



Irish Life Health National Combined Event Championships



Morton Stadium, Santry
Saturday 12th & Sunday 13th September 2020

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Welcome from Irish Life Health

On behalf of our team in Irish Life Health, I welcome you all to the 2020 Irish Life Health National Combined Event Championships.

This year's Championships will be one like never before. In response to Covid-19 restrictions, this year the Championships are taking place under strict government guidelines at Morton Stadium in Santry.

Irish Life Health is proud to be a sponsor and partner of Athletics Ireland. Our whole team recognises the very important role participation in athletics plays by providing a platform for tens of thousands of people across Ireland to maintain and improve their own physical health and wellbeing, especially during this very strange and difficult time.

This year's championships are only possible because the huge amount of behind-the-scenes work and commitment by so many people. I would like to express our gratitude to Athletics Ireland President Georgina Drumm, Chief Executive Hamish Adams, the organising committee, volunteers, officials and the team in Athletics Ireland who have worked extremely hard during a challenging period to organise and stage these events.

Finally, I would like to wish every athlete the best of luck in their events at the Irish Life Health National Combined Event Championships.

Best wishes,

*Liz Rowen
Head of Marketing
Irish Life Health*



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President's Address



The Final weekend has arrived of the Irish Life Health Track and Field Programme with the Combined Events and Day 2 of the Junior Championships.

Four weekends of athletics which lifted the spirits of many with live streaming, RTE TV Coverage and super competition, and this weekend will see another group of athletes fighting for glory with live streaming on Sunday.

It has been a difficult season but the athletes and officials have risen to the challenge and raised the bar to show what can be done in the most difficult of times.

I am extremely proud of all who assisted in the delivery of this year's programme, our officials, athletes, support staff, competition team and the competition committee leading from the front under the direction of John Cronin.

I hope in the not too distant future that we can return to something approaching our normal but until then, we thank you all for your support.

Irish Life Health are our event sponsor, Jim Dowdall Managing Director and Liz Rowen Head of Marketing who like many would normally be among us to celebrate your achievements, I extend my sincere thanks as always for their continued support.

*Georgina Drumm
President,
Athletics Ireland*



Timetable of events - Saturday



Irish Life Health Combined Event Championships

Saturday 12th of September 2020, Morton Stadium, Santry

Online check-in opens 4 hours prior to your event.
 Check-in is not complete until athlete is on site and has collected their bib.
 Gate opens 90 minutes prior to your event.
 Check-in closes 1 hour prior to your event.

Please Note: * The following Junior events will be held on Sunday 13th September (100m/110m & 400m Hurdles, 800m ,3000m, Triple Jump, High Jump & PoleVault)

Senior Women	Heptathlon	Masters Men 35-39 Pentathlon	Masters Women 40-49 Pentathlon
Senior Men	Decathlon	Masters Men 40-49 Pentathlon	Masters Women 50+ Quadrathlon
Junior Women	Heptathlon	Masters Men 50+ Quadrathlon	Junior Men
Junior Men	Decathlon		Junior Women

TRACK

FIELD

10:00	Junior Men	100m
10:05	Senior Men	100m
10:30	Masters Women 40-49	80m Hurdles (76.2)
10:50	Junior Women	100m Hurdles (83.8)
10:50	Senior Women	100m Hurdles (83.8)
11:45	Masters Men 35-39	110m Hurdles (99.1)
11:45	Masters Men 40-49	110m Hurdles (99.1)
12:00	Master Women 50+	100m
12:05	Masters Men 50+	100m
tbc	Masters Men 35-39	1500m
tbc	Masters Men 40-49	1500m
tbc	Masters Men 50+	1500m
tbc	Masters Women 40-49	800m
tbc	Master Women 50+	800m
tbc	Junior Women	200m
tbc	Senior Women	200m
tbc	Junior Men	400m
tbc	Senior Men	400m

10:30	Junior Men	Long Jump
10:30	Senior Men	Long Jump
10:30	Masters Men 35-39	Long Jump
10:30	Masters Men 40-49	Long Jump
11:15	Junior Women	High Jump
11:15	Senior Women	High Jump
11:15	Masters Women 40-49	High Jump
12:30	Junior Men	Shot Put (6.00 kg)
12:30	Senior Men	Shot Put (7.26 kg)
12:30	Masters Men 35-39	Shot Put (7.26 kg)
12:30	Masters Men 40-49	Shot Put (7.26 kg)
12:45	Master Women 50+	Long Jump
12:45	Masters Men 50+	Long Jump
12:45	Masters Women 40-49	Long Jump
14:00	Junior Men	High Jump
14:00	Senior Men	High Jump
14:00	Masters Men 35-39	High Jump
14:00	Masters Men 40-49	High Jump
14:00	Junior Women	Shot Put (4.00 kg)
14:00	Senior Women	Shot Put (4.00 kg)
14:00	Masters Women 40-49	Shot Put (4.00 kg)
15:00	Master Women 50+	Shot Put (3.00 kg)
15:00	Masters Men 50+	Shot Put (6.00 kg)

ONLINE EVENT TIMETABLE

Event Officials - Saturday



TRACK

Competition Director	John Cronin
	Brendan McDaid
Technical Delegate	Declan Curtin
Covid 19 Officer	Seamus Flynn
Health & Safety	George Maybury
Check In	Mick Fennell
Starts Team	Cyril J Smyth
Starts Team	Charlie O'Neill
Photofinish	Iain Shaw
Timing	Declan Curtin
Results/Technology	Andrew Lynam
Results/Technology	Conor Wilson
Results/Technology	Eamon McBride
Track Referee	Paddy Marley
Track Judge	
Track Judge	Kathryn Davis
Track Judge	Anne McHugh
Track Judge	Pat Hooper
Track Team	Mick Martin

FIELD

Equipment	Pat O'Keeffe
EDM	Seamus McGranaghan
High Jump 11:15/14:00	Colette Quinn
Shot Put 12:30	Mick Barber
	Jim Corcoran
	Pat Power
Long Jump 10:30 12:45	Martin Wilkinson
Shot Put 14:00 15:00	John McGrath
	Seamus Flynn
	Pat Canniffe

**EVENT OFFICIALS
ONLINE**

Timetable of events - Sunday



Irish Life Health Combined Event Championships

Sunday 13th of September 2020, Morton Stadium, Santry

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Senior Men	Decathlon	Masters Men 40-49 Pentathlon	Masters Women 50+ Quadrathlon
Junior Women	Heptathlon	Masters Men 50+ Quadrathlon	Junior Men
Junior Men	Decathlon		Junior Women

TRACK

10:00	Junior Men	110m Hurdles (99.1)	
10:00	Junior Men	110m Hurdles (99.1)	Final
10:10	Senior Men	110m Hurdles (106.7)	
10:30	Junior Women	100m Hurdles (83.8)	Final
11:15	Junior Women	800m	Heat
11:35	Junior Men	800m	Heat
14:00	Junior Women	3000m	Final
15:10	Junior Women	800m	
15:10	Senior Women	800m	
15:30	Junior Women	400m Hurdles	Timed
15:55	Junior Men	400m Hurdles	Timed
16:15	Junior Women	800m	Final
16:25	Junior Men	800m	Final
17:00	Junior Men	1500m	
17:00	Senior Men	1500m	
17:20	Junior Men	3000m	Timed

FIELD

10:00	Junior Women	Long Jump
10:00	Senior Women	Long Jump
11:00	Junior Men	Discus (1.75 kg)
11:00	Senior Men	Discus (2.00 kg)
11:30	Junior Women	High Jump
11:30	Junior Men	Triple Jump
13:00	Junior Men	Pole Vault
13:00	Senior Men	Pole Vault
13:00	Junior Men	Pole Vault
13:00	Junior Women	Javelin
13:00	Senior Women	Javelin
14:00	Junior Women	Triple Jump
15:00	Junior Men	High Jump
15:00	Junior Women	Pole Vault
16:00	Junior Men	Javelin
16:00	Senior Men	Javelin

ONLINE EVENT TIMETABLE

Event Officials - Sunday



TRACK

Competition Director	John Cronin
	Brendan McDaid
Technical Delegate	Declan Curtin
Technical Delegate	Michael Quinlan
Technical Delegate	Ronan O'Hart
Covid 19 Officer	Seamus Flynn
Health & Safety	George Maybury
Seeding	Matt Lockett
Seeding	Liam Hennessy
Check In	Cecil Johnston
Check In	Shirley Murray
Call Room	Greg Duggan
Call Room	Margaret Malone
Starts Team	Cyril J Smyth
Starts Team	Eamonn O'Donnell
Starts Team	Tom Thompson
Starter's Assistant	Michael McKeon
Photofinish	Iain Shaw
Timing	Jimmy Monaghan
Results/Technology	Andrew Lynam
Results/Technology	Bernie Dunne
Results/Technology	Eamon McBride
Results/Technology	Padraig Kelly
Track Referee	Paddy Marley
Track Judge	Georgina Drumm
Track Judge	Kathryn Davis
Track Judge	Theresa Kinnane
Track Judge	Pat Hooper
Presentations	Georgina Drumm
Video Recording	Adam Jones
Jury of Appeal	Technical Delegates
Track Team	Mick Martin

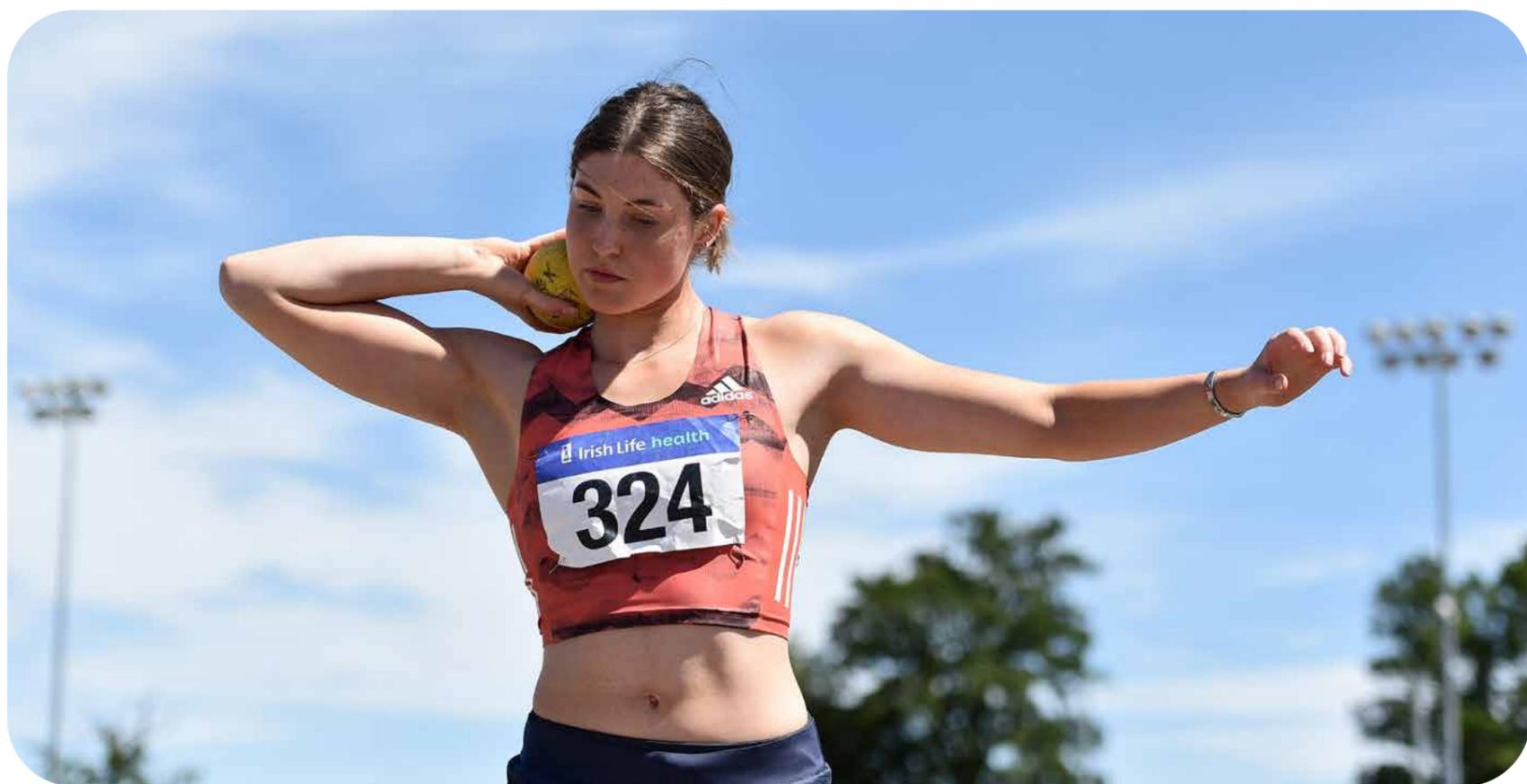
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Event Officials - Sunday



FIELD

Equipment	Pat O'Keefe
EDM	Seamus McGranaghan
Long Jump 10:00	Evelyn O'Reilly
Triple Jump 11:30 14:00	Fintan Kenny
	David Murphy
	Shay Murphy
	Pat Power
High Jump 11:30 15:00	Colette Quinn
	Jim Corcoran
	Antoinette Holland
	Catherine Muckian
Discus 11:00	Carmel Kelly
Javelin 13:00 16:00	John McGrath
	Martin Wilkinson
	Bernie O'Callaghan
	Brian Scanlon
	Neil Martin
Pole Vault 13:00 15:00	Eamonn Flanagan
Pole Vault 13:00 15:00	Seamus Flynn
	Claire Wilkinson



**EVENT OFFICIALS
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Entries and Results



LIVE ENTRIES ONLINE

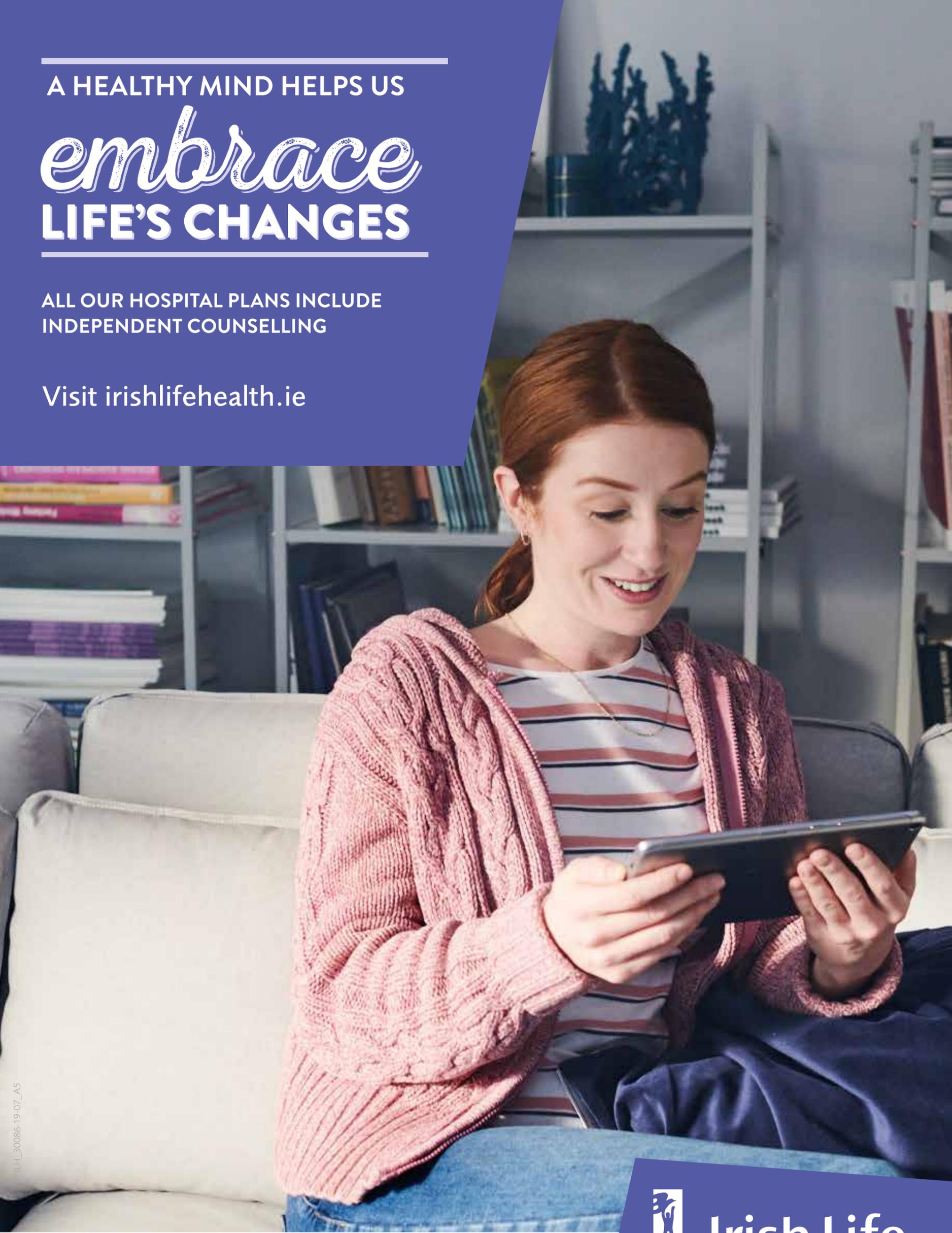
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