

First Name	Last Name	Category	Gender	Club
Ashleigh	Irvine	Senior	F	3 Ways A.C.
James	Mcfadden	M45	M	3 Ways A.C.
Ronan	O'Byrne	Senior	M	Abbey Striders A.C.
Helen	Mctoal	F45	F	Acorns A.C.
John	Carbury	M60	M	Aghada Running Club ARC
Sean	O'Sullivan	M35	M	An Riocht A.C.
Tommy	O'Brien	M40	M	An Riocht A.C.
Ger	O'Sullivan	M40	M	An Riocht A.C.
Monika	O'Brien	F35	F	Annalee A.C.
Fionnuala	Gilmartin	F40	F	Annalee A.C.
Heidi	Sheehy	F40	F	Ashford A.C.
Maurizio	Sturlesi	M40	M	Ashford A.C.
Kate	Gavin	F40	F	Athenry A.C.
Jane Ann	Healy	Senior	F	Athenry A.C.
Sinead	Martin	Senior	F	Athenry A.C.
Edwina	Coen	Senior	F	Athenry A.C.
Kieran	Walsh	M35	M	Athenry A.C.
David	Meehan	M35	M	Athenry A.C.
Mark	Mitchell	M40	M	Athenry A.C.
Kevin	Devane	M40	M	Athenry A.C.
Sean	Flaherty	M40	M	Athenry A.C.
Liam	Mycroft	M55	M	Athenry A.C.
John	Killion	Senior	M	Athenry A.C.
Fergal	Foley	M40	M	Bagenalstown A.C.
Louise	Kierans	F50	F	Bailieboro A.C.
Liz	O'Reilly	F35	F	Balbriggan & District A.C
Nicola	Gallagher	F40	F	Balbriggan & District A.C
Andrea	Wilson	F40	F	Balbriggan & District A.C
Emma	Farren	F45	F	Balbriggan & District A.C
Aedeen	Lane	F45	F	Balbriggan & District A.C
Sandra	Bissettlawler	F45	F	Balbriggan & District A.C
Deirdre	Long	F50	F	Balbriggan & District A.C
Alan	O'Donnell	M35	M	Balbriggan & District A.C
Padraig	O'Connor	M40	M	Balbriggan & District A.C
Isidore	Ryan	M40	M	Balbriggan & District A.C
Tim	Murphy	M45	M	Balbriggan & District A.C
Ronan	Lawler	M45	M	Balbriggan & District A.C
Thomas	Levins	M50	M	Balbriggan & District A.C
Dermot	Holland	M50	M	Balbriggan & District A.C
Sean	Campion	M55	M	Balbriggan & District A.C
Aisling	My Carthy	F35	F	Ballina A.C.
Michelle	Traynor	F40	F	Ballina A.C.
Ann	Egan	F45	F	Ballina A.C.
Helena	Kearns	Senior	F	Ballina A.C.
Leah	Ginty	Senior	F	Ballina A.C.
P	Hughes	M50	M	Ballina A.C.
Sharon	O Byrne	F40	F	Ballon Rathoe A.C.
Aoibhinn	Clinton	Senior	F	Ballydrain Harriers

First Name	Last Name	Category	Gender	Club
Paul	Flynn	Senior	M	Ballydrain Harriers
Pamela	Bradley	F35	F	Ballyroan, Abbeyleix & Dist. A.C.
Sharon	Murtagh	F40	F	Ballyroan, Abbeyleix & Dist. A.C.
Carol	Walsh	Senior	F	Ballyroan, Abbeyleix & Dist. A.C.
Martin	Mcdonald	M55	M	Ballyroan, Abbeyleix & Dist. A.C.
Sara	Mcculla	F40	F	Bandbridge A.C.
Leonie	Weir	F35	F	Bandon A.C.
Bernadette	Bequin	F35	F	Bandon A.C.
Eileen	Jack	Senior	F	Beechmount Harriers A.C
Daniel	Jack	M35	M	Beechmount Harriers A.C
Patrick	O'Brien	Senior	M	Birr A.C.
Mary	Kennedy	F45	F	Blackrock A.C. (Dublin)
Kellyann	Mcgrory	F35	F	Blackrock A.C. (Louth)
Kerri	Petticrew	F40	F	Blackrock A.C. (Louth)
Patricia	Flynn	F45	F	Blackrock A.C. (Louth)
Connor	Petticrew	M40	M	Blackrock A.C. (Louth)
Fred	Mceleavey	M45	M	Blackrock A.C. (Louth)
Mike	Flynn	M45	M	Blackrock A.C. (Louth)
Eimear	Mone Hannon	F35	F	Blayney Rockets A.C.
Sinead	Clarke	F40	F	Blayney Rockets A.C.
Lucia	Denny	Senior	F	Blayney Rockets A.C.
Anthony	Callan	M35	M	Bohermeen A.C.
Gerry	Nealon	M35	M	Bohermeen A.C.
Ronan	Wogan	M35	M	Bohermeen A.C.
Eoin	Ryan	Senior	M	Bohermeen A.C.
Rebecca	Carolan	F40	F	Boyne A.C.
Jillian	Connor	F40	F	Boyne A.C.
Anne Marie	Garcia	F40	F	Boyne A.C.
Edel	Gartland	F40	F	Boyne A.C.
Edel	Mhic Ghabhann	F40	F	Boyne A.C.
Tara	Mccullough	F40	F	Boyne A.C.
Julie	O'Shea	F40	F	Boyne A.C.
Nicola	Finegan	F45	F	Boyne A.C.
Andrew	Coyle	M35	M	Boyne A.C.
Conor	Byrne	M35	M	Boyne A.C.
Judith	Faulkner	M35	M	Boyne A.C.
Gary	Byrne	M40	M	Boyne A.C.
Martin	Peters	M45	M	Boyne A.C.
Ryan	Holcroft	Senior	M	Boyne A.C.
Noel	Mc Mahon	M45	M	Breakaway Running Club
Gerard	Brady	M50	M	Breakaway Running Club
Niamh	Honer	F40	F	Brothers Pearse A.C.
Denise	Whelan	F45	F	Brothers Pearse A.C.
Alison	Brophy	F45	F	Brothers Pearse A.C.
Caroline	Scanlan	Senior	F	Brothers Pearse A.C.
Joe	Haugh	M40	M	Brothers Pearse A.C.
Vinny	Molloy	M40	M	Brothers Pearse A.C.
Paul	Lyons	M45	M	Brothers Pearse A.C.

First Name	Last Name	Category	Gender	Club
Ramon	Whelan	M45	M	Brothers Pearse A.C.
Declan	Mcgauley	M45	M	Brothers Pearse A.C.
Daragh	Mcmahon	Senior	M	Brothers Pearse A.C.
Eithne	Mcgorman	F35	F	Carrick Aces A.C.
Sharon	Quinn	F35	F	Carrick Aces A.C.
Diane	Ward	F40	F	Carrick Aces A.C.
Catriona	Mccahey	F40	F	Carrick Aces A.C.
Collette	Connolly	F40	F	Carrick Aces A.C.
Sinead	Macnally	Senior	F	Carrick Aces A.C.
Fergal	Quinn	M35	M	Carrick Aces A.C.
Gordon	Macardle	M40	M	Carrick Aces A.C.
Paddy	Mc Cabe	M40	M	Carrick Aces A.C.
Erick	Byrne	M40	M	Carrick Aces A.C.
Martin	Mccahey	M45	M	Carrick Aces A.C.
Sean	Mc Cabe	M45	M	Carrick Aces A.C.
Damian	Martin	M45	M	Carrick Aces A.C.
Patrick	Roche	M35	M	Carrick-on-Suir A.C.
Seamus	Ward	M45	M	Carrick-on-Suir A.C.
Teresa	Coughlan	F35	F	Carrigtwohill A.C.
Sinead	Mulcahy	F35	F	Celbridge A.C.
Claire	Millar	F40	F	Celbridge A.C.
Sheila	Hynes	F40	F	Celbridge A.C.
Rebecca	Gannon	F40	F	Celbridge A.C.
Teresa	O'Reilly	F45	F	Celbridge A.C.
Joanne	Cooley	F45	F	Celbridge A.C.
Paul	Mcdonnell	M40	M	Celbridge A.C.
Declan	Hynes	M40	M	Celbridge A.C.
Damian	Gannon	M45	M	Celbridge A.C.
Colm	Higgins	M45	M	Celbridge A.C.
Peter	Donohoe	M55	M	Celbridge A.C.
Anthony	Dowling	Senior	M	Celbridge A.C.
David	O'Connor	Senior	M	Celbridge A.C.
Ciara	Lenihan	F35	F	Cilles A.C.
Lorraine	Hyland	F35	F	Cilles A.C.
Sandra	Molloy	F35	F	Cilles A.C.
Brona	Cromwell	F40	F	Cilles A.C.
Regan	Buckley	F40	F	Cilles A.C.
Olivia	O Rourke	F40	F	Cilles A.C.
Eimear	Birmingham	F40	F	Cilles A.C.
Eloise	Cowie	F45	F	Cilles A.C.
Claire	Byrne	F45	F	Cilles A.C.
Caroline	Conroy	F50	F	Cilles A.C.
Dolores	O'Donoghue	F55	F	Cilles A.C.
Graham	Devitt	M35	M	Cilles A.C.
Geoff	O'Donoghue	M55	M	Cilles A.C.
Ralph	Cant	M60	M	Cilles A.C.
Una	Gavin	F55	F	City of Derry Spartans A.C.
Catherine	Whoriskey	Senior	F	City of Derry Spartans A.C.

First Name	Last Name	Category	Gender	Club
Aaron	Doherty	M50	M	City of Derry Spartans A.C.
Lorraine	Furey	F35	F	Civil Service A.C.
Stephen	Downey	M35	M	Civil Service A.C.
Sean	Ryan	M50	M	Civil Service A.C.
Maurice	Kennelly	Senior	M	Civil Service A.C.
Alan	Hutchinson	Senior	M	Civil Service A.C.
Ursula	Deasy	F35	F	Clonakilty Road Runners
Deirdre	Lambe	F40	F	Clones A.C.
Alan	Curley	M35	M	Clonliffe Harriers A.C.
Stephen	Doyle	M35	M	Clonliffe Harriers A.C.
Paul	Carty	M40	M	Clonliffe Harriers A.C.
Declan	Power	M45	M	Clonliffe Harriers A.C.
James	Egan	M45	M	Clonliffe Harriers A.C.
Ciaran	O'Hare	M45	M	Clonliffe Harriers A.C.
Anthony	O'Brien	M50	M	Clonliffe Harriers A.C.
Pat	Byrne	M60	M	Clonliffe Harriers A.C.
Emily	O'Regan	F35	F	Clonmel A.C.
Siobhan	Roche	F35	F	Clonmel A.C.
Catherine	Ryan	F40	F	Clonmel A.C.
Mari	Murphy Condon	F55	F	Clonmel A.C.
Conor	Fleming	M45	M	Clonmel A.C.
Tom	Bourke	M50	M	Clonmel A.C.
Martina	Toal	F40	F	Co-Antrim Harriers
Mandy	Yau-Wilson	Senior	F	Co-Antrim Harriers
Darren	Aldridge	M40	M	Corran A.C.
Kieran	Coleman	M40	M	Corran A.C.
Brendan	Brett	M50	M	Corran A.C.
Mary	Kennedy	F40	F	Croghan A.C.
Majella	Boland	F40	F	Croghan A.C.
Keith	Wallace	Senior	F	Croghan A.C.
Derek	Malone	M40	M	Croghan A.C.
Brian	Maher	M40	M	Croghan A.C.
Mark	Mcgrath	M40	M	Croghan A.C.
Nicholas	Boland	M40	M	Croghan A.C.
Brian	Bolger	M45	M	Croghan A.C.
Andrew	Dowse	Senior	M	Croghan A.C.
Kate	Murray	F40	F	Crusaders A.C.
Mary	Fitzsimons	F40	F	Crusaders A.C.
Hugh	Larkin	M35	M	Crusaders A.C.
Joe	Walsh	M40	M	Crusaders A.C.
Jason	Crosbie	Senior	M	Crusaders A.C.
Philip	Matthews	Senior	M	Crusaders A.C.
Wayno	Entwistle	M45	M	Derry City Track Club
Sinead	Graham	F35	F	Donore Harriers
Alma	Hanevy	F35	F	Donore Harriers
Florence	Curley	F40	F	Donore Harriers
Janette	Strickland	F40	F	Donore Harriers
Angela	Eustace	F45	F	Donore Harriers

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Dana	Mackey	F45	F	Donore Harriers
Michelle	Dawson	Senior	F	Donore Harriers
Laura	Murray	Senior	F	Donore Harriers
Kim	Strickland	Senior	F	Donore Harriers
Anna	Mcmahon	Senior	F	Donore Harriers
Alan	Farrell	M40	M	Donore Harriers
Arthur	Connick	M50	M	Donore Harriers
Barry	Potts	M65	M	Donore Harriers
Kenneth	Nugent	Senior	M	Donore Harriers
Stephen	Dawson	Senior	M	Donore Harriers
Ken	Mckeown	Senior	M	Donore Harriers
Robert	Finnigan	Senior	M	Donore Harriers
Shane	Russell	Senior	M	Donore Harriers
Lorraine	Browne	F40	F	Dooneen A.C.
Caroline	Bradley	F50	F	Dooneen A.C.
Colin	O'Flynn	M40	M	Dooneen A.C.
Joanne	Weston	F35	F	Drogheda & District A.C.
Edel	Smith	F35	F	Drogheda & District A.C.
Helen	Dillon	F35	F	Drogheda & District A.C.
Kelly Ann	Russell Murtagh	F35	F	Drogheda & District A.C.
Ciara	Byrne	F35	F	Drogheda & District A.C.
Niamh	Matthews	F40	F	Drogheda & District A.C.
Julie	Halton	F40	F	Drogheda & District A.C.
Kerry	Tully	F40	F	Drogheda & District A.C.
Siobhan	Redmond	F40	F	Drogheda & District A.C.
Alison	Brown	F40	F	Drogheda & District A.C.
Jacinta	Kenneally	F40	F	Drogheda & District A.C.
Sharon	Finn	F40	F	Drogheda & District A.C.
Natalie	Doyle Bradley	F40	F	Drogheda & District A.C.
Siobhan	Shortt	F45	F	Drogheda & District A.C.
Barbara	Byrne	F45	F	Drogheda & District A.C.
Ann	Leonard	F45	F	Drogheda & District A.C.
Geraldine	Reilly	F45	F	Drogheda & District A.C.
Jacqueline	Gill	F50	F	Drogheda & District A.C.
Pamela	Fox	F50	F	Drogheda & District A.C.
Deirdre	Harmon	F50	F	Drogheda & District A.C.
Mary	Reilly	F50	F	Drogheda & District A.C.
Mairead	O Connell	F50	F	Drogheda & District A.C.
Jacqueline	Kelly	F50	F	Drogheda & District A.C.
Nuala	Reilly	F60	F	Drogheda & District A.C.
Vivienne	Daly	F60	F	Drogheda & District A.C.
Brady	Louise	Senior	F	Drogheda & District A.C.
Jennifer	Holmes	Senior	F	Drogheda & District A.C.
Eoin	Mcginn	M40	M	Drogheda & District A.C.
Adrian	Gogarty	M40	M	Drogheda & District A.C.
Colin	Cuffe	M40	M	Drogheda & District A.C.
Ged	Kenny	M40	M	Drogheda & District A.C.
Gerard	Fay	M45	M	Drogheda & District A.C.

First Name	Last Name	Category	Gender	Club
Gerard	Mullins	M50	M	Drogheda & District A.C.
Jim	Nolan	M50	M	Drogheda & District A.C.
Stephen	Gill	M50	M	Drogheda & District A.C.
Sinead	Morrissey	F35	F	Dublin Bay Running Club
Ann	Mcdonnell	F45	F	Dublin Bay Running Club
Jonathan	Dolan	M40	M	Dublin Bay Running Club
Gary	O'Daly	Senior	M	Dublin Bay Running Club
Colin	Doolan	Senior	M	Dublin Bay Running Club
Deborah	O'Sullivan	F35	F	Duleek & District A.C.
Leona	Halligan	F35	F	Duleek & District A.C.
Naomi	Walsh	F35	F	Duleek & District A.C.
Orla	Hillman	F35	F	Duleek & District A.C.
Karen	O Sullivan	F35	F	Duleek & District A.C.
Liz	Carolan	F35	F	Duleek & District A.C.
Susan	Durnin	F40	F	Duleek & District A.C.
Celena	Tierney	F40	F	Duleek & District A.C.
Mary	Mathews	F40	F	Duleek & District A.C.
Susan	Walsh	F45	F	Duleek & District A.C.
Sandra	Cassin	F45	F	Duleek & District A.C.
Laura	Donohoe	Senior	F	Duleek & District A.C.
Eric	Devine	M35	M	Duleek & District A.C.
Alan	Mckeown	M35	M	Duleek & District A.C.
Derek	Reilly	M35	M	Duleek & District A.C.
John	Wall	M35	M	Duleek & District A.C.
Ray	Cassin	M45	M	Duleek & District A.C.
Sean	Cassin	M45	M	Duleek & District A.C.
Paddy	Lennon	M45	M	Duleek & District A.C.
Graham	Byrne	M50	M	Duleek & District A.C.
Kevin	Durkin	Senior	M	Duleek & District A.C.
Derek	Sheridan	Senior	M	Duleek & District A.C.
Clodagh	Dunphy	F35	F	Dunboyne A.C.
Abigail	Carrick	F35	F	Dunboyne A.C.
Maria	Reeves	F35	F	Dunboyne A.C.
Annette	Conroy	F40	F	Dunboyne A.C.
Katie	Penrose	F40	F	Dunboyne A.C.
Olywen	Read	F40	F	Dunboyne A.C.
Sinead	Webb	F40	F	Dunboyne A.C.
Ann	Garrett	F40	F	Dunboyne A.C.
Emilia	Dan	F45	F	Dunboyne A.C.
Jackie	Brannigan	F45	F	Dunboyne A.C.
Vivienne	Lennon	F45	F	Dunboyne A.C.
Ana	Quigley	F45	F	Dunboyne A.C.
Louise	Taylor	F45	F	Dunboyne A.C.
Sarah Marie	Hamilton	F45	F	Dunboyne A.C.
Siobhan	Campbell	F50	F	Dunboyne A.C.
Angela	Egan	F60	F	Dunboyne A.C.
Mark	Mcdonald	M40	M	Dunboyne A.C.
Gary	Brannigan	M40	M	Dunboyne A.C.

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Mark	Bowes	M40	M	Dunboyne A.C.
Derek	Finegan	M40	M	Dunboyne A.C.
Rob	Webb	M40	M	Dunboyne A.C.
Billy	Brannigan	M45	M	Dunboyne A.C.
Geoff	Hamilton	M50	M	Dunboyne A.C.
Stephen	O'Beirne	M50	M	Dunboyne A.C.
Lyndon	Thomas	M55	M	Dunboyne A.C.
Noel	Duffy	M60	M	Dunboyne A.C.
Elaine	Stewart	F50	F	Dundrum South Dublin A.C.
Rachel	Riordan	Senior	F	Dundrum South Dublin A.C.
Fintan	Houriham	M45	M	Dundrum South Dublin A.C.
Siobhan	Hanratty	F40	F	Dunleer A.C.
Linda	Donoghue	F40	F	Dunleer A.C.
Gillian	O'Regan	F35	F	Dunshaughlin A.C.
Alice	Harris	F35	F	Dunshaughlin A.C.
Zara	Sheridan	F35	F	Dunshaughlin A.C.
Paul	Harris	M40	M	Dunshaughlin A.C.
Robert	Reid	M50	M	Dunshaughlin A.C.
Alan	O'Brien	M35	M	Eagle A.C.
Vivian	Foley	M35	M	Eagle A.C.
Ronan	Boland	M50	M	Eagle A.C.
Frank	Hill	M50	M	Eagle A.C.
Dermot	Cahill	M35	M	East Down A.C.
Michael	Mckeown	M50	M	East Down A.C.
Aisling	Dixon	Senior	F	East Westmeath A.C.
Marion	O'Loughlin	F55	F	Ennis Track A.C.
Catriona	Daly	F35	F	Ferbane A.C.
Paul	Buckley	M40	M	Ferbane A.C.
Michael	Murphy	M40	M	Ferbane A.C.
Niall	Kelly	Senior	M	Ferbane A.C.
Paddy	Corrigan	M35	M	Fingallians A.C.
Colum	Flanagan	M40	M	Fingallians A.C.
David	Matthews	Senior	M	Fingallians A.C.
Ursula	Chaney	F40	F	Finn Valley A.C.
Mary	Hipsley	F45	F	Finn Valley A.C.
Helen	Logue	F45	F	Finn Valley A.C.
Shane	Mc Nulty	M35	M	Finn Valley A.C.
David	Chaney	M45	M	Finn Valley A.C.
Sean	O Leary	M50	M	Finn Valley A.C.
Matthew	Coyle	M50	M	Foyle Valley A.C.
Lydia	Bigley	F35	F	Front Runners A.C.
Patricia	Paffen	F35	F	Front Runners A.C.
Sandra	Galvin	F40	F	Front Runners A.C.
Siobhan	O'Brien	F40	F	Front Runners A.C.
Madeleine	Davis	F40	F	Front Runners A.C.
Maria	Calnan	F40	F	Front Runners A.C.
Andrew	Chambers	M35	M	Front Runners A.C.
Bryan	Durkan	M35	M	Front Runners A.C.

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Francis	Hanily	M35	M	Front Runners A.C.
Eric	Reyes	M40	M	Front Runners A.C.
Declan	O'Reilly	M40	M	Front Runners A.C.
Peadar	Faherty	M40	M	Front Runners A.C.
Mark	Rooney	M40	M	Front Runners A.C.
Damien	Callaghan	M40	M	Front Runners A.C.
Robert	Dempsey	Senior	M	Front Runners A.C.
Mary	Faherty	F35	F	Galway City Harriers A.C.
Grainne	Ni Uallachain	F40	F	Galway City Harriers A.C.
Martina	Carr	F40	F	Galway City Harriers A.C.
Majella	Ní Chríocháin	F50	F	Galway City Harriers A.C.
Carmel	Brannigan	F50	F	Galway City Harriers A.C.
Mary	Mccann	F55	F	Galway City Harriers A.C.
Majella	Killeen	F55	F	Galway City Harriers A.C.
Rita	Donelan	F60	F	Galway City Harriers A.C.
Gary	Thornton	M35	M	Galway City Harriers A.C.
Timmy	Jones	M35	M	Galway City Harriers A.C.
Matt	Bidwell	M40	M	Galway City Harriers A.C.
Lloyd	Malcom	M40	M	Galway City Harriers A.C.
Gerard	Carty	M45	M	Galway City Harriers A.C.
Eamonn	Brennan	M45	M	Galway City Harriers A.C.
Martin	Kearney	M60	M	Galway City Harriers A.C.
Emmet	Mcaviney	M40	M	Gowran A.C.
Moira	Cody	F35	F	Graigue Ballycallan A.C.
Ashley	O Halloran	F35	F	Graigue Ballycallan A.C.
Mary	Murphy East	F40	F	Graigue Ballycallan A.C.
Patricia	O'Halloran	F40	F	Graigue Ballycallan A.C.
Margo	Wallace	F50	F	Graigue Ballycallan A.C.
Catherine	Muldowney	Senior	F	Graigue Ballycallan A.C.
Tom	O Halloran	M40	M	Graigue Ballycallan A.C.
Gary	Bourke	Senior	M	Graigue Ballycallan A.C.
Mary-Clare	Healy	F45	F	Grange/Fermoy A.C.
Angela	O Mahony	F45	F	Grange/Fermoy A.C.
Joan	Ennis	F50	F	Grange/Fermoy A.C.
Judi	Baker	F55	F	Grange/Fermoy A.C.
Maggie	Dunne	F70	F	Grange/Fermoy A.C.
John	Murphy	M45	M	Grange/Fermoy A.C.
Martin	Healy	M45	M	Grange/Fermoy A.C.
Tony	Dunne	M70	M	Grange/Fermoy A.C.
Christine	Mc Cann	F55	F	Greystones & District A.C.
Danielle	Grant	F35	F	Inishowen A.C.
Mary	Doherty	F35	F	Inishowen A.C.
Majella	Mclaughlin	F35	F	Inishowen A.C.
Melissa	Mcintyre	F35	F	Inishowen A.C.
Linda	Mcdaid	F40	F	Inishowen A.C.
Michelle	Donaghy	F40	F	Inishowen A.C.
Frances	Shaw	F40	F	Inishowen A.C.
Grainne	Gillen	F50	F	Inishowen A.C.

First Name	Last Name	Category	Gender	Club
David	Porter	M35	M	Inishowen A.C.
Philip	Callaghan	M40	M	Inishowen A.C.
Damian	Downey	M45	M	Inishowen A.C.
John	Mc Candless	M45	M	Inishowen A.C.
Pauric	Mckinney	M50	M	Inishowen A.C.
Finbarr	Gallagher	M50	M	Inishowen A.C.
Lizzy	Brady	F45	F	Inny Vale A.C.
Robert	Whyte	M45	M	Kenmare A.C.
Susan	Lawless	F35	F	Kilcoole A.C.
Eilish	Morrissey	F40	F	Kilcoole A.C.
Laurence	Doyle	M35	M	Kilcoole A.C.
Paul	O' Brien	M35	M	Kilcoole A.C.
Darragh	Page	M35	M	Kilcoole A.C.
Kevin	Kelleher	M35	M	Kilcoole A.C.
Charlie	Fearon	M35	M	Kilcoole A.C.
Ian	Mcgrath	M40	M	Kilcoole A.C.
Ken	Noonan	M40	M	Kilcoole A.C.
Colm	Murphy	M40	M	Kilcoole A.C.
Brian	Gurrin	M45	M	Kilcoole A.C.
Aaron	Mooney	Senior	M	Kilcoole A.C.
Luke	Lennon	Senior	M	Kilcoole A.C.
Joya	Burns	F35	F	Kilkenny City Harriers A.C.
Barbara	Rossiter	F40	F	Kilkenny City Harriers A.C.
Lisa	Shortall	F40	F	Kilkenny City Harriers A.C.
Anne Marie	Shortall	F40	F	Kilkenny City Harriers A.C.
Jackie	Varley	F45	F	Kilkenny City Harriers A.C.
Dymphna	Kelly	F50	F	Kilkenny City Harriers A.C.
Helen	Gilman	Senior	F	Kilkenny City Harriers A.C.
Trust	Mtinsi	M35	M	Kilkenny City Harriers A.C.
Declan	Walshe	M40	M	Kilkenny City Harriers A.C.
Helen	Doyle	F40	F	Kilmore A.C.
Michael	Mc Donald	M35	M	Lake District Athletics
Edel	Byrne	Senior	F	Lakeshore Striders A.C.
Thomas	Healy	M40	M	Lakeshore Striders A.C.
Brian	Kenny	M40	M	Lakeshore Striders A.C.
Gabriella	Sztojalovszky	F35	F	Le Cheile A.C.
Orlaith	Nason	F40	F	Le Cheile A.C.
Paddy	Mcdonnell	M35	M	Le Cheile A.C.
Stephen	Gregg	M35	M	Le Cheile A.C.
Kieran	Duff	M45	M	Le Cheile A.C.
Brian	Mcgrath	M60	M	Le Cheile A.C.
Bryan	Collins	Senior	M	Le Cheile A.C.
Colm	Murphy	M55	M	Leevale A.C.
Eileen	Grady	Senior	F	Liffey Valley A.C.
Neville	Shine	M40	M	Limerick A.C.
Barry	Sheil	M35	M	Longford A.C.
Danijela	Klopotan	F45	F	Lucan Harriers A.C.
Josephine	Dignam	F60	F	Lucan Harriers A.C.

First Name	Last Name	Category	Gender	Club
Eileen	O'Brien	F65	F	Lucan Harriers A.C.
Will	Byrne	M40	M	Lucan Harriers A.C.
Thomas	Meade	M40	M	Lucan Harriers A.C.
Colin	O Gara	M45	M	Lucan Harriers A.C.
Colm	Munnelly	M45	M	Lucan Harriers A.C.
Gareth	Fereday	Senior	M	Lucan Harriers A.C.
Olivia	Sampson Giles	F35	F	Lusk A.C.
Fiona	Reinhardt	F35	F	Lusk A.C.
Ellen	Carroll	F35	F	Lusk A.C.
Wendy	Clohessy	F35	F	Lusk A.C.
Nicole	Hodson	F40	F	Lusk A.C.
Louise	Brazil	F40	F	Lusk A.C.
Josephine	Lara	F40	F	Lusk A.C.
Annette	Foy	F40	F	Lusk A.C.
Emma	Jameson	F40	F	Lusk A.C.
Claudia	Kemna-Lee	F40	F	Lusk A.C.
Jacqui	Palmer	F40	F	Lusk A.C.
Miriam	Finan	F40	F	Lusk A.C.
Emer	O'Toole	F45	F	Lusk A.C.
Eamon	Mcbride	M35	M	Lusk A.C.
Conor	Clune	M40	M	Lusk A.C.
Noel	O'Reilly	M40	M	Lusk A.C.
Owen	Corcoran	M40	M	Lusk A.C.
Colm	Mcnally	M45	M	Lusk A.C.
John	Mcdonald	M50	M	Lusk A.C.
Sinead	Higgins	F45	F	Magherafelt Harriers
Yvonne	Kertsch	F45	F	Mallow A.C.
Patricia	Curistan	F35	F	Mallusk Harriers
Patrick	Mcguckin	M40	M	Mallusk Harriers
Alan	Kerr	M45	M	Mallusk Harriers
Eleanor	O'Neill	F35	F	Marathon Club Ireland
Susan	Dixon	F35	F	Marathon Club Ireland
Hazel	Margelino	F45	F	Marathon Club Ireland
Michael	Gonda	M35	M	Marathon Club Ireland
Neal	Leddy	M40	M	Marathon Club Ireland
Bear	Aodhagan Fitzsimons	M40	M	Marathon Club Ireland
Paul	Mccavera	M40	M	Marathon Club Ireland
Ken	Eustace	M40	M	Marathon Club Ireland
Dermot	Mccormack	M45	M	Marathon Club Ireland
Conor	Cusack	M45	M	Marathon Club Ireland
Mark	Ramsey	M45	M	Marathon Club Ireland
Paulo	Margelino	M45	M	Marathon Club Ireland
Philipp	Erestain	M45	M	Marathon Club Ireland
Hugh	Carolan	M70	M	Marathon Club Ireland
Niall	O Connor	Senior	M	Marathon Club Ireland
Erin Jo	Killion	Senior	F	Maree A.C.
Trish	Rovira	Senior	F	Maree A.C.
Philip	Roxby	Senior	M	Maree A.C.

First Name	Last Name	Category	Gender	Club
Ronan	Mannion	Senior	M	Maree A.C.
Norah	Newcombe-Pieterse	F35	F	Mayo A.C.
Mags	Connell	F35	F	Mayo A.C.
Marie	Murphy	F35	F	Mayo A.C.
John	Byrne	F40	F	Mayo A.C.
Karen	Davitt	F40	F	Mayo A.C.
Colette	Tuohy	F45	F	Mayo A.C.
Angela	Mcvann	F45	F	Mayo A.C.
Patricia	Nyland	F45	F	Mayo A.C.
Katie	Concannon	F45	F	Mayo A.C.
Ann	Lennon	F50	F	Mayo A.C.
Ann	Murray	F50	F	Mayo A.C.
Marie	Mullarkey	F50	F	Mayo A.C.
Monica	Joyce	F55	F	Mayo A.C.
Una	Mcgrath	F55	F	Mayo A.C.
Pauline	Moran	F60	F	Mayo A.C.
Mary	Murphy	F60	F	Mayo A.C.
Margaret	Glavey	F65	F	Mayo A.C.
Paula	Prendergast	Senior	F	Mayo A.C.
Sarah	Syron	Senior	F	Mayo A.C.
Edel	Feeney	Senior	F	Mayo A.C.
Helen	Hopkins	Senior	F	Mayo A.C.
Maria	Kneafsey	Senior	F	Mayo A.C.
Brendan	Hession	M35	M	Mayo A.C.
Shane	Timothy	M35	M	Mayo A.C.
Tim	Ganley	M35	M	Mayo A.C.
Sean	Murphy	M40	M	Mayo A.C.
Gerry	Corley	M40	M	Mayo A.C.
Noel	Gibbons	M45	M	Mayo A.C.
Paul	Reynolds	M45	M	Mayo A.C.
Padraic	Mcvann	M45	M	Mayo A.C.
John	Nyland	M45	M	Mayo A.C.
Brendan	Murphy	M45	M	Mayo A.C.
James	Murtagh	M50	M	Mayo A.C.
Christy	O'Malley	M50	M	Mayo A.C.
Finian	Joyce	M55	M	Mayo A.C.
Jimmy	Feeney	M60	M	Mayo A.C.
Neil	Carroll	Senior	M	Mayo A.C.
Helen	Gilroy	F50	F	Midleton A.C.
Francis	Maunsell	M40	M	Midleton A.C.
Michael	Murphy	M45	M	Midleton A.C.
Neilus	Aherne	M60	M	Midleton A.C.
Annemarie	Treanor	F45	F	Monaghan Phoenix A.C.
Peadar	Treanor	M50	M	Monaghan Phoenix A.C.
Suzette	Mcentee	F35	F	Monaghan Town Runners
Ciara	Cassidy	F35	F	Monaghan Town Runners
Aine	Mccaffrey	F35	F	Monaghan Town Runners
Fiona	Mc Entee	F35	F	Monaghan Town Runners

First Name	Last Name	Category	Gender	Club
Geraldine	Campbell	F40	F	Monaghan Town Runners
Olivia	Mc Connon	F40	F	Monaghan Town Runners
Cheryl	Gormley	F40	F	Monaghan Town Runners
Grainne	Kennedy	F40	F	Monaghan Town Runners
Roisin	Mulligan	F40	F	Monaghan Town Runners
Clair	Quinn	F45	F	Monaghan Town Runners
Diane	Sheridan	F45	F	Monaghan Town Runners
Linda	Mcclean	F45	F	Monaghan Town Runners
Veronica	Mcnally	F45	F	Monaghan Town Runners
Sheila	O Donaghue	F45	F	Monaghan Town Runners
Rita	Kerr	F50	F	Monaghan Town Runners
Geraldine	Mccarville	F50	F	Monaghan Town Runners
Patricia	Lee	F55	F	Monaghan Town Runners
Emma	Farrell	Senior	F	Monaghan Town Runners
Donna	Harris	Senior	F	Monaghan Town Runners
Stephanie	Keenan	Senior	F	Monaghan Town Runners
Adrian	Farrell	M35	M	Monaghan Town Runners
Paul	Mckenna	M35	M	Monaghan Town Runners
Jonathan	Groarke	M35	M	Monaghan Town Runners
Liam	O'Donnell	M35	M	Monaghan Town Runners
Gary	Prunty	M40	M	Monaghan Town Runners
Owen	Mcmahon	M40	M	Monaghan Town Runners
Brendan	Carbin	M40	M	Monaghan Town Runners
James	Campbell	M40	M	Monaghan Town Runners
Oli	Gleeson	M40	M	Monaghan Town Runners
Trevor	Walker	M40	M	Monaghan Town Runners
Tommy	Collins	M45	M	Monaghan Town Runners
Gareth	Mckenna	M45	M	Monaghan Town Runners
Chris	Connolly	M45	M	Monaghan Town Runners
Barry	Tomany	M45	M	Monaghan Town Runners
Iain	Monahan	M45	M	Monaghan Town Runners
Raymond	Aughey	M50	M	Monaghan Town Runners
Dermot	Coyle	M50	M	Monaghan Town Runners
Michael	Cronin	M55	M	Monaghan Town Runners
Colm	Mahony	M55	M	Monaghan Town Runners
Gerard	Earley	Senior	M	Monaghan Town Runners
Danny	Murphy	Senior	M	Monaghan Town Runners
Ryan	Smyth	Senior	M	Monaghan Town Runners
Rory	Morrissey	M35	M	Mountmellick A.C
Ailbe	O'Boyle	F35	F	Moy Valley A.C.
Orla	Dempsey	F40	F	Moy Valley A.C.
Elaine	O'Hora	F40	F	Moy Valley A.C.
Stuart	Edmeades	M35	M	Moy Valley A.C.
Eamonn	O'Boyle	M40	M	Moy Valley A.C.
Raymond	Mannion	M45	M	Moy Valley A.C.
Tricia	O Reilly	F35	F	Moynalty A.C.
Orlagh	Mcmahon	F35	F	Moynalty A.C.
Sara	Henderson	F40	F	Moynalty A.C.

First Name	Last Name	Category	Gender	Club
Mary	Murtagh	F40	F	Moynalty A.C.
Aine	O'Reilly	F35	F	Mullingar Harriers A.C.
Joan	Flynn	F35	F	Mullingar Harriers A.C.
Claire	Dorr	F40	F	Mullingar Harriers A.C.
Geraldine	Walsh	F70	F	Mullingar Harriers A.C.
Enda	O' Carolan	M35	M	Mullingar Harriers A.C.
Pauric	Brady	M35	M	Mullingar Harriers A.C.
Eamonn	O'Reilly	M35	M	Mullingar Harriers A.C.
Mark	Mc Cann	M40	M	Mullingar Harriers A.C.
Gerard	Gavin	M40	M	Mullingar Harriers A.C.
Philip	Burke	M40	M	Mullingar Harriers A.C.
Colm	Walsh	M40	M	Mullingar Harriers A.C.
Mervyn	Kennedy	M40	M	Mullingar Harriers A.C.
Ollie	Donnelly	M45	M	Mullingar Harriers A.C.
Tom	Mcgrath	M50	M	Mullingar Harriers A.C.
Eddie	Newman	M50	M	Mullingar Harriers A.C.
Stephen	Naughton	M50	M	Mullingar Harriers A.C.
Mel	Carthy	M50	M	Mullingar Harriers A.C.
Kevin	Swarbrigg	M50	M	Mullingar Harriers A.C.
Liam	Mcglynn	M50	M	Mullingar Harriers A.C.
Ann	Quinn	F40	F	Naas A.C.
Celine	Burke	F45	F	Naas A.C.
Siobhan	Durnin	F45	F	Naas A.C.
Dina	Sharkey	F45	F	Naas A.C.
Evelyn	Mc Nelis	F35	F70	Naas A.C.
Thomas	Freeman	M40	M	Naas A.C.
Ursula	Davis	F35	F	Naomh Mhuire A.C.
Tracy	Burns	F35	F	Naomh Mhuire A.C.
Fiona	O Connor	F35	F	Naomh Mhuire A.C.
Pauline	Colgan	F40	F	Naomh Mhuire A.C.
Sharon	Jones	F45	F	Naomh Mhuire A.C.
Stephen	Roe	M45	M	Navan A.C.
Karen	Tooher	F35	F	Newbridge A.C.
Lisa	Malone	F35	F	Newbridge A.C.
Alison	Redmond	F35	F	Newbridge A.C.
Treacy	Boland	F35	F	Newbridge A.C.
Siobhan	Stafford	F45	F	Newbridge A.C.
David	Browne	M35	M	Newbridge A.C.
Larry	Mccormack	M40	M	Newbridge A.C.
Martin	Tynan	Senior	M	Newbridge A.C.
Michele	Mowlds	F40	F	Newry City Runners A.C.
Attracta	Magennis	F45	F	Newry City Runners A.C.
Claire	Wright	Senior	F	Newry City Runners A.C.
Jennifer	Mcateer	Senior	F	Newry City Runners A.C.
Amanda	Mcverry	Senior	F	Newry City Runners A.C.
Sean	Smith	M35	M	Newry City Runners A.C.
Michael	Englishby	M40	M	Newry City Runners A.C.
Roisin	Hughes	F35	F	North Belfast Harriers

First Name	Last Name	Category	Gender	Club
Lynn	Mccullough	F45	F	North Belfast Harriers
Edward	Cooke	Senior	M	North Belfast Harriers
Sharon	Manning	F45	F	North East Runners A.C.
Jason	Hill	M40	M	North East Runners A.C.
Eamonn	Kelly	Senior	M	North East Runners A.C.
Linda	Lally	F35	F	North Sligo A.C.
Mary	Gilmartin	F45	F	North Sligo A.C.
Andrea	Horgan	Senior	F	North Sligo A.C.
Conor	Mccann	M35	M	North Sligo A.C.
Eamon	Mcandrew	M40	M	North Sligo A.C.
Padraig	Kelly	M40	M	North Sligo A.C.
Craig	Brennan	M40	M	North Sligo A.C.
Thomas	Kelly	M45	M	North Sligo A.C.
Darragh	Currid	Senior	M	North Sligo A.C.
Donal	Egan	Senior	M	North Sligo A.C.
Sarah	Malcolmson	F35	F	Orangethorne A.C.
Anna	Rankin	F40	F	Orangethorne A.C.
Alison	Hall-Thompson	F40	F	Orangethorne A.C.
Mairead	Napier	F40	F	Orangethorne A.C.
Karen	Russell	F40	F	Orangethorne A.C.
Liz	Watt	F45	F	Orangethorne A.C.
Jill	Long	F45	F	Orangethorne A.C.
Jenny	Powell	F50	F	Orangethorne A.C.
Lisa	Rodham	Senior	F	Orangethorne A.C.
Hilary	Bradshaw	Senior	F	Orangethorne A.C.
Ian	Wilson	M50	M	Orangethorne A.C.
Brian	Mcfarland	M50	M	Orangethorne A.C.
Patricia	Kilpatrick	F45	F	Oriel A.C.
William	Tyrrell	M60	M	Parnell A.C.
Lucy	Dunne	F45	F	Portlaoise A.C.
Nuala	Arrigan	F45	F	Portlaoise A.C.
Trevor	Percy	M35	M	Portlaoise A.C.
David	Gowing	M45	M	Portlaoise A.C.
Niamh	Darcy	F35	F	Portmarnock A.C.
Simone	Byrne	F35	F	Portmarnock A.C.
Mai	Barrett	F40	F	Portmarnock A.C.
Cara	Duffy	F40	F	Portmarnock A.C.
Susan	O'Leary	F50	F	Portmarnock A.C.
John	O'Leary	M50	M	Portmarnock A.C.
Siobhan	Kinsella	F35	F	Raheny Shamrock A.C.
Tara	Kennedy Monks	F40	F	Raheny Shamrock A.C.
Brigid	Smyth	F50	F	Raheny Shamrock A.C.
Bernadette	Manley	F55	F	Raheny Shamrock A.C.
Rory	O'Sullivan	M35	M	Raheny Shamrock A.C.
Brian	Leahy	M35	M	Raheny Shamrock A.C.
Barry	Lennon	M35	M	Raheny Shamrock A.C.
Wesley	O'Brien	M35	M	Raheny Shamrock A.C.
Paul	Larkin	M35	M	Raheny Shamrock A.C.

First Name	Last Name	Category	Gender	Club
John	Clohisey	M35	M	Raheny Shamrock A.C.
Paul	Cullen	M40	M	Raheny Shamrock A.C.
Carl	Conroy	M40	M	Raheny Shamrock A.C.
Connor	Jennings	M45	M	Raheny Shamrock A.C.
John	Freir	M50	M	Raheny Shamrock A.C.
Martin	Kelly	M50	M	Raheny Shamrock A.C.
Gabriel	Byrne	M50	M	Raheny Shamrock A.C.
Brian	Kelly	M50	M	Raheny Shamrock A.C.
John	Fennell	M50	M	Raheny Shamrock A.C.
Mark	Lacey	M50	M	Raheny Shamrock A.C.
Seamus	Rooney	M55	M	Raheny Shamrock A.C.
Christopher	Reilly	M60	M	Raheny Shamrock A.C.
Vinny	Clohisey	M60	M	Raheny Shamrock A.C.
Raymond	Mccormack	M70	M	Raheny Shamrock A.C.
Dermot	Gorman	Senior	M	Raheny Shamrock A.C.
Elaine	Bennett	F35	F	Rathfarnham W.S.A.F. A.C.
Grainne	Wall	Senior	F	Rathfarnham W.S.A.F. A.C.
John	Farrelly	M50	M	Rathfarnham W.S.A.F. A.C.
Paul	Moran	M50	M	Rathfarnham W.S.A.F. A.C.
Terry	Clarke	M60	M	Rathfarnham W.S.A.F. A.C.
Sean	Hehir	Senior	M	Rathfarnham W.S.A.F. A.C.
Kevin	Donagher	Senior	M	Rathfarnham W.S.A.F. A.C.
Micheal	Murphy	Senior	M	Rathfarnham W.S.A.F. A.C.
Conor	Dixon	Senior	M	Rathfarnham W.S.A.F. A.C.
Philomena	Finnegan	F35	F	Rathkenny A.C.
Fiona	Coyle	F45	F	Rathkenny A.C.
James	Finnegan	M35	M	Rathkenny A.C.
Sinead	Gannon	F35	F	Roscommon Harriers A.C.
Tonya	Hand	F35	F	Roscommon Harriers A.C.
Marie	Grady	F35	F	Roscommon Harriers A.C.
Elaine	Mcdonnell	F35	F	Roscommon Harriers A.C.
Mary	Tiernan	F40	F	Roscommon Harriers A.C.
Katie	Daly	F45	F	Roscommon Harriers A.C.
Linda	Proud	F45	F	Roscommon Harriers A.C.
Adrian	Smith	M35	M	Roscommon Harriers A.C.
Kathleen	Griffin	F40	F	Rosses A.C.
Fiona	Mcginley	Senior	F	Rosses A.C.
Fergal	Mc Gee	Senior	M	Rosses A.C.
Gillian	Cordner	F40	F	Seapark A.C.
Neill	Harper	M45	M	Seapark A.C.
Gary	Connolly	M50	M	Seapark A.C.
Maureen	Hughes	F45	F	Shercock A.C.
James	Treanor	Senior	M	Shercock A.C.
Orla	Doyle	F35	F	Slaney Olympic A.C.
Brian	Maher	F40	F	Slaney Olympic A.C.
Yvonne	Rossiter	F40	F	Slaney Olympic A.C.
Michael	Coughlan	Senior	M	Slaney Olympic A.C.
Karen	Carlisle	F35	F	Sli Cualann A.C.

First Name	Last Name	Category	Gender	Club
Ann Marie	Kenny	F40	F	Sli Cualann A.C.
Aisling	Kirwan	F40	F	Sli Cualann A.C.
Martha	O'Neill	F45	F	Sli Cualann A.C.
Jean	O'Kennedy	F50	F	Sli Cualann A.C.
Gary	Condon	M40	M	Sli Cualann A.C.
Tony	Redmond	Senior	M	Sli Cualann A.C.
Belinda	Kehoe	F40	F	Sliabh Bhuide Rovers A.C.
Adrian	Doyle	M35	M	Sliabh Bhuide Rovers A.C.
David	Leonard	M40	M	Sliabh Bhuide Rovers A.C.
Eugene	Doherty	M60	M	Sliabh Bhuide Rovers A.C.
Richard	Gorman	M40	M	Sligo A.C.
Enda	Whelan	M65	M	Sligo A.C.
Fintan	Whelan	Senior	M	Sligo A.C.
Noreen	Brouder	F35	F	Sportsworld A.C.
Emma	Barry	F35	F	Sportsworld A.C.
Paula	Dooley	F40	F	Sportsworld A.C.
Ruth	Kelly	F40	F	Sportsworld A.C.
Zoe	Greene	Senior	F	Sportsworld A.C.
Naoise	Waldron	Senior	F	Sportsworld A.C.
Katie	Nugent	Senior	F	Sportsworld A.C.
Mairead	Daunt	Senior	F	Sportsworld A.C.
Caoimhe	Costigan	Senior	F	Sportsworld A.C.
James	Brady	M35	M	Sportsworld A.C.
Ed	Collins	M35	M	Sportsworld A.C.
Aidan	Curran	M40	M	Sportsworld A.C.
Francis	Mahon	M40	M	Sportsworld A.C.
Adrian	Lanigan	M40	M	Sportsworld A.C.
Diarmuid	Ó Súilleabháin	Senior	M	Sportsworld A.C.
Neil	Purdy	Senior	M	Sportsworld A.C.
Damien	Geraghty	Senior	M	Sportsworld A.C.
Lynda	Fay	F35	F	St. Abbans A.C.
Caitriona	Mcdonald	F35	F	St. Abbans A.C.
Paul	Mcdonald	M35	M	St. Abbans A.C.
Francis	Fleming	M60	M	St. Abbans A.C.
Francis	Fleming	Senior	M	St. Abbans A.C.
David	Butler	Senior	M	St. Brendan's A.C. (Kerry)
Brendan	Broderick	M40	M	St. Coca's A.C.
Liam	Cotter	M50	M	St. Finbarrs A.C.
David	Butler	Senior	M	St. Finbarrs A.C.
Michelle	Mc Namara	F40	F	St. L. O'Toole A.C.
Roisin	Whitty	F40	F	St. L. O'Toole A.C.
Brid	Long	F40	F	St. L. O'Toole A.C.
Jennifer	Corr	F40	F	St. L. O'Toole A.C.
June	Murphy	F45	F	St. L. O'Toole A.C.
Joanne	O Boyle	F45	F	St. L. O'Toole A.C.
Siobhan	Hayes	F50	F	St. L. O'Toole A.C.
Denis	Lyons	M35	M	St. L. O'Toole A.C.
Eddie	Dooley	M40	M	St. L. O'Toole A.C.

First Name	Last Name	Category	Gender	Club
Brendan	Nolan	M45	M	St. L. O'Toole A.C.
Mick	Long	M45	M	St. L. O'Toole A.C.
Neil	Thornton	M50	M	St. L. O'Toole A.C.
Paddy	Hurley	M55	M	St. L. O'Toole A.C.
Michael	Moore	M60	M	St. L. O'Toole A.C.
George	Sharp	M45	M	St. Michael's AC
Declan	Mcgrath	F40	F	Star of the Sea A.C.
Stephen	Redmond	M35	M	Star of the Sea A.C.
Robert	Holland	M40	M	Star of the Sea A.C.
Nicolas	Benoit	M40	M	Star of the Sea A.C.
Cheryl	Saxton	Senior	F	Swinford A.C.
Pauline	Madden	F35	F	Tallaght A.C.
Claire	O' Brien	F35	F	Tallaght A.C.
Sarah	Kinsella	F35	F	Tallaght A.C.
Suzanne	Sweeney	F35	F	Tallaght A.C.
Naomh	Mahon	F35	F	Tallaght A.C.
Caroline	Keating	F35	F	Tallaght A.C.
Caroline	Madden O Sullivan	F40	F	Tallaght A.C.
Audrey	Kelly	F40	F	Tallaght A.C.
Helen	Sweeney	F40	F	Tallaght A.C.
Caroline	Nolan	F40	F	Tallaght A.C.
Claire	Otoole	F40	F	Tallaght A.C.
Elizabeth	Pepper	F45	F	Tallaght A.C.
Jacqui	Boyle	F45	F	Tallaght A.C.
Grainne	Coogan	F45	F	Tallaght A.C.
Grainne	Byrne	F50	F	Tallaght A.C.
Tara	Woods	Senior	F	Tallaght A.C.
Jenny	Jones	Senior	F	Tallaght A.C.
Laura	Mc Donnell	Senior	F	Tallaght A.C.
Meena	Verma	Senior	F	Tallaght A.C.
Billy	Loughman	M35	M	Tallaght A.C.
David	Fitzpatrick	M35	M	Tallaght A.C.
Liam	Cullen	M40	M	Tallaght A.C.
Karl	Otoole	M40	M	Tallaght A.C.
Barry	Cullen	M40	M	Tallaght A.C.
Paul	Murphy	M40	M	Tallaght A.C.
Gerry	Schley	M40	M	Tallaght A.C.
Chris	Dalton	M40	M	Tallaght A.C.
Karl	Gill	M40	M	Tallaght A.C.
Eddie	Donegan	M40	M	Tallaght A.C.
David	O'Brien	M40	M	Tallaght A.C.
Shay	Murphy	M45	M	Tallaght A.C.
Sandro	Giglione	M45	M	Tallaght A.C.
Gerard	Dore	M50	M	Tallaght A.C.
Dave	Meehan	M50	M	Tallaght A.C.
Joseph	Pepper	M50	M	Tallaght A.C.
Alan	Mac Donnell	M50	M	Tallaght A.C.
Patrick	Kelly	M50	M	Tallaght A.C.

First Name	Last Name	Category	Gender	Club
Derek	Quinn	M55	M	Tallaght A.C.
James	Kennedy	M55	M	Tallaght A.C.
Alan	Mccabe	M55	M	Tallaght A.C.
Terence	Fayne	M60	M	Tallaght A.C.
Garry	Clarke	M65	M	Tallaght A.C.
Tomas	Fitzpatrick	Senior	M	Tallaght A.C.
David	Callaghan	Senior	M	Tallaght A.C.
Rob	O'Brien	Senior	M	Tallaght A.C.
Luke	Coleman	Senior	M	Tallaght A.C.
Eleanor	Cosgrove	F45	F	Tara A.C.
Anne Marie	Pickering	F35	F	Termoneeny A.C.
Stephen	Pickering	M35	M	Termoneeny A.C.
David	Mcpherson	Senior	M	Thomastown A.C.
John	Fitzgibbon	M35	M	Thurles Crokes A.C.
Declan	Ryan	M35	M	Thurles Crokes A.C.
John	Fogarty	M35	M	Thurles Crokes A.C.
Denis	Shanahan	M40	M	Thurles Crokes A.C.
John	O Shaughnessy	M50	M	Thurles Crokes A.C.
John	Treacy	Senior	M	Thurles Crokes A.C.
John	Dooley	Senior	M	Thurles Crokes A.C.
Philomena	Gallagher	F45	F	Tír Chonaill A.C.
Sharon	Mcgowan	F45	F	Tír Chonaill A.C.
Julie	Mcmullin	F45	F	Tír Chonaill A.C.
Pamela	Zarb	F45	F	Tír Chonaill A.C.
Sonya	O'Connell	F45	F	Tír Chonaill A.C.
Olivia	Murphy	F50	F	Tír Chonaill A.C.
Patrick	Loughlin	M35	M	Tír Chonaill A.C.
Pauric	Keenaghan	M40	M	Tír Chonaill A.C.
Brian	Mcmullin	M50	M	Tír Chonaill A.C.
Louise	Murphy	Senior	F	Togher A.C.
Clodagh	Huggard	Senior	F	Togher A.C.
Tamzen	Malone	F40	F	Tramore A.C.
Laurel	Frankel	F50	F	Trim A.C.
Eoghan	Harford	Senior	M	Trim A.C.
Martin	Hynes	M70	M	Tuam A.C.
Siobhan	Stewart	F35	F	Tullamore Harriers A.C.
Olivia	Weldon	F40	F	Tullamore Harriers A.C.
Siobhan	Wright	Senior	F	Tullamore Harriers A.C.
David	Murray	M35	M	Tullamore Harriers A.C.
Micheal	O'Brien	M40	M	Tullamore Harriers A.C.
Brendan	Sewell	M40	M	Tullamore Harriers A.C.
Christopher	Donegan	M50	M	Tullamore Harriers A.C.
John	Donegan	M50	M	Tullamore Harriers A.C.
Brendan	Abbott	M50	M	Tullamore Harriers A.C.
Eanna	Gowran	M50	M	Tullamore Harriers A.C.
Pauric	Ennis	Senior	M	Tullamore Harriers A.C.
Olive	O'Brien	F40	F	Waterford A.C.
Diane	Behan	F45	F	Waterford A.C.

First Name	Last Name	Category	Gender	Club
Maggie	Griffith	F50	F	Waterford A.C.
Laura	Howell	Senior	F	Waterford A.C.
Sebastian	Balant	M35	M	Waterford A.C.
Trevor	Walsh	M35	M	Waterford A.C.
Tony	Keogh	M35	M	Waterford A.C.
Des	Colbert	M40	M	Waterford A.C.
Brian	O'Sullivan	M40	M	Waterford A.C.
David	Smyth	M40	M	Waterford A.C.
Wayne	Lee	M40	M	Waterford A.C.
Iain	O Byrne	Senior	M	Waterford A.C.
Noel	Murphy	Senior	M	Waterford A.C.
Ed	Battye	Senior	M	Waterford A.C.
Emer	Graham	F35	F	Waterstown Warriors A.C.
Aoibhin	Luby	F35	F	Waterstown Warriors A.C.
Edel	Whyte	F40	F	Waterstown Warriors A.C.
Edel	Van Eekeren	F40	F	Waterstown Warriors A.C.
Celina	Hughes	F40	F	Waterstown Warriors A.C.
Sinead	Clancy	F45	F	Waterstown Warriors A.C.
Lisa	Cranley	F45	F	Waterstown Warriors A.C.
Anne	Tiernan	F50	F	Waterstown Warriors A.C.
Carmel	Cavanagh	F55	F	Waterstown Warriors A.C.
Ann	Battersby	F55	F	Waterstown Warriors A.C.
Andrew	Calder	M35	M	Waterstown Warriors A.C.
Karl	Donnelly	M40	M	Waterstown Warriors A.C.
Louis	Parminter	M40	M	Waterstown Warriors A.C.
Alan	Phelan	M40	M	Waterstown Warriors A.C.
Damien	Smith	M45	M	Waterstown Warriors A.C.
John	Mulvaney	M45	M	Waterstown Warriors A.C.
Brendan	Clancy	M45	M	Waterstown Warriors A.C.
Michael	Lester	M45	M	Waterstown Warriors A.C.
Peter	Lee	M45	M	Waterstown Warriors A.C.
Tony	Marnell	M45	M	Waterstown Warriors A.C.
Des	Hughes	M50	M	Waterstown Warriors A.C.
Ian	Dutton	Senior	M	Waterstown Warriors A.C.
Ian	Kelly	M35	M	West Limerick A.C.
Terri	Gough	F70	F	West Waterford A.C.
Stephen	Power	Senior	M	West Waterford A.C.
Thomas	Cashin	Senior	M	West Waterford A.C.
Marian	O'Malley	F35	F	Westport A.C.
Marian	Murray Morrison	F35	F	Westport A.C.
Dalva	McPhillips	F35	F	Westport A.C.
Aine	Mc Alpine	F35	F	Westport A.C.
Michelle	Needham	F40	F	Westport A.C.
Yvonne	Byrne	F40	F	Westport A.C.
Darina	Ukich	F40	F	Westport A.C.
Neil	Murphy	M35	M	Westport A.C.
Sean	O'Boyle	M40	M	Westport A.C.
Cuan	Mc Carrick	M45	M	Westport A.C.

First Name	Last Name	Category	Gender	Club
John	Kilroy	M55	M	Westport A.C.
Rosemarie	Mcquillan	F40	F	Wetlands A.C.
Christina	Pieri	F35	F	Wexford Marathon Club
Georgina	Gaul	F45	F	Wexford Marathon Club
Sheena	Freeman	Senior	F	Wexford Marathon Club
Caroline	Mcintyre	F40	F	
Seamus	Monaghan	M55	M	