



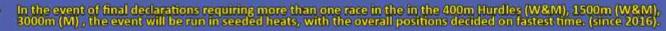


## IRISH LIFE HEALTH JUNIOR CHAMPIONSHIPS INCLUDING U23 WALKS WOMEN & MEN AND U23 35LBS WFD MEN SATURDAY 5TH OF SEPTEMBER, MORTON STADIUM

Online Check-In opens 4 hours prior to your event. Check in is not complete until athlete is on site and has collected their bib. Gate opens 90 minutes prior to your event Check-In Closes 1 hour prior to your event

## Amended Thu 03/09/20

-		I have been a second and the	AND DESCRIPTION OF THE PERSON	CONTRACT AND ADDRESS.		1.00
10:00		Women **	Final	10:00	Hammer	Women
10:25	5000m Walk	Men **	Final	10:00	Hammer	Men
				10:10	Shot Put	Women
				10:10	Shot Put	Men
11:00	100m	Women	Heat			
11:20	100m	Men	Heat			
11:5	3000m SC	Men	Final			
12:15	3000m SC	Women	Final	12:00	Discus	Women
13:00	100m	Women	Final	12:00	Discus	Men
13:10	100m	Men	Final	12:30	Long Jump	Men
14:30	400m	Women	Heat	14:00	28lbs WFD***	Women
14:50	400m	Men	Heat	14:00	35lbs WFD***	Men
15:30	1500m	Women*	Final	15:05	Javelin	Women
				15:05	Javelin	Men
				16:00	Long Jump	Women
17:05	200m	Women	Heat			
17:35	200m	Men	Heat			
18:20	1500m	Men*	Final			
18:40		Women	Final			
18:48	A CONTRACTOR OF A	Men	Final			
19:00		Women	Final			
19:08		Men	Final			
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U23 Men WFD 35lb to be held in conjunction with Juniors

Please note this timetable is subject to change, if necessary the programme will be brought forward. In the event of heats proving unnecessary, FINALS will be held at Heat TIMES. Athletes who enter for Senior & Junior Competition may be selected for testing under the Anti-Doping document. Minors must have Parental/Guardian consent and signature.
Forms available on our website.
https://athleticsireland.app.box.com/v/antidopingconsentminor