



IRISH LIFE HEALTH JUVENILE TRACK AND FIELD
MORTON STADIUM SATURDAY 29TH AUGUST
DAY 1 TIMETABLE

The committee reserve the right to alter the timetable

Session 1 (Gate Opens 08:30am)

(Check In Opens 8:30am & Closes 30 minutes prior to event)

TRACK				FIELD		
10:00am	Girls 17,18 & 19 Boys 17,18 & 19	400m 400m	H H	10:00am	Girls 17,18 & 19 Boys 17 Boys 17,18 & 19 Girls 18	High Jump Discus Pole Vault Shot Put
11:00am	Girls 17 & 18 Boys 17 Girls 19 Boys 18 & 19	2K Steeplechase 2K Steeplechase 3K Steeplechase 3K Steeplechase	F F F F	11:00am	Girls 19 Boys 19	Discus Shot Put
12 Noon	Girls 17 Girls 18 Girls 19 Boys 17 Boys 18 Boys 19	100m Hurdles 100m Hurdles 100m Hurdles 100m Hurdles 110m Hurdles 110m Hurdles	(2'6" 76.2cm) H (2'6" 76.2cm) H (2'9" 84.0cm) H (3'0" 91.4cm) H (3'0" 91.4cm) H (3'3" 99.0cm) H	12 Noon	Girls 17 Boys 18	Discus Shot Put
	Hurdles 400m	Finals Finals				

Session 2 (Gate Opens 2:00pm)

(Check In Opens 2:00pm & Closes 15 minutes prior to event)

TRACK				FIELD		
3:00pm	Girls 17,18 & 19 Boys 17,18 & 19	800m 800m	H H	3:00pm	Girls 17,18 & 19 Boys 17,18 & 19 Girls 19 Boys 18	Pole Vault High Jump Shot Put Discus
4:00pm	Girls 17,18 & 19 Boys 17, 18 & 19	3000m 3000m	F F	4:00pm	Boys 17 Boys 19	Shot Put Discus
5:00pm	800m	Finals		5:00pm	Girls 18 Girls 17	Discus Shot Put



IRISH LIFE HEALTH JUVENILE T & F CHAMPIONSHIPS
SUNDAY 30TH AUGUST, MORTON STADIUM
DAY 2 TIMETABLE

The committee reserve the right to alter the timetable

Session 3 (Gate Opens 08:30am)

(Check In Opens 8:30am & Closes 30 minutes prior to event)

TRACK

FIELD

10:00am	Girls 17,18 & 19	100m	H	10:00am	Boys 19	Long Jump
	Boys 17,18 & 19	100m	H		Girls 17	Triple Jump
11:00am	Girls 17,18 & 19	3k Walk	F	11:00am	Girls 18	Javelin
	Boys 17	3k Walk	F		Boys 17	Hammer
	Boys 18 & 19	5k Walk	F			
	100m Finals					
12 Noon	Girls 17	300m Hurdles (2'6" 76.2cm)	H	12 Noon	Boys 18	Long Jump
	Boys 17	300m Hurdles (2'6" 76.2cm)	H		Girls 18	Triple Jump
	Girls 18	400m Hurdles (2'6" 76.2cm)	H		Boys 19	Javelin
	Girls 19	400m Hurdles (2'6" 76.2cm)	H		Girls 19	Hammer
	Boys 18	400m Hurdles (2'9" 84.0cm)	H			
	Boys 19	400m Hurdles (3'0" 91.4cm)	H			
	Hurdles Finals					

Session 4 (Gate Opens 2:00pm)

(Check In Opens 2:00pm & Closes 15 minutes prior to event)

TRACK

FIELD

3:00pm	Girls 17, 18 & 19	200m	H	3:00pm	Girls 17	Long Jump
	Boys 17, 18 & 19	200m	H		Boys 19	Triple Jump
4:00pm	Girls 17, 18 & 19	1500m	H	4:00pm	Girls 19	Javelin
	Boys 17, 18 & 19	1500m	H		Boys 18	Hammer
5:00pm	200m Finals			5:00pm	Girls 19	Long Jump
	1500m Finals (If required)				Boys 17	Triple Jump
					Girls 17	Javelin
					Girls 18	Hammer