

# GloHealth

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## **Sponsors Welcome**

GloHealth is delighted to be the title sponsor of Athletics Ireland's National Championship events and on behalf of our team at GloHealth I would like to welcome you to the 2014 GloHealth Cross Country Championships at Dundalk Institute of Technology.

Since the start of our partnership with Athletics Ireland we have enjoyed working together to develop the sport of athletics and through our partnership with the successful GloHealth Fit4Life programme we hope to inspire people across Ireland to maintain an active lifestyle and improve the quality of their health and well-being.

Today we will see the very best of Ireland's athletes compete for their club in the hopes of achieving a national cross country title with senior, U23 and junior athletes also battling it out for the honour of representing Ireland at the upcoming European Cross Country Championships in Bulgaria. With so much amazing talent in today's championships it will no doubt be a very exciting and enjoyable day of top class competition.

This event is only possible due to the commitment of many people and we are very appreciative of the efforts of the organising committee, volunteers, officials, Athletics Ireland staff and of course to all of the supporters who make this a very special event for everyone competing.

Finally, I would like to take this opportunity to wish all athletes the very best and I hope that the long hours of training and preparation let you achieve your best performance.

Jim Dowdall

CEO

GloHealth