



LEEVALE 2015

Track & Field Meet

JUNIOR & SENIOR PROGRAMME

Saturday 18th April, CIT Track

TRACK 11:45am

Time	Event	Sponsor	
12:00	Junior Women	100mH	Performance Physiotherapy
	Senior Women	100mH	
	Junior Men	110mH	
	Senior Men	110mH	
12:30	Senior Women	100m	Mahers Sports
	Senior Men	100m	
13:15	Senior Women	400m	Athletics Ireland
	Senior Men	400m	
13:45	Final Senior Women	100m	Mahers Sports
	Final Senior Men	100m	
14:15	Senior Women	800m	Harrington Construction
	Senior Men	800m	
14:45	Senior Women	3000m	Liam Horgan
	Senior Men	3000m	
15:30	Senior Women	400mH	Collins Print
	Senior Men	400mH	
15:50	Senior Women	200m	McMahon Galvin
	Senior Men	200m	
16:15	Senior Men	1500m	The River Lee Hotel
16:40	Senior Men & Women	4x100m Relays	Square Deal

FIELD 10:30am

Time	Event	Sponsor	
10:30	Junior/Senior Women & Men	Hammer	Cork Athletics
11:30	Junior/Senior Women & Men	Discus	Cork Athletics
11:30	Open Competition Men & Women	Pole Vault	Harrington Construction
12:30	Junior/Senior Women & Men	Shot Putt	River Lee Hotel
13:30	Junior/Senior Women & Men	Javelin	Harrington Construction
14:00	Senior Men	Long Jump	DL Group
14:00	Senior Women	High Jump	DL Group
14:30	Senior men	56lbs	Square Deal
14:30	Senior Women	20lbs	Square Deal
15:30	Senior Women	Long Jump	Mahers Sports
15:30	Senior Men	High Jump	McMahon Galvin

NOTES:-

The programme will commence on time at 10:30am

Online Entries for all junior & senior events @ www.leevale.org

Electronic timing and cash prizes for senior events only

International standard times achieved at Leevale 2015 will be acknowledged by Athletics Ireland

200m, 400m & 400mH results will be on times.

Heats & races will be graded based on PBs indicated on entries.

€10 entry free relay team

Admission charges will apply to all athletes and spectators on the day.