

The committee reserve the right to alter timetable, the starting time of events may be forward up to 45 minutes from the proposed Timetable.

Track

Field

Check in closes 9.00 a.m (200m)

10.00 a.m

Girls & Boys	U16	200m Heats
Girls & Boys	U17	200m Heats
Girls & Boys	U18	200m Heats
Girls & Boys	U19	200m Heats

Check in closes 10.00 a.m (600m/800m)

11.15 p.m.

Girls & Boys	U12	600m Final	on times
Girls & Boys	U13	600m Final	on times
Girls & Boys	U14	800m Heats	
Girls & Boys	U15	800m Heats	
Girls & Boys	U16	800m Heats	
Girls & Boys	U17	800m Heats	
Girls & Boys	U18	800m Heats	
Girls & Boys	U19	800m Heats	

200m/800m FINALS WILL BE HELD AT HEAT TIME IF HEATS ARE NOT REQUIRED

NOTE: THERE WILL BE A BREAK ON THE TRACK AFTER THE 800m HEATS

1.45 p.m. 200m Finals

Check in closes 1.15pm (Hurdles)

2.15 p.m.

Girls	U13	60m Hur Heats	2'3"
Boys	U13	60m Hur Heats	2'3"
Girls	U14	60m Hur Heats	2'3"
Boys	U14	60m Hur Heats	2'6"
Girls	U15	60m Hur Heats	2'6"
Girls	U16	60m Hur Heats	2'6"
Girls	U17	60m Hur Heats	2'6"
Girls	U18	60m Hur Heats	2'6"
Boys	U15	60m Hur Heats	2'9"
Boys	U16	60m Hur Heats	2'9"
Girls	U19	60m Hur Heats	2'9"
Boys	U17	60m Hur Heats	3'0"
Boys	U18	60m Hur Heats	3'0"
Boys	U19	60m Hur Heats	3'3"

FINALS 800m & HURDLES

Check in Closes 1 hour prior to each start time

Long Jump

10.00 a.m.	Girls	U14	(Pit 1)
	Boys	U14	(Pit 2)
11.15 a.m.	Boys	U15	(Pit 1)
	Girls	U15	(Pit 2)
1.00 p.m.	Boys	U16	(Pit 1)
2.15 pm	Boys	U17	(Pit 1)
3.30 pm	Boys	U18	(Pit 1)
3.00 pm	Boys	U19	(Pit 2)

High Jump

10.00 a.m.	Boys	U13	(Mat 1)
	Boys	U18-U19	(Mat 2)
11.30 pm	Girls	U16	(Mat 1)
	Boys	U16	(Mat 2)
1.00 pm	Boys	U17	(Mat 2)
1.30 p.m.	Girls	U17	(Mat 1)
3.00 p.m.	Girls	U13	(Mat 1)

Shot Put

10.00 a.m.	Girls	U15	(3k)
11.00 a.m.	Girls	U16	(3k)
12.00 p.m.	Girls	U13	(2k)
1.30 p.m.	Boys	U13	(2k)
2.30 p.m.	Boys	U16	(4k)

Triple Jump

1.00pm	Girls	U16	(Pit 2)
2.00pm	Girls	U17	(Pit 2)

Pole Vault (warm up at 10:00/12:30)

11.00 a.m.	Girls	U15-U16
1.30 pm	Girls	U17-U19

Please note that this is a **PROVISIONAL TIMETABLE** which may be changed.



**Juvenile Indoor Championships
Day 3
Track and Field Events
2nd April 2023 TUS, Athlone**

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Middle

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