

GloHealth

INDOOR CHAMPIONSHIPS

DAY 1

| TRACK | | | FIELD | | |
|-------|-------------|-------|-------|-------------|-------|
| 12.15 | 60m Heats | Men | 12.00 | PV Warm Up | Men |
| 12.55 | 3000m Walk | Women | 13.00 | Pole Vault | Men |
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| 13.15 | 400m Heats | Women | 12.30 | Shot Putt | Women |
| 13.35 | 5000m Walk | Men | | | |
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| 14.05 | 400m Heats | Men | 13.30 | Long Jump | Women |
| 14.45 | 3000m Final | Women | 14.00 | High Jump | Women |
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| 15.00 | 800m Heats | Women | 15.00 | Triple Jump | Men |
| 15.15 | 800m Heats | Men | | | |
| | | | | | |
| 15.45 | 200m Heats | Women | | | |
| 15.55 | 200m Heats | Men | | | |
| | | | | | |
| 16.30 | 1500m Heats | Men | | | |
| 16.50 | 1500m Heats | Women | | | |

Athlone International Arena
 Saturday 21st February 2015
 ATHLETICSIRELAND.IE

