

Rathfarnham W.S.A.F. A.C.

| | Runner Name | Gross Time | Sub Category | Total Time |
|----------|----------------|------------|--------------|-----------------|
| 1 | Mitchell BYRNE | 00:30:28 | MS | 02:05:32 |
| | David SCANLON | 00:30:42 | MS | |
| | Louis MCCARTHY | 00:32:07 | M40 | |
| | Kevin DONAGHER | 00:32:17 | M40 | |

Clonliffe Harriers A.C.

| | Runner Name | Gross Time | Sub Category | Total Time |
|----------|----------------|------------|--------------|-----------------|
| 2 | Colm ROONEY | 00:30:16 | M40 | 02:05:44 |
| | Jayne ROSSITER | 00:31:32 | MS | |
| | Tudor MIRCEA | 00:31:34 | M35 | |
| | Cathal MCHALE | 00:32:23 | M35 | |

City of Derry Spartans

| | Runner Name | Gross Time | Sub Category | Total Time |
|----------|-----------------|------------|--------------|-----------------|
| 3 | Declan REED | 00:31:36 | M50 | 02:11:51 |
| | Sean MELARKEY | 00:31:36 | MS | |
| | Kyle DOHERTY | 00:32:17 | M35 | |
| | Darragh CROSSAN | 00:33:44 | M35 | |

Dublin City Harriers A.C.

| | Runner Name | Gross Time | Sub Category | Total Time |
|----------|----------------|------------|--------------|-----------------|
| 4 | Pierre MURCHAN | 00:29:21 | MS | 01:55:18 |
| | Liam NAUGHTON | 00:33:07 | MS | |
| | Conor MURPHY | 00:34:31 | MS | |
| | Mark GILLIGAN | 00:34:55 | MS | |

Tullamore Harriers A.C.

| 5 | Runner Name | Gross Time | Sub Category | Total Time |
|---|-----------------|------------|--------------|------------|
| | Paul MITCHELL | 00:32:17 | M35 | 02:13:38 |
| | Jonathan DUNNE | 00:33:45 | M40 | |
| | Pauric ENNIS | 00:33:47 | MS | |
| | Micheal O'BRIEN | 00:33:51 | M45 | |

Crusaders A.C.

| 6 | Runner Name | Gross Time | Sub Category | Total Time |
|---|------------------|------------|--------------|------------|
| | Andrea RONDINA | 00:32:23 | MS | 02:13:50 |
| | Kieran LITTLE | 00:33:24 | M35 | |
| | Kevin FITZGIBBON | 00:33:31 | M35 | |
| | Ger FORDE | 00:34:33 | M45 | |

Mullingar Harriers A.C.

| 7 | Runner Name | Gross Time | Sub Category | Total Time |
|---|------------------|------------|--------------|------------|
| | Vinny CONNOLLY | 00:31:35 | MS | 02:14:43 |
| | James KEEGAN | 00:32:54 | MS | |
| | Kedagh GEOGHEGAN | 00:34:35 | M35 | |
| | Alan CROWLEY | 00:35:40 | M40 | |

Raheny Shamrock A.C.

| 8 | Runner Name | Gross Time | Sub Category | Total Time |
|---|---------------|------------|--------------|------------|
| | Mark KIRWAN | 00:33:18 | M35 | 02:14:47 |
| | Robert FREWEN | 00:33:29 | MS | |
| | Barry MEEHAN | 00:33:51 | MS | |
| | Aidan JONES | 00:34:11 | MS | |

Galway City Harriers A.C.

| 9 | Runner Name | Gross Time | Sub Category | Total Time |
|---|----------------|------------|--------------|------------|
| | David MAHON | 00:31:21 | MS | 02:15:59 |
| | Keith FALLON | 00:33:21 | MS | |
| | Conor BYRNE | 00:35:17 | M35 | |
| | Michael CONWAY | 00:36:02 | MS | |

Drogheda and District A.C.

| 10 | Runner Name | Gross Time | Sub Category | Total Time |
|----|-----------------|------------|--------------|------------|
| | Aaron HANLON | 00:30:37 | MS | 02:17:43 |
| | Rodney THORNTON | 00:33:40 | M40 | |
| | Ruaidhri NOLAN | 00:34:34 | M40 | |
| | Seamus FLANNERY | 00:38:55 | MS | |

Donore Harriers A.C.

| 11 | Runner Name | Gross Time | Sub Category | Total Time |
|----|----------------|------------|--------------|------------|
| | Kane COLLINS | 00:31:23 | MS | 02:18:38 |
| | Alasdair BROWN | 00:34:59 | M35 | |
| | Alan KEOGH | 00:36:03 | M40 | |
| | Des TREMBLE | 00:36:15 | M50 | |

Sli Cualann A.C.

| 12 | Runner Name | Gross Time | Sub Category | Total Time |
|----|------------------|------------|--------------|------------|
| | Alan DUFFY | 00:34:25 | MS | 02:22:00 |
| | Darren MOONEY | 00:35:22 | M35 | |
| | Robin MOONEY | 00:35:26 | MS | |
| | Patrick KINSELLA | 00:36:49 | MS | |

Dundrum South Dublin A.C.

| | Runner Name | Gross Time | Sub Category | Total Time |
|-----------|--------------------|------------|--------------|-----------------|
| 13 | Emmet JENNINGS | 00:29:44 | MS | 02:23:56 |
| | Derek MILLS | 00:35:15 | M40 | |
| | Micheal O'MEACHAIR | 00:39:22 | M40 | |
| | Cormac SHEEHAN | 00:39:37 | MS | |

Celbridge A.C.

| | Runner Name | Gross Time | Sub Category | Total Time |
|-----------|----------------|------------|--------------|-----------------|
| 14 | Martin HOARE | 00:30:31 | M35 | 02:24:03 |
| | David O'CONNOR | 00:32:48 | M40 | |
| | Colm ROCHE | 00:33:17 | MS | |
| | Dan RUSSELL | 00:47:28 | M50 | |

Liffey Valley A.C.

| | Runner Name | Gross Time | Sub Category | Total Time |
|-----------|--------------------|------------|--------------|-----------------|
| 15 | Geoffrey ALEXANDRE | 00:32:45 | MS | 02:25:11 |
| | Conor GALVIN | 00:35:24 | MS | |
| | Anthony MCMAHON | 00:38:25 | M45 | |
| | Cormac LONG | 00:38:38 | M35 | |

Lucan Harriers A.C.

| | Runner Name | Gross Time | Sub Category | Total Time |
|-----------|----------------|------------|--------------|-----------------|
| 16 | Ciaran HUGHES | 00:34:20 | MS | 02:25:33 |
| | Will BYRNE | 00:36:26 | M50 | |
| | Patrick HOLDEN | 00:37:09 | M40 | |
| | Jacek LATALA | 00:37:40 | M45 | |

Sportsworld A.C.

| 17 | Runner Name | Gross Time | Sub Category | Total Time |
|----|-------------------|------------|--------------|------------|
| | Trevor SWEENEY | 00:36:13 | M50 | 02:32:03 |
| | Stephen O'DONNELL | 00:37:36 | MS | |
| | Garry HOBBERT | 00:39:04 | M45 | |
| | Tom KELLEHER | 00:39:11 | MS | |

Mayo A.C.

| 18 | Runner Name | Gross Time | Sub Category | Total Time |
|----|---------------|------------|--------------|------------|
| | John BYRNE | 00:35:30 | M45 | 02:32:18 |
| | Tony O'MALLEY | 00:37:39 | M50 | |
| | Andrew HAYES | 00:39:00 | M40 | |
| | Richie HANLEY | 00:40:10 | MS | |

Tara A.C.

| 19 | Runner Name | Gross Time | Sub Category | Total Time |
|----|-----------------|------------|--------------|------------|
| | Paul O'DONNELL | 00:36:59 | M45 | 02:37:09 |
| | Declan FAHY | 00:37:07 | M40 | |
| | Sean BYRNE | 00:37:43 | MS | |
| | Darren O'ROURKE | 00:45:22 | M40 | |

Dunboyne A.C.

| 20 | Runner Name | Gross Time | Sub Category | Total Time |
|----|-----------------|------------|--------------|------------|
| | Ethan MCDONALD | 00:37:33 | MS | 02:39:16 |
| | Craig ADOLPH | 00:39:15 | M35 | |
| | Thomas DELANY | 00:40:20 | M45 | |
| | Gary MCREYNOLDS | 00:42:09 | M35 | |

| Kilcoole A.C. | | | | |
|-----------------------|--------------------|------------|--------------|-----------------|
| 21 | Runner Name | Gross Time | Sub Category | Total Time |
| | Derek J MCDONALD | 00:39:35 | MS | 02:43:53 |
| | Deane TURNER | 00:39:51 | M45 | |
| | Mark Paul DONNELLY | 00:41:05 | M40 | |
| | Michael NOLAN | 00:43:24 | M35 | |
| Tallaght A.C | | | | |
| 22 | Runner Name | Gross Time | Sub Category | Total Time |
| | David O'CALLAGHAN | 00:35:20 | M40 | 02:47:56 |
| | Sean MCCABE | 00:42:36 | MS | |
| | Derek QUINN | 00:44:51 | M65 | |
| | Alan MCCABE | 00:45:12 | M65 | |
| Na Fianna A.C. | | | | |
| 23 | Runner Name | Gross Time | Sub Category | Total Time |
| | Stephen HOLLAND | 00:37:46 | MS | 02:50:06 |
| | Joe BANNON | 00:39:11 | M55 | |
| | Pat PAYNE | 00:45:30 | M60 | |
| | Ray GUNNING | 00:47:40 | M50 | |
| Trim A.C. | | | | |
| 24 | Runner Name | Gross Time | Sub Category | Total Time |
| | Kieran CORCORAN | 00:36:35 | M40 | 02:51:41 |
| | Seamus ANDERSON | 00:40:13 | MS | |
| | Robbie KENNY | 00:40:31 | M35 | |
| | Stephen PERRY | 00:54:24 | M35 | |

Edenderry A.C.

| | Runner Name | Gross Time | Sub Category | Total Time |
|-----------|----------------|------------|--------------|-----------------|
| 25 | Brian DUFFY | 00:37:04 | MS | 02:54:24 |
| | Shaun BULL | 00:42:58 | M45 | |
| | James DONOGHUE | 00:44:15 | M55 | |
| | David FARRELL | 00:50:08 | M35 | |



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Senior Men Team
Dunboyne
24th March 2024**

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