. Only the 20m Take-over Zone will apply;
10. In Track events the Preliminary rounds will have a maximum of 8 athletes per race. In Field events a maximum of 12 athletes are allowed for a Final;
11. In the Preliminary rounds there will be different sets of symbolic medals for the first 3 classified;
12. First 3 placed in the Finals will be awarded with Gold, Silver and Bronze medals.

Team Competition

According to the IAADS guidelines and in order to encourage nations to participate, the IAADS World and Regional Championships will also have a total Team Competition, including athletes from both genders (male plus female).

In the Team Competition the best 8 classified athletes in the Finals will get points according to the placement (8 points for 1st placed, 7 points for 2nd placed, also till 1 point to the 8th placed).

All participant nations are eligible for the Team Competition.

The Best 3 Nations by the total number of points will be awarded with 1st, 2nd and 3rd places Trophies.



DOWN SYNDROME WORLD CHAMPIONSHIPS

NYMBURK ● MLADÁ BOESLAV ● 19TH - 26TH JUNE 2022



TENNIS



1. Venue: The tournament will be held at the Sports Centre in Nymburk.
 - ~ Surface: Outdoor – red clay. Indoor – Taraflex.
 - ~ Balls: To be specified
2. Categories:
 - ~ Down syndrome Trisomy 21
 - ~ Down syndrome Mosaic
3. Events:
 - ~ Doubles (male, female)
 - ~ Mix doubles
 - ~ Singles (male, female)
4. Provisional Competition Schedule:
 - ~ Sunday, 19 June: Arrival / Training
 - ~ Monday, 20 June: Training / Technical meeting / Accreditation/
 - ~ Tuesday, 21 June – Wednesday, 22 June: Competition
 - ~ Thursday, 23 June: Rest / Social programme / Trip
 - ~ Friday, 24 June: Competition
 - ~ Saturday 25 June: Competition / Closing Ceremony / Party
 - ~ Sunday, 26 June: Departure
5. Team of referees and umpires: To be specified.
6. Contact persons: Pavla Vildová (CZE) – bokasa@volny.cz
Lucie Francová (CZE) – lucie.francova.1@gmail.com

WE ARE LOOKING FORWARD TO SEEING YOU IN THE CZECH REPUBLIC,
please do not hesitate to ask us anything.

WE are here for you, LOC :-)