

Premier Men - Templemore Stadium**110m Hurdles (wind: 1.0m/s)**

Place	Num	Athlete	Club	Time
1	2	Joe McEvoy	Nenagh Olympic A.C.	15.72
2	6	Tadgh Murtagh	Kildare County	16.49
3	3	Diego Brulee	Galway City Harriers	17.62

3000m Walk

Place	Num	Athlete	Club	Time
1	1	Ross Alexander	Tipperary County	14.56.07
2	47	Jimmy McDonald	Menapians A.C.	15.32.33

400m Hurdles

Place	Num	Athlete	Club	Time
1	1	Jake Vermeer	Tipperary County	59.63
2	2	Josh Egan	Nenagh Olympic A.C.	63.95
3	3	Eoghan Jennings	Galway City Harriers	64.18
4	5	Aaron Malik	Kerry Athletics	66.61
5	47	Damian Walsh	Menapians A.C.	76.98

4X100m Relay

Place	Num	Athlete	Club	Time
1	3		Galway City Harriers	43.54
2	6		Kildare County	44.66
3	5		Kerry Athletics	45.11
4	1		Tipperary County	45.89
5	2		Nenagh Olympic A.C.	46.35
6	47		Menapians A.C.	49.96

Premier Women- Templemore Stadium**100m Hurdles (wind: +1.2 m/s)**

Place	Num	Athlete	Club	Time
1	17	Lyn Vameer	Tipperary County	16.63
2	18	Sarah Finnegan	Galway County	19.03
	304	Lilly Ann O'Hora	Dooneen AC Guest	14.20

1500m Walk

Place	Num	Athlete	Club	Time
1	18	Maeve Curley	Galway County	6.55.73
2	19	Emily McHugh	Kildare County	7.06.50
3	14	Deirdre Brennan	St. Abbans A.C.	10.39.49

400m Hurdles

Place	Num	Athlete	Club	Time
1	18	Rachel Finnegan	Galway County	72.01
2	15	Aoife Ni Eochaidh	Wexford County	75.09
3	17	Rachel O'Shea	Tipperary County	78.87
4	14	Orla Davis	St. Abbans A.C.	78.90
		Denise O'Connor	Tramore AC Guest	65.42

4X100m Relay

Place	Num	Athlete	Club	Time
1	19		Kildare County	49.76
2	18		Galway County	50.40
3	15		Wexford County	50.88
4	17		Tipperary County	51.20
5	16		Meath County	57.57

1500m

Place	Num	Athlete	Club	Time
1	6	Shane Coffey	Kildare County	4.02.08
2	48	Matthew Murnane	Leevale A.C.	4.02.68
3	4	Cian Kelly	St. Abbans A.C.	4.02.74
4	3	James Frizzel	Galway City Harriers	4.09.51
5	5	Conor O'Mahoney	Kerry Athletics	4.12.80
6	1	Dylan McLaughlin	Tipperary County	4.23.85
7	47	Morgan Haydon	Menapians A.C.	4.43.29

1500m

Place	Num	Athlete	Club	Time
1	15	Fiona Kehoe	Wexford County	4.35.06
2	18	Aisling Joyce	Galway County	4.55.04
3	19	Alex Murphy	Kildare County	4.56.92
4	17	Lorraine Healy	Tipperary County	5.17.17
5	16	Bridgie Clarke	Meath County	5.34.56
		Hikko Konstro	Limerick AC Guest	4.47.59
		Sharon Cantwell	Moyne AC Guest	5.36.95

400m

Place	Num	Athlete	Club	Time
1	2	Paul White	Nenagh Olympic A.C.	48.56
2	47	Conor Wilson	Menapians A.C.	50.72
3	4	Eoghan Buggy	St. Abbans A.C.	50.98
4	6	Fintan Howard	Kildare County	52.96
5	3	Robert Meagher	Galway City Harriers	53.35
6	5	Basit Oyanji	Kerry Athletics	53.66
7	1	Eoin McGrath	Tipperary County	56.22

400m

Place	Num	Athlete	Club	Time
1	17	Miriam Daly	Tipperary County	57.22
2	18	Nicole Walsh	Galway County	58.78
3	19	Ellie O'Toole	Kildare County	62.13
4	15	Maeve Hayes	Wexford County	63.16
5	16	Caoimhe Rowe	Meath County	64.08
6	14	Maebh Maher	St. Abbans A.C.	66.96

3000m S/C

Place	Num	Athlete	Club	Time
1	48	Hayward Richardstown	Leevale A.C.	10.29.99
2	6	Adam Byrne	Kildare County	11.53.13
3	47	Damian Walsh	Menapians A.C.	13.26.63

3000m S/C

Place	Num	Athlete	Club	Time
1	19	Kirsten Monaghan	Kildare County	12.33.57
2	14	Sinead Kelly	St. Abbans A.C.	12.54.26
3	15	Liz Egan	Wexford County	13.05.09
4	18	Ailbhe Miskella	Galway County	13.20.61
		Ciara Dolan	Menapians AC Guest	13.26.53

200m (wind: 1.8 m/s)

Place	Num	Athlete	Club	Time
1	6	John Grant	Kildare County	22.54
2	47	Michael Deady	Menapians A.C.	22.57
3	4	Paul Byrne	St. Abbans A.C.	22.93
4	1	Kyle Dooley	Tipperary County	23.63
5	2	Lewis Doyle	Nenagh Olympic A.C.	23.74
6	3	Jonah Erugo	Galway City Harriers	23.82
7	5	Nathan Wright	Kerry Athletics	23.97
8	48	Jordan	Leevale A.C.	24.07

200m (wind: 2.0 m/s)

Place	Num	Athlete	Club	Time
1	18	Laura Nally	Galway County	24.74
2	15	Aisling Kelly	Wexford County	26.31
3	19	Hannah Aspell	Kildare County	26.89
4	17	Eimear Lynch	Tipperary County	27.23

800m

Place	Num	Athlete	Club	Time
1	3	Neil Keane	Galway City Harriers	1.55.28
2	6	Robert Hueston	Kildare County	1.58.13
3	48	Matthew Murnane	Leevale A.C.	1.59.54
4	4	Cian Kelly	St. Abbans A.C.	2.01.75

800m

Place	Num	Athlete	Club	Time
1	19	Orla Reidy	Kildare County	2.16.71
2	16	Sarah Clarke	Meath County	2.17.94
3	18	Sinead Gaffney	Galway County	2.21.32
4	15	Danika Gilshenan	Wexford County	2.21.35

5	47	Morgan Haydon	Menapians A.C.	2.10.66
6	2	Paul White	Nenagh Olympic A.C.	2.12.14
7	5	Dermot Dineen	Kerry Athletics	2.18.46

5	14	Cara Maher	St. Abbans A.C.	2.25.71
6	17	Evelyn Maher	Tipperary County	2.31.53
		Sarah Lanigan	Dooneen AC Guest	2.19.04
		Caoimhe Kelleher	Sth Galway AC Guest	2.44.67

5000m

Place	Num	Athlete	Club	Time
1	1	David Mansfield	Tipperary County	15.21.75
2	2	Darren Dunne	Nenagh Olympic A.C.	15.48.89
3	4	Stephen Lawlor	St. Abbans A.C.	16.06.10
4	48		Leevale A.C.	16.07.54
5	5	Cillian Tierney	Kerry Athletics	16.15.54
6	3	John Moroney	Galway City Harriers	16.43.75
7	6	Michael Comer	Kildare County	17.56.73

3000m

Place	Num	Athlete	Club	Time
1	17	Jacqueline Hughes	Tipperary County	10.57.62
2	19	Evelyn Coughlan	Kildare County	11.00.97
3	14	Caitlin McDonald	St. Abbans A.C.	11.06.88
4	18	Aine O'Farrell	Galway County	11.16.00
5	16	Bridgie Clarke	Meath County	12.21.36
6	15	Jenny Higgins	Wexford County	12.30.20
		Marian McCarthy	FMV AC Guest	11.02.82

100m (wind: +2.3m/s)

Place	Num	Athlete	Club	Time
1	3	Jack Dempsey	Galway City Harriers	11.13
2	4	Eoghan Buggy	St. Abbans A.C.	11.31
3	5	Ben Sheehan	Kerry Athletics	11.33
4	1	Patrick Lynch	Tipperary County	11.48
5	47	Michael Deady	Menapians A.C.	11.71
6	6	Eoin O'Sullivan	Kildare County	12.00
7	2	Sean Carolan	Nenagh Olympic A.C.	12.61

100m (wind: +2.4 m/s)

Place	Num	Athlete	Club	Time
1	19	Amy Allen	Kildare County	12.59
2	18	Lydia Doyle	Galway County	12.80
3	17	Roseann Fitzgerald	Tipperary County	13.05
4	15	Eva Murphy	Wexford County	13.19
5	16	Laura Heneghan	Meath County	14.30
		Aoife Ni Eochaidh	United Striders AC Guest	13.78
		Grace O'Toole	Kildare AC Guest	14.15

100m (wind: +1.4m/s)

317	Liam Mular	NW Kildare AC Guest	12.05
323	Michael Grant	Celbridge AC Guest	12.73
325	Adam Harte	Naas AC Guest	11.68
377	Eddy Tampau	Kildare AC Guest	11.69
313	Alex Ryan	Dundrum AC Guest	11.85
318	Billy Corrigan	NW Kildare AC Guest	12.03

4X400m

Place	Num	Athlete	Club	Time
1	4		St. Abbans A.C.	3.39.69
2	3		Galway City Harriers	3.40.80
3	5		Kerry Athletics	3.44.27
4	1		Tipperary County	3.45.29
5	6		Kildare County	3.47.98
6	2		Nenagh Olympic A.C.	3.59.80
7	47		Menapians A.C.	4.03.68

4X400m

Place	Num	Athlete	Club	Time
1	18		Galway County	4.02.71
2	19		Kildare County	4.08.91
3	17		Tipperary County	4.17.47
4	16		Meath County	4.27.41

Hammer

Hammer

Place	Num	Athlete	Club	Distance
1	1	John Dwyer	Tipperary County	51.36
2	4	Ger Kelly	St. Abbans A.C.	38.79
3	2	Brian Naughton	Nenagh Olympic A.C.	38.00
4	5	Graham Deane	Kildare County	29.36
5	3	Brendan Staunton	Galway City Harriers	20.87
		Sean Mockler	Moycarkey Coolcree AC Guest	66.02
		Mark O'Brien	Guest	25.75

Place	Num	Athlete	Club	Distance	
1	15	Emma Owens	Wexford County	41.90	
2	14	Emma Daly	St. Abbans A.C.	39.55	
3	16	Caoimhe Rowe	Meath County	30.40	
4	19	Pauline Kenny	Kildare County	18.66	
		Jean Daly	Na Fianna Guest	34.14	3KG
		Nicola Tuthill	Bandon AC Guest	52.09	3KG
		Laura Dolan	Ferbane AC Guest	38.19	4KG

Place	Num	Athlete	Club	Height
1	1	Adam O'Dwyer	Tipperary County	4.00
2	6	Tadhg Murtagh	Kildare County	3.60
3	4	Matthew Rossiter	St. Abbans A.C.	3.60
4	3	Eoghan Jennings	Galway City Harriers	3.00
5	2	Mark Tierney	Nenagh Olympic A.C.	3.00
6	5	Aaron Malik	Kerry Athletics	2.80

Place	Num	Athlete	Club	Height
1	17	Anna Ryan	Tipperary County	3.05
		Una Brice	Leevale AC Guest	2.90
		Clodagh Walsh	Abbey Striders AC Guest	3.65

Place	Num	Athlete	Club	Distance	
1	5	Luke O'Carroll	Kerry Athletics	6.02	
2	48	Pietro Tozzi	Leevale A.C.	5.99	
3	2	Joe McEvoy	Nenagh Olympic A.C.	5.96	
4	6	Eoin McGrath	Kildare County	5.68	
5	47	Emanuel Ogbonna	Menapians A.C.	5.64	
6	1	Adam Dooley	Tipperary County	5.52	
7	4	Josh McDonald	St. Abbans A.C.	5.37	
8	3	Henrique Nkiolovata	Galway City Harriers	5.22	
		Liam Nolan	NW Kildare AC Guest	5.33	
		Daniel Hurllet	Leevale AC Guest	5.92	
		Shane Howard	Bandon AC Guest	7.27	+2.5m/s
		Conor Commane	Tralee Harriers AC Guest	5.60	
		Ben Sheehan	Lios Tuathuail AC Guest	5.67	
		Michael Grant	Celbridge AC Guest	4.69	
		James Murray	Waterford AC Guest	5.71	

Place	Num	Athlete	Club	Distance	
1	19	Aisling McHugh	Kildare County	5.30	+2.2 m/s
2	18	Leanagh Gilligan	Galway County	4.90	
3	17	Kate Bergin	Tipperary County	4.83	
4	16	Weronika Narloch	Meath County	4.23	
5	15	Hannah Roche Kelly	Wexford County	4.16	
		Aisling Keary	GCH AC Guest	4.40	

Place	Num	Athlete	Club	Distance
1	3	Michael Breathnach	Galway City Harriers	11.81
2	5	Alan O'Connor	Kerry Athletics	11.33
3	6	Graham Dean	Kildare County	11.03
4	4	Keith Gilligan	St. Abbans A.C.	10.03
5	48	Ger Tobin	Leevale A.C.	9.28

Place	Num	Athlete	Club	Distance
1	14	Nicole Kehoe Dowling	St. Abbans A.C.	11.30
2	17	Deirbhile Ryan	Tipperary County	10.63
3	15	Erin Van Straaten	Wexford County	10.33
4	18	Mary Barrett	Galway County	8.21
5	16	Jean Daly	Meath County	6.82

6	1	Joe Kenny	Tipperary County	9.27
7	2	Sean Carolan	Nenagh Olympic A.C.	7.81
8	47	Michael Deady	Menapians A.C.	5.34

6	19	Carmel Kelly	Kildare County	3.08
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High Jump

Place	Num	Athlete	Club	Height
1	2	Joe McEvoy	Nenagh Olympic A.C.	1.93
2	5	Daragh Courtney	Kerry Athletics	1.80
3	4	Paul Byrne	St. Abbans A.C.	1.75
4	6	Tadhg Murtagh	Kildare County	1.70
5	3	Brendan Staunton	Galway City Harriers	1.10

High Jump

Place	Num	Athlete	Club	Height
1	15	Maeve Hayes	Wexford County	1.60
2	18	Ellie Cronin	Galway County	1.50
3	17	Emily Tierney	Tipperary County	1.40
4	14	Sarah Graham	St. Abbans A.C.	1.40
		Aoibhin Farrell	GCH Guest	1.45

Discus

Place	Num	Athlete	Club	Distance	
1	3	Michael Breathnach	Galway City Harriers	42.39	
2	5	Alan O'Connor	Kerry Athletics	39.23	
3	1	Sean Mockler	Tipperary County	39.02	
4	6	Michael Kenny	Kildare County	37.52	
5	2	Mark Tierney	Nenagh Olympic A.C.	33.77	
6	4	Eoin Kelly	St. Abbans A.C.	33.56	
		James O'Kane	Kildare AC Guest	34.15	1.5 KG
		James Deane	Kildare AC Guest	32.40	1.0 KG
		Darragh Jennings	GCH AC Guest	38.43	1.5 KG
		Graham Deane	Kildare AC Guest	27.4	
		Brendan Staunton	GCH AC Guest	35.63	
		Shane Aston	Trim AC Guest	NT	
		Michael Bowler	Enniscorthy AC Guest	38.27	

Discus

Place	Num	Athlete	Club	Distance
1	15	Emma Owens	Wexford County	36.71
2	14	Nicole Kehoe Dowling	St. Abbans A.C.	32.58
3	17	Deirbhile Ryan	Tipperary County	23.35
4	18	Mary Barrett	Galway County	23.20
5	19	Pauline Kenny	Kildare County	22.53
6	16	Jean Daly	Meath County	21.71

Triple Jump

Place	Num	Athlete	Club	Distance	
1	5	Michael Tony	Kerry Athletics	12.82	+2.5m/s
2	2	Josh Egan	Nenagh Olympic A.C.	12.59	+3.1 m/s
3	4	Eoin Kelly	St. Abbans A.C.	12.32	
4	1	Dillon Ryan	Tipperary County	12.25	
5	47	Emanuel Ogbonna	Menapians A.C.	11.91	
6	3	Henrique Nkiolovata	Galway City Harriers	11.84	
7	6	Eddie Tampu	Kildare County	11.43	
	48	Pietro Tozzi	Leevale A.C.	NJ	

Triple Jump

Place	Num	Athlete	Club	Distance
1	19	Aisling McHugh	Kildare County	10.53
2	18	Leanagh Gilligan	Galway County	10.15
3	14	Sarah Graham	St. Abbans A.C.	10.14
4	17	Rachel O'Shea	Tipperary County	9.85
5	16	Weronika Narloch	Meath County	9.21
6	15	Claire Doyle	Wexford County	8.62
		Sarah Finnegan	Craughwell AC Guest	9.87
		Aoibhin Farrell	GCH AC Guest	9.51
		Grace Furlong	Waterford AC Guest	11.46

Javelin

Place	Num	Athlete	Club	Distance
1	6	Michael Jordan	Kildare County	52.218
2	48	Cathal Scanlon	Leevale A.C.	49.22
3	3	Eoghan Jennings	Galway City Harriers	47.01
4	5	Rossa Foley	Kerry Athletics	46.23

Javelin

Place	Num	Athlete	Club	Distance
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5	4	Matthew Rossiter	St. Abbans A.C.	45.98
6	2	Joe McEvoy	Nenagh Olympic A.C.	38.96
7	47	Conor Wilson	Menapians A.C.	22.22
		Aaron Malik	St Brendans AC Guest	34.25

1	19	Grace Casey	Kildare County	37.38
2	14	Emma Daly	St. Abbans A.C.	28.19
3	15	Maeve Hayes	Wexford County	23.75
4	18	Freya Bohan	Galway County	23.61
5	17	Anna Ryan	Tipperary County	22.62
6	16	Maggie Higgins	Meath County	12.24

56 lb Weight

Place	Num	Athlete	Club	Distance
1	1	John Dwyer	Tipperary County	7.39
2	5	James Nagle	Kerry Athletics	6.65
3	6	Michael Kenny	Kildare County	6.33
4	3	Brendan Staunton	Galway City Harriers	5.99
5	2	Peter Ryan	Nenagh Olympic A.C.	5.62
6	4	Keith Gilligan	St. Abbans A.C.	4.48
7	47	Mick McKeon	Menapians A.C.	1.56

