

## ***JUVENILE COMPETITION BOOKLET 2021***



### **CELTIC CROSS COUNTRY**

**22nd January 2022**

**Dundonald, Belfast**

***Selection Policy:** First four (4) individual girls & boys in the National U16 Cross Country, (excluding those athletes eligible for selection for the Ulster/NI Celtic Team), will be selected for the Athletics Ireland Celtic Games International team. The next four (4) individual girls & boys, (excluding those athletes eligible for selection for the Ulster/NI Celtic Team), will be selected for the Athletics Ireland Celtic Games Development Team. The next two (2) individual girls and boys, (excluding those athletes eligible for selection for the Ulster/NI Celtic Team), will be placed on a reserve list should they be required.*

### SECTION 3

## JUVENILE CROSS-COUNTRY CHAMPIONSHIPS

21st November 2021	<b>Juvenile “A” Championships Even Ages</b>	Santry, Dublin
<b>Start:</b>	11.30am	
<b>Entry Fee:</b>	€5/Individual €15/Club Team €20/County Team €25/Regional Team	
<b>Entries:</b>	Online through Regional Secretaries	
<b>Closing Date:</b>	10th November 2021	
5th December 2021	<b>Juvenile “A” Championships Uneven Ages</b>	Gowran Park, Kilkenny
<b>Start:</b>	11.30am	
<b>Entry Fee:</b>	€5/Individual €15/Club Team €20/County Team €25/Regional Team	
<b>Entries:</b>	Online through Regional Secretaries	
<b>Closing Date:</b>	24th November 2021	
13th February 2022	<b>Juvenile B Cross Country, (2021)</b>	Fermoy, Cork
<b>Start:</b>	11.30am	
<b>Entry Fee:</b>	€5/Individual €15/Club Team €20/County Team	
<b>Entries:</b>	Online through Club & County Secretaries	
<b>Closing Date:</b>	2nd February 2022	
13th February 2022	<b>Juvenile Inter County Relays</b>	Fermoy, Cork
<b>Start:</b>		
<b>Entry Fee:</b>	€10/Club Team	
<b>Entries:</b>	Online through Club Secretaries	
<b>Closing Date:</b>	2nd February 2022	

**A CROSS-COUNTRY DISTANCES**

Girls	Distances	Boys	Distances
11	1500m	11	1500m
12	2000m	12	2000m
13	2500m	13	2500m
14	3000m	14	3000m
15	3500m	15	3500m
16	4000m	16	4000m
17	4000m	17	5000m
18	4000m	18	6000m
19	4000m	19	6000m

**B CROSS-COUNTRY DISTANCES**

Girls	Distances	Boys	Distances
11	1000m	11	1000m
13	1500m	13	1500m
15	2500m	15	2500m
17	3000m	17	3000m

**INTER-CLUB RELAYS DISTANCES**

Girls & Boys 12	4 x 500m Relays
Girls & Boys 14	4 x 500m Relays

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- WA rules apply
  - Athletes may move up one age group.
  - All entries through Regional Secretaries
  - Regional Secretaries must forward a copy of the regional results to Head Office
  - **Teams:**
    - Province, 12 athletes to run with 6 to score
    - County, 10 athletes to run with 6 to score
    - Club, 6 athletes to run with 4 to score
    - **NOTE: U19 Girls Club: 6 athletes to run with 3 to score**
  - Spot Checks will be undertaken
  - **First four (4) club teams** in the 11-19 age group all must have competed in the Provincial/Regional Cross Country Championships.
  - Three (3) teams from each Munster, Ulster, Connaught, 4 from Leinster and 1 Team from the Region of Dublin qualify for County Teams.
  - In the 17-19 age groups individual open entry will apply provided the athlete **has entered** in the Provincial/Regional Cross Country Championships. Open entries must be with National at closing date for competition, entries through Provincial Secretary ONLY.
  - U18 Athletes can enter both U18 and Junior race and score on Club and County teams in both age categories as long as they are entered in both age groups. U18 athletes are considered for the Junior Euro Cross team based on their finishing position in the trial race.
  - Athletes must be registered
  - Pacing of athletes will mean disqualification. Please inform club officials and parents.
  - **Only athletes declared on the team sheets will score.**
  - **It is strongly recommended that all athletes wear the correct footwear. No earphones should be worn at any time in call area or competition.**
  - **Medals:**
    - First 12 Individuals
    - First 3 Regional, County and Club Teams, 6 medals awarded.
  
  - **JUVENILE 'B' CHAMPIONSHIPS: open to athletes who HAVE NOT RECEIVED an Individual, Regional, County or Club Cross Country medal at the National Championships.**
    - All athletes must be registered. (2021 Ages apply)
    - A County team may be entered and results will be determined by first 6 county athletes across the line, NO team declaration necessary
  
  - **INTER-CLUB RELAYS:**
    - All athletes must be registered. (2021 Ages apply)
    - Club singlets must be worn.
    - No Entries on the day exit
    - All teams must be pre-entered online
    - First three teams receive medals; a sub must be declared and present on the day to receive medal.
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