

DUBLIN
10.00AM
JUVENILE EVEN AGE
CHAMPIONSHIPS
U10-U18



Athletics Ireland

INTER CLUB
RELAY
Cross Country
UNEVEN AGE (U11-U15)
U11 4X500m 1pm
U13 4x500m 1:20pm
U15 4x1000m 1:40pm

AUTUMN OPEN INTERNATIONAL CROSS COUNTRY FESTIVAL 2022

SUNDAY 16TH OCTOBER SPORT IRELAND CAMPUS

Incorporating the Masters
XC Trials

(Master Athletes must compete
in their appropriate distance for
Selection Purposes)

2:15PM:

Women Senior: 6000m
Women Masters 35-64: 6000m
Men Masters 65+: 6000m
Women Junior (U20): 4500m
Women Masters 65+: 4500m

3 PM:

Men Senior : 7500m
Men Masters 35-64: 7500m
Men Junior (U20): 6000m

Prizes

Senior Men & Women:
1st: €500, 2nd: €400, 3rd: €300,
4th: €200, 5th: €100

Under 20 Men & Women:
1st: €150, 2nd: €100, 3rd: €50

Masters: Jim McNamara
Perpetual Trophy
1st Male & Female

Online Entry €15 : www.athleticsireland.ie
Registration/Number pick-up onsite &
Changing/Refreshments close to XC Course

