



DEEP HEAT[®] DEEP FREEZE[®]
great Ireland
run[®]

20TH – 26TH JULY

✪ FINAL STANDINGS ✪

Congratulations to everyone who took part in the Deep Heat Deep Freeze Virtual Great Ireland Run over the last week. There was a fantastic response with over 1,500 times submitted since the 20th of July.

Brishan Le Goff O'Brien (Tallaght A.C.) claimed top spot in the men's competition with a super time of 32.15 which was submitted over the weekend. He finished ahead of Charlie O'Donnell (33.42) who also placed 2nd overall in last month's Virtual Irish Runner 5 mile run.

Claire Fagan (Mullingar Harriers A.C.) posted a winning 34.46 on Friday to finish in first place in the women's standings. Before this, Sarah-Grace Breen had held on to the top spot, who in the end finished a brilliant 2nd with her time of 38.03. Another Mullingar Harriers athlete, Joan Flynn finished just seconds behind Sarah-Grace running 38.08.

In club results, Rosses A.C took the top spot in the men's results totalling a time of 02:22:26 between 4 athletes. Mullingar Harriers A.C. finished only minutes behind Rosses A.C. claiming second position in the Men's while Celbridge A.C's athletes battled to finish 3rd.

Mullingar Harriers A.C. make a reappearance in the women's club results, with Claire Fagan, who took the women's top spot, leading the team home to 1st position with a time of 02:34:10. Mayo A.C. took 2nd place totalling 02:43:50 and Dublin City Harriers A.C. came in 3rd in the Women's result.

Overall Top 20

Overall Position	Name	Club	Time	Gender
1	Brishan Le Goff O Brien	Tallaght A.C.	00:32:15	M
2	Charlie O Donnell	Rosses A.C.	00:33:42	M
3	Joshua O Brien	Tallaght A.C.	00:34:19	M
4	Patrick Birch	Ballinasloe and District	00:34:39	M
5	Claire Fagan	Mullingar Harriers A.C.	00:34:46	F
6	James Keegan		00:35:16	M
7	Marty J Gorman		00:35:22	M
8	Gerard Gavin	Mullingar Harriers A.C.	00:35:37	M
9	Manus Mc Hugh	Rosses A.C.	00:35:51	M
10	Neil Skelton	Rathfarnham W.S.A.F. A.C.	00:35:57	M
11	Gavin Lynch		00:35:59	M
12	Shane O Donnell	Rosses A.C.	00:36:06	M
13	Maurice Looby	Mullingar Harriers A.C.	00:36:08	M
14	Dan Morris		00:36:08	M
15	Martin Gorman		00:36:32	M
16	Tom Mc Grath	Mullingar Harriers A.C.	00:36:33	M
17	Alan Crowley	Mullingar Harriers A.C.	00:36:34	M
18	Ben Carr	Finn Valley A.C.	00:36:37	M
19	Eoin Clarke	Mullingar Harriers A.C.	00:36:39	M
20	Paul Mc Kelvey	Rosses A.C.	00:36:47	M

Gender Position	Name	Club	Time	Gender
1	Brishan Le Goff O Brien	Tallaght A.C.	00:32:15	M
2	Charlie O Donnell	Rosses A.C.	00:33:42	M
3	Joshua O Brien	Tallaght A.C.	00:34:19	M
4	Patrick Birch	Ballinasloe and District	00:34:39	M
5	James Keegan		00:35:16	M
6	Marty J Gorman		00:35:22	M
7	Gerard Gavin	Mullingar Harriers A.C.	00:35:37	M
8	Manus Mc Hugh	Rosses A.C.	00:35:51	M
9	Neil Skelton	Rathfarnham W.S.A.F. A.C.	00:35:57	M
10	Gavin Lynch		00:35:59	M

Men's Top 10

Gender Position	Name	Club	Time	Gender
1	Claire Fagan	Mullingar Harriers A.C.	00:34:46	F
2	Sarah-Grace Breen		00:38:03	F
3	Joan Flynn	Mullingar Harriers A.C.	00:38:08	F
4	Norah Newcombe Pieterse	Mayo A.C.	00:38:46	F
5	Aine O Reilly	Mullingar Harriers A.C.	00:39:09	F
7	Colette Tuohy	Mayo A.C.	00:39:52	F
6	Irene Clements		00:39:52	F
8	Aoife Ni Bhroin	Dublin City Harriers A.C.	00:40:57	F
9	Sinead Cronin	Dublin City Harriers A.C.	00:41:33	F
10	Amy Mahony	Mullingar Harriers A.C.	00:42:07	F

Women's Top 10

Team Standings

First Name	Surname	Gender	Club	Time	Overall Time	Place
Paul	Mc Kelvey	Male	Rosses A.C.	00:36:47		1st
Charlie	O Donnell	Male	Rosses A.C.	00:33:42		1st
Manus	Mc Hugh	Male	Rosses A.C.	00:35:51		1st
Shane	O Donnell	Male	Rosses A.C.	00:36:06	02:22:26	1st
Gerard	Gavin	Male	Mullingar Harriers A.C.	00:35:37		2nd
Maurice	Looby	Male	Mullingar Harriers A.C.	00:36:08		2nd
Tom	Mc Grath	Male	Mullingar Harriers A.C.	00:36:33		2nd
Alan	Crowley	Male	Mullingar Harriers A.C.	00:36:34	02:24:52	2nd
Derek	Cullen	Male	Celbridge A.C.	00:54:41		3rd
John	Dixon	Male	Celbridge A.C.	00:56:57		3rd
Michael	Kennedy	Male	Celbridge A.C.	01:02:46		3rd
Kevin	Walsh	Male	Celbridge A.C.	01:08:34	04:02:58	3rd
First Name	Surname	Gender	Club	Time	Overall Time	Place
Claire	Fagan	Female	Mullingar Harriers A.C.	00:34:46		1st
Joan	Flynn	Female	Mullingar Harriers A.C.	00:38:08		1st
Aine	O Reilly	Female	Mullingar Harriers A.C.	00:39:09		1st
Amy	Mahony	Female	Mullingar Harriers A.C.	00:42:07	02:34:10	1st
Colette	Tuohy	Female	Mayo A.C.	00:39:52		2nd
Norah	Newcombe Pieterse	Female	Mayo A.C.	00:38:46		2nd
Paula	Donnellan Walsh	Female	Mayo A.C.	00:43:00		2nd
Pauline	Moran	Female	Mayo A.C.	00:42:12	02:43:50	2nd
Aislinn	Moorhouse	Female	Dublin City Harriers A.C.	00:42:24		3rd
Sinead	Cronin	Female	Dublin City Harriers A.C.	00:41:33		3rd
Aoife	Ni Bhroin	Female	Dublin City Harriers A.C.	00:40:57		3rd
Alison	Armstrong	Female	Dublin City Harriers A.C.	00:44:10	02:49:04	3rd

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