

### Transfer List May 2016

First Name	Surname	Outgoing Club	Incoming Club	Outgoing County	Incoming County	Inter County Y/N
Conor	Ruane	St. Laurance O'Toole A.C.	Ballon Rathoe A.C.	Carlow	Carlow	N
Dylan	Ruane	St. Laurance O'Toole A.C.	Ballon Rathoe A.C.	Carlow	Carlow	N
David	Ward	St. Laurance O'Toole A.C.	Kilkenny City Harriers	Carlow	Kilkenny	Y
Laura	Ward	St. Laurance O'Toole A.C.	Kilkenny City Harriers	Carlow	Kilkenny	Y
Emma	Glynn	Shercock A.C.	Monaghan Phoenix A.C.	Cavan	Monaghan	Y
Brian	Ankers	Marathon Club Ireland	Donadea A.C.	Clare	Kildare	Y
Dolores	Duffy	Marathon Club Ireland	Watergrasshill A.C.	Clare	Cork	Y
Sean	O'Flynn	Abbey Striders A.C.	North Cork A.C.	Cork	Cork	N
Kayla	Daley Moloney	Abbey Striders A.C.	North Cork A.C.	Cork	Cork	N
Sean	O'Sullivan	Abbey Striders A.C.	North Cork A.C.	Cork	Cork	N
Bobby	Dutfield Cook	Abbey Striders A.C.	North Cork A.C.	Cork	Cork	N
Éanna	Garvey	Abbey Striders A.C.	North Cork A.C.	Cork	Cork	N
Emmet	Lyons	Abbey Striders A.C.	North Cork A.C.	Cork	Cork	N
Mary	Nolan	Abbey Striders A.C.	North Cork A.C.	Cork	Cork	N
Katelyn	Madden	Bandon A.C.	Courseys A.C.	Cork	Cork	N
Fergus	Wall	Bandon A.C.	St. Finbarrs A.C.	Cork	Cork	N
Amy	Newman	Carrigaline Road Runners	Eagle A.C.	Cork	Cork	N
Andrew	MacDonald	Carrigaline Road Runners	Eagle A.C.	Cork	Cork	N
Nicola	Lifford	Carrigaline Road Runners	Tracton A.C.	Cork	Cork	N
Sarah	Ruddy	Carrigaline Road Runners	Tracton A.C.	Cork	Cork	N
Kenneth	O'Regan	Clonakilty Road Runners	Leevale A.C.	Cork	Cork	N
Stephen	O'Regan	Clonakilty Road Runners	Leevale A.C.	Cork	Cork	N
Neil	Feeney	Cork Varsity A.C.	Leevale A.C.	Cork	Cork	N
Karol	Egan	Courseys A.C.	Bandon A.C.	Cork	Cork	N
Deirdre	Nagle	Eagle A.C.	N/A	Cork	Kerry	Y
Margaret	Carroll	Eagle A.C.	Ballincollig A.C.	Cork	Cork	N
Rhona	Lynch	Eagle A.C.	Carrig Na Bhfear A.C.	Cork	Cork	N
Gearóid	O'Leary	Eagle A.C.	St. Finbarrs A.C.	Cork	Cork	N
Pamela	Barry	Eagle A.C.	Aghada R.C.	Cork	Cork	N
Andreas	Purmann	East Cork A.C.	Leevale A.C.	Cork	Cork	N
Kyle	Ettoh	Grange Fermoy A.C.	Leevale A.C.	Cork	Cork	N
Stephen	Rea	Grange Fermoy A.C.	North Cork A.C.	Cork	Cork	N
Theo	De Souza	Leevale A.C.	Carrig Na Bhfear A.C.	Cork	Cork	N
Sean	Lukey	Leevale A.C.	Eagle A.C.	Cork	Cork	N
Emelia	Stack	Leevale A.C.	Togher A.C.	Cork	Cork	N
Lily	Fitzgerald	Leevale A.C.	Togher A.C.	Cork	Cork	N
Sarah	O'Regan	Liscarroll A.C.	Carrick on Suir A.C.	Cork	Tipperary	Y
Abigail	O'Regan	Liscarroll A.C.	Carrick on Suir A.C.	Cork	Tipperary	Y
Tom	O'Regan	Liscarroll A.C.	Carrick on Suir A.C.	Cork	Tipperary	Y

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Ruth	O'Regan	Liscarroll A.C.	Carrick on Suir A.C.	Cork	Tipperary	Y
Aoibhinn	O'Connor	Liscarroll A.C.	Bandon A.C.	Cork	Cork	N
Niall	O'Callaghan	Mallow A.C.	Leevale A.C.	Cork	Cork	N
Colm	Jordan	Midleton A.C.	Carrigtwohill A.C.	Cork	Cork	N
John	Dunphy	Midleton A.C.	Eagle A.C.	Cork	Cork	N
Mark	Barry	Midleton A.C.	Leevale A.C.	Cork	Cork	N
Sophie	Barry	Midleton A.C.	Leevale A.C.	Cork	Cork	N
John	O'Connell	Midleton A.C.	St. Finbarrs A.C.	Cork	Cork	N
Pamela	Codd	Midleton A.C.	Aghada R.C.	Cork	Cork	N
Shirley	O'Gorman	Midleton A.C.	Aghada R.C.	Cork	Cork	N
Felicity	McGrath	Midleton A.C.	Aghada R.C.	Cork	Cork	N
Don	O'Callaghan	Midleton A.C.	Aghada R.C.	Cork	Cork	N
Emmet	Foley	Midleton A.C.	Aghada R.C.	Cork	Cork	N
Louise	Falvey	Midleton A.C.	Aghada R.C.	Cork	Cork	N
Paul	Shanahan	Navy A.C.	Leevale A.C.	Cork	Cork	N
Shane	O'Rahilly	North Cork A.C.	Ferrybank A.C.	Cork	Waterford	Y
Diarmuid	O'Connor	Old Abbey A.C.	Bandon A.C.	Cork	Cork	N
Eoghan	O'Connor	Old Abbey A.C.	Bandon A.C.	Cork	Cork	N
Daniel	Hurley	Old Abbey A.C.	Leevale A.C.	Cork	Cork	N
Jonah	D'Alton	Riverstick/ Kinsale A.C.	Bandon A.C.	Cork	Cork	N
John	O'Sullivan	St. Finbarrs A.C.	Eagle A.C.	Cork	Cork	N
Loic	Garel	St. Finbarrs A.C.	Leevale A.C.	Cork	Cork	N
Michelle	Nolan	St. Finbarrs A.C.	Youghal A.C.	Cork	Cork	N
Richard	Barry	St. Nicholas A.C.	Carrig Na Bhfear A.C.	Cork	Cork	N
Una	Buckley	Tracton A.C.	St. Finbarrs A.C.	Cork	Cork	N
Liam	Doherty	Cranford A.C.	Milford A.C.	Donegal	Donegal	N
Liam	Doherty	Cranford A.C.	Letterkenny	Donegal	Donegal	N
Fergus	Cox	Inishowen A.C.	Lifford Strabane A.C.	Donegal	Donegal	N
Serena	McCrossan McArdle	Letterkenny A.C.	Lifford Strabane A.C.	Donegal	Donegal	N
Clíodhna	Harvey	Letterkenny A.C.	Finn Valley A.C.	Donegal	Donegal	N
Neil	Martin	Letterkenny A.C.	Milford A.C.	Donegal	Donegal	N
Sean	Martin	Letterkenny A.C.	Milford A.C.	Donegal	Donegal	N
Christopher	Johnston	Letterkenny A.C.	Finn Valley A.C.	Donegal	Donegal	N
Honour	Okoroji	Letterkenny A.C.	Finn Valley A.C.	Donegal	Donegal	N
Daniel	Cullen	Letterkenny A.C.	Milford A.C.	Donegal	Donegal	N
Martin	Devenney	Lifford A.C.	Letterkenny	Donegal	Donegal	N
Stephen	Kelly	Balbriggan & District A.C.	Drogheda & District A.C.	Dublin	Louth	?
Helen	Hennessy	Blackrock A.C. (Dublin)	An Brú A.C.	Dublin	Limerick	?
Grace	Cleary	Blackrock A.C. (Dublin)	Cabinteely A.C.	Dublin	Dublin	N

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Stephanie	Mulligan	Blackrock A.C. (Dublin)	Crusaders A.C.	Dublin	Dublin	N
Sinead	Thornton	Breakaway A.C.	Milford A.C.	Dublin	Donegal	Y
Alice	O'Leary Brady	Brothers Pearse A.C.	Dunshaughlin A.C.	Dublin	Meath	Y
Terry	Brady	Brothers Pearse A.C.	Dunshaughlin A.C.	Dublin	Meath	Y
Ceara	Kerrigan	Brothers Pearse A.C.	Lucan Harriers A.C.	Dublin	Dublin	N
Conor	Joyce	Cabinteely A.C.	Dundrum South Dublin A.C.	Dublin	Dublin	N
Jordan	Hynes	Cabinteely A.C.	Blackrock A.C. (Dublin)	Dublin	Dublin	N
Richard	White	Cabinteely A.C.	Crusaders A.C.	Dublin	Dublin	N
Rachel	Wisdom	Clonliffe Harriers A.C.	Glendalough A.C.	Dublin	Wicklow	Y
Daniel	Coleman	Clonliffe Harriers A.C.	Fingallians A.C.	Dublin	Dublin	N
Michael	Coleman	Clonliffe Harriers A.C.	Fingallians A.C.	Dublin	Dublin	N
Sarah	Doyle	Clonliffe Harriers A.C.	Tallaght A.C.	Dublin	Dublin	N
Grace Anne	Foran	Clonliffe Harriers A.C.	Fingallians A.C.	Dublin	Dublin	N
Yasmine	O'Neill	Clonliffe Harriers A.C.	Fingallians A.C.	Dublin	Dublin	N
Siún	O'Shea	Clonliffe Harriers A.C.	Fingallians A.C.	Dublin	Dublin	N
Oonagh	Rigney	Clonliffe Harriers A.C.	Fingallians A.C.	Dublin	Dublin	N
Stephen	Fleming	Crusaders A.C.	Leevale A.C.	Dublin	Cork	Y
Peter	Jackson	Crusaders A.C.	St. Brendans A.C.	Dublin	Kerry	Y
Karol	Kelly	Donore Harriers	Sportsworld Running Club	Dublin	Dublin	N
Darren	Hand	Donore Harriers	Bailieborough A.C.	Dublin	Cavan	?
Bernie	Moloney	Donore Harriers	Balbriggan & District A.C.	Dublin	Dublin	N
Heywood	Richardson	Donore Harriers	Leevale A.C.	Dublin	Cork	Y
Darren	Hand	Donore Harriers	Bailieborough A.C.	Dublin	Cavan	N
Patrick	Hickey	Dundrum South Dublin	Rathfarnham W.S.A.F.	Dublin	Dublin	N
Eoin	McLoughlin	Dundrum South Dublin	Rathfarnham W.S.A.F.	Dublin	Dublin	N
Oisin	Murphy	Dundrum South Dublin	Cabinteely A.C.	Dublin	Dublin	N
Sabrina	O'Connell	Dundrum South Dublin	Liffey Valley A.C.	Dublin	Dublin	N
Eve	O'Meara	Dundrum South Dublin	Blackrock A.C. (Dublin)	Dublin	Dublin	N
Eilis	Darby	Lambay Sports Academy	Donore Harriers A.C.	Dublin	Dublin	N
Freda	O'Mara	Lucan Harriers A.C.	Portmarnock A.C.	Dublin	Dublin	N
Aoife	Curley	Lusk A.C.	Skerries A.C.	Dublin	Dublin	N
Katie	Halpin	Lusk A.C.	Clonliffe Harriers A.C.	Dublin	Dublin	N
Adrienne	Jordan	Metro/ St. Brigids A.C.	Crusaders A.C.	Dublin	Dublin	N
Olivia	Gaughran	Mount Merrion A.C.	Dundrum South Dublin A.C.	Dublin	Dublin	N
Ella	Hevey	Portmarnock A.C.	Donore Harriers A.C.	Dublin	Dublin	N
Karen	McLoughlin	Raheny Shamrocks A.C.	Trim A.C.	Dublin	Meath	Y
Sean	O'Connell	Raheny Shamrocks A.C.	Mid Sutton A.C.	Dublin	Dublin	N
Holy	Diamond Ebs	Skerries A.C.	Clonliffe Harriers A.C.	Dublin	Dublin	N
Zion	Diamond Ebs	Skerries A.C.	Clonliffe Harriers A.C.	Dublin	Dublin	N

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King	Diamond Ebs	Skerries A.C.	Clonliffe Harriers A.C.	Dublin	Dublin	N
Joseph	Haugh	Sportsworld Running Club	Brothers Pearse A.C.	Dublin	Dublin	N
Enda	McMorrow	Sportsworld Running Club	Dundrum South Dublin A.C.	Dublin	Dublin	N
Shola	Edodo	Templeogue A.C.	Tallaght A.C.	Dublin	Dublin	N
Aislinn	Crossey	UCD A.C.	Newry A.C.	Dublin	Athletics NI	?
Miriam	Wall	Athenry A.C.	Galway City Harriers	Galway	Galway	N
Kellie	O'Shaughnessy	Athenry A.C.	Corofin A.C.	Galway	Galway	N
Martina	McShane	Athenry A.C.	Corofin A.C.	Galway	Galway	N
Ava	McKeon	Ballinasloe & District A.C.	Galway City Harriers	Galway	Galway	N
Kathryn	Casserly	Castlegar A.C.	Galway City Harriers	Galway	Galway	N
Jack	Maher	Club Lithchleas Chonamara	Westport A.C.	Galway	Mayo	N
Jack	Maher	Connemara	Westport A.C.	Galway	Mayo	N
Sinead	Greene	Craughwell A.C.	Ballinasloe & District A.C.	Galway	Galway	N
Ava	Roche	East Galway A.C.	Galway City Harriers	Galway	Galway	N
Niamh	O'Regan	Galway City Harriers	St. Finbarrs A.C.	Galway	Cork	Y
John	Connolly	Galway City Harriers	Castlegar A.C.	Galway	Galway	N
Rob	Lennon	Galway City Harriers	Castlegar A.C.	Galway	Galway	N
Martha	McBrierty	Galway City Harriers	Corrib A.C.	Galway	Galway	N
Elaine	Doran	Galway City Harriers	Maree A.C.	Galway	Galway	N
Tara	Conlon	Galway City Harriers	South Galway A.C.	Galway	Galway	N
Chloe	Casey	Loughrea A.C.	Craughwell A.C.	Galway	Galway	N
Mikayla	Mockler	S.R.L. A.C.	Caltra A.C.	Galway	Galway	Y
Martin	Mockler	S.R.L. A.C.	Caltra A.C.	Galway	Galway	Y
Maura	Mockler	S.R.L. A.C.	Caltra A.C.	Galway	Galway	Y
Eimear	McSweeney	South Galway A.C.	Craughwell A.C.	Galway	Galway	N
Odhran	Keane	South Galway A.C.	Craughwell A.C.	Galway	Galway	N
jacinta	Walsh	South Galway A.C.	Athenry A.C.	Galway	Galway	N
Kevin	Bonner	Tuam A.C.	Galway City Harriers	Galway	Galway	N
Anthony	Harty	An Ríocht A.C.	Killarney Valley A.C.	Kerry	Kerry	N
Chloe	Devine	An Ríocht A.C.	Tralee Harriers A.C.	Kerry	Kerry	N
Josh	Bowler	Gneeveguilla A.C.	Killarney Valley A.C.	Kerry	Kerry	N
Kelly	O'Connor	Gneeveguilla A.C.	Killarney Valley A.C.	Kerry	Kerry	N
Ted	O'Gorman	Gneeveguilla A.C.	Killarney Valley A.C.	Kerry	Kerry	N
Roan	Daly	Gneeveguilla A.C.	Killarney Valley A.C.	Kerry	Kerry	N
Annameria	Costello	Gneeveguilla A.C.	St. Brendans A.C.	Kerry	Kerry	N
Grainne	O'Connor	Gneeveguilla A.C.	Millstreet A.C.	Kerry	Cork	Y
Ursula	O'Connor	Gneeveguilla A.C.	Millstreet A.C.	Kerry	Cork	Y
Tara	Carver	Gneeveguilla A.C.	Millstreet A.C.	Kerry	Cork	Y
Maeve	O'Connor	Gneeveguilla A.C.	North Cork A.C.	Kerry	Cork	Y

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Shona	O'Brien	Killarney Valley A.C.	Gneeveguilla A.C.	Kerry	Kerry	N
Tara	O'Regan	Listowel A.C.	An Ríocht A.C.	Kerry	Kerry	N
Oisin	O'Regan	Listowel A.C.	An Ríocht A.C.	Kerry	Kerry	N
Daibheid	O'Regan	Listowel A.C.	An Ríocht A.C.	Kerry	Kerry	N
Eoghan	Courtney	St. Brendans A.C.	An Ríocht A.C.	Kerry	Kerry	N
Jamie	O'Brien	Tralee Harriers A.C.	An Ríocht A.C.	Kerry	Kerry	N
Hans	De Raemaeker	Celbridge A.C.	Mullingar Harriers	Kildare	Westmeath	Y
Cliodhna	Carthy	Celbridge A.C.	Donore Harriers A.C.	Kildare	Dublin	Y
Dara	Doherty Madrigal	Celbridge A.C.	Le Cheile A.C.	Kildare	Kildare	N
David	Murphy	Celbridge A.C.	St. Cocas A.C.	Kildare	Kildare	N
Eabha	Murphy	Celbridge A.C.	St. Cocas A.C.	Kildare	Kildare	N
Jack	Fielding Mallon	Celbridge A.C.	Clane A.C.	Kildare	Kildare	N
Eamonn	Kenny	Clane A.C.	Naas A.C.	Kildare	Kildare	N
David	Conroy	Clane A.C.	Celbridge A.C.	Kildare	Kildare	N
Ella	Duane	Crookstown Millview A.C.	St. Laurance O'Toole A.C.	Kildare	Carlow	Y
Inez	Duane	Crookstown Millview A.C.	St. Laurance O'Toole A.C.	Kildare	Carlow	Y
Jonathan	McKenna	Crookstown Millview A.C.	St. Laurance O'Toole A.C.	Kildare	Carlow	Y
Leah	Duane	Eire Óg A.C.	Robertstown & Allen A.C.	Kildare	Kildare	N
Stephen	Gregg	Lucan Harriers A.C.	Le Cheile A.C.	Kildare	Kildare	N
Kian	Wall	St. Cocas A.C.	Celbridge A.C.	Kildare	Kildare	N
Thomas	Brennan	Gowran A.C.	St. Abbans A.C.	Kilkenny	Kilkenny	N
Eoin	O'Dwyer	Gowran A.C.	Raheny Shamrock A.C.	Kilkenny	Dublin	Y
David	McPherson	Kilkenny City Harriers	Thomastown A.C.	Kilkenny	Kilkenny	N
Martin	Brennan	Kilkenny City Harriers	Graigie Ballycallan A.C.	Kilkenny	Kilkenny	N
Kathleen	Cahill	Kilkenny City Harriers	Graigie Ballycallan A.C.	Kilkenny	Kilkenny	N
Robbie	Tector	Kilkenny City Harriers	Graigie Ballycallan A.C.	Kilkenny	Kilkenny	N
Caoimhe	Young	Kilkenny City Harriers	Graigie Ballycallan A.C.	Kilkenny	Kilkenny	N
Paudie	Barron	St. Josephs A.C.	West Waterford A.C.	Kilkenny	Waterford	Y
Lorna	Monaghan	St. Senans A.C.	Ferrybank A.C.	Kilkenny	Waterford	Y
Aaron	Redmond	St. Senans A.C.	Ferrybank A.C.	Kilkenny	Waterford	Y
Eoin	Maher	St. Senans A.C.	Ferrybank A.C.	Kilkenny	Waterford	Y
Aoife	Maher	St. Senans A.C.	Ferrybank A.C.	Kilkenny	Waterford	Y
Aoife	Redmond	St. Senans A.C.	Ferrybank A.C.	Kilkenny	Waterford	Y
Amy	Redmond	St. Senans A.C.	Ferrybank A.C.	Kilkenny	Waterford	Y
Caoimhe	Fennelly	Stoneyford A.C.	Thomastown A.C.	Kilkenny	Kilkenny	N
Bláithín	Holden	Stoneyford A.C.	Kilkenny City Harriers	Kilkenny	Kilkenny	N
Muireann	Holden	Stoneyford A.C.	Kilkenny City Harriers	Kilkenny	Kilkenny	N
Cormac	Holden	Stoneyford A.C.	Kilkenny City Harriers	Kilkenny	Kilkenny	N
Robin	Delaney	Tullaroan A.C.	Graigie Ballycallan A.C.	Kilkenny	Kilkenny	N

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Helen	Roberts	Tullaroan A.C.	Graigue Ballycallan A.C.	Kilkenny	Kilkenny	N
Dylan	Teehan	Tullaroan A.C.	Graigue Ballycallan A.C.	Kilkenny	Kilkenny	N
Cara	Goode	Ballyfin A.C.	Tullamore Harriers A.C.	Laois	Offaly	Y
Lucy	Goode	Ballyfin A.C.	Tullamore Harriers	Laois	Offaly	N
Declan	McGibney	Ballyfin A.C.	West Muskerry A.C.	Laois	Cork	Y
Isabella	McGibney	Ballyfin A.C.	West Muskerry A.C.	Laois	Cork	Y
Joanne	Carroll	Tullaroan Abbeyleix & District A.C.	Portlaoise A.C.	Laois	Laois	N
Ava	O'Connor	Emo/Rath A.C.	Tullamore Harriers A.C.	Laois	Offaly	Y
Tony	Cox	Portlaoise A.C.	Ballyfin A.C.	Laois	Laois	N
Diarmuid	Murphy	Portlaoise A.C.	Ballyfin A.C.	Laois	Laois	N
Eileen	Brennan	Portlaoise A.C.	Celbridge A.C.	Laois	Kildare	Y
Máire	Griffith	St. Abbans A.C.	Gowran A.C.	Laois	Kilkenny	Y
Stephen	Hunter	St. Michaels A.C.	St. Abbans A.C.	Laois	Laois	N
Niamh	Kelly	Carrick A.C.	Drumshanbo A.C.	Leitrim	Leitrim	N
Aoibhe	McGarry	Carrick A.C.	Drumshanbo A.C.	Leitrim	Leitrim	N
Brendan	Conghlan	Dooneen A.C.	Watergrasshill A.C.	Limerick	Cork	Y
Fiona	Power	Kilmallock	North Cork A.C.	Limerick	Cork	Y
Claire	Power	Kilmallock	North Cork A.C.	Limerick	Cork	Y
Kieran	Staunton	Limerick	Galway	Limerick	Galway	Y
Willie	Brosnahan	West Limerick A.C.	Kilcoole A.C.	Limerick	Wicklow	Y
James	Miney	Longford A.C.	Annalee A.C.	Longford	Cavan	Y
Lauren	Miney	Longford A.C.	Annalee A.C.	Longford	Cavan	Y
Aoibh	Farrell	Longford A.C.	Annalee A.C.	Longford	Cavan	Y
Lucy	Deane	Ballina A.C.	Erris A.C.	Mayo	Mayo	N
Eve	Deane	Ballina A.C.	Erris A.C.	Mayo	Mayo	N
Orin	Byrne	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Michael	Caden	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
James	Caden	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Alannah	Canavan	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Michael	Canty	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
James	Clarke	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Seamus	Clarke	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Aisling	Clarke	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Jack	Clarke	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Ben	Coggins	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Niall	Coggins	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Diarmuid	Coggins	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Michael	Collins	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Jacqueline	Collins	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N

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Finola	Collins	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Emer	Collins	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Brendan	Collins	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Liam	Collins	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Orla	Dempsey	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Eamon	Doherty	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Elaine	Doherty	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Michael	Doherty	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Tiernan	Doherty	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Emily	Duffy	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Stuart	Edmeades	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Deirdre	Fahy O'Reilly	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Phillip	Finnerty	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Cathy	Fleming	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Cian	Forde	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Laura	Fox	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Emma	Fox	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Chloe	Fox	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Diarmuid	Fox	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Sean	Gallagher	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Daniel	Gallagher	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Deirdre	Gallagher Clarke	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Aisling	Gaughan	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Barry	Gaughan	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Mark	Gaughan	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
James	Harrington	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Keira	Harrington	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Gerry	Heneghan	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Sophie	Heneghan	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Karl	Holmes	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Leo	Hopkins	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Martha	Kelly	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Lucy	Kelly	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Luke	Kelly	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Joachim	Kelly	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Cathal	Kelly	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Keelan	Kilrehill	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Padraig	Langan	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Matthew	Leonard	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N

### Transfer List May 2016

First Name	Surname	Outgoing Club	Incoming Club	Outgoing County	Incoming County	Inter County Y/N
Grainne	Loftus	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Caoimhe	Loftus	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Emma	Loftus	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Joanne	Loftus	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Megan	Loughran	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Ariana	Loughran	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Raymond	Mannion	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Malachy	McCarron	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Cormac	MacDermott	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Clodagh	MacDermott	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Pj	MacDermott	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Monica	MacDermott	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Graham	McLoughlin	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Conor	McLoughlin	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
John	McLoughlin	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Ronan	McLoughlin	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Rosaleen	McLoughlin	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Katie	McNulty	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Lorraine	McNulty	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Niamh	McNulty	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Emma	McNulty	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Thomas	McNulty	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Bridget	Mills	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Martin	Mills	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Patrick	Mills	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Helen	Mills	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Helena	Mitchell	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Hollie	Mitchell	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Jane	Mitchell	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Oisin	Mullarkey	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Aisling	Mullarkey	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Aine	Mullarkey	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Ciara	Mullarkey	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Darren	Murray	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Ailbe	O'Boyle	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Eamonn	O'Boyle	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Breeda	O'Hora	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Elaine	O'Hora	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Shannon	O'Malley	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N



### Transfer List May 2016

First Name	Surname	Outgoing Club	Incoming Club	Outgoing County	Incoming County	Inter County Y/N
Jamie	O'Malley	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Catriona	O'Malley	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Padraic	O'Malley	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Grace	Dempsey	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Sarah	Dempsey	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Brian	O'Malley	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Siobhan	O'Reilly	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Patrick	O'Reilly	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Catherine	O'Reilly	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Toby	Phillips	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Jack	Phillips	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Laura	Reilly	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Sarah	Reilly	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Brendan	Reilly	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Carmel	Reilly	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Pj	Reilly	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Caoimhe	Rogers	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Tomas	Rogers	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Louise	Rogers	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Cathal	Rogers	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Fionnuala	Ruane	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Robert	Ruane	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Tom	Ruane	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Billy	Ruane	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Richie	Shelley	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Cian	Sheridan	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Lara	Sheridan	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Darragh	Syron	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Laura	Tighe	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Bernadette	Timlin	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Peter	Timlin	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Cathy	Timlin	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Peter	Timlin	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Eimear	Treacy	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Niall	Treacy	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Fintan	Tuohy	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Kathryn	Tuohy	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Norah	Tuohy	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N
Keira	Tuohy	Ballina A.C.	Moy Valley A.C.	Mayo	Mayo	N

### Transfer List May 2016

First Name	Surname	Outgoing Club	Incoming Club	Outgoing County	Incoming County	Inter County Y/N
Ava	Flynn	Claremorris A.C.	Castlebar A.C.	Mayo	Mayo	N
Stephen	Donnelly	Mayo A.C.	Ballina A.C.	Mayo	Mayo	N
Roger	Barrett	Mayo A.C.	Moy Valley A.C.	Mayo	Mayo	N
Emily	Mescal	Swinford A.C.	Ballina A.C.	Mayo	Mayo	N
Jake	Fairbrother	Tireragh A.C.	Ballina A.C.	Mayo	Mayo	N
Joshua	Fairbrother	Tireragh A.C.	Ballina A.C.	Mayo	Mayo	N
Thomas	Devaney	Westport A.C.	Castlebar A.C.	Mayo	Mayo	N
Grace	Toole	Cushinstown A.C.	Ratoath A.C.	Meath	Meath	N
Conor	Toole	Cushinstown A.C.	Ratoath A.C.	Meath	Meath	N
Juliette	Heather	Cushinstown A.C.	Ratoath A.C.	Meath	Meath	N
Emily	Heather	Cushinstown A.C.	Ratoath A.C.	Meath	Meath	N
George	Heather	Cushinstown A.C.	Ratoath A.C.	Meath	Meath	N
Tara	Keogh	Cushinstown A.C.	Ratoath A.C.	Meath	Meath	N
Hannah	Keogh	Cushinstown A.C.	Ratoath A.C.	Meath	Meath	N
Naoise	McKenna	Cushinstown A.C.	Ratoath A.C.	Meath	Meath	N
Eoin	Reynolds	Cushinstown A.C.	Dunboyne A.C.	Meath	Meath	N
Sinead	Reynolds	Cushinstown A.C.	Dunboyne A.C.	Meath	Meath	N
Niamh	Reynolds	Cushinstown A.C.	Dunboyne A.C.	Meath	Meath	N
Orna	Reynolds	Cushinstown A.C.	Dunboyne A.C.	Meath	Meath	N
Keith	Marks	Cushinstown A.C.	Cloniffe Harriers A.C.	Meath	Dublin	Y
Denis	Murphy	Dunboyne A.C.	Civil Service A.C.	Meath	Dublin	Y
Pauline	McEnroe	Na Fianna A.C.	St. Cocas A.C.	Meath	Kildare	Y
Markus	Clarke	Navan A.C.	Ratoath A.C.	Meath	Meath	N
Anthony	Corrigan	South O'Hanlon A.C.	Bohermeen A.C.	Meath	Meath	N
Grainne	Ward	Star of the Sea A.C.	Cilles A.C.	Meath	Meath	N
Tom	Hughes	Star of the Sea A.C.	Cilles A.C.	Meath	Meath	N
Alan	Martin	Star of the Sea A.C.	Balbriggan A.C.	Meath	Dublin	Y
Ruary	Martin	Star of the Sea A.C.	Balbriggan A.C.	Meath	Dublin	Y
Colin	Blake	Star of the Sea A.C.	Le Cheile A.C.	Meath	Kildare	Y
Saoirse	McGrath	Tara A.C.	Dunboyne A.C.	Meath	Meath	N
Jim	Harrigan	Trim A.C.	St. Cocas A.C.	Meath	Kildare	Y
Eileen	Bond	Clones A.C.	Monaghan Phoenix A.C.	Monaghan	Monaghan	N
Amy	Monaghan	Glaslough Harriers A.C.	Monaghan Phoenix A.C.	Monaghan	Monaghan	N
Andrew	McKenna	Glaslough Harriers A.C.	Monaghan Phoenix A.C.	Monaghan	Monaghan	N
Liz	Mackenna	Monaghan Town Runners	Monaghan Phoenix A.C.	Monaghan	Monaghan	N
William	Daly	Birr A.C.	Roscrea A.C.	Offaly	Tipperary	Y
Rachel	Daly	Birr A.C.	Roscrea A.C.	Offaly	Tipperary	Y
Cian	Daly	Birr A.C.	Roscrea A.C.	Offaly	Tipperary	Y
Edel	Daly	Birr A.C.	Roscrea A.C.	Offaly	Tipperary	Y

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First Name	Surname	Outgoing Club	Incoming Club	Outgoing County	Incoming County	Inter County Y/N
Niamh	O'Connor	Edenderry A.C.	Tullamore Harriers	Offaly	Offaly	N
Amanda	Owens	Naomh Mhuire A.C.	Tullamore Harriers	Offaly	Offaly	N
Ada	Conheady	North Roscommon A.C.	Corran A.C.	Roscommon	Sligo	Y
Sarah	Conheady	North Roscommon A.C.	Corran A.C.	Roscommon	Sligo	Y
Orla	Doolan	S.R.L. A.C.	A.I.T. A.C.	Roscommon	Westmeath	Y
Ruth	Doolan	S.R.L. A.C.	A.I.T. A.C.	Roscommon	Westmeath	Y
Ava	Larkin	S.R.L. A.C.	A.I.T. A.C.	Roscommon	Westmeath	Y
Patrick	Greene	S.R.L. A.C.	A.I.T. A.C.	Roscommon	Westmeath	Y
Jessica	Scanlon	S.R.L. A.C.	A.I.T. A.C.	Roscommon	Westmeath	Y
Fiachra	Cunningham	S.R.L. A.C.	A.I.T. A.C.	Roscommon	Westmeath	Y
Garbhan	Cunningham	S.R.L. A.C.	A.I.T. A.C.	Roscommon	Westmeath	Y
David	Marrey	Lake District A.C.	Westport A.C.	Sligo	Sligo	N
Sheena	Connolly	North Sligo A.C.	Sligo A.C.	Sligo	Sligo	N
Nicola	O'Meara	Tireragh A.C.	Sligo A.C.	Sligo	Sligo	N
Daragh	Williams	Tireragh A.C.	Sligo A.C.	Sligo	Sligo	N
Sara	Carmody	Cappawhite A.C.	Dundrum A.C.	Tipperary	Tipperary	N
Alexandra	Hourigan	Clonmel A.C.	Kilkenny City Harriers	Tipperary	Kilkenny	Y
Dermot	Logue	Coolquill A.C.	Clonmel A.C.	Tipperary	Tipperary	N
Joseph	Feery	Fethard A.C.	Clonmel A.C.	Tipperary	Tipperary	N
Denise	O'Brien	Fethard A.C.	St. Nicolas A.C.	Tipperary	Cork	Y
Edmond	Kinane	Fethard A.C.	St. Nicolas A.C.	Tipperary	Cork	Y
Emma	Kelly	Moyne A.C.	Templemore A.C.	Tipperary	Tipperary	N
Anne	O'Reilly	Nenagh Olympic A.C.	Birr A.C.	Tipperary	Offaly	Y
Kayla	Dooley	Roscrea A.C.	Templemore A.C.	Tipperary	Tipperary	N
Ella	Brussels	Roscrea A.C.	Templemore A.C.	Tipperary	Tipperary	N
Victoria	Standish	Roscrea A.C.	Ballyskenach A.C.	Tipperary	Offaly	Y
Rachel	Standish	Roscrea A.C.	Ballyskenach A.C.	Tipperary	Offaly	Y
Millie	Standish	Roscrea A.C.	Ballyskenach A.C.	Tipperary	Offaly	Y
Kathleen	Carroll	Templemore A.C.	Ballyskenach A.C.	Tipperary	Offaly	Y
Anne	MCCormack	Templemore A.C.	Ballyskenach A.C.	Tipperary	Offaly	Y
Martin	Mellon	Mid-Ulster	Finn Valley A.C.	Ulster	Donegal	Y
Ryan	O'Kane	Mid-Ulster	Finn Valley A.C.	Ulster	Donegal	Y
Georgina	Griffin	Ferrybank A.C.	Waterford A.C.	Waterford	Waterford	N
Conor	Davidson	Ferrybank A.C.	West Waterford A.C.	Waterford	Waterford	N
Muhammad Hasan	Ali	Ferrybank A.C.	Waterford A.C.	Waterford	Waterford	N
Hayley	Fitzsimons	Ferrybank A.C.	Waterford A.C.	Waterford	Waterford	N
Rachel	Walsh	Ferrybank A.C.	Waterford A.C.	Waterford	Waterford	N
Orlaith	O'Brien	Ferrybank A.C.	Waterford A.C.	Waterford	Waterford	N
Thomas	Prendergast	Ferrybank A.C.	Waterford A.C.	Waterford	Waterford	N

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First Name	Surname	Outgoing Club	Incoming Club	Outgoing County	Incoming County	Inter County Y/N
Eoin	Kenny	Ferrybank A.C.	Waterford A.C.	Waterford	Waterford	N
Adam	Massey	Finisk Valley A.C.	Blackwater A.C.	Waterford	Waterford	N
Áine	Power	Tramore A.C.	Waterford A.C.	Waterford	Waterford	N
Sean	McGibney	Waterford A.C.	Tramore A.C.	Waterford	Waterford	N
Eoghan	Flynn	West Waterford A.C.	Waterford A.C.	Waterford	Waterford	N
Mark James	Beer	West Waterford A.C.	Blackwater A.C.	Waterford	Waterford	N
Anthony	Maccauley	West Waterford A.C.	Waterford A.C.	Waterford	Waterford	N
Adam	Smyth	East Westmeath A.C.	Mullingar Harriers	Westmeath	Westmeath	N
Colin	McGee	East Westmeath A.C.	Mullingar Harriers	Westmeath	Westmeath	N
Sam	Smyth	East Westmeath A.C.	Mullingar Harriers	Westmeath	Westmeath	N
Donna	Delahunty	Adamstown A.C.	Bree A.C.	Wexford	Wexford	N
Luke	Cara	Bree A.C.	Menapians A.C.	Wexford	Wexford	N
Jane	Codd	Bree A.C.	Wexford Marathon Club	Wexford	Wexford	N
Leah	Sinnott	Bree A.C.	Menapians A.C.	Wexford	Wexford	N
Leon	Sinnott	Bree A.C.	Menapians A.C.	Wexford	Wexford	N
Brandon	Sinnott	Bree A.C.	Menapians A.C.	Wexford	Wexford	N
Oscar	McGrath	Craanford Harriers	Croghan A.C.	Wexford	Wexford	N
Molly	Maher	Craanford Harriers	Croghan A.C.	Wexford	Wexford	N
Noah	Maher	Craanford Harriers	Croghan A.C.	Wexford	Wexford	N
Sean	Collier	D.M.P A.C.	Menapians A.C.	Wexford	Wexford	N
Conor	Barry	D.M.P A.C.	Wexford Marathon Club	Wexford	Wexford	N
Sam	Norval	Menapians A.C.	D.M.P. A.C.	Wexford	Wexford	N
Mark	Hennessy	Menapians A.C.	D.M.P. A.C.	Wexford	Wexford	N
Cathal	Kelly	Menapians A.C.	D.M.P. A.C.	Wexford	Wexford	N
Jack	Berry	Menapians A.C.	D.M.P. A.C.	Wexford	Wexford	N
Enda	Cloake	Menapians A.C.	Slaney Olympic A.C.	Wexford	Wexford	N
Leo	Barry	Menapians A.C.	D.M.P. A.C.	Wexford	Wexford	N