

Division 1 Men - Athlone IT - R2

110m Hurdles (wind: +1.3 m/s)					
Place	Num	Athlete	Club	Time	
1	63	Martin Curley	Ennis Track Club	22.12	
2	64	Justin Lane	Galway County	27.32	
65		Shane Mooney	Sligo County	DNF	
67		Emmanuel Alamu	East Cork Division	DQ	
905		Patrick Heffernan	Tullamore Harriers	16.21	
904		Aaron Tierney Smith	Menapians	15.20	3 3'

3000m Walk					
Place	Num	Athlete	Club	Time	
1	67	Ciaran Hurley	East Cork Division	15.32.33	
2	65	Ryan Roberts	Sligo County	17.00.67	
3	64	Sean McDermott	Galway County	20.48.55	

400m Hurdles					
Place	Num	Athlete	Club	Time	
1	67	Ciaran Nugent	East Cork Division	57.33	
2	63	Jemil Saidi	Ennis Track Club	1.00.74	
3	65	Shane Mooney	Sligo County	1.03.17	
4	64	Brendan Lynch	Galway County	DQ	

4X100m Relay					
Place	Num	Athlete	Club	Time	
1	65		Sligo County	45.09	
2	63		Ennis Track Club	45.55	
3	68		Meath County	46.05	
4	64		Galway County	47.15	
5	67		East Cork Division	47.22	

1500m					
Place	Num	Athlete	Club	Time	
1	63	Damien Landers	Ennis Track Club	4.05.69	
2	64	John Miskella	Galway County	4.07.71	
3	67	Kevin O'Brien	East Cork Division	4.09.49	
4	65	Michael Kearins	Sligo County	4.32.06	
938		Andrew Hyland	Raheny Shamrock A.C.	4.15.80	

400m					
Place	Num	Athlete	Club	Time	
1	65	Colm McBrien	Sligo County	51.67	
2	63	Ben Deasy	Ennis Track Club	53.07	
3	64	Tom Cormican	Galway County	54.07	
4	67	Aaron Callanan	East Cork Division	55.42	

3000m S/C					
Place	Num	Athlete	Club	Time	
1	63	Rory Chesser	Ennis Track Club	9.26.19	
2	68	Daragh Rennicks	Meath County	9.39.28	
3	67	Frank O'Brien	East Cork Division	10.37.98	
4	65	Aaron Brennan	Sligo County	11.06.30	
		Morgan Haydon	Menapians A.C.	11.09.85	

200m (wind: -0.2 m/s)					
Place	Num	Athlete	Club	Time	
1	65	Aaron Cadden	Sligo County	NT	
2	63	Tony Odubute	Ennis Track Club	NT	
3	68	Neil Dunne	Meath County	NT	
4	67	Sam Judd	East Cork Division	NT	
5	64	Shane O'Rourke	Galway County	NT	

800m					
Place	Num	Athlete	Club	Time	
1	63	Darragh Lynch	Ennis Track Club	1.57.83	
2	68	Shane Hanly	Meath County	2.01.09	
3	64	Gavin Cooney	Galway County	2.01.46	
4	67	Kevin O'Brien	East Cork Division	2.05.71	
5	65	Lee Doherty	Sligo County	2.09.04	
956		Naoise Kettle	St Abbans A.C.	2.03.10	
936		Ben Gerrard	Craughwell A.C.	2.03.20	
961		John Cormican	Craughwell A.C.	2.05.40	
945		Niall Harvey	SLOT A.C.	2.06.05	

Division 1 Women - Athlone IT - R2

100m Hurdles (wind: -0.6m/s)					
Place	Num	Athlete	Club	Time	
1	71	Chisom Ugwuera	Ennis Track Club	16.23	
2	70	Stacey Kondafe	Bandon A.C.	16.49	
3	69	Katie Walsh	East Cork Division	17.02	
4	73	Clara Mooney	Sligo County	17.74	

1500m Walk					
Place	Num	Athlete	Club	Time	
1	73	Eva Delahunt	Sligo County	7.25.49	
2	69	Sarah Constant	East Cork Division	9.07.26	
3	70	Colette Tutill	Bandon A.C.	9.10.81	
4	71	Maria Carey	Ennis Track Club	9.44.53	

400m Hurdles					
Place	Num	Athlete	Club	Time	
1	69	Katie Walsh	East Cork Division	1.05.72	
2	73	Clara Mooney	Sligo County	1.10.76	
3	72	Muireann De Faoite	Kerry Athletics	1.12.95	

4X100m Relay					
Place	Num	Athlete	Club	Time	
1	73		Sligo County	51.82	
2	69		East Cork Division	52.73	
3	70		Bandon A.C.	53.07	
4	72		Kerry Athletics	53.19	
5	71		Ennis Track Club	56.02	

1500m					
Place	Num	Athlete	Club	Time	
1	72	Aoife Mahony	Kerry Athletics	5.02.65	
2	71	Laura Healy	Ennis Track Club	5.03.18	
3	69	Fiona Santry	East Cork Division	5.03.45	
4	70	Jane Buckley	Bandon A.C.	5.22.32	
937		Laura Tinkler	Kildare	4.51.81	

400m					
Place	Num	Athlete	Club	Time	
1	71	Jo Keane	Ennis Track Club	57.36	
2	72	Fiona Doyle	Kerry Athletics	1.02.02	
3	69	Nessa Wheeler	East Cork Division	1.02.45	
4	70	Olivia Tutill	Bandon A.C.	1.06.95	
		Eimear Rowe	Galway	1.00.97	
		Sarah Lanigan	Dooneen A.C.	1.01.11	
		Grace O'Toole	Newnridge A.C.	1.10.95	

3000m S/C					
Place	Num	Athlete	Club	Time	
1	73	Aoife Egan	Sligo County	12.09.91	

200m (wind: -3.5 m/s)					
Place	Num	Athlete	Club	Time	
1	70	Lauren McCourt	Bandon A.C.	26.22	
2	73	Erin Taheny	Sligo County	26.90	
3	72	Fiona Doyle	Kerry Athletics	27.54	
4	69	Emma Akinkoulie	East Cork Division	28.24	
5	71	Jessica Jaegielska	Ennis Track Club	29.28	
		Niamh Field	Kildare	26.91	
		Arlene Earls	Craughwell A.C.	28.59	

800m					
Place	Num	Athlete	Club	Time	
1	69	Sarah Morrison	East Cork Division	2.20.29	
2	73	Eala McDermott	Sligo County	2.28.07	
3	72	Aoife O'Mahony	Kerry Athletics	2.29.58	
4	70	Nicola Tutill	Bandon A.C.	2.34.13	
5	71	Róise Ní Lachtain	Ennis Track Club	2.44.57	

5000m Club				3000m Club			
Place	Num	Athlete	Time	Place	Num	Athlete	Time
1	68	Ciaran Crowther	15.55.44	1	69	Fiona Santry	10.48.08
2	63	Damien Landers	15.58.87	2	71	Ann Marie Connellan	11.14.11
3	67	Kevin O'Leary	16.02.96	3	73	Aoife Egan	12.41.01
4	65	Matthew McMeekin	16.08.87				
5	64	William Fitzgerald	16.51.25				
100m (wind: 0.8 m/s) Club				100m (wind: 0.5 m/s) Club			
Place	Num	Athlete	Time	Place	Num	Athlete	Time
1	65	Aaron Cadden	11.10	1	70	Lauren McCourt	12.62
2	67	Sam Judd	11.53	2	73	Erin Taheny	12.68
3	63	Gabriel Kehinde	11.69	3	72	Amanda Tony	13.26
4	64	Ronnie Warde	12.19	4	69	Emma Akinkoulie	13.32
5	68	Oisin McKenna	12.29	5	71	Jessica Jaegielska	13.46
4X400m Club				4X400m Club			
Place	Num	Athlete	Time	Place	Num	Athlete	Time
1	65	Sligo County	3.31.13	1	69	East Cork Division	4.08.36
2	63	Ennis Track Club	3.33.94	2	70	Bandon A.C.	4.20.31
3	64	Galway County	3.40.16	3	72	Kerry Athletics	4.24.34
4	67	East Cork Division	3.47.73	4	73	Sligo County	4.27.97
	68	St Abbans	3.55.84	5	71	Ennis Track Club	4.33.73
Hammer Club				Hammer Club			
Place	Num	Athlete	Distance	Place	Num	Athlete	Distance
1	64	Tommy Farragher	29.65	1	72	Mairead O'Neill	47.48
				2	70	Amy Allen	20.65
						Laura Dolan	38.44
						Aoife Kelly	17.23
Pole Vault Club				Pole Vault Club			
Place	Num	Athlete	Height	Place	Num	Athlete	Height
1	67	Ciaran Nugent	2.40	1	70	Stacey Komolafe	1.70
2	64	Justin Lane	2.20				
3	63	David Courtney	2.00				
		Conor Calinan	4.10				
Long Jump Club				Long Jump Club			
Place	Num	Athlete	Distance	Place	Num	Athlete	Distance
1	68	Rafael McCaffery	6.48	1	69	Blessing Alamu	5.22
2	64	Samuel Uukaja	5.83	2	71	Chisom Ugwera	5.03
3	63	Cathal O'Brien	5.71	3	70	Stacey Komolafe	5.02
4	67	Harry Buckley	5.5	4	72	Rachel Bowler	4.93
5	65	Adam Walsh	5.40	5	73	Kate Hosey	4.65
Shot Putt Club				Shot Putt Club			
Place	Num	Athlete	Distance	Place	Num	Athlete	Distance
1	68	Kourosh Foroughi	11.42	1	70	Roisin Howard	10.85
2	63	Martin Davis	10.50	2	71	Shanice Benson	9.27
3	64	Ronnie Warde	9.82	3	72	Kathlyn Reid	8.07
4	65	Paul Cleary	9.32	4	73	Jane Cox	7.30
						Leonie Hegarty	6.66
High Jump Club				High Jump Club			
Place	Num	Athlete	Height	Place	Num	Athlete	Height
1	68	Kourosh Foroughi	1.91	1	69	Katie Walsh	1.58
2	63	Daniel Greene	1.85	2	70	Roisin Howard	1.55
3	64	Brendan Lynch	1.80	3	72	Christine McCarthy	1.45
4	65	Shane Mooney	1.80	4	73	Ellen Kilcoyne	1.3
5	67	Emmanuel Alamu	1.60	5	71	Mary Cahill	NH
		Luke Hennessy	1.70			Fiona Doyle	1.61
		Luke O'Carroll	1.70				
		Adam Leahy	NH				
Discus Club				Discus Club			
Place	Num	Athlete	Distance	Place	Num	Athlete	Distance
1	68	Shane Aston	41.04	1	72	Hannah O'Sullivan	37.58
2	63	David Courtney	27.11	2	69	Blessing Alamu	34.80
3	64	Tmmy Farragher	25.05	3	71	Shanice Benson	23.62
4	65	Paul Cleary	23.94	4	70	Liz Coomey	20.93
		Eoin Jennings	35.05				
			1.5KG				
Triple Jump Club				Triple Jump Club			
Place	Num	Athlete	Distance	Place	Num	Athlete	Distance
1	64	Brendan Lynch	12.79	1	72	Solange Diego	10.95
2	63	Cathal O'Brien	11.46	2	71	Chisom Ugwera	10.87
3	67	Sam Dunning	10.47	3	73	Ellen Kilcoyne	9.03
4	65	Michael Coen	9.92	4	70	Amy Crowley	8.57
					69	Norah O'Brien	
Javelin Club				Javelin Club			
Place	Num	Athlete	Distance	Place	Num	Athlete	Distance
1	68	Shane Aston	51.03	1	72	Kathlyn Reid	32.21
2	65	Colin McBrien	25.36	2	70	Niamh Sugrue	27.78
3	63	Martin Curley	17.82	3	71	Mary Cahill	18.74
4	64	Jack Miskella	12.59	4	73	Jane Cox	17.55
					901	Leonie Hegarty	16.81
					909	Siofra Foley	15.77
56 lb Weight Club							
Place	Num	Athlete	Distance				
1	63	Martin Davis	5.48				
2	64	Justin Lane	5.02				
3	65	Zak Irwin	4.95				
4	67	Willie Walsh	3.65				
5	68	Brendan Meade	3.61				